

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aa-san-mateo.org  
aasanmateo@gmail.com

*November 2020*

## SMC Fellowship News

### 2020 Holiday Alkathon Clarifications

Last month, we stated that the alkathons would be ending at 10pm, however this year's alkathons will be around the clock as always, with meetings beginning at noon the day before the holiday and running until 1:00pm the day after the holiday. For more information, please go to the Alkathon website: [www.alkathonsmc.org](http://www.alkathonsmc.org). You can also find meeting schedules on page 9.

### Central Office Zoom Account

Central Office now has its own Zoom account with multiple licenses. This means that any groups who are on personal licenses or those given out by Zoom at the beginning of the shelter in place may opt to move their meeting to the Central Office account. What are the benefits to moving? Being on the Central Office account means the meeting is not tied to a specific person's account, which makes passing on commitments much simpler. Also, some groups are now opting to stay on Zoom, even once meetings are largely in person again, and using the Central Office account makes this an easier way to do so. If your group is interested in moving to a Central Office license, please contact Don C. at Central Office.

### Table of Contents

...

Monthly Service Meetings ...	2
Conferences and Events ...	2
Contribution Information ...	2
Birthdays ...	3
We Seek Through Meditation ...	4
A.A. Around the World ...	5
Book of the Month ...	6
Central Office Delegates Meeting	
Minutes...	7
Puzzle ...	8
Alkathon Schedules ...	9
Central Office Financial Report ...	10
Group Contributions ...	11



## Monthly Service Committee Meetings

**BRIDGING THE GAP** November 2, 7:30 on Zoom  
Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

**DELEGATES TO CENTRAL OFFICE** November 3, 7:30pm on Zoom  
Meeting ID: 843 4248 4626, To phone in: +1-669-900-6833

**PI/CPC** November 17th, 6:30pm on Zoom  
Meeting ID: 731 7563 0968, Password: 7Hs3YE

**GENERAL SERVICE** November 17th on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting  
Meeting ID: 752 6058 2164, Password: 096224. To phone in: +1-669-900-9128

**PENNYPAA (Peninsula Young People in AA)** cxl'd until further notice  
**H&I (Hospitals & Institutions)** cxl'd until further notice  
**TELESERVICE** cxl'd until further notice

**Central Office will be closed  
November 26<sup>th</sup> & 27<sup>th</sup> for  
Thanksgiving.**




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Without as much 7<sup>th</sup> Tradition money coming in from meetings, contributions to our Central Office and General Service in New York are going to be gravely diminished. We need these vital services so please consider sending a donation if you are able. Thank you.

Contributions to **Central Office** can be made online at: <https://aa-san-mateo.org/contributions>. Checks payable to San Mateo County Fellowship may be sent to: 2215 S. El Camino Real, Ste. 204, San Mateo, CA 94403.

Contributions to **General Service** in New York can be made online at [www.aa.org](http://www.aa.org) by clicking "Make a Contribution", or contributions may also be sent by mail to: General Service Office, Box 459, Grand Central Station, New York, NY 10163.

**H&I Contributions:** <https://www.handinorcal.org/contribute>

or via mail to:

No. California H&I

P.O. Box 192490

San Francisco, CA 94119-2490

(Make checks payable to: NORCAL H&I and note your Area #65 on the check)

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## Fall 2020 Trusted Servants Workshops

**SATURDAY, NOVEMBER 7, 2020 1:00PM ~ 3:00PM**

**ZOOM MEETING ID: 878 8554 9903**

**SUNDAY, NOVEMBER 15, 2020 1:00PM ~ 3:00PM**

**ZOOM MEETING ID: 895 3555 5152**

Learn the ins and outs of being a Secretary, Treasurer, or Literature Person, for in-person meetings or on Zoom!

## What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, [aa-san-mateo.org](http://aa-san-mateo.org), with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

**Central Office is CURRENTLY open MONDAY AND FRIDAY from 8:30 am to 4:30 pm**

## Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



**five**



## Does your Group have a Central Office Delegate?

All groups should! As a delegate, you attend a monthly meeting to learn about everything currently going on in our fellowship. You then report these things back to your group. You are also your group's voice in some of the decisions made in the fellowship. Only about 10% of our groups currently have a Central Office Delegate. Volunteer to be your group's now!



## Birthday Club



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

**Allen S 45 years RWC**

**Bob B 41 years Belmont**

**Robin D 37 years RWC**

**Shirley W 45 years San Mateo**

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## We Seek Through Meditation

"In meditation, debate has no place. We rest quietly with the thoughts or prayers of spiritually centered people who understand, so that we may experience and learn. This is the state of being that so often discovers and deepens a conscious contact with God."--As Bill Sees It, page 108

Seeking "through prayer and meditation," the Eleventh Step tells us, was among the vital actions that brought sobriety to the earliest members of Alcoholics Anonymous. Obviously, if we want what those pioneers had and if we are "willing to go to any length to get it," we should pray and meditate.

As I slowly made my own way through the Steps, I was aware that I had to understand them fully if I was to take them. Prayer was not a big problem. By the time most of us reach the Eleventh Step, we are familiar with communication with a Higher Power. Indeed, by the time alcoholism has beaten us to our knees, most of us accept the fact that we should stay on our knees and start praying.

But meditation? I realized that I had never really meditated. Oh, there were plentiful lonely hours (even complete nights) during my drunken years when my interpretation of meditation was wallowing in self-pity and fantasizing a dismal future.

Had I ever listened for answers during my pre-AA life? I searched my memory, and all I heard was a sick me bragging and commiserating with myself. Today, I ask, "What good is meditation to a nonlistener?" Because now I know that meditation is basically listening--and *hearing* what the precepts of our program intend me to absorb. There is no end to the answers that can be revealed while we engage in serious and extended periods of concentration.

Since this kind of thinking occurs only when we are alone with our Higher Power, meditation, like prayer is usually a silent act. And although revelations may come suddenly during our meditating, it is best when done leisurely. What a lesson in patience!

The "Easy Does It" aspect of meditation allows us time to realize that the sudden insights we receive about ourselves are not complete fulfillments of

our goals. These tentative answers require deeper investigation during further meditation.

Meditation, of course, is a personal act. To prove useful, it demands that our thinking remain confined to ourselves rather than to society as a whole. Only by improving ourselves can caring and sharing come. Meditation, like many other facets of our recovery, calls for total commitment. After all, we can hope to grow only by developing our own individual capabilities.

We should not be dismayed if some of our meditative thoughts become retrospective. Memories of errors can create lessons for today. Better still is meditating on events of the past that brought us great pleasure. Sometimes, meditation can be like going home again; it can build a desire to return to a happy self, before alcoholism came--a determination to get back something we once had and lost.

Meditation should result in a change in living patterns. It can spur the direction of attention toward a single purpose. It can produce a willingness to analyze ourselves--and then change.

Meditation will reveal both our abilities and our limitations and prepare us to accept both. Such a realistic outlook will make us sure we belong with our fellow AAs--a big step toward liking ourselves. Meditation will help us see how much closer to our goals we come each day, at the same time cautioning us that we can never arrive. We welcome the truth that there is no finish line in spiritual growth. Perhaps the greatest gift of meditation is the realization that we can never say, "I've got it all wrapped up and can coast the rest of the way through my sobriety."

How do we meditate? Whatever way best suits each of us individually. There are no set rules, no firm patterns. We can make the act easy and comfortable or hard and frustrating. Either way, the act will be rewarding. Rather than ask ourselves, "How well did I do?" we can ask "How well did I try?" The lonely act will find us in good company--with our Higher Power.

On what do we meditate? I spent much time asking myself that question until one day I heard a meeting leader greet newcomers with these words: "Welcome to our world, the world of AA." And I heard because it was my time to receive that

answer. Why not meditate on the wonderful things that make up the world of AA?

Now I have no trouble finding a brand-new topic every time I make way for meditation: honesty, gratitude, humility, faith, love, open-mindedness, willingness, tolerance, truth, trust, hope, positive thinking. The opportunities for savoring, through meditation, the gifts of our Fellowship are inexhaustible.

C.C. | North Hollywood, California  
Grapevine, March 1985



## A.A. Around the World

### **At Home in the World**

**After hiding out from the world while drinking, she got sober and was finally able to make her dreams come true**

Some nights, I still sit in the dark, but not because I'm hiding from the world with a bottle of vodka within reach, rather because the power goes off frequently where I'm living in East Africa. I used to do this especially toward the end of my drinking. I would turn my apartment lights off while I was drinking so that no one would think I was home.

Sometimes, I would even leave my car parked behind the apartment building, but then in the morning I couldn't imagine where it was. The thing is there weren't many people who came by to see me at that point, so clearly, I wasn't thinking clearly.

Thinking back to that time it seems almost unreal, especially the last two years of my drinking, but thanks to AA I do not forget. I do not have the luxury of forgetting or pretending that the scared, lonely drunk wasn't actually me. She was and is me, but things are different now and I'm having an adventure in sobriety that I wouldn't dream of trading for a drink or 10.

When I contemplated getting sober and half-heartedly tried a few times, my biggest fear was that life would feel incomplete but who was I fooling? My life was in shambles and my closest friend had become my booze. Maybe what I was really afraid of was life and the hum-drum normalcy that seemed pervasive in so many other people's lives. I also didn't think I could do it. I knew without a shadow of a doubt that it would kill me if I didn't stop, and even though many things still looked okay on the surface, by the time I turned 27, I had already been told my liver was seriously damaged. I figured I might have a couple years of drinking left and as much as I really didn't want to die, I really didn't know how to live sober.

As a kid, I dreamed of becoming a celebrity. It seemed life wasn't worth living if one weren't famous. I wondered how most people I knew could be happy or feel content with what looked to me like a generic 'Groundhog Day' routine. I would rather die, I thought, than have the same predictable routine every day, but ironically that's what my drinking pattern became – the same obsession and pattern everyday. For some reason I always thought my drinking might lead to other things, celebrity-like things. It did lead to drama and then to isolation and then to isolated drama.

These days I still wonder about that normal stuff and as I find myself doing more and more domestic things I wonder if this will be fulfilling. I still become anxious about what I am meant to be doing in this life, but the difference is that I am finding joy in the little things now, and I am starting to understand the gift of normalcy. I have also discovered that in sobriety I can do anything, maybe I could even try to become famous, but that dream no longer exists for me.

These days I'm living in East Africa, on an island in the Indian Ocean with my husband. We're not here because we're hiding from anyone or because we're in denial about an addiction, but we're here to try to help others and try to develop on a personal level. Everyday I am faced head-on with reasons to be grateful—I have electricity most days, clean water almost always, shelter, food, a paycheck, and the list goes on. These are all things that many of my African neighbors would never take for granted, and my biggest challenge now is not to feel guilty for what I do have. I remind



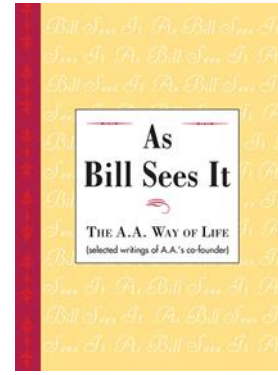
myself that guilt and shame can lead down the same dangerous road as lack of gratitude does.

I have friends in the program who seem to be in awe about how I've done this and made such a life change. They ask how I had the courage to make the leap and I guess my answer is that if you can get and stay sober and follow the guidance of AA fellowship, the world is your oyster. Clichés aside, it really is, and there is no way that I would be here, having an adventure in this part of the world, if it weren't for AA. When I left the U.S. last year I had less than three years of sobriety but with the help of my sponsor and other women in the program, I was careful to be sure that this was a safe move and that I was stocked up on tools and resources to stay sober abroad. Although there are no formal meetings and I have only met one other recovering alcoholic so far, I am carrying the AA rooms with me and I never let myself forget that I am an alcoholic.

Sara S. | East Africa  
Grapevine, July 2011



## BOOK OF THE MONTH



### As Bill Sees It

A source of comfort and inspiration, this collection of Bill W.'s writings addresses themes such as acceptance, gratitude and spirituality. Excerpted from the Big Book, the "Twelve and Twelve," Grapevine and other A.A. literature. With a topical index to help guide reading and discussion.

General Service Conference-approved.

Hardcover

4.5" x 5.5"

360 pages.

As Bill Sees It is available for purchase at a **special price of only \$10** through the month of November at our Central Office.

***"I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know."***

***-As Bill Sees It, p. 37***

**San Mateo County Fellowship of Alcoholics  
Anonymous Delegates Committee Meeting Minutes  
October 6, 2020  
This was a Zoom meeting**

The meeting was opened at 7:30 p.m. with the Serenity Prayer.

Delegates must sign in; new business must be submitted in writing.

Mike W lead the meeting as Michelle B was absent.

Cathy C. read the Twelve Traditions; and Ted B. read the Responsibility Statement.

**Minutes:** The September 2020 minutes were reviewed and approved.

**New Delegates:** Nancy B for the 12 Step Study Group, San Bruno; Tyson C.; Connie C. Mid-Peninsula Women's

**A.A. Birthdays:** Julie F. 10 years

**Financial Report:** The September 2020 financial report was reviewed and approved. Remember when money sent in by groups or personal donations to include the group names so that they can be credited.

**SERVICE COMMITTEE REPORTS**

**Bridging the Gap:** Our monthly business meeting, on the 1st Monday of the month @ 7:30pm, is now held on 'Zoom'.

Our weekly presentations @ Palm Ave. Detox have been suspended due to covid19 constraints &, until they have installed the equipment necessary for them to resume via 'telehealth', we have introduced an interim program whereby releasees can be connected by phone to a BTG volunteer/guide to 'Zoom' meetings. We have reached out to Social Workers @ Kaiser, So. S.F. & other recovery / treatment facilities in District 5 to introduce these alternatives.

**General Service:** Matt D., the General Service District Committee Member reported on the activities of District 5. We have upcoming elections for the following dates: District Committee Member Elections to occur during our October Meeting.

District Elections to occur during our November meeting. We will have a new GSR Orientation at 7:00PM, along with a Concept/Service Study also at 7:00PM. These meetings will utilize the breakout rooms feature on Zoom – for accessing either of these meetings, join the meeting at the main Zoom ID located below a few minutes before 7:00PM and someone will be present to direct you to the room you would like to attend.

**Grapevine:** Due to current situation for health reasons the 2020 Grapevine and La Vina issues will be free. Visit the website: <http://www.aagrapevine.org/>

**Hospitals & Institutions (H&I):** No new information this month per Lori C. she also reported per an email to H and I Coordinators on June 17, 2020 from Joey DeMartini, San Mateo County Area 65 Co-Chair, 650-207-3525.

Any coordinators of H and I Meetings are asked to please stay in touch with your facilities and check to see if they

need literature or if they are able to take zoom meetings yet. Currently there are 3 facilities that are taking zoom meetings. We are still not meeting for our monthly business meetings.

**NCCAA (Northern California Council of A.A.) No report**  
**PENYPAA (Peninsula Young People in A.A.): No report**  
**PI/CPC (Public Information/Cooperation with the Professional Community)** Bret M reported that the first Zoom presentation at Kaiser in So. San Francisco went well. The committee is still reaching out to radio station to get the AA PSA played. The next meeting is on Zoom Tuesday October 20, 2020

**CENTRAL OFFICE COMMITTEE REPORTS**

**Advisory Committee:** No report

**Alkathon:** Becky reported that we have a new web site set up and that groups and individuals need to go to [alkathonsmc.org](http://alkathonsmc.org) to sign up for a meeting slot or to volunteer.

**Teleservice:** Eden S. reported We have a few open front-line shifts and over 20 open back line shifts. The function of the back-line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. To be of service, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

**Trusted Servant Workshop:** Bob reported that the Trusted Service Workshops are set up for Saturday November 7, 1-3pm and Sunday November 15, 1-3pm.

**Anniversary Party:** Cancelled for 2020

**Spanish Central Office:** No report.

**Sunshine Club:** Karen A. reported that there is no new information and that last month's report is up to date. They are not doing in person meetings but on-line meetings or calls are going on. The Sunshine Club is always looking for energetic AA Members that are interested in participating and ready to be of service when needed. Please call Ed V. if you need help Coordinator at (650) 222-5582, for more information or e-mail [aa@aa-san-mateo-org](mailto:aa@aa-san-mateo-org).

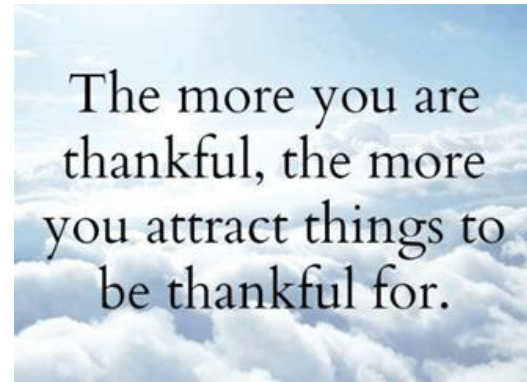
**Central Office:** Don C. our central office manager reported other Information to Share: we had our ICOAA Managers meeting starting on the 17<sup>th</sup> and going until the 20<sup>th</sup>. Very informative but a long time on Zoom. A couple of things that were of interest was different ways to do fundraisers, chat on the website which will have to be discussed because of a lot of moving parts! A lot of C/O's are doing it. Our Zoom committee has been busy getting the zoom licenses ready to be used for groups that need a zoom meeting. We are hoping to have them all available within a couple of weeks. Remind your groups that the High Sobriety is available on our website [aa-san-mateo.org](http://aa-san-mateo.org)

**CENTRAL OFFICE DELEGATE MEETING, Cont.****Old Business:** None.**New Business:** None**Central Office Activity**

12 Step calls 0 Office Visits 31

Phone calls for information 145 WebHits 10,839

(Note: The above calls were answered during regular business hours)

**Meeting Adjourned:** 8:15 p.m.**Next meeting will be held on Tuesday November 3, 2020****Zoom Meeting ID: 843 4248 4626**

## In Other Words, Gratitude...

V Y Q S Z T H A N K F U L J I Y R P O W M F H N  
 W B A J N V G N Y A G F A U A O T A G I R A H I  
 F D J T E D G H H F A D I N M A H A S M A K A O  
 J O E I Z A R G S G P H K X N Z P A P R V X H E  
 R T D P N D T G V Q M A H A L O Q M N P M P W P  
 J S S B E H I Z E H D R G A N S O S G G D Y S K  
 A I U Z K R C E R U A L H I W D Y Z I Y C G N G  
 R R W I H N U R U U N K N K A D B E Y R A G U N  
 F A F D E Z T H S A K W M G Q M U K A W P J J I  
 I H C B U A P L A F E G I L Y F S X B N P Q Q V  
 C F P N L N A W E L R R C F O E Y B O G R E P I  
 R E F G A D D W R A B D M B V B K U N K E T D G  
 E F G I V A K P T O P U L K Q Z W Y G Z C S C S  
 M M H D H V H E E E N K N P E C E R A P I O Q K  
 V E T L Y A F H A B I S A P S Q S T Z Y A T C N  
 K M F F P U S E D A S A V O R B T H S I T I E A  
 N Q J L L I D N B Z Z E R V H F E T C Y I I E H  
 E M N K R C O Q J C U G E A M X E C A I O K T T  
 I L U E O U H O Q N U Z I H M Y M H K M N W H G  
 O U H B P X S V B A L A V H V S G B H X A F I Z  
 U C R R M U F P A R K X I C N C C E E P V L W D  
 X T Q S R H P O G K V E H Q X R K L C Y K Q A I  
 M F P P O L P L F U Q S H B W P T J F Q P J C S  
 X U L N P M K Q U S Y S A I C A R G R V G T J N

APPRECIATION ARIGATO CHERISH DANKE EFHARISTO ESTEEM GRACIAS GRATEFUL  
 GRAZIE HVALA KAMSAHAMNIDA KIITOS MAHALO MERCI NGIYABONGA OBRIGADO  
 SALAMAT SAVIOR SPASIBA SUKRAN THANKFUL THANKSGIVING TREASURE VALUE



# 2020 HOLIDAY ALKATHON SCHEDULE

Meetings start every even hour.

Zoom ID: 892 5541 1525

For more information, please go to:

[www.alkathonsmc.org](http://www.alkathonsmc.org)

## THANKSGIVING ALKATHON

Wednesday, 11/25/2020

Time	Meeting	Location
12:00 PM	Ham & Eggers	Burlingame
2:00 PM	Sequoia Recovery Group	San Carlos
4:00 PM	3rd & 11th Step Meeting	Burlingame
6:00 PM	Burlingame Tuesday Night	Burlingame
8:00 PM	Study the Text	Foster City
10:00 PM	Millbrae Group	San Bruno

Thursday 11/26/2020

## THANKSGIVING DAY

Time	Meeting	Location
12:00 AM	TBD*	
2:00 AM	TBD*	
4:00 AM	TBD*	
6:00 AM	TBD*	
8:00 AM	Burlingame Men's Group	Burlingame
10:00 AM	Friday Night Rap Group	San Bruno
12:00 PM	Foster City Living Sober Women's SAT	Foster City
2:00 PM	Stone Pine 7am	Half Moon Bay
4:00 PM	12@6 Group	Pacificia
6:00 PM	12 Step Study (San Bruno)	San Bruno
8:00 PM	Don't Drink And Go To Meetings	Redwood City
10:00 PM	Tuesday Belmont Noon	Belmont

Friday 11/27/2020

Time	Meeting	Location
12:00 AM	TBD*	
2:00 AM	Belfast Newcomers	Northern Ireland
4:00 AM	Bracknell Newcomers	Berkshire, England
6:00 AM	Vision of Hope	South Africa
8:00 AM	Sundowners	San Mateo
10:00 AM	Big Book Study Group	San Bruno
12:00 PM	Daily AA 11th Step Meditation Santa Monica	Santa Monica

\*TBD Meetings will be hosted by groups outside of CA and determined at a later date. Please see website for up to date schedule

## CHRISTMAS ALKATHON

Thursday, 12/24/2020

Time	Meeting	Location
12:00 PM	The 10:10 Group	Palo Alto
2:00 PM	San Carlos Beginners Meeting	San Carlos
4:00 PM	Burlingame Tuesday Night	Burlingame
6:00 PM	Any Lengths	Burlingame
8:00 PM	Tuesday Belmont Noon	Belmont
10:00 PM	Foster City Men's Sharing	Foster City

Friday, 12/25/2020

## CHRISTMAS DAY

Time	Meeting	Location
12:00 AM	TBD*	
2:00 AM	TBD*	
4:00 AM	TBD*	
6:00 AM	TBD*	
8:00 AM	Don't Drink Go to Meetings	Redwood City
10:00 AM	FOSTER CITY LIVING SOBER GROUP	Foster City
12:00 PM	Grass Valley Irregulars Fellowship	Grass Valley
2:00 PM	Daily Reflections Woman's Discussion	San Bruno
4:00 PM	Serenity Group	San Mateo
6:00 PM	Foster City Living Sober Women's SAT	Foster City
8:00 PM	San Carlos Peninsula Fellowship	San Carlos
10:00 PM	12@6 Group	Pacificia

Saturday 12/26/2020

Time	Meeting	Location
12:00 AM	TBD*	
2:00 AM	TBD*	
4:00 AM	TBD*	
6:00 AM	TBD*	
8:00 AM	Daily AA 11th Step Meditation Santa Monica	Santa Monica
10:00 AM	Saturday Sand Hill	Merilo Park
12:00 PM	Millbrae Group	San Bruno

## NEW YEAR'S ALKATHON

Thursday, 12/31/2020

Time	Meeting	Location
12:00 PM	Sequoia Recovery Group	San Carlos
2:00 PM	Any Lengths	Burlingame
4:00 PM	3rd & 11th Step Meeting	Burlingame
6:00 PM	Saturday Sand Hill	Merilo Park
8:00 PM	Serenity Group	San Mateo
10:00 PM	Daily Reflections Woman's Discussion	San Bruno

Friday, 1/1/2021

## New Year's Day

Time	Meeting	Location
12:00 AM	TBD*	
2:00 AM	TBD*	
4:00 AM	TBD*	
6:00 AM	TBD*	
8:00 AM	Women's Traveling Home Group	Traveling
10:00 AM	San Carlos Peninsula Fellowship	San Carlos
12:00 PM	Foster City Men's Sharing	Foster City
2:00 PM	FOUNDERS DAY	
4:00 PM	FOSTER CITY LIVING SOBER GROUP	Foster City
6:00 PM	Broken Elevator West AA MTG	Redwood City
8:00 PM	Sundowners	San Mateo
10:00 PM	Study the Text	Foster City

Saturday 1/2/2021

Time	Meeting	Location
12:00 AM	TBD	
2:00 AM	TBD	
4:00 AM	TBD	
6:00 AM	TBD	
8:00 AM	Mid-Peninsula Women's Group	San Mateo
10:00 AM	Ham & Eggers	Burlingame
12:00 PM	Big Book 103 North	Foster City

**SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT  
OCTOBER 2020**

	<u>OCT</u>	<u>Total YTD</u>		<u>OCT</u>	<u>Total YTD</u>
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	323.00	1,233.51	Accounting Services	57.00	884.79
Book sales	438.16	7,195.97	Books Purchased	0.00	9,201.07
Central Office Annual Party	0.00	1,353.82	Chips	46.55	664.41
Chip sales	50.45	1,130.78	Central Office Annual Party Exp	0.00	500.00
Delegates Collection	0.00	172.00	Central Office Insurance	135.35	1,462.47
Faithful Fivers	398.89	5,055.01	Credit Card Charges	18.66	130.94
Group Contributions	7,605.79	69,577.52	Employee Insurance	260.00	2,608.00
High Sobriety Subscriptions	6.00	74.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	326.85	3,289.28
Individual Contributions	9,280.00	23,510.00	Office supplies	8.00	2,510.52
Interest Income	0.00	0.00	Outside Services	122.34	122.34
Other	0.00	116.95	Postage	0.00	849.50
Printing	0.00	71.50	Rent	1,386.00	14,150.00
Sales Tax on Books & Chips	51.29	874.09	Salaries	3,820.98	39,538.59
Tax Refund	0.00	107.02	Sales Tax on books	122.34	1,200.03
Covid 19 7th Tradition		11,680.84	Taxes (Payroll)	1,530.03	16,538.51
			Telephone & Tech	197.25	2,215.28
			Telephone Advertising	0.00	0.00
<b>Total Income</b>	18,687.67	122,153.01	Teleservice	151.00	1,510.00
<b>Less Expenses</b>	8,060.01	97,375.73	Travel Expenses	0.00	0.00
			Web Services		0.00
<b>Net Income (loss)</b>	10,627.66	24,777.28			
<b>Starting Balance</b>		48,274.86			
<b>Plus Net Income/Loss</b>		10,627.66			
<b>Ending Balance</b>		58,902.52	<b>Total Operating Expenses</b>	8,060.01	97,375.73
<b>TOTAL PRUDENT RESERVE</b>		50,073.46	<b>Net Income (loss)</b>	10,627.66	24,777.28
<b>TOTAL CASH POSITION</b>		108,975.98	<b>2020 Year-to-Date Summary</b>		
			Year-to-Date Income		122,153.01
			Year-to-Date Expenses		97,375.73
			Year-to-Date Net Inc/(Deficit)		24,777.28

ATHERTON	OCT	YTD	LA HONDA	OCT	YTD	REDWOOD CITY	OCT	YTD	SAN MATEO	OCT	YTD
Sunday Spirituality	190.00	993.41	La Honda Group (Thurs)		192.00	A Vision for You	783.49	1,158.04	Bunker Young People	243.60	871.45
Horses Ass		190.00				Broken Elevator	19.48	492.60	Esto Es AA		125.00
						Complete Abandon Group		181.13	Eye Opener		131.00
BELMONT			MENLO PARK			Don't Drink Group	5.00	249.00	Fireside Group		180.20
Alkie Gulch		85.00	Atherton AA	184.20	343.86	Foundation Stone Group		409.00	Highlanders Grp.	19.00	218.48
Belmont Tues. Noon Group	72.37	993.64	Cottmouth		899.37	Freedom Group	100.00	200.00	Joy of Living		50.00
Day At a Time	723.45	1,369.02	Fri. Noon Women's		851.94	Mon. Nite Fireside Chat		232.20	Lunch Bunch	20.00	440.60
Forum		305.16	Men's R4D Big Book	219.60	276.12	Newcomers Q & A		30.00	Mid Peninsula Women	184.04	897.93
One Line at a Time	10.00	250.00	Menlo Park Men's Group		420.00	Sun. Nite Sharing		240.00	Monday Night Men's 6:30		450.00
Singleness of Purpose		385.00	Menlo Weds Women's Grp		170.00	The Sewer Group		105.00	Morning Serenity (All)	119.26	2,481.89
			Mon. 12:10 PM Happy Hour	484.23	449.16	Thumpers		665.73	San Mateo Forum		323.48
BRISBANE			Sat Morning Sandhill		3,586.31	Vision for You		33.93	San Mateo Group # 1		312.00
Brisbane Breakfast		530.72	Sat Sunshine Grp MP 7:30		464.98	Wed. Woodside Meeting		729.99	Sunday Serenity		138.60
			Tues Noon Book Worm	59.04	270.37				Sunday Sundowners		160.60
			Women's 12- Step Thu Noon		890.77				Tues Night Beginners		170.00
BURLINGAME			MILLBRAE			SAN BRUNO					
Any Length	20.00	1,277.18	12 Step Study (Tues Noon)		340.88	12 Study Grp (Thurs)	55.00	310.20	SOUTH S.F.		
Back to the World Group		87.00				Big Book Study Fri (5pm)	18.00	533.53	Midway S.S.F. Grp		329.00
Burlingame Men's Grp	1,473.67					Come as You Are		604.56	New Beginnings		138.52
Burlingame Noon Men's Grp	160.00	406.26	MOSS BEACH			Daily Reflections Women	34.80	603.30	South City Womens		180.00
Burlingame Read a Passage	365.00	391.00	Men's Language of the Heart		732.00	Early Enders		96.82	Stepping Stones		100.00
Ham & Eggers	336.00	1,311.18	Serenity by the Sea		300.20	Grupo Serenidad		40.00			
Hillsborough Men's Group		592.37				Living Sober/ HH (Tues)	21.50	485.70	WESTBAY ALANO		
Just For Today		294.00	PACIFICA	50.00	129.26	Milbrae Group		71.50	Brown Baggers		60.00
Rap Group		271.60	12 @ 6 Group			Sprk/Disc - Happy Hour(Mon)	115.03	626.59	Colma Eye Opener		117.43
Reason to Come to AA		900.00	12 Noon Disc. (Mon)		238.00				Daily Reflect (Mon)		100.00
Senior Focus Group		597.92	B.Y.O.B. Group		270.00	Gifts of Grace Fri Women		198.60	Duel Honesty Group	109.20	150.00
Sharing Choices		83.15	Daily Reflections (Beach Mtg)		295.30	Growing Stronger		42.00	Early Birds Daily Reflection (Weds)		229.01
Tuesday Nite Group		408.50	Fri Discussion Noon		337.30	In Step with Bill	291.20	994.60	Men's no BS		84.00
Twelve Steps Study (Mon)		133.10	Grapevine Recovery		0.00	S.C. Awareness Group	32.00	641.48	Mustard Seed		222.58
			Happy Hour (Living Sober)		40.00	San Carlos Beginners		630.70	Smart Feet BB		304.24
FOSTER CITY			Pacificca Discussion (Weds)		204.00	San Carlos Men's Grp. (Mon)	40.00	1,404.30	West Bay All Groups	98.44	210.00
Foster City Women (Sat)		162.00	Pacificca Men's Group	72.10	465.10	SCPF- all meetings		2,250.00	Women's Happy Hour		193.97
Friday Noon Big Book	20.00	486.42	Page 133 Group	50.00	436.00	Sequoia Recovery Grp	50.00	269.48			
Living Sober Groups (all)	65.00	1,477.51	Pedro Valley Pacifica		405.06	Sober Sundays	222.99	1,175.79			
Study the Text Group		150.00	Serenity in Pacifica		177.82	We Have Recovered Group		85.56			
The Old & the New	20.00	425.20	Sun. Afternoon Step	200.00	387.68	Womens Read & Reflect.		336.82			
			Tues Noon Disc. Grp		233.00						
			Wake Up Wake Up	48.60	368.60						
			Women's Big Book Study	5.00	68.48	SAN MATEO ETC.					
HALF MOON BAY			Women's Candlelight Grp		354.22	Alkathon - Belmont		2,500.00			
3rd & 11th Step Prayer	135.50	779.71	Women who wear shoes		400.20	Alcathon - West Bay Alano		200.00			
Coastside Big Book		122.80				Women's Home Grp (traveling)		632.52			
Coastside Talkers	392.70	442.70				Covid-19 7th Tradition	11,146.75				
Friday Nite Group		653.69	PORTOLA VALLEY			Baseball Diamond Daily Reflectio	147.00	275.00			
HMB Happy Hour Group		187.00	Chips Ahoy		20.00						
HMB Thurs Womens BB	448.91	448.91	Ladera Mon Nite Group		684.12						
Last Barn on the Block	89.97	491.56	Portola Valley 11th Step	310.00	1,600.00						
Sat Night Step		85.60									
Sat. Morning Eye-Opener		779.16									
Saturday Nite Spkr/Disc		340.41									
Stone Pine 7AM Meet.M-F	298.00	1,772.19									
Stone Pine Noon Meet. M-F*		634.03									
Tues Womens 12th Step	100.00	100.00									

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