

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aa-san-mateo.org
aasanmateo@gmail.com

July 2019

SMC Fellowship News

Central Office Volunteers

Central Office has volunteers who answer the phones, help the members who need literature, fold cards, schedules, etc. You need 1 year sobriety, working knowledge of the steps, and computer knowledge. We have 4 hour shifts available either from 8:30-12:30 or 12:30-4:30. Right now we have Tuesday mornings and afternoons, and Friday mornings open. If interested please call 650-577-1310.

H & I Needs Help

Hospitals and Institutions (H&I) needs volunteers, particularly Spanish speakers and members who are badged to go into the jails. In order to be badged, you must have five years of sobriety and 5 years off probation. There are other opportunities to be of service with H&I as well, which require a minimum of 6 months sobriety.

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If you are interested, please call Dan at (805) 712-1417 or email swanglerdan@gmail.com. You may also attend the monthly business meeting and orientation on the fourth Tuesday of each month beginning at 7:15 at St. Andrew's Church on 15th Avenue & El Camino in San Mateo.

Monthly Service Committee Meetings

TELESERVICE

September 8, 7:00 pm

San Mateo Central Office, 2215 S. El Camino Real, San Mateo (quarterly).

BRIDGING THE GAP

July 1st, 7:30 pm

St. Andrew's Church, 15th Avenue and El Camino, San Mateo (1st Monday of month)

PI/CPC

July 2nd, 6:45 pm

St. Andrew's Church, 15th Avenue and El Camino, San Mateo (1st Tuesday of month)

DELEGATES TO CENTRAL OFFICE

July 2nd, 7:30 pm

St. Andrew's Church, 15th Avenue and El Camino, San Mateo (first Tuesday of each month, except January)

GENERAL SERVICE

July 16th , 6:30 pm orientation, 7:00 concept study, 7:30 pm business meeting

St. Andrew's Church, 15th Avenue and El Camino, San Mateo (third Tuesday of each month)

PENNYPA (Peninsula Young People in AA)

July 7th & 21st , 12:15 pm

San Carlos Peninsula Fellowship, 1133 Eaton Avenue, San Carlos (first & third Sundays of each month)

H&I (Hospitals & Institutions)

July 23rd , 7:15 orientation, 8:00 pm business meeting

St. Andrew's Church, 15th Avenue and El Camino, San Mateo (fourth Tuesday of each month)

Conferences and Special Events

- JUL 4** **WEST BAY ALANO CLUB 4TH OF JULY CELEBRATION: 1-4pm; 216 Mosswood Way, SSF. Speaker at 1:00, followed by lunch at 2:00.**
- JUL 19-21** **4TH ANNUAL UNITY & SERVICE CONFERENCE: Concord Hilton, 1970 Diamond Blvd. Concord, CA. Service Panel Speakers, Bonus Workshops , Friday Night Ice Cream Social, Saturday Evening Banquet, Highlights from the AA Play "In Our Own Words", Sunday Morning Concepts Breakfast***
- JUL 21** **GENERAL SERVICE UNITY DAY: Noon-4pm. Beresford Park Auditorium, 2720 Alameda de las Pulgas, San Mateo. Presentations by various service committees, hear from our Area Delegate, and enjoy food and fellowship.**
- OCT 5** **57th ANNUAL CENTRAL OFFICE ANNIVERSARY PARTY: 5-10pm, American Legion Hall, Redwood City. Dinner, Speaker Meeting, Raffle, Silent Auction and tons of fun and fellowship!**

**ALL EVENT FLYERS CAN BE FOUND
ON THE CENTRAL OFFICE WEBSITE,
www.aa-san-mateo.org**

Brisbane Breakfast Bunch, Speaker Meeting Sundays, 11:00am, 250 Visitacion Avenue

- | | |
|---------|---------------------------------------|
| July 7 | Marian C. <i>Mustard Seed</i> |
| July 14 | Claudette DeC. <i>WBAC7am</i> |
| July 21 | Everett <i>Serenity Riders</i> |
| July 28 | Pablo <i>Stepping Stones</i> |

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules; in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office is open M-F from 8:30 am to 4:30 pm (open Wednesdays until 6:00 pm).

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of *High Sobriety*!



five



V



Does your Group have a Central Office Delegate?

All groups should! As a delegate, you attend a monthly meeting to learn about everything currently going on in our fellowship. You then report these things back to your group. You are also your group's voice in some of the decisions made in the fellowship. Only about 10% of our groups currently have a Central Office Delegate. Volunteer to be your group's now!



Birthday Club



Gordon L.

San Carlos

27 years

If you'd like to have your birthday listed in *High Sobriety* (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

Where's Waldo?

Step Seven - Humbly asked Him to remove our shortcomings.

If you have ever been to Venice, California, you know it is a beautiful place for sun, fun, and drinking. When I moved there in 1977, I was singing in a band and living the life of a drunk. By 1980, I was living in squalor in a canal apartment, never breathing a sober breath. It took me three years to finally get to a meeting of Alcoholics Anonymous and one more to get my first day of sobriety.

One morning at a 6:45 meeting, I heard a man named Israel share, and my life changed. I got his phone number and started to call him. He told me the answer to all my problems was in the pen. He suggested I write this: "Dear God, I have a problem and I can't solve it alone. The problem seems to be----." He suggested I keep writing and see what happens.

At the end of putting pen to paper, I'd write, "Please remove my fear and resentment and replace it with the knowledge of your will for me and the power to carry it out." After doing that, I would call him, read what I had written, and then throw the paper away. He would say, "Now it's God's problem." Well, needless to say, I was on my way to freedom.

Still, there was a nagging little voice in my head eating me alive. Israel said, "You have to give that voice in your head a name and make friends with it, or it's going to kill you."

So I named the voice Waldo. One day, when I was ranting about something of little importance, my roommate asked, "Is that you or Waldo speaking?" That's when the name stuck.

Waldo usually is up before I am. When I wake up, he is at the chalkboard in my head, making a list of all my fears, which will come to pass as soon as my feet hit the floor. With the help of my sponsor, I have found that saying the Seventh Step and Third Step prayers is an excellent way to start the day and send Waldo back into his hole to plan his next speech, or at least quiet him down. When I sleep, Waldo is at the gym doing heavy lifting, preparing a new game plan to lead me to the next drink. He has an endless supply of fear, delusion,

and self-deception, and whenever the smallest opportunity appears, he is right at the podium in my head desperately trying to get my attention. Sometimes he succeeds, and my life becomes dark, sad, and hopeless until I take the steps necessary to quiet his relentless struggle for control of my body and mind.

Putting pen to paper and writing a letter to God are the first step. I also made up a little prayer, and I say it in threes: "I am safe and God is with me; I am safe and God is with me; I am safe and God is with me." Take a breath. "I am safe and God is with me; I am safe and God is with me; I am safe and God is with me." Take a breath. . .and so on, until Waldo creeps away.

I have found a tremendous freedom in getting to know the sound of Waldo's voice. He has been my friend for fifteen of my eighteen-plus years of sobriety. When I follow Waldo's advice, I generally can count on a nasty roller-coaster ride. When I put pen to paper and take a physical action to change my emotional state, the healing is instant--every time so far.

Ric G., San Juan Capistrano, CA
Grapevine, July 2003

A.A. Around the World **Stepping Up**

On March 2, 1999, the first meeting of the Freedom Group of AA was held in Granville Hall, Annapolis County, Nova Scotia. Attendance was twelve men and women, the topic was Step One, and the hat yielded about fifteen dollars. It had been decided that the group format was a closed Step discussion meeting. How the need for such a group was identified may be of interest.

In this rural area, the population is not dense, and the existing groups are quite widely scattered. While it is possible to attend a meeting every night of the week, a drive of some twenty to forty miles might be necessary depending on your starting point. Most of these meetings are of the closed discussion variety, and most host an open speaker meeting once a month to celebrate birthdays and

anniversaries. There are in addition, government-run detox and short-term care facilities that offer exposure to AA. Many of the newcomers to local AA groups are referrals from one or both of these services.

It is a fact of our AA life in this area that there is a lack of continuous-attendance members with middle (ten to fifteen years) and long-term (twenty years plus) sobriety. This results in meetings where many can share experience in sobriety with a problem such as anger, dishonesty, boredom, loneliness, financial insecurity, etc., but few at the table are able to share the strength and hope that are available for the successful resolution of these situations. This lack of recovery experience precludes discussion of the program of recovery itself. Thus, many meetings can take on a feeling of sameness and there is represented little of the vitality of this "Great Adventure," of coming to grips with the realities of our strengths and weaknesses. Few are the experiential insights gained in the attempt to "take" or "work" the Steps, and thus many nights end with little or no positive direction which the struggling newcomer might profitably follow.

It was this situation, therefore, which prompted some of us who bear the scars of sobriety to contemplate the founding of a group where the topics would simply be the Twelve Steps in order to present the program which is suggested as the way out from the myriad problems associated with a life of alcoholic drinking. It is our hope to pass on an understanding of such words and expressions as "powerlessness," "surrender," "one day at a time," "acceptance," which is crucial to the understanding of the fundamentals of recovery itself. We wish further to reassert that, so far as we know, the only remedy still available to the alcoholic who wants to stay stopped is daily abstinence, one day at a time, and that the power to do this is readily available for the asking. This is not to offer any opinion on any of the advances made by the sciences relative to our understanding of this still terrible disease. We are,

however, determined to assist those coming behind through their "desert" years, when problems emotional, physical, spiritual, or mental begin to dim the luster of the hard-won early sobriety, and explanations scientific and laborious are powerless to provide any relief. Those of us who have "been there, done that" try to ease the pain by specific sharing of similar or exact experience. Our simple presence in the discussion, and our sharing, offer proof positive that "this too shall pass," regardless of what the "this" is.

And so the Freedom Twelve Steps Discussion Group has started, with the simple aim of focusing the discussion on our shared program of recovery. There appears to be some initial enthusiasm, and depending on the commitment of the group members to conduct their affairs in accordance with our Traditions, there is every expectation that the group will survive. It is a good feeling to be a part of it. Something of importance is once again happening when, "in the middle of the darkest night," the good news is shared with those who need it.

Patrick M., Annapolis Royal, Nova Scotia
Grapevine, October 1999



MALE CALL

Looking for sober men to sign up for Corrections Correspondence Service

The General Service Office (GSO) has an urgent need for AA men to write inmates in English or in Spanish through the Corrections Correspondence Service (CCS). GSO has a waiting list of male AA members in prison who are waiting for an outside AA member to write to them. (Female AA members in prison can get linked right away, thanks to all the female volunteers who have signed up.)

CCS is not a traditional pen pal service that may involve financial support or letters of reference. This service offers the opportunity for AA members on the inside and the outside to share experience, strength and hope with each other via postal correspondence. GSO only makes the initial connection, which is a random match between inmates with a drinking problem and outside AA members of the same gender who live in another region or province away from that correctional facility. Once an initial contact is made through a letter, it might be possible to continue the CCS electronically (messaging, email), if available through the facility.

The CCS does not assign sponsors, but an outside AA member may be willing to sponsor after contact is made. Because correctional facilities often have rules prohibiting direct contact among local AA volunteers and inmates, the letters exchanged through CCS from another region might provide an alcoholic behind the walls with his or her only personal connection to another AA member. Outside AAs can share their experience to guide an incarcerated alcoholic through the Twelve Steps of AA, or can just answer basic questions about AA's program of recovery.

GSO says that participants on both sides of the CCS rave about the value of this kind of letter writing with other alcoholics. The inmates share that they find freedom even while behind walls, and the outside members deepen their own connection to AA and their understanding of the Twelve Steps. No prison experience is needed. Those with clearance issues are welcomed. Mail call means everything for those incarcerated. One-on-one sharing helps both insiders and outsiders who participate in this very valuable program.

For more information, please email: corrections@aa.org [3].

Or you can write to: Corrections Desk, General Service Office, Box 459, Grand Central Station, New York, N.Y. 10163.

Did you know...?

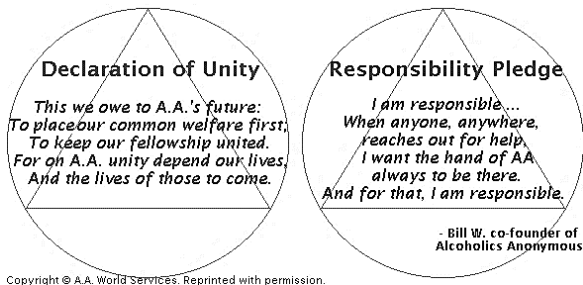
That any member of AA can contribute to Grapevine? Each month, Grapevine publishes stories on special topics as well as for departments such as Emotional Sobriety, Sponsorship, Newcomers, Youth Enjoying Sobriety, Old-Timers and Home Group. Each issue also includes a story on the Traditions and the Steps. But you are not confined to these topics. The editors are always looking for innovative material, as long as it relates to AA experience and reflects an awareness of AA's singleness of purpose. Go to www.aagrapevine.org/contribute for more information.

Annual Unity Day
Sunday, July 21, 2019
Noon - 4pm
Beresford Recreation Center
2720 Alameda de las Pulgas,
San Mateo (Corner of 28th Ave.)

This event is designed to welcome our Area Delegate and hear their experience at the 69th General Service Conference in New York. Learn more about A.A. as a whole!

In addition, we will provide panels on our different service committees. It's a great way to learn about what each committee does and how you can get involved if you are interested. Some of the committees presenting: Bridging the Gap, Hospitals & Institutions and Public Information and Cooperation with the Professional Community among others.

It is a fun filled day complete with FOOD!
 We hope you can join us!



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Checks to Central Office

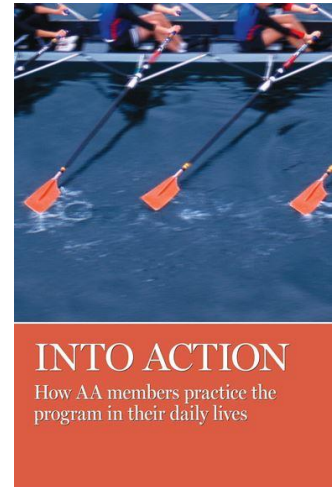
Effective immediately, all checks written to our Central Office (ie. Group contributions, payment for books/chips, Faithful Fivers, etc.) must be made out to:

San Mateo County Fellowship

BOOK OF THE MONTH

INTO ACTION. How AA members practice the program in their daily lives.

Just in time for Unity Day, this collection of Grapevine stories shows the many ways members work the program of AA. Written by men and women, young and old, with different lengths of sobriety, the articles in this book highlight how members practice the Twelve Steps, use our literature and slogans, and get into service, sponsorship and fellowship. The stories demonstrate the various ways members get active in AA to stay sober, carry the message and live rich and rewarding sober lives.



Into Action is available for purchase at a ***special price of only \$10*** through the month of June at our Central Office.

Treasurer Registration

In an effort to have more groups registered with Central Office, the Delegates agreed to begin registering group treasurers rather than secretaries. Since a treasurer's term is two years, versus 6 months for a secretary, there will be less frequent need for changes. If you are a new Treasurer, please call or visit Central Office, or use the form on the website. Currently registered secretaries needn't change anything.

Fifth Step

A keeper of secrets I am today,
 a nobler task I cannot say
 So great the sacred bond two people share
 the weight of the world we can no longer bear
 Retracing each moment, our circuitous path to
 unwind
 Oh, to turn back the hands of time
 To imbibe the magic elixir no more,
 replaced by the Divine we are transformed to the core
 A "do over", with fresh eyes reflecting the past
 A meditation on the children we once were,
 to apply the values we presently hold fast
 Tis not fair to judge unjustly so, for time is fleet
 Echo our spoken words off the mountain clear
 for all the world our stories to hear
 and rejoin us now to the bosom of life

David P. – San Mateo

Step & Tradition Seven

1. SENXPSEE _____
2. EL-FGTSSOUINRPP _____
3. ERAURTSEER _____
4. STNNROBUICOTI _____
5. AEIDL _____
6. SERIVPCTPEE _____
7. EALSVU _____
8. SOOHSNCIGMTR _____
9. IMHYULTI _____
10. ECRCAARTH _____

Step & Tradition Six

O E L P Y G X T Y H K W M V P S Y
 B N L P E P Q P Z G F V O R A M J
 S Y S B H S E L L Y N G E H K B R
 E A F J C P I A B C F T A O R F B
 S L H S D T N R H W C Y D A E R I
 S P O F T L T E P A N E O C Z N V
 I X Z G W C C W R R V I N M S F G
 O N A T D N E A E V E B X T W V M
 N W K Z A A H F F X I T I W W P H
 P H A N J C M M E H J N N D X F X
 W H I X F R J N H D C W C E H A T
 Z F M P T H J K X T R W U K S C A
 I E S R O D N E R D I V E R T I L
 H R F Z Z A B U A C W O D B M L T
 F H S S E R G O R P L K B L M I Y
 J E O U J T B L K S T B V F A T A
 D D A C Y P R E S T I G E L D Y Z

CHARACTER	DEFECTS	DIVERT	ENDORSE
ENTERPRISE	FACILITY	FINANCE	INSTINCT
OBSESSION	PRESTIGE	PROGRESS	READY



**The San Mateo County Fellowship of Alcoholics Anonymous
Delegates Committee Meeting Minutes June 4, 2019
St. Andrew's Lutheran Church
1501 S. El Camino Real, San Mateo 94402**

The meeting was opened at 7:30 p.m. with the Serenity Prayer. Delegates must sign in; new business must be submitted in writing. John R. read the Twelve Traditions; Harry Z. read the Responsibility Statement.

Minutes: The May 2019 minutes were reviewed and approved.

New Delegates: Walter M., Study the Text Group; Ben C., Pacifica Men's Group

A.A. Birthdays: Don K. 23 years; Ted B 5 years; Jim M. 3 years; Gordon L. 27 years; Tom M. 6 years

Financial Report: The May 2019 financial report was reviewed and approved.

SERVICE COMMITTEE REPORTS

Bridging the Gap: Ted B. reported. We are currently doing presentations every Saturday, 1:30 pm, @ Palm Avenue Treatment Center & every 4th Friday, 7pm @ Redwood City Jail. Our efforts to offer BTG presentations to other hospital recovery / treatment programs in District 05 is ongoing. We are seeking new volunteers for both presenter/committee duties & to introduce those released from facilities to their local AA fellowship. Particular attention to Spanish fluency is being addressed in our outreach for new volunteers from the Hispanic Districts 16 & 17, which lap District 05. Ted B. (650) 583-2935 The BTG committee meets on the first Monday of the month, at St. Andrew's Lutheran Church, at 7:30 p.m.

General Service: No Report. The General Service District 05 meets on the third Tuesday of the month, at St. Andrew's Lutheran Church, at 7:30 p.m. We have an orientation for new GSR's at 6:30 p.m. and a concept study at 7:00 p.m. as well. If your group does not currently have a GSR, please encourage electing one. That way they will be connected to AA as a whole. Grapevine: Visit the website: <http://www.aagrapevine.org/>

Hospitals & Institutions (H&I): Mikel B. reported. H&I has 30 new secretary positions which are non-badge once a month commitments. There are also various other badged, woman only, and Spanish speaking commitments as well. The badging process is quick. To be badged, one must be 5 years off parole / probation and 5 years sober. Contact Dan S. (805) 712-1417 or email swanglerdan@gmail.com at to begin an amazing part of recovery. [Note: Lori C is the coordinator for a Friday women's meeting and is looking for speakers and secretaries. If you are available to help, email Lori C. cancilla.lori@gmail.com or call (650) 787-2570]

NCCAA (Northern California Council of A.A.): No report.

PENYPAA (Peninsula Young People in A.A.): No report. PENYPAA meets at San Carlos Peninsula Fellowship (1133 Eaton Ave), the 1st and 3rd Sundays of the month at 12:15 p.m. Information: www.penypaa.org.

PI/CPC (Public Information/Cooperation with the Professional Community): Brent M. reported. Tonight was the 6th meeting of Panel 69 with 6 people in attendance. Area 06 supported a booth at the American Psychiatric Association Conference May 18th-21st in San Francisco. Our area chairperson and two district members attended. Many Psychiatrists and AA members were in attendance. We are working on a list of family practices where we can provide literature. Big Books have been distributed at area libraries. We had our monthly parole meeting that is rotated between two of the committee members. The turnout was smaller than usual, about 8 people. We are trying to connect with the DUI School at OHS. On July 17th, we will participate at Women's Fair at SFO and on July 21st at Unity Day July 21st. We have created an information flyer with

our email. We've contacted the following organizations; Sequoia High School District; San Mateo Police Lieutenant; 3 parole departments; So. City Kaiser; and (1) clergy member. We are also starting to put together a list of judges and parole officers to contact. We are going to Menlo Park VA hospital to discuss presentations to the doctors. The PI/CPC committee meets on the first Tuesday of the month at St. Andrews Lutheran Church in San Mateo please call Please call Robi S. at 415-299-1460 or Brent M. at 650-918-2136 for more information

CENTRAL OFFICE COMMITTEE REPORTS

Advisory Committee: Becky N. reported. The San Mateo Central Office advisory met at the Central office on Wednesday May 15, and the following recommendations were made. 1. ICOAA 2019 Conference in Mesa, Arizona September 26-29, 2019. Don Attended last years conference. The Advisory Committee voted to recommend sending Don Crawford, office manager, to the ICOAA 2019 Conference, allowing \$1200.00 for his expenses.

2. Don reported that we need a new computer for the volunteers to uses while they are working in the office and he will research options, more to come on this. 3. Office Phones: The phone system in the office is outdated and needs to be replaced. It was stated that we could get a new system for \$350.00. The Advisory Committee voted to recommend obtaining a new phone system with a cost not exceed \$350.00. 4. The update of QuickBooks is going well. The delegates voted to approve the recommendations of the advisory committee.

Alcathons: No report.

Teleservice: Jenn P. reported there are 30 open backlines. Teleservice volunteers use a 12 step list for San Mateo county. If you'd like to be included on it please call our Information Chair Eden C. (650) 868-1116 or Don at Central Office. The next business meeting will be on September 8, 2019 at 7:00pm at Central Office.

Central Office: Don C. reported. The bank has told us that we have to have the checks paid to the order of San Mateo County Fellowship from now on. We have both new books one from AAWS "Our Great Responsibility" for \$12.00 and from the Grapevine "Take me to your Sponsor" for \$12.00.

May 2019 Central Office Activity

Twelfth Step Calls: 3 Office Visits: 70

Phone Calls for Information: 105 Website Visits: 6546

(Note: The above calls were answered during regular business hours)

Faithful Fiver Contributions Year to Date:

Faithful Fiver contributions for the year were \$2220

Anniversary Party: Becky N. reported. The Central Office Party is scheduled for October 5, 2019 at the American League Hall in Redwood City. If you want to help, email Becky N. at massarre@ymail.com or call (415) 706-3460. If you want to help with the silent auction or wish to make a donation, email Lori C. cancilla.lori@gmail.com or call (650) 787-2570

Sunshine Club: Karen A reported. We take meetings to AA members who are temporarily hospitalized or homebound due to illness or injury. We have volunteers trained and ready to go. Please call Central Office, if you'd like a meeting brought to you. Please call Ed V., Coordinator at (650) 222-5582, for more information or e-mail aa@aa-san-mateo-org.

Old Business: none. **New Business:** none.

Meeting Adjourned: 8:04 pm

Delegates Present: 28

Delegates Collection: \$58.40

Next Meeting: July 2, 2019, 7:30 p.m.

**SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT
JUNE 2019**

	JUN	Total YTD		JUN	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	27.00	296.00	Accounting Services	57.00	1,310.00
Book sales	1,210.07	9,020.52	Books Purchased	1,353.96	7,754.32
Central Office Annual Party	0.00	0.00	Chips	198.10	1,162.05
Chip sales	124.44	1,241.25	Central Office Annual Party Exp	136.25	1,136.25
Delegates Collection	58.00	359.00	Central Office Insurance	123.37	782.16
Faithful Fivers	200.00	2,420.00	Employee Insurance	532.50	2,275.50
Group Contributions	6,335.99	45,683.80	Miscellaneous	0.00	0.00
High Sobriety Subscriptions	10.00	48.00	Office Equipment Lease & Maint	298.88	1,943.14
In Memoriam	0.00	0.00	Office supplies	725.16	2,015.26
Individual Contributions	0.00	3,100.00	Outside Services	0.00	0.00
Interest Income	0.00	0.00	Postage	0.00	439.31
Other	0.00	0.00	Rent	1,412.00	8,482.00
Printing	736.00	2,195.51	Salaries	4,357.68	25,475.42
Sales Tax on Books & Chips	131.99	1,010.65	Sales Tax on books	0.00	804.00
Tax Refund	0.00	113.51	Taxes (Payroll)	1,695.34	10,303.60
			Telephone & Tech	356.36	1,786.94
Total Income	8,833.49	65,488.24	Telephone Advertising	80.00	620.00
			Teleservice	140.00	980.00
Less Expenses	11,662.57	67,495.92	Travel Expenses	195.97	225.97
			Web Services	0.00	0.00
Net Income (loss)	(2,829.08)	(2,007.68)			
Starting Balance		29,062.90			
Plus Net Income/Loss		-2,829.08			
Ending Balance		26,233.82	Total Operating Expenses	11,662.57	67,495.92
TOTAL PRUDENT RESERVE		49,833.77	Net Income (loss)	(2,829.08)	(2,007.68)
TOTAL CASH POSITION		76,067.59	2019 Year-to-Date Summary		
			Year-to-Date Income		65,488.24
			Year-to-Date Expenses		67,495.92
			Year-to-Date Net Inc/(Deficit)		(2,007.68)

SAN MATEO COUNTY FELLOWSHIP 2019 GROUP CONTRIBUTIONS

[illegible]

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