

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aa-san-mateo.org  
aasanmateo@gmail.com

*March 2021*

## **SMC Fellowship News**

### **Central Office Hours**

Effective April 1<sup>st</sup>, Central Office will be resuming regular office hours of Monday through Friday, 8:30am to 4:30pm. Until then they are open Monday and Friday, 8:30-4:30. Face masks continue to be required.

### **Agenda Topics are Here**

You may be starting to hear talk of Agenda Topics. Each year, the General Service Conference in New York discusses and votes on a variety of topics that affect AA as a whole and have been suggested by group members. These topics range from creating new literature or changing existing literature, to financial and administrative processes within General Service.

If your group has a General Service Representative (GSR), they may be presenting your group with one or more of these topics to discuss and present a group conscience (as well as specific comments) to our Area Delegate who will bring this information to the Conference.

All groups are entitled to have a General Service Representative. If your group does not have a GSR, now is a great time to elect one. General Service Representatives meet on Zoom on the 3<sup>rd</sup> Tuesday of each month. Information can be found on page 2 of this newsletter.

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### **Thank You For Your Support!**

Central Office would like to thank our fellowship for its support during this past year of unusual times. We would like to remind those who are contributing by check to make check's payable to **San Mateo County Fellowship**, and if the check is on behalf of a group to note the group name on the check.

## Monthly Service Committee Meetings

**BRIDGING THE GAP** **March 1st, 7:30pm on Zoom**  
 Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

**TELESERVICE** **March 7th, 7:00pm on Zoom**  
 Meeting ID: 971 3141 3389

**DELEGATES TO CENTRAL OFFICE** **March 9th , 7:30pm on Zoom**  
 Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

**PI/CPC** **March 16th , 6:30pm on Zoom**  
 Meeting ID: 731 7563 0968, Password: 7Hs3YE

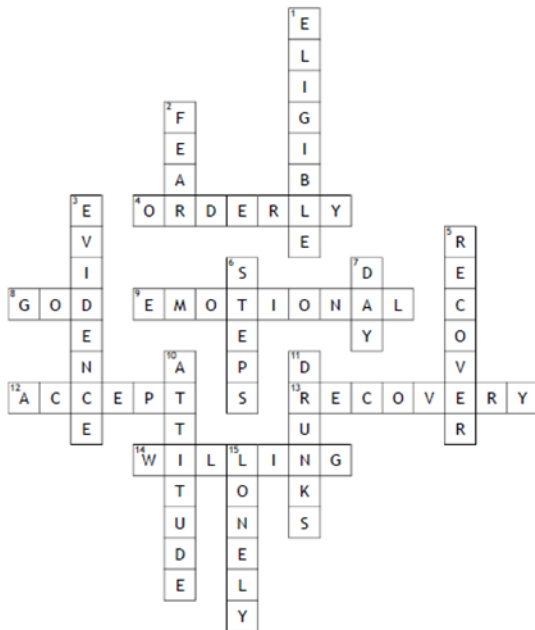
**GENERAL SERVICE** **March 16th on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting**  
 Meeting ID: 752 6058 2164, Password: 096224. To phone in: +1-669-900-9128

**H&I (Hospitals & Institutions)** **March 23rd, 6:30pm on Zoom**  
 Meeting ID: 827 3170 0808, To phone in: +1 669 219 2599

**PENNYPAA (Peninsula Young People in AA)** **cxl'd until further notice**

Last Month's Puzzle Answer

### Acronyms of AA



**TRUSTED SERVANTS  
WORKSHOPS**

**For secretaries, treasurers, literature persons, as well as Virtual Meeting related commitments.**

Presentation materials will be made available to all attendees.

**SATURDAY, APRIL 24, 2021 1:00PM - 3:00PM**  
**ZOOM MEETING ID: 873 4931 1742**

**SATURDAY, MAY 1, 2021 1:00PM - 3:00PM**  
**ZOOM MEETING ID: 870 7789 6913**

## What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, [aa-san-mateo.org](http://aa-san-mateo.org), with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

**Central Office is CURRENTLY open MONDAY AND FRIDAY from 8:30 am to 4:30 pm**

## Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



five



V



## Does your Group have a Central Office Delegate?

All groups should! As a delegate, you attend a monthly meeting to learn about everything currently going on in our fellowship. You then report these things back to your group. You are also your group's voice in some of the decisions made in the fellowship. Only about 10% of our groups currently have a Central Office Delegate. Volunteer to be your group's now!



## Birthday Club



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

**David P Menlo Park 51yrs**

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## A Remarkable Sensation

### **Step 3 - Made a decision to turn our will and our lives over to the care of God as we understood Him.**

I was one of those AA newcomers who chafed at the "God parts" of the Twelve Steps. I thought it was beneath my dignity to believe in God. As a budding alcoholic in my early twenties, I had become infatuated with existentialism, a philosophy that contemplates the role of the individual standing alone in an absurd world. Existentialism seemed to dignify my feelings of isolation and uniqueness and to impart a kind of tragic poignancy to the drunken impulsiveness I liked to think of as acts of free choice. When I entered Alcoholics Anonymous, I desperately wanted to stop drinking and to turn my life around, but I was pretty sure I didn't need the help of "God."

However, even during my first days in AA, I was wary of poking holes in the program, lest the whole fabric rip apart. I suspected that if I were to allow myself to make even one exception for myself--such as determining that I would ignore the God Steps--I might open myself to a justification to drink. Therefore, I determined to find a way to live with the whole AA program, including God.

But what did Step Three mean? "Made a decision to turn our will and our lives over to the care of God as we understood Him." How on earth did a person make such a decision? Turning my will and life over sounded like an enormously complicated procedure. And even if I could figure out how it was done, what would become of me if I complied? I worried that by following God's will, I'd end up doing something brave and self-sacrificing--and utterly repellent.

The "Twelve and Twelve" said that the only thing required to take Step Three was "a key called willingness." I thought I was willing. Imagining myself holding this elusive "key," I waited for transformation and felt nothing. The book also compared one's awareness of a higher power to electricity flowing, hidden and potent, through the circuits of a house. But I was unable either to feel the movement of this force or to find the switch that would activate it in my life.

The key finally turned, the electricity finally surged, in a way so quiet and simple I could never have consciously willed it.

At the time I got sober, I had been living with a man for several years. Our relationship had been in trouble for quite a while, and my new sobriety only aggravated our problems, for he felt threatened by my growing reliance on AA, and I was uncomfortable with his continued drinking. I would wake in the middle of the night and discover that he had not come home, and I would fly into a two-pronged panic that he had died in a terrible accident or that he was with someone else. I lay in bed with my eyes wide open, my heart racing until I heard his key in the lock.

One night began typically. I woke, realized he was not home, and felt the fear surface. Then something altogether different happened. I understood that I did not have to follow that route. Without even thinking about what I was doing, I said, not exactly to "God" but definitely not just to myself, "Whatever happens, let me accept it." Instantly a wave of calm washed over me. The panic evaporated. I knew from the core of my being that, because I was sober and was not going to drink over this situation, I was fine. I trusted--something. I fell asleep.

That was sixteen years ago. When I woke up the next morning, I knew I had taken Step Three at last and I was filled with joy. Step Three has continued to manifest in my life in ways that are ever more surprising and profound, for, as the "Twelve and Twelve" promises, "Once we have placed the key of willingness in the lock" and experienced that first opening of the door, "we find that we can always open it some more." Shortly after "turning it over" that night, I broke up with the man I was living with. A few years later I married a man I met in AA. I have stayed sober and continued to go to meetings.

And, interestingly enough, following a spiritual path has become increasingly essential to me. Contrary to my fear that taking Step Three would condemn me to a life of brave self-sacrifice, I find instead that it frees me to think and act as my truest self. My work, which is writing and leading wilderness trips, helps people explore the connection between nature and spirituality. In following this path, my own journey has flowed along several tributaries. Ultimately, however, the

entire process comes down to Step Three: I stay sober and turn my will and life over to the care of God as I understand this wise and radiant entity which is manifested in my own soul.

There is an update to this story. One defect of character I battled for years was a bitter jealousy of other writers whom I perceived to be more successful than I. I had worked hard to let go of this chronic ache, but it continued to be easily provoked. A few weeks ago, I did a guided imagery session in which I saw the black, bitter bile of professional jealousy being removed from me by a kindly monkey, who placed it in the earth, where it dissolved and became harmless. A couple of days later my young stepson called to say that his first book had been accepted for publication. I waited for the grip of jealousy, but, astonishingly, felt nothing but happiness for his success.

The next day I reflected on this phenomenon as I drove along the highway in my car. I was thinking about how inner change seems to come only when we are truly ready for it. And then I heard, very clearly, a voice: Are you finally ready to let go and live your destiny?

An old, lingering part of me--that couldn't pass up an opportunity to bargain for what I want--rose up and I thought: Maybe if I say yes, I'll become a famous author.

Yes, I said to the voice.

No, it said. Are you ready to let go and give your life to God?

As often as my Higher Power had addressed itself to me directly in my years of sobriety, it had never before referred to itself as God. Certainly I had never called it that. The fact that it now did so shook me mightily. How could I argue?

Yes, I said simply. I'm ready.

I felt then a remarkable sensation. It was as if my entire body was being emptied of what it no longer needed and was instantly filled with something else. The sensation was of light and energy, a kind of tingling current moving through me.

Here was yet further evidence that AA's miracles can always deepen and crystallize if I don't drink, practice the Steps, and trust the process. As long as I am willing to do what I am called to do in any given moment and to abandon the effort to control the results of my actions, then I am following the path that my Higher Power--call it God, Good

Orderly Direction, the soul, the life force, or anything else--has set out for me.

Trebbe J., Thompson, PA  
Grapevine, March 1997

## BOOK OF THE MONTH



### Our Great Responsibility

A selection of Bill W.'s General Service Conference talks from 1951 to 1970. Timeless and timely, these 16 talks give fresh perspectives on the A.A. Fellowship in our co-founder's own words. Chapters also cover the early history of Alcoholics Anonymous and include talks given by early "friends of A.A." With over 60 color and black-and-white images.

General Service Conference-approved.

Softcover

5.25" x 8.25"

272 pages

Our Great Responsibility is available for purchase at a **special price of only \$10** through the month of March at our Central Office.

## Okay for this day

*The cravings for booze seemed unending, and now there was a baby on the way.*

At my first meeting of Alcoholics Anonymous, I peered up at the Twelve Steps banner on the wall and nearly burst into tears at the sight of one word--"unmanageable." That word seemed to sum up my entire existence. My life had gone from one I was capably and competently breezing through, to one where thoughts and cravings for booze haunted me mercilessly, night and day--all in fewer than six months.

And now I was pregnant.

I could barely make it through each day without ending up drunk, but that was all I could do in that day. How would I ever manage a difficult pregnancy and eventually a brand-new baby?

But the woman sitting at the front of the room was my first and most vital lesson on how it could be done--by living life one day at a time and continuing to do "the next right thing" when life got rough. Donna B.'s husband was stationed in an extremely dangerous area of Iraq. "I buried him every day in my mind," she told me later. But she managed to raise three terrifically rambunctious kids and keep this meeting alive for anyone who needed it, three days a week--all the while simply waiting for her husband's next call, whenever it would come, to know he was still alive.

She became my first sponsor, and I followed her every step during my first year in the program. I rarely left her side and she helped me work the Steps for the first time.

Donna never told me how to live my life without alcohol--she just showed me that she could live hers that way. She told me during difficult times, "When you get sober, life isn't going to be OK--but as long as you don't drink, you will be."

Truer words were never spoken. I sobered up just in time to face a terribly colicky baby, severe postpartum depression, and the discovery that my six-year marriage, rock-solid through so many of my husband's military deployments, now consisted of a hollow relationship that was devoid of any

emotional intimacy or caring. Desperately I tried every imaginable remedy for us, and eventually learned another lesson, all on my own: I could not change someone else.

So I changed myself--my life and sobriety were both in danger by the time of our final split, and that night I took my 13-month-old daughter to a meeting where I vaguely knew some of the old-timers. There I sobbed out my story, ending with the fearful realization that I had no idea where I was going to live or how I would even get my daughter's crib there in a few short days.

But by the end of the meeting, that group of gentlemen had an apartment, a rental truck and a moving date all arranged for me. I could hardly believe it--how could these people give so much caring and support to a virtual stranger? The answer was through the miracles of my Higher Power and Alcoholics Anonymous.

Today life is not always OK--in fact, sometimes being a single parent makes me wonder if any part of life will reach "OK" again. However, through this program, I am now close friends and neighbors with many of those old-timers, and I know that I can count on them when going any further by myself seems unmanageable again. In fact, I even sit in Donna's chair at that original meeting, now my home group, three days a week. We frequently have First Step meetings for newcomers, and I always tell them what Donna told me: For today, because I am here, I am OK.

Kate K., Lakewood, WA  
Grapevine, April, 2010

Pray to  
Accept  
Understand  
and  
Surrender  
Everything

suzyB.

## A VISUAL HISTORY OF ALCOHOLICS ANONYMOUS: *An Archival Journey*



Originally developed as the souvenir book for the 2020 International Convention, this highly illustrated tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in A.A.'s history – from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.

To pre-order *A Visual History of Alcoholics Anonymous: An Archival Journey*

Go to [www.aa.org](http://www.aa.org) (click Go to Online Bookstore), call customer service at 212-870-3312 or email [orders@aa.org](mailto:orders@aa.org)

**San Mateo County Fellowship of Alcoholics Anonymous Delegates Committee Meeting Minutes**  
**February 9, 2021**  
**This was a Zoom meeting: ID: 81252369897**

**The SPIRIT of the discussion and all motions presented and passed have been recorded by Michelley Buffington.** The meeting was opened at 7:30 p.m. with the Serenity Prayer.

Delegates must sign in; new business must be submitted in writing. **All reports are to be submitted to the Recording Secretary Michelley B. by email** [shellybear413@gmail.com](mailto:shellybear413@gmail.com)

**New Delegates:** Mike G. 7:30 Wed Young People of all ages

**Minutes:** The January 2021 minutes were reviewed and approved.

**Financial Report:** The January 2021 financial report is located in the High Sobriety was reviewed and approved.

### **SERVICE COMMITTEE REPORTS**

**Bridging the Gap Report:** BTG Chair-Vincent Grant; Our program to implement phone reach-out to pending releases who request it, from detox/treatment centers/facilities in San Mateo Co. (District 5) during periods of Covid19 isolation/quarantine, allowing an assigned BTG volunteer to introduce and guide them to on-line ('zoom') meetings, has been initiated by Palm Ave. and Kaiser, So. S.F. We continue to discuss the reintroduction of weekly BTG presentations on-line (via 'tele-health') w/ both of these facilities. As the new chair, we have completed clean-up of the volunteer list and am introducing myself to the facilities.

**General Service:** General Service Liaison- Karen Atkinson; The topic for this year's General Service Conference, April 18-24, again held virtually on Zoom, is AA in a Time of Change. GSRs received a list of preliminary agenda topics to begin gathering group consciences on. Next month we will receive a finalized list of topics with summaries prepared by Area Officers. Workshops will be held throughout February and March. PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) will be held virtually Mar. 5-7. The Pre-Conference Assembly will be April 3-4 where GSRs will present group consciences to our delegate. Drew B., our Area Assembly Coordinator, presented Tips for a Successful Panel, and we also had a service panel on gathering group consciences for agenda topics.

**H&I:** All Star Coordinator Lori C. Reported H&I's monthly business meetings will be meeting again via zoom. 4th Tuesday of the month. Orientation at 7PM and Business meeting at 8PM If you are interested in participating please reach out by going to <https://www.handinorcal.org/resources> and reading their newsletter, <https://www.handinorcal.org/files/Newsletter-v1-jan2021.pdf>

+If members would like changes in format or information regarding our Central Office website or High Sobriety

Please submit your New Business in writing to  
[Shellyber413@gmail.com](mailto:Shellyber413@gmail.com)

**No reports from NCCAA, PENYPAA.** Members Marian and Camp Kyle have not been updated on any news regarding those committees. But we are interested in any news!

**PI/CPC (Public Information/Cooperation with the**

**Professional Community)** : Brent McQueen reporting for Matt Garcia PI/CPC Chair. PI/CPC meets the same night as the Central Office delegates meeting. 2nd Tuesday 6:30PM via zoom. We had 4 participants.

The committee discussed

Ensuring correct information is provided to High Sobriety updating web page with PI-CPC landing page similar to eastbay

(<https://eastbayaa.org/public-information/> and

[https://eastbayaa.org/public-](https://eastbayaa.org/public-information-and-cooperation-with-the-professional-community-picpc/)

[information-and-cooperation-with-the-professional-community-picpc/](https://eastbayaa.org/public-information-and-cooperation-with-the-professional-community-picpc/)) and Santa Clara

(<https://aasanjose.org/picpc> and

<https://mailchi.mp/1099c9c65a37/picpc>) groups

setting up subcommittees with specific responsibilities, for example interfacing with the

mental health, legal or spiritual/religious organizations.

We also discussed the listing of open PI-CPC positions with descriptions of what the positions involve.

We have had one request for a presentation from the Sequoia Teen Resource Center, stay tuned.

NOTE BUSINESS MEETING IS ON SECOND TUESDAY!! Our next PI-CPC business meeting will be a zoom meeting on March 9th at 6:30pm. Log in information for the zoom meeting is: TBD

Interested in joining? Please contact us at [dist05.picpc@gmail.com](mailto:dist05.picpc@gmail.com) if you would like to be a part of this.

Warmest Regards,

Brent MacQueen

Dist. 05 PI-CPC Committee Member

650-918-2136

**Alkathon:** Becky reported no news regarding the final finance report yet, but will update us once contributions are made.

**CENTRAL OFFICE COMMITTEE REPORTS**

Report on Advisory Committee Meeting February 3, 2021  
 Tatiana Scanlon-Advisory Committee discussed adding Zoom meetings to the Meeting Guide App. Originally, Zoom meetings were not added as the app was not configured as such, however it now has a way to enter in Zoom information. Will take some time to get all meetings entered, but Don and Steve will begin doing so. In December 2020, the delegates voted to approve a \$5,000 contribution to General Service New York as we had had a good year financially. At the time, the advisory committee had decided to revisit this again in the new year. After reviewing our own financial situation, which is at the moment quite good, the advisory committee would like to

recommend to the delegates that the San Mateo County Fellowship contribute an additional \$5,000 to General Service in New York at this time.

**The advisory committee made a suggestion that San Mateo Central office contribute \$5,000 to the General Service Office New York.**

**+Motion was made** by Bob M.

**+Motion was seconded** by Cathy and Becky

**Motion passed and approved by simple majority.**

Questions of the motion and voting process were brought up. The following suggestions and questions are as follows

-When discussion is supposed to be held

-Following "Robert's Rules", clarifying what the business meeting follows

-If there is a minority vote, have them speak on why so the group can consider

-Suggestion for a group inventory to help our group become better informed in the business meeting structure

**Teleservice:** Eden Cotter!! We have back line shifts available on Thursdays. The function of the back line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. Our next quarterly business meeting will be on Sunday, March 7 on Zoom. To be of service or for more information, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

**Trusted Servants Workshop:** Bob Muller- Trusted Servant workshop will be hosted on zoom. SATURDAY, APRIL 24, 2021 1:00PM - 3:00PM ZOOM MEETING ID  
 Link:[HTTPS://US02WEB.ZOOM.US/J/87349311742](https://us02web.zoom.us/j/87349311742) BOB M. & PIA S.

**Central Office:** Don C. Other Information to Share: We have the new computer for Steve, and everything is working great and we were under budget. The Zoom meetings on the Central Office account are going well. We have 30 meetings using our accounts. All meetings are in the meeting guide app. The zoom meetings in Burlingame come up as Hillsborough because we have to put the zip code in to get them on the app and Hillsborough comes up as that zip code. Any Delegate that would like a High Sobriety Newsletter sent to their home email me at [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com) with your name address and meeting you are the Delegate for and I will put you on the mail list.


"We began to see adversity as a God-given opportunity to develop the kind of courage which is born of humility, rather than bravado. Thus we were enabled to accept ourselves, our circumstances, and our fellows."

AA Co-Founder, Bill W., January 1962, "This Matter of Fear", Best of Bill



**SATURDAY, MARCH 13, 2021**  
**10:00 AM - 1:00 PM (PST)**

## **AGENDA TOPICS WORKSHOP**



**ZOOM ID: 851 5702 5268**  
**PASSWORD: 1935**  
**Telephone (408) 638-0968**

10:00 AM

### **What the GSR Needs to Know**

- WHERE DO AGENDA TOPICS COME FROM?  
*Madeleine P. Past Class B Trustee*
- HOW TO TAKE A GROUP CONSCIENCE  
*Miguel H., CNCA 06 Chair*
- WHAT THE DELEGATE NEEDS TO KNOW  
*Eric L., CNCA 06 Alternate Delegate*

11:00 AM

### **Agenda Topic Presentations**

- FINANCE ITEM A: Discuss the pamphlet "Self-Support: Where Money & Spirituality Mix"
- LITERATURE ITEM D: Develop a Fourth Edition of the book *Alcohólicos Anónimos*
- LITERATURE ITEM E: Revise the book *Twelve Steps and Twelve Traditions*
- LITERATURE ITEM L: Update the pamphlet for the Black and African-American Alcoholic

12:10 PM

### **Model Group Consciences by Districts**

12:50 PM

### **Model Sharing of Group Consciences at the Microphone**

**SPANISH-ENGLISH INTERPRETATION PROVIDED**

**CO-HOSTED BY GENERAL SERVICE DISTRICTS**  
**05 SAN MATEO, 06 SAN FRANCISCO,**  
**16 SPANISH CENTRAL & 17 SPANISH SOUTH**

**SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT  
FEBRUARY 2021**

<b>Income</b>	<b>FEB</b>	<b>Total YTD</b>	<b>Operating Expenses</b>	<b>FEB</b>	<b>Total YTD</b>
Birthdays Club Contributions	0.00	45.89	Accounting Services	121.00	178.00
Book sales	249.83	657.67	Books Purchased	573.81	573.81
Central Office Annual Party	0.00	0.00	Chips	0.00	102.05
Chip sales	85.07	132.58	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	2.00	2.00	Central Office Insurance	296.80	296.80
Faithful Fivers	582.52	1,417.10	Credit Card Charges	0.00	7.92
Group Contributions	4,810.46	12,046.04	Employee Insurance	255.00	510.00
High Sobriety Subscriptions	0.00	10.00	Miscellaneous	5,000.00	5,000.00
In Memoriam	0.00	50.00	Office Equipment Lease & Maint	326.85	653.70
Individual Contributions	200.00	1,880.00	Office supplies	0.00	50.00
Interest Income	0.00	0.00	Outside Services	638.82	638.82
Other	0.00	0.00	Postage	0.00	0.00
Printing	0.00	0.00	Rent	1,386.00	2,772.00
Sales Tax on Books & Chips	35.15	82.95	Salaries	4,287.83	8,404.99
Tax Refund	0.00	0.00	Sales Tax on books	0.00	179.00
Covid-19 7th Tradition	668.85	1,174.16	Taxes (Payroll)	1,986.47	3,824.41
<b>Total Income</b>	<b>6,633.88</b>	<b>17,498.39</b>	Telephone & Tech	139.26	349.57
			Telephone Advertising	0.00	0.00
<b>Less Expenses</b>	<b>15,162.84</b>	<b>23,843.07</b>	Teleservice	151.00	302.00
			Travel Expenses	0.00	0.00
			Web Services		0.00
<b>Net Income (loss)</b>	<b>(8,528.96)</b>	<b>(6,344.68)</b>			
<b>Starting Balance</b>		60,866.42			
<b>Plus Net Income/Loss</b>		-8,528.96			
<b>Ending Balance</b>		52,337.46	<b>Total Operating Expenses</b>	<b>15,162.84</b>	<b>23,843.07</b>
<b>TOTAL PRUDENT RESERVE</b>		50,105.38	<b>Net Income (loss)</b>	<b>(8,528.96)</b>	<b>(6,344.68)</b>
			<b>2021 Year-to-Date Summary</b>		
<b>TOTAL CASH POSITION</b>		102,442.84	Year-to-Date Income		17,498.39
			Year-to-Date Expenses		23,843.07
			Year-to-Date Net Inc/(Deficit)		<b>(6,344.68)</b>

## SAN MATEO COUNTY FELLOWSHIP 2021 GROUP CONTRIBUTIONS

	FEB	YTD		FEB	YTD
<b>ATHERTON</b>			<b>PACIFICA</b>		
Sunday Spirituality	116.76	170.36	12 @ 6 Group	65.01	65.01
Horses Ass	327.00	627.00	Daily Reflections (Beach Mtg)	100.00	100.00
			Friday Night Lights Women's Big Box	20.00	20.00
<b>BELMONT</b>			New Comers & Old Timers		180.00
Belmont Tues. Noon Group	125.40	339.70	Sharp Park 3rd & 11th Step		252.12
Day At a Time	39.00	139.00	Wake Up Wake Up	315.00	315.00
The Forum Group	50.00	105.00	Women's Big Book Study	9.48	9.48
One Line at a Time	10.00	20.00	Women's Candlelight Grp	60.00	144.79
			Women who wear shoes		336.60
<b>BRISBANE</b>			<b>REDWOOD CITY</b>		
Brisbane Breakfast	120.00	120.00	A Vision for You		1,067.30
			Broken Elevator Thurs.		12.50
<b>BURLINGAME</b>			Foundation Stone Group	100.00	100.00
Any Length	20.00	20.00	Phoenix Group		72.05
Burlingame Men's Grp	263.77	263.77	Wed. Woodside Meeting		51.10
Burlingame Noon Men's Grp	110.00	110.00			
Ham & Eggers	60.00	177.50	<b>SAN BRUNO</b>		
Rap Group	30.00	30.00	12 Study Grp (Thurs)	58.00	131.00
Sat. Nite Disc. Group		506.00	Big Book Study Fri (5pm)	87.23	87.23
Sharing Choices		15.00	Come as You Are	50.00	50.00
Tuesday Nite Group	40.00	40.00	Daily Reflections Women	21.60	66.00
			Living Sober/ HH (Tues)		27.00
<b>FOSTER CITY</b>			Spkr/Disc - Happy Hour(Mon)	47.00	178.53
Foster City Women (Sat)		100.00			
Friday Noon Big Book	139.26	206.13	<b>SAN CARLOS</b>		
Living Sober Groups (all)	10.00	60.00	Bookies		45.00
Study theText Group		166.04	Gifts of Grace Fri Women	4.59	4.59
The Old & the New	40.00	72.50	Growing Stronger	8.00	16.00
			In Step with Bill		258.34
<b>HALF MOON BAY</b>			S.C. Awareness Group		257.00
3rd & 11th Step	48.60	48.60	San Carlos Beginners	8.00	312.07
7AM Coastside Meet.M-F	345.00	591.00	SCPF- all meetings	400.00	400.00
Coastside Talkers	173.14	276.74	Sequoia Recovery Grp		4.59
HMB Happy Hour Group	48.60	48.60	Sober Sundays	12.59	242.51
HMB Thurs Womens BB	175.00	175.00	Womens Read & Reflect.	20.00	20.00
Last Barn on the Block		100.00			
Sat. Morning Eye-Opener		517.60	<b>SAN MATEO ETC.</b>		
Tues Womens 12th Step	174.30	174.30	Women's Home Grp (traveling)	20.00	20.00
			Baseball Diamond Daily Reflection	83.00	83.00
<b>MENLO PARK</b>			Covid-19 7th Tradition		505.31
Cottonmouth		135.00			
Men's R4D Big Book		183.96	<b>SAN MATEO</b>		
Menlo Park Men's Group		186.00	Bunker Young People	235.90	235.90
Mon. 12:10 PM Happy Hour	9.48	9.48	Highlanders Grp.		100.00
Tues Noon Book Worm	79.10	79.10	Lunch Bunch	20.00	20.00
Women's 12- Step Thu Noon	100.00	100.00	Mid Peninsula Women	190.65	190.65
			Monday Night Men's 6:30	150.00	150.00
<b>MILLBRAE</b>			Morning Serenity (All)		150.00
12 Step Study (Tues Noon)	50.00	191.70	Sunday Sundowners	20.00	20.00
			<b>WESTBAY ALANO</b>		
			Duel Honesty Group		75.60
			Smart Feet BB		70.00

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