

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aa-san-mateo.org
aasanmateo@gmail.com



January 2021

SMC Fellowship News

Central Office Contribution Checks

Once again, Central Office would like to thank the fellowship for their generous contributions during the past year. We would just like to remind those who contribute by check to **please make those checks out to: San Mateo County Fellowship.** The bank has been quite a stickler about this!

Central Office Zoom Licenses

There is still space available on the Central Office Zoom Licenses for those groups who would like to switch over. The process is easy and benefits include not having the meeting tied to a specific person's account, which makes passing on commitments much simpler, as well as backup should a host be unable to start a meeting. If your group is interested or if you would like more information, please call Central Office.

...And Speaking of Zoom

There have been Zoom updates recently with changes some users may not be aware of. If you suddenly do not see the "Raise Hand" feature in your Participants window, click the "Reactions" button at the bottom right of the screen. You will find "Raise Hand" there if you have the latest update. Also, if you are a meeting Host/Co-Host, Zoom has added a new option to the Security menu, "Suspend Participant Activities". If you encounter a Zoom-

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Bomber, clicking this one option will automatically turn off everyone's video and audio, stop any screen sharing, and lock the meeting, giving you time to remove the bomber.

Information on checking for Zoom updates can be found at:

<https://support.zoom.us/hc/en-us/articles/201362233-Upgrade-update-to-the-latest-version>

Monthly Service Committee Meetings

BRIDGING THE GAP January 4th, 7:30 on Zoom
Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

DELEGATES TO CENTRAL OFFICE January 12th, 7:30pm on Zoom
Meeting ID: 843 4248 4626, To phone in: +1-669-900-6833 - ELECTIONS

PI/CPC January 19th, 6:30pm on Zoom
Meeting ID: 731 7563 0968, Password: 7Hs3YE

GENERAL SERVICE January 19th on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting
Meeting ID: 752 6058 2164, Password: 096224. To phone in: +1-669-900-9128

PENNYPA (Peninsula Young People in AA) cxl'd until further notice
H&I (Hospitals & Institutions) cxl'd until further notice
TELESERVICE cxl'd until further notice

Central Office will be closed
Monday, January 18th in honor of
Martin Luther King, Jr. Day

1ST VIRTUAL 57TH INTERNATIONAL WOMEN'S CONFERENCE February 18th 8:00 am – February 21st 5:00 pm

The Language of the Heart will be spoken at the First Virtual International Women's Conference ever held. See and hear dynamic speakers. Great panels and workshops from some awesome women from around the world await you. Watch the play "Surrender Dorothy". You could become a contestant in the game Dysfunctional Family Feud or learn how to do the Myrtle Beach Shag Dance.

There is no registration fee; however, contributions to help pay fo the 1st Virtual 57th IWC are welcome. Visit the website to register.

<https://internationalwomensconference.org>

Old Time AA Presents: A Saturday Speaker Series to benefit Dr. Bob's Home
Jan. 9, 16, 23, 30, 2020 3pm.- 5:30pm PST
Zoom ID: 871 8371 7719 Pw: docsmith
www.OldTimeAA.com

January 9, 2021:	Harmon V. Akron, OH - Dr. Bob's Home Board Chairman
	Nancy K. Galt, CA - "Women of the Big Book"
January 16, 2021:	Michelle Mirza, GSO Archivist - "Dr. Bob's Letters"
	Gail L. Akron/The Villages - "How Did We Get Here: The Akron Story"
January 23, 2021:	Deb H. Akron, OH - "Growing Up in Akron"
	Joan S. San Diego, CA - Sobriety Date: 6/15/1957
January 30, 2021:	Dolly A. Akron, OH - Tour of Dr. Bob's Home
	The Five Brothers Stowe, OH - "Tom, Mike, Jack, Paul & Wayne"

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office is CURRENTLY open MONDAY AND FRIDAY from 8:30 am to 4:30 pm

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



five



V



Does your Group have a Central Office Delegate?

All groups should! As a delegate, you attend a monthly meeting to learn about everything currently going on in our fellowship. You then report these things back to your group. You are also your group's voice in some of the decisions made in the fellowship. Only about 10% of our groups currently have a Central Office Delegate. Volunteer to be your group's now!



Birthday Club



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

Tatiana S. 10 years San Bruno

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In the Beginning. . .

When I first started going to AA meetings, an old-timer with eighteen and a half years in the program happened to be at every meeting I attended, I got into the habit of looking for him daily because he showed interest in me and cared about me. After I had about a week of sobriety, he complimented me on how good I looked and told me that I was smiling more than I had been a week earlier. Although I hadn't noticed any change, others had.

After ninety meetings in that many days, I told my wife about this man with eighteen and a half years on the program who still went to meetings. Her response was, "Oh, you weren't *that* bad!" The next night I mentioned this to another AA. He said I might ask my wife not to make such comments, as they could contribute to a negative attitude and might lead me out of the program. I did this and she never mentioned it again.

At about three months of sobriety I had to attend a family wedding. When everyone was filling their glasses with champagne for a toast to the bride and groom, an out-of-town family member said, "I know you stopped drinking, but you can still have a sip." I told her what the AA group had suggested: "I have an allergy to alcohol, so I'll toast with plain ginger ale. Thank you." Not another word was said.

I was the type of drinker that drank every noon at a bar near work. Today I go to an AA meeting every noon close to that bar. I watch out for all the traps that could get me started drinking again. I don't go back to that bar for a soda with my old drinking buddies. I ask myself the question that the Big Book asks: "Why sit with a long face in places where there is drinking, sighing about the good old days?"

One tool that helped me early in my sobriety was the slogan "HALT"--don't get too hungry, too angry, too lonely, or too tired. I had been working long hours for a ten-day period without a meeting when my boss brought in another man for me to train. I at once figured that I was on the way out and this guy was going to take over. I got angry, I hadn't eaten regularly, and I was very tired from working long hours. And I was lonely for my AA friends. Well, I did do one thing right. I phoned an

AA member and immediately got help. It was suggested that I go right over to the market across the street and get some honey, orange juice, and vitamin pills, then take a quick Step Ten. I took a personal inventory and found out that I was pouting and miserable because my boss had hired that other guy. So I went to my boss and apologized. Later I found out that it was for my own good that he hired another man, because the work load was too much for me alone. Today the two of us work beautifully on this job that I tried to do all by myself. Now I have more time for AA meetings.

I used to drink to cheer up whenever I was sad and to celebrate whenever anything good happened. In other words, I drank for any and every reason. Because I am an alcoholic and just one drink away from being a drunk, I go to AA meetings almost daily to keep reminding me of that fact. I put my will and my life in God's hands every morning and he runs my life for me. I thank him for my sobriety all day long.

Through the years I have stored up all kinds of tools that have helped me stay sober. Now I share these tools with others who want sobriety. New members ask me if I need to go to meetings every day. My answer is, "I don't need to, but I want to because now I have so much more to lose if I stop going."

This month I am celebrating seventeen years of sobriety thanks to AA, all its members, the Big Book, the Twelve Steps, the Grapevine, and all the tools that AA offers me to stay sober one day at a time.

Today when I see a man attending meetings daily, and really interested in grabbing onto the program, I'll compliment him on how good he looks and tell him that he's smiling more lately and encourage him to keep coming back.

Hal R., Millbrae, CA

Grapevine, May 1989

A stylized, handwritten signature in blue ink that reads "2021". The numbers are connected and have a fluid, artistic feel.



A.A. Around the World

Powerless, But Free

AROUND THE tables of AA, I have sometimes heard people state they are powerless over everything. I am beginning to understand what they mean.

If we are in a situation where we think we have been wronged and we continue to have hateful thoughts about the other person, we become captive of our own imagination. That leads to deep, cancerous despair, physical, emotional, and spiritual. However, if we work on the assumption of powerlessness, not only will we be freed to start another of life's projects, but we may not have landed in the situation in the first place.

When we admit we are powerless over things, we then have the freedom to admit that we may be wrong. When alcoholics think they are all-powerful, then their egos will not allow them to use anything but their own willpower. That is an angry, lonely, and miserable way of doing things and eventually leads to their downfall. I speak from experience.

Of course, it has occurred to me that I could be a *little* bit powerful, but then I remember the many times I tried to control my drinking. Step Four really made me see that all my life I been powerless over everything. When I made a searching and fearless moral inventory of myself and then told another person about it in Step Five, it made me see how my own power had been used against me.

Nobody had ever told me that there would always be greater and lesser people than I in the world, and with my disease of alcoholism, I wouldn't have listened to them anyway. I was determined to use my own power to get on. When that didn't work, I used my fury and anger. The only trouble was, as my fury and anger and consequent sick character were swimming against the harmony of life, a

thing called fear wrapped its tentacles around my neck and started to throttle me.

When I first joined AA, I couldn't understand how admitting I was an alcoholic would help me stop drinking--until I did admit it and felt the shackles fall away. I now find it is pretty similar with life in general. If, when I have a goal, I can remind myself that I am powerless over the outcome, I am then free to strive toward this goal no matter what interruptions get in the way.

After studying the principles of our program and then going out and using them to the best of my ability, I understand this: It is mostly when I forget I am powerless that things start to go wrong--when I refuse to admit that I made a mistake, refuse to listen to someone's constructive advice, or act like a bull in a china shop.

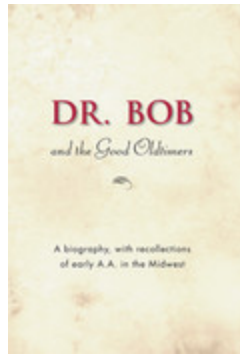
When I was drinking, I often used the expression "Over my dead body!" Well, the way I used to drink, that nearly became a reality. Oddly enough, when I stop being "all powerful" and give other people room to move, I also give myself more room and am more easily able to make a touchdown.

Now, I understand that life doesn't have to be one long competition after another. I don't have to lay my life on the line every day. In fact, the very act of accepting that I am powerless over everything allows me to clear my mind of the fear of not being able to reach perfection, and so to concentrate on the order of the moment and be a successful human being instead of the center of the universe.

Anonymous, Bangkok
Grapevine, October 1983



BOOK OF THE MONTH



Dr. Bob and the Good Oldtimers

A must for AA history lovers!

Filled with interviews with friends and family, this deeply researched biography follows A.A. co-founder Dr. Bob S. from his New England childhood to his days as a surgeon and father who couldn't stop drinking; to his transformative meeting with Bill W. and the birth of A.A. in Akron; and finally to his untimely death in 1950. The early history of Alcoholics Anonymous in the Midwest is chronicled along the way. With 26 archival photographs.

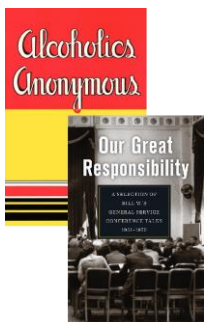
General Service Conference-approved.

Hardcover

5.375" x 8.25"

384 pages

Dr. Bob and the Good Oldtimers is available for purchase at a **special price of only \$10** through the month of January at our Central Office.



Buy one, get one free!

For every copy of *Our Great Responsibility* (B-70) ordered, you will receive a FREE copy of *Alcoholics Anonymous Facsimile First Printing of the First Edition* (B-0).

Offer ends January 31, 2021.

Go to: <https://onlineliterature.aa.org/Our-Great-Responsibility>

A VISUAL HISTORY OF ALCOHOLICS ANONYMOUS: *An Archival Journey*



Special pre-order discount: Save \$1 on every copy!

Originally developed as the souvenir book for the 2020 International Convention, this highly illustrated tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in A.A.'s history — from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.

Offer ends January 31, 2021.

To pre-order *A Visual History of Alcoholics Anonymous: An Archival Journey*

Go to www.aa.org (click Go to Online

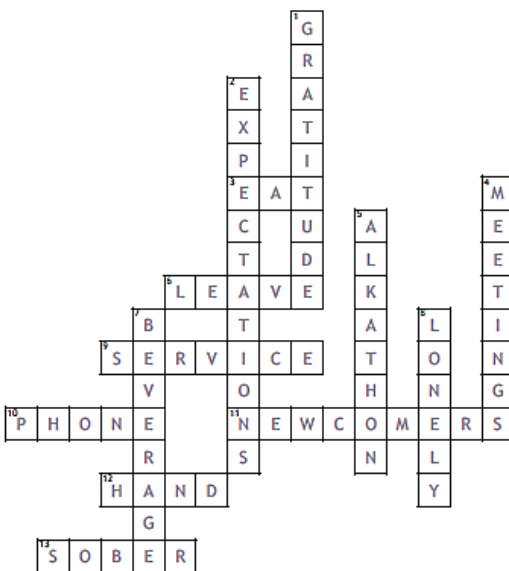
Bookstore), call customer service at 212-870-3312

or email orders@aa.org

The Principles Word Scramble

1. IESCEVR _____
2. SYNOTHE _____
3. URSAITYPILT _____
4. IHUYMTLI _____
5. ENCREERVASPE _____
6. TIFHA _____
7. NTGITYIER _____
8. HPOE _____
9. IEUTSJC _____
10. ROEAUCG _____
11. IGNEWSILSNL _____
12. OTBHRRELY EVLO _____

Sober Holidays



Pray to
Accept
Understand
and
Surrender
Everything

Suzanne B.

District 05 General Service Update

Twelfth step work through General Service occurs on a two-year panel basis, and January 2021 marks the beginning of Panel 71. The groups of San Mateo County are connected to A.A. as a whole through the chain of communication via General Service Representatives (GSRs) and other trusted servants of San Mateo County General Service District 05.

GSRs bring information to their groups in order that they can reach an informed group conscience regarding decisions concerning to A.A., such as publication of literature and public information resources, helping new groups get started, publishing an international magazine, and carrying the message in other languages into other countries. In passing along this group conscience, GSRs help to maintain the unity and strength so vital to our fellowship.

One could argue that the work we do through general service, which affects the direction of our fellowship, is now more important than ever given changes as a result of the pandemic. It's a great time to get into service as we are starting fresh with a new group of district officers and committee members eager to serve our district:

District Officers

District Committee Member Chair – Sarah B.

Alternate District Committee Member Chair – Michelle B.

Treasurer – Chris M.

Registrar – Julie M.

Public Information and Cooperation with the Professional Community (PICPC) – Matt G.

Bridging the Gap (BTG) – Grant

Central Office Liaison – Karen A.

Hospitals and Institutions (H&I) Representative – Noel E.

SF/Marin Intergroup Liaison – Charlie B.

Literature Chair – Walter M.

Concept Study Chair – Brent M.

District Committee Members

Subdistrict 3 (San Bruno, Millbrae) – Ted B.

Subdistrict 4 (Burlingame, Hillsborough) – Nelson T.

Subdistrict 5 (San Mateo, Foster City) – Brent M.

Subdistrict 6 (Belmont, San Carlos) – Michelle B.

Subdistrict 9 (South Coast Region) – Noel E.

There are many ways to get involved in General Service, including making yourself available to serve as your group's General Service Representative, or making yourself available to serve the district more directly. As we prepare for your next District Committee Meeting on January 19th, we still have vacant service commitments. If you'd like to get involved, talk to your group's GSR or feel free to join us at our next district committee meeting. Please reference the Central Office website for our most current virtual scheduling and login information.

It is my pleasure to step in to lead and serve district 05 as we begin a new panel. Thank you for allowing me to be of service.

Sarah B.

Incoming District Committee Member Chair

District 05 – San Mateo County

San Mateo County Fellowship of Alcoholics Anonymous Delegates Committee Meeting Minutes

December 8, 2020

This was a Zoom meeting: ID: 81252369897

The meeting was opened at 7:30 p.m. by chairperson

Michelle B with the Serenity Prayer.

Delegates must sign in; new business must be submitted in writing.

Michael H. read the Twelve Traditions; and Marian P. read the Responsibility Statement.

Minutes: The November 3, 2020 minutes were reviewed and approved.

New Delegates: Fay J. representing the BB 103 North meeting

A.A. Birthdays: Marian P. 38 years,

Financial Report: The November financial report was reviewed. The financial report was approved as read.

Remember when money sent in by groups or personal donations to include the group names so that they can be credited.

SERVICE COMMITTEE REPORTS

Bridging the Gap: Ted B reported, the monthly business meeting, on the 1st Monday of the month @ 7:30pm, is now held on 'Zoom'. He reported that his term is up and that the new BTG chair is Grant.

Weekly presentations @ Palm Ave. Detox are still suspended due to covid19 constraints.

General Service: The district held their elections and Karen A is our new liaison. She stated that she has no report but recommends Matt D's a report in High Sobriety.

Grapevine: No report

Hospitals & Institutions (H&I): No new information this month per Lori C. there is a Zoom meeting at SM medical center psych-ward and speakers are needed.

NCCAA (Northern California Council of A.A.) No report

PENYPAA (Peninsula Young People in A.A.): No report

PI/CPC (Public Information/Cooperation with the Professional Community) No report

Alkathon: Becky reported that the Thanksgiving Alkathon went great with very few glitches. The Christmas and New Year Zoom code is the same as thanksgiving. See you there.

CENTRAL OFFICE COMMITTEE REPORTS

Advisory Committee: Tatiana S reported that the Advisory Committee met November 11th and it was reported to them that the donations to central office have been very good. They made three recommendations to the delegates:

Donate \$5000 donation for GSO in New York

Purchase a computer for the Central Office assistant manager

Give the Central Office Special Worker a 3.1% pay raise (about \$130 per month)

Motions were made and seconded for each of the three recommendations and they were passed.

Teleservice: Eden S. We have a few open front-line shifts and over 20 open back line shifts. The function of the back-line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. To be of service, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

Trusted Servant Workshop: No report

Anniversary Party: Cancelled for 2020

Spanish Central Office: No report.

Sunshine Club: Karen A. reported that there is no new information and that last month's report is up to date. They are not doing in person meetings but on-line meetings or calls are going on. The Sunshine Club is always looking for energetic AA Members that are interested in participating and ready to be of service when needed. Please call Ed V., Coordinator at (650) 222-5582, for more information or e-mail aa@aa-san-mateo-org.

CENTRAL OFFICE: Don C reported that the central office is doing very well financially due to the generosity of the fellowship. Thank you very much.

He asks that if you move, please send your new address to the office. We are charged for every High Sobriety returned to the office for bad addresses (\$26.00 last month)

If you have a live meeting that is closing please let the office know so that the meeting list can be updated.

At this time there are 18 meetings using the Central Office Zoom account.

12 Step Calls: 1

Phone calls: 138

11,346

Office Visits: 28

Website visits:

Note: The above calls were answered during regular business hours)

Old Business: none

New Business: none

Meeting adjourned at 8:30

The next meeting will be held Tuesday January 12, 2021 elections will be held at that time.

**SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT
DECEMBER 2020**

	DEC	Total YTD		DEC	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	0.00	1,258.51	Accounting Services	57.00	998.79
Book sales	614.77	8,206.81	Books Purchased	437.20	9,638.27
Central Office Annual Party	0.00	1,353.82	Chips	0.00	759.06
Chip sales	116.29	1,334.18	Central Office Annual Party Exp	0.00	500.00
Delegates Collection	0.00	172.00	Central Office Insurance	0.00	1,462.47
Faithful Fivers	453.89	5,947.78	Credit Card Charges	15.50	156.03
Group Contributions	6,169.43	86,382.78	Employee Insurance	260.00	3,128.00
High Sobriety Subscriptions	0.00	86.00	Miscellaneous-Contribution to GSO	5,000.00	5,000.00
In Memoriam	348.64	558.64	Office Equipment Lease & Maint	326.85	3,942.98
Individual Contributions	1,850.08	26,080.08	Office supplies	694.89	3,577.31
Interest Income	0.00	0.00	Outside Services	0.00	122.34
Other	0.00	116.95	Postage	525.00	1,484.00
Printing	0.00	91.50	Rent	1,386.00	16,922.00
Sales Tax on Books & Chips	76.74	1,001.55	Salaries	4,065.86	47,670.31
Tax Refund	0.00	107.02	Sales Tax on books	187.04	1,387.07
Covid 19 7th Tradition	818.90	13,316.51	Taxes (Payroll)	1,719.11	19,976.73
			Telephone & Tech	258.04	2,919.87
			Telephone Advertising	0.00	0.00
Total Income	10,448.74	146,014.13	Teleservice	151.00	1,812.00
Less Expenses	15,083.49	121,457.23	Travel Expenses	0.00	0.00
			Web Services	0.00	0.00
Net Income (loss)	(4,634.75)	24,556.90			
Starting Balance		63,316.89			
Plus Net Income/Loss		-4,634.75			
Ending Balance		58,682.14	Total Operating Expenses	15,083.49	121,457.23
TOTAL PRUDENT RESERVE		50,097.39	Net Income (loss)	-4,634.75	24,556.90
TOTAL CASH POSITION		108,779.53	2020 Year-to-Date Summary		
			Year-to-Date Income		146,014.13
			Year-to-Date Expenses		121,457.23
			Year-to-Date Net Inc/(Deficit)		24,556.90

SAN MATEO COUNTY FELLOWSHIP 2020 GROUP CONTRIBUTIONS

ATHERTON	DEC	YTD	LA HONDA	DEC	YTD	REDWOOD CITY	DEC	YTD	SAN MATEO	DEC	YTD
Sunday Spirituality	10.00	3,224.13	La Honda Group (Thurs)		192.00	A Vision for You		1,158.04	Bunker Young People		871.45
Horses Ass	273.00	754.00				Broken Elevator, Thurs.		492.60	Esto Es AA		125.00
			MENLO PARK			Complete Abandon Group		181.13	Eye Opener	50.00	181.00
			Atherton AA		618.66	Don't Drink Group		249.00	Fireside Group		180.20
			Cottonmouth		899.37	Foundation Stone Group		409.00	Highlanders Grp.		218.48
		85.00	Fri. Noon Women's		851.94	Freedom Group		200.00	Joy of Living		50.00
	127.20	1,289.04	Men's R4D Big Book		276.12	Mon. Nite Friesdie Chat		232.20	Lunch Bunch		460.60
		1,469.02	Menlo Park Men's Group		420.00	Newcomers Q & A		30.00	Mid Peninsula Women	20.00	897.93
		1,243.12	Menlo Weds Women's Grp		170.00	Sun. Nite Sharing		240.00	Monday Night Men's 6:30		450.00
	10.00	270.00	Mon. 12:10 PM Happy Hour		449.16	The Sewer Group		105.00	Morning Serenity (All)		323.48
		385.00	Sat Morning Sandhill	613.59	4,199.90	Thumpers		665.73	San Mateo Forum		312.00
			Sat Sunrise Grp MP 7:30	544.70	1,009.68	Vision for You		33.93	San Mateo Group # 1		138.60
			Tues Noon Book Worm		270.37	Wed. Woodside Meeting		729.99	Sunday Serenity		160.60
		650.72	Women's 12- Step Thu Noon	40.00	1,012.62				Sunday Sundowners		138.60
									Sunshine Group		58.38
									Tues Night Beginners		170.00
	20.00	1,397.18	MILLBRAE			12 Study Grp (Thurs)	40.50	434.20			
		379.00	12 Step Study (Tues Noon)		381.73	Big Book Study Fri (5pm)	89.50	671.54			
		1,473.67				Come as You Are	300.00	904.56			
	80.00	506.26	MOSS BEACH			Daily Reflections Women	42.00	677.10	SOUTH S.F.		329.00
		391.00	Men's Language of the Heart		732.00	Early Enders		96.82	Midway S.S.F. Grp		
		1,411.18	Serenity by the Sea		300.20	Grupo Serenidad		134.40	New Beginnings		138.52
	150.00	742.37				Living Sober/ HH (Tues)	22.00	549.20	South City Womens	70.00	250.00
		294.00	PACIFICA			Milbrae Group		71.50	Stepping Stones		100.00
		271.60	12 @ 6 Group		129.26	Spkr/Disc - Happy Hour(Mon)		626.59			
		900.00	12 Noon Disc. (Mon)	20.00	258.00				Brown Baggers		60.00
		597.92	B.Y.O.B. Group		270.00				Colma Eye Opener		117.43
		83.15	Daily Reflections (Beach Mtg)		343.90	SAN CARLOS			Daily Reflect. (Mon)		100.00
	120.00	528.50	Fri Discussion Noon		428.30	Gifts of Grace Fri Women		198.60	Duel Honesty Group		167.20
		133.10	Grapevine Recovery		0.00	Growing Stronger	8.00	66.00	Duel Honesty Group		167.20
			Happy Hour (Living Sober)		40.00	In Step with Bill		66.00	Early Birds Daily Reflection (Weds)		150.00
			Pacifica Discussion (Weds)		204.40	S.C. Awareness Group	104.59	994.60	Men's no BS		229.01
		69.63	Pacifica Men's Group		465.10	San Carlos Beginners	108.00	746.07	Mustard Seed		84.00
		989.84	Page 133 Group		436.00	San Carlos Men's Grp. (Mon)	250.00	876.90	Smart Feet BB		222.58
	500.00	762.00	Pedro Valley Pacifica		405.06	SCPF- all meetings		1,664.30	West Bay Noon		304.24
	70.00	607.46	Serenity in Pacifica		177.82	Sequoia Recovery Grp	100.00	2,550.00	West Bay All Groups		210.00
	10.00	1,547.51	Sun. Afternoon Step		387.68	Sober Sundays	8.00	369.48	Women's Happy Hour	245.00	438.97
		150.00	Tues Noon Disc. Grp		233.00	We Have Recovered Group		1,201.79			
		485.20	Wake Up Wake Up		368.60	Womens Read & Reflect	20.00	85.56			
	60.00		Women's Big Book Study	9.48	92.55			405.86			
			Women's Candlelight Grp		380.37	SAN MATEO ETC.					
			Women who wear shoes		750.20	Alcatraz - Belmont	100.00	2,600.00			
		779.71						200.00			
	247.12	369.92	PORTOLA VALLEY			Alcatraz - West Bay Alano	100.00	832.52			
		442.70	Chips Ahoy		20.00	Women's Home Grp (traveling)	100.00	12,782.42			
		653.69	Ladera Mon Nite Group		684.12	Covid-19 7th Tradition	818.90				
		187.00	Portola Valley 11th Step	450.00	2,050.00	Baseball Diamond Daily Reflectic	200.00	582.00			
		448.91									
	164.19	655.75									
		85.60									
		779.16									
		340.41									
	284.00	2,438.19									
		634.03									
		100.00									

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