

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aa-san-mateo.org
aasanmateo@gmail.com

February 2021

SMC Fellowship News

Central Office Contribution Checks

Once again, Central Office would like to thank the fellowship for their generous contributions during the past year. We would just like to remind those who contribute by check to **please make those checks out to: San Mateo County Fellowship.** The bank has been quite a stickler about this!

Central Office Elections

San Mateo County Fellowship elections were held prior to the January Central Office Delegates Meeting. Our new trusted servants for 2021 as voted by the delegates are:

Chairperson: Paula V.
Vice Chair: Rob S.
Recording Secretary: Michelle B.
Advisory Committee Members:
Colleen G. and Faye J.

Online Commitments in the Fellowship

During this time of virtual meetings, many of our traditional meeting commitments are not relevant, such as coffeemakers, setup persons, or literature persons. This does not mean there are no options for being of service. Most of us are aware of the need for online secretaries or Zoom hosts, but there are other commitments available as well. All groups are entitled to have a Central Office Delegate and a General Service

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Representative who represent the group, attend meetings (see page 2 for info) and report back to the group. There are also opportunities in various committees such as H&I and Teleservice. You can find information on these and more by checking the Central Office Delegates Meeting Minutes on page 8. For additional information on service opportunities go to: <https://aa-san-mateo.org/service-opportunities> .

Monthly Service Committee Meetings

BRIDGING THE GAP February 1st, 7:30pm on Zoom
Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

H&I (Hospitals & Institutions) February 9th, 6:30pm on Zoom
Meeting ID: 827 3170 0808, To phone in: +1 669 219 2599

DELEGATES TO CENTRAL OFFICE February 9th, 7:30pm on Zoom
Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC February 16th, 6:30pm on Zoom
Meeting ID: 731 7563 0968, Password: 7Hs3YE

GENERAL SERVICE February 16th on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting
Meeting ID: 752 6058 2164, Password: 096224. To phone in: +1-669-900-9128

PENNYPA (Peninsula Young People in AA) cxl'd until further notice

TELESERVICE cxl'd until further notice

Central Office will be closed
Monday, February 15th in honor of
Presidents Day

1ST VIRTUAL 57TH INTERNATIONAL WOMEN'S CONFERENCE February 18th 8:00 am – February 21st 5:00 pm

The Language of the Heart will be spoken at the First Virtual International Women's Conference ever held. See and hear dynamic speakers. Great panels and workshops from some awesome women from around the world await you. Watch the play "Surrender Dorothy". You could become a contestant in the game Dysfunctional Family Feud or learn how to do the Myrtle Beach Shag Dance.

There is no registration fee; however, contributions to help pay fo the 1st Virtual 57th IWC are welcome. Visit the website to register.

<https://internationalwomensconference.org>

TRUSTED SERVANTS WORKSHOPS

For secretaries, treasurers, literature persons, as well as Virtual Meeting related commitments.
Presentation materials will be made available to all attendees.

**SATURDAY, APRIL 24, 2021 1:00PM - 3:00PM
ZOOM MEETING ID: 873 4931 1742**

**SATURDAY, MAY 1, 2021 1:00PM - 3:00PM
ZOOM MEETING ID: 870 7789 6913**

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office is CURRENTLY open MONDAY AND FRIDAY from 8:30 am to 4:30 pm

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



five



V



Does your Group have a Central Office Delegate?

All groups should! As a delegate, you attend a monthly meeting to learn about everything currently going on in our fellowship. You then report these things back to your group. You are also your group's voice in some of the decisions made in the fellowship. Only about 10% of our groups currently have a Central Office Delegate. Volunteer to be your group's now!



Birthday Club



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

Donna S San Mateo 7yrs
Will H Burlingame 37yrs

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I Found God on Madison Avenue

After years of searching, his moment came, somewhere around 58th Street

I have spent most of my life trying to fill that empty spiritual space that takes up so much room inside of me. It became a quest.

As a child of the 60s, I rejected organized religion, the cause of most of the world's problems and wars. I was certain spiritual enlightenment lay elsewhere. I looked for it sitting around campus smoking grass and expressing my artistic vision at the potter's wheel. I made a lot of ashtrays.

By 1970 I was married with a child and had survived a stint in the army. I started a business, had another child and was living the American dream. But I still had this emptiness inside. Doing business in those days centered around heavy drinking. And I intended to succeed. I progressed from surreptitiously dumping my drinks into potted plants to becoming the life of happy hour.

Still searching myself and hoping to spare my children the pain of that "empty space," my family joined the Unitarian Church. It was a safe, noncommittal choice: no prayer, no God, no Jesus. This was agreeable until shady collection plate matters proved once more that organized religion was a farce. And anyway, I was happy to celebrate the birth of Jesus if I could do it with sidecars, daiquiris, rum punches and my new favorite—brandy manhattans.

Then I discovered self-help books. I locked onto one about alternate realities and mind-altering plants. My spirit animal would show me the way to spirituality. I procured a guide to take me into the Arizona desert to perform the peyote ceremony. After throwing up for two hours, I had a vision—of a grasshopper. This was not satisfactory. I wanted to be a falcon, a jaguar, an eagle—something to reflect my inflated ego. My guide said I could be a crow. Over a quart of bourbon I manipulated him into agreeing I was a raven. It sounded much more regal. Needless to

say, my trumped up spirit animal guide led me nowhere.

But then all the "New Age" gurus of the early 80s entered the fray, and I was a believer. I arranged the prescribed crystals under my mattress, I attempted astral projection, I went to a sweat lodge in the mountains of New Mexico. I attended a seven-day retreat of meditation, discovering my inner child, and "hooking up" to share this newfound spiritual connection. The primary spirit was vodka. The highlight of the week was a firewalk. We all committed to getting drunk and high before facing the redhot coals. Afterward we exclaimed it was inspiring. It was a miracle we didn't burn our feet! Later that night the local convenience store had a run on burn cream and aloe gel. Today my crystals rattle around in a box my grandchildren play with.

Obviously I was trying too hard. My spirit needed relaxation and recreation. I learned to scuba dive and became a fixture in Puerto Vallarta. These trips were one part diving, nine parts drinking. In a small village in the mountains, a shaman assured me that he had the vehicle to guide me into the spirit world. I was introduced to raicilla, a type of moonshine tequila. The brewer/shaman added special herbs that the "ancients" used to gain a close connection to mother earth and find true peace. I drank the spirit, my head began to spin and I became completely paralyzed. I don't know how I got back to my hotel room, but the visions I saw were anything but peaceful.

My children grew up, my marriage ended and I continued my search—with spirits in a bottle. I drank when I was troubled, I drank when I was celebrating. Every day became a failure or a success, and I drank. Ultimately vintage, age, origin didn't matter. I bought what was on sale at discount liquor stores. I came into AA on May 23, 2007, and I have never picked up another drink.

I went to meetings, did the Steps, and worked with a sponsor, but I still had a spiritual void. Life was measurably better, but where was my "God shot" that everyone else seemed to get with sobriety?

In December 2009 I was living in New York and was diagnosed with aggressive stage III cancer. My only option was surgery. If they failed to remove all of the cancer, my chances were slim. I was told to get my things in order. I railed that this was unfair. Had I not gotten sober, changed my ways? Why was I being punished?

Ten days after my surgery I was walking up Madison Avenue toward the surgeon's office to hear whether I would live or die. The night before I had desperately tried to contact God. "Please let me live," I said. "Don't do this to my children. Don't put me through a painful death." These were my prayers—they were all about me and they were hollow.

But something happened on Madison Avenue right around 58th Street. I didn't hear a voice. The light around me didn't change. But a message came to me: "Everything will be fine." And suddenly it didn't matter what the doctor said. I knew I was going to be alright no matter the diagnosis. My Higher Power, whom I choose to call God, entered my life that day and has been with me every day since. That moment of enlightenment gave me the ability to reflect back on my Step work and view it in a different light. I no longer look for an herb, a rock or a bottle for my spiritual fulfillment. It is always right here with me. I am eternally grateful. My cancer gave me a gift and my sobriety prepared me to understand that gift when it was presented.

Larry M. | New York, New York
Grapevine, March 2015



A.A. Around the World

On the Shores of the Aegean

A beacon of hope is lit in Turkey

MERHABA! I sobered up in 1990, and my first home group was Izmir's Stories of Sobriety (SOS) Group in Turkey which consisted of Americans associated with the military. The only Turkish person was my sponsor's wife. Meetings were held in the base chapel and in members' apartments around the city of Izmir, with attendance from two to maybe 10 people. Early in my program my wife brought a Turkish newspaper article to my attention that described the hopeless nature of alcoholism amongst Turkish people. The article described carnage caused by alcoholics. The article also described that drying out drunks only to have them return to drinking again and again was not working and clearly demonstrated the hopeless nature of drunks. The writer and professionals interviewed were obviously not aware of AA. I brought the article to a meeting and asked what we could do to carry the message to the Turkish people crying for help. I had less than a year of sobriety and someone with several years of sobriety lectured me about attraction rather than promotion.

This was my first lesson on what happens when you place people in the program too high on a pedestal. This also taught me a bit of acceptance and tolerance of others. I strongly believe that at the time, I was not ready to pass on something I did not yet have; I had just scratched the surface of my Fourth Step. After the first Gulf War, our group was asked to leave the chapel for security reasons and our seven meetings a week began musical meeting places from the Air Force Clinic to the Turkish--American Association to my sponsor's apartment and so on.

Work on translating the Big Book had started shortly before I sobered up by some hard working folks in Izmir, Istanbul and Ankara. After a year

and a half of sobriety, I had cleaned house, was working through the Steps and had just begun the early practice of our daily maintenance Steps, Steps Ten and Eleven. Public Information placed ads in national papers and magazines, and reaction was the same as to the early Saturday Evening Post article. It was then, I believe, that my Higher Power said I was ready and that my house was in just enough order that I finally had something to give. Our group began hopping from one Twelfth Step call to the next, with little success for our new prospects. However, it did keep us sober.

We were handicapped in our work; our biggest problem was that most of the folks were unable to read English and the only Big Books available were in English. It truly helps to have a Big Book or some other AA literature that can be given to a new prospect to read over. I learned early on that all the answers are in the Big Book. I know I wouldn't have lasted long if I couldn't read and understand our basic text.

THE Big Book was translated into Turkish with a lot of elbow grease from AA members in Turkey and AA World Services and we were provided a substantial amount of copies of the Turkish Big Books for free to facilitate our Twelfth Step efforts.

The ads in the Turkish media got the attention of a psychiatrist at Ege University Hospital in Izmir, Turkey. This doctor, like Dr. Silkworth, believed there was more to the recovery of alcoholics than just drying them out and releasing them. Our group met with this doctor and began immediate cooperation that caused an explosion of newcomers, over 50 Turkish people in a matter of a few months. One of the contributing parts of our success was the Turkish Big Book and "Twelve and Twelve". I was also given the gift and privilege of sponsorship of over half a dozen individuals. I was able to share the program with my new sponsees and in turn they taught me Turkish. My sponsor always told me about how much he learned from his sponsees. The love and wonders of the program that I shared with them was returned tenfold. As our little group was growing, I, too, was growing in the program. I had been through the Steps, but class was still in session.

I also was able to see first-hand what happens when pieces of the program are put together: Our

group twelfth-stepped a young lady by sharing our experience, strength, hope and how we stay sober using the AA program. She couldn't read or speak English, and the AA books we had at the time were all in English. She left and returned to us a year later, this time badly beaten by booze. We twelfth-stepped her again and gave her a copy of the new Turkish Big Book. She took to the program like a drowning victim to a life preserver. I had the pleasure to be one of her sponsors. When I left Turkey in 1995 she had worked the Twelve Steps, she had two years of sobriety, and she had begun to sponsor others.

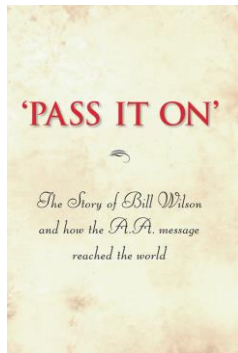
WITH the help of God, GSO's contribution of books, a Turkish psychiatrist and Twelfth Step efforts of members across Turkey, our tiny group rose to over 50 in a few months. Several of the group's older members and me had always dreamed of getting the SOS Group a meeting place. This dream came true with the grand opening of the group's own meeting place, a penthouse apartment with two meeting rooms, bathrooms and a kitchen. I believe this happened just as God wanted it to. My wife used to complain, like Lois did, that she was frustrated from cleaning up after a bunch of drunks and wondered when our apartment would become our home once again. The group was no longer dependent on Americans to keep it alive.

In 1995 I was transferred from Izmir Air Station, Turkey to Mountain Home AFB in Idaho, from a city of over 3,000,000 on the Aegean coast to a landlocked town of 8,000--what a culture shock! In 2000, I returned to Izmir for a visit to find the young lady and many other I sponsored still sober and sponsoring others. This story still warms my heart today and brings me tears of joy when I share it with others.

The SOS Group was still meeting in that penthouse apartment. Today the Izmir Group is fully self-supporting and still meets in the same place with an AA meeting every day at 7 P.M., just as it did 14 years ago. The beacon of light set up by me, my wife, my sponsor, his wife and a few other Turkish AA members is still near the shore on the Aegean Sea, for those still-suffering alcoholics in need of help.

Rodney N. | Mountain Home, Idaho
Grapevine, May 2009

BOOK OF THE MONTH



Pass It On

Full of first-person accounts and primary source material, this portrait of Bill W. recounts his journey from Vermont youth to Wall Street success story to hopeless drunk — until a series of remarkable events allowed him to stop drinking and to co-found Alcoholics Anonymous. We follow Bill through his tireless work for the Fellowship: the publishing of the Big Book, the development of the Twelve Traditions, the formation of the General Service Conference. Closing chapters walk us through Bill's final years of challenge and change. With 39 archival photographs.

General Service Conference-approved.

Hardcover

5.375" x 8.25"

432 pages

Pass It On is available for purchase at a **special price of only \$10** through the month of February at our Central Office.

A VISUAL HISTORY OF ALCOHOLICS ANONYMOUS: *An Archival Journey*



Special pre-order discount: Save \$1 on every copy!

Originally developed as the souvenir book for the 2020 International Convention, this highly illustrated tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in A.A.'s history — from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.

Offer ends January 31, 2021.

To pre-order *A Visual History of Alcoholics Anonymous: An Archival Journey*

Go to www.aa.org (click Go to Online Bookstore), call customer service at 212-870-3312 or email orders@aa.org

"I found a new definition of sanity. It was bigger than any definition I had heard concerning Step Two, but it was also bigger and better than my wildest imaginings. This sanity offered serenity, a feeling of wellness or well-being, possession of a center of balance from which to operate, and a feeling that my place in this world was just right."

Bowie, Maryland, February 1999, "Beyond Sanity", Step By Step

**San Mateo County Fellowship of Alcoholics Anonymous
Delegates Committee Meeting Minutes
January 12, 2021
This was a Zoom meeting: ID: 81252369897**

The meeting was opened at 7:30 p.m. with the Serenity Prayer.
Delegates must sign in; new business must be submitted in writing.
Prior to the opening of the Delegates meeting an election for new officers was held. Sarah B. Dst05
DCMC facilitated the third legacy Procedure. Our new officers for 2021 are;
Central Office Delegates Chair, Paula V.
Vice Chair, Rob S.
Recording secretary, Michelley B.
Advisory committee members, Faye J. and Colleen G.
After the election concluded the business meeting was called by new Chair Paula V.
Minutes: The December 2020 minutes were reviewed and approved.
Financial Report: The December 2020 financial report is located in the High Sobriety was reviewed and approved.

SERVICE COMMITTEE REPORTS

All reports are to be submitted to the Recording Secretary Michelley B. by email

shellybear413@gmail.com

Bridging the Gap : Ted Burkwall presented for new BTG Chair Grant Vincent, Panel 71. BTG monthly business meetings are held on the 1st Monday of the month 7:30-8pm, and chaired by Grant V., Panel 71, (415) 279-1188, grant.vincent@gmail.com.

Our program is to implement phone reach-out to pending releases who request it, from detox, treatment centers, facilities in San Mateo Co. (District 5) during periods of Covid19 isolation/quarantine, allowing an assigned BTG volunteer to introduce and guide them to on-line meetings, has been initiated by Palm Ave and Kaiser. We continue to discuss the reintroduction of weekly BTG presentations on-line with both of these facilities. Additional effort is being spent on gathering new volunteers for the meet-ups with new releases and volunteers to do presentations.

General Service: Karen A. reported that January is the beginning of Panel 71. Our DCMC Sarah B. has published a General Service update in our January issue of High Sobriety (page 8). Right now is a great time to get into General Service. If you would like to become a general Service representative, please come to our monthly business meeting on the 3rd Tuesday of the month.

Hospitals and Institutions: No liaison. Lori C. (coordinator) noted some facilities are having zoom meetings ie. San Mateo General Hospital psychiatric ward. But mainly others such as Alameda county are doing H&I

online!! Please contact her for more information.
cancilla.lori@gmail.com

Grapevine: No Report given. Please visit aagrapevine.org for a subscription and news on AA literature.

NCCAA: No report given.

PENYPAA: No report given.

PI/CPC (Public Information/Cooperation with the Professional Community) : Brent

McQueen reporting for Matt Garcia PI/CPC Chair

Our December business meeting was held on December 15th in an online format. We had 6 Participants. The committee reviewed and finalized a tri-fold pamphlet on AA meeting formats and where to find online meetings. The pamphlet is intended for the professional community with the intention of informing them of the different AA meeting formats and how to connect to online meetings allowing them to better inform others of what AA has to offer. The AA pamphlets; "AA at a Glance" and "A Newcomer Asks", and the PI-CPC business cards were mailed to just under 60 churches that were identified through a google search as serving a part of the community that is potentially underrepresented in the AA rooms. The cover letter started by wishing a Happy New Year and then specified what the purpose of PI-CPC is and that the materials were intended to assist the church in directing those with an alcohol problem to AA. The offer of more information, literature and an opt out of future mailings was included in the cover letter. The committee also briefly discussed archiving current panel content for future use and generating a PI-CPC webpage.

CENTRAL OFFICE COMMITTEE REPORTS

Advisory Committee : No report

Alkathon: Becky N. reported that the 2020 Holiday Alkathons went great. At times it was a challenge but overall it went really good. Some highlights were the International meetings, 7th Tradition contributions via Venmo and a Special thanks to Jillian, Camp Kyle, Kristen, Jamie, and a lot more who helped with the website. Paula stated how helpful the Alkathons are.

Teleservice: Eden C. Reporting. We have two open front line shifts: 4th Monday at 8:30pm and 5th Friday overnight shift. We also have back line shifts available on Thursdays. The function of the back line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. To be of service, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

Trusted Servants Workshop: No report.

Spanish Central Office: No report.

Sunshine Club: Karen A. reported. At the moment the Sunshine Group is defunct/irrelevant due to online meetings and Covid, but if you would like a special meeting contact Ed V. Coordinator at (650)222-5582.

Central Office: Don C. reported the Central Office Stats.

Twelve step calls 2, Office visits 29, Phone

inquiries 129, Website hits 11,176. If you are sending

checks to Central Office PLEASE write check out

to; **San Mateo County Fellowship** *Banks will not

accept it if written differently

Don proposed our monthly delegates meeting switching to

the 2nd Tuesday. **Passed**

Old Business: none. New Business: none.

Paula thanked our outgoing officers and delegates of 2020.

Outgoing Chair Michelley acknowledged the New

Delegates who did not get welcomed in the beginning

of the meeting due to the election format.

New Delegates: Dennis (Bunker YP San Mateo Thurs

7:30PM), Denise K. (Gifts of Grace Women's meeting San

Carlos Friday 7pm), Rob S.(3rd+11th step meeting Half

Moon Bay), Paula V. (Ham n' Eggers Sun 9:30)

Meeting Adjourned: 9:00 pm

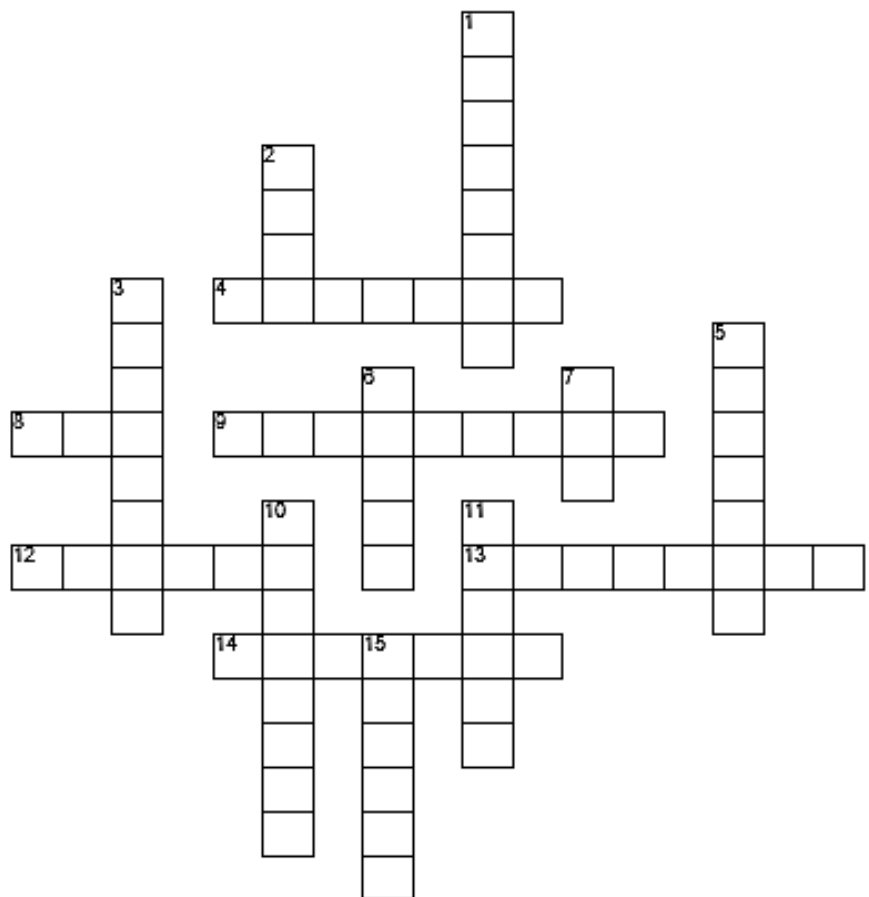
Respectfully reported by Michelley Buffington



Acronyms of AA

Principles Scramble Answers

1. IESCEVR - SERVICE
2. SYNOTHE - HONESTY
3. URSAITYPILT - SPIRITUALITY
4. IHUYMTLI - HUMILITY
5. ENCREERVASPE - PERSEVERANCE
6. TIFHA - FAITH
7. NTGITYIER - INTEGRITY
8. HPOE - HOPE
9. IEUTSJC - JUSTICE
10. ROEAUCG - COURAGE
11. IGNEWSILSNL - WILLINGNESS
12. OTBHRRELY EVLO - BROTHERLY LOVE



Across

4. GOD - Good _____ direction.
8. EGO - Edging _____ out.
9. FINE - Freaked out, Insecure, Neurotic, and _____
12. PAUSE - Pray to _____, Understand, and Surrender Everything
13. PRIDE - Personal _____ involves defeating ego.
14. HOW - Honest, open minded, and _____

Down

1. YET - You're _____ too.
2. FEAR - _____ everything and run.
3. FEAR - False _____ appearing real.
5. FEAR - Face everything and _____
6. NUTS - Not using the _____
7. ODAAT - One _____ at a time.
10. AA - _____ Adjustment.
11. GOD - Group of _____
15. HALT - Hungry, Angry, _____, Tired

**SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT
JANUARY 2021**

	JAN	Total YTD		JAN	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	45.89	45.89	Accounting Services	57.00	57.00
Book sales	407.84	407.84	Books Purchased	0.00	0.00
Central Office Annual Party	0.00	0.00	Chips	102.05	102.05
Chip sales	47.51	47.51	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	0.00	0.00	Central Office Insurance	0.00	0.00
Faithful Fivers	834.58	834.58	Credit Card Charges	7.92	7.92
Group Contributions	7,235.58	7,235.58	Employee Insurance	255.00	255.00
High Sobriety Subscriptions	10.00	10.00	Miscellaneous	0.00	0.00
In Memoriam	50.00	50.00	Office Equipment Lease & Maint	326.85	326.85
Individual Contributions	1,680.00	1,680.00	Office supplies	50.00	50.00
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other	0.00	0.00	Postage	0.00	0.00
Printing	0.00	0.00	Rent	1,386.00	1,386.00
Sales Tax on Books & Chips	47.80	47.80	Salaries	4,117.16	4,117.16
Tax Refund	0.00	0.00	Sales Tax on books	179.00	179.00
Covid-19 7th Tradition	505.31	505.31	Taxes (Payroll)	1,837.94	1,837.94
Total Income	10,864.51	10,864.51	Telephone & Tech	210.31	210.31
			Telephone Advertising	0.00	0.00
Less Expenses	8,680.23	8,680.23	Teleservice	151.00	151.00
			Travel Expenses	0.00	0.00
Net Income (loss)	2,184.28	2,184.28	Web Services		0.00
Starting Balance		58,682.14			
Plus Net Income/Loss		2,184.28			
Ending Balance		60,866.42	Total Operating Expenses	8,680.23	8,680.23
TOTAL PRUDENT RESERVE		50,101.43	Net Income (loss)	2,184.28	2,184.28
TOTAL CASH POSITION		110,967.85	2021 Year-to-Date Summary		
			Year-to-Date Income		10,864.51
			Year-to-Date Expenses		8,680.23
			Year-to-Date Net Inc/(Deficit)		2,184.28

SAN MATEO COUNTY FELLOWSHIP 2021 GROUP CONTRIBUTIONS

ATHERTON	JAN	YTD	PACIFICA	JAN	YTD
Sunday Spirituality	53.60	53.60	New Comers & Old Timers	180.00	180.00
Horses Ass	300.00	300.00	Sharp Park 3rd & 11th Step	252.12	252.12
			Women's Candlelight Grp	84.79	84.79
			Women who wear shoes	336.60	336.60
BELMONT			REDWOOD CITY		
Belmont Tues. Noon Group	214.30	214.30	A Vision for You	1,067.30	1,067.30
Day At a Time	100.00	100.00	Broken Elevator Thurs.	12.50	12.50
The Forum Group	55.00	55.00	Phoenix Group	72.05	72.05
One Line at a Time	10.00	10.00	Wed. Woodside Meeting	51.10	51.10
BURLINGAME			SAN BRUNO		
Ham & Eggers	117.50	117.50	12 Study Grp (Thurs)	73.00	73.00
Sat. Nite Disc. Group	506.00	506.00	Daily Reflections Women	44.40	44.40
Sharing Choices	15.00	15.00	Living Sober/ HH (Tues)	27.00	27.00
FOSTER CITY			Spkr/Disc - Happy Hour(Mon)	131.53	131.53
Foster City Women (Sat)	100.00	100.00	SAN CARLOS		
Friday Noon Big Book	66.87	66.87	Bookies	45.00	45.00
Living Sober Groups (all)	50.00	50.00	Growing Stronger	8.00	8.00
Study theText Group	166.04	166.04	In Step with Bill	258.34	258.34
The Old & the New	32.50	32.50	S.C. Awareness Group	257.00	257.00
HALF MOON BAY			San Carlos Beginners	304.07	304.07
7AM Coastside Meet.M-F	246.00	246.00	Sequoia Recovery Grp	4.59	4.59
Coastside Talkers	103.60	103.60	Sober Sundays	229.92	229.92
Last Barn on the Block	100.00	100.00	SAN MATEO ETC.		
Sat. Morning Eye-Opener	517.60	517.60	Covid-19 7th Tradition	505.31	505.31
MENLO PARK			SAN MATEO		
Cottonmouth	135.00	135.00	Highlanders Grp.	100.00	100.00
Men's R4D Big Book	183.96	183.96	Morning Serenity (All)	150.00	150.00
Menlo Park Men's Group	186.00	186.00	WESTBAY ALANO		
MILLBRAE			Duel Honesty Group	75.60	75.60
12 Step Study (Tues Noon)	141.70	141.70	Smart Feet BB	70.00	70.00

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