# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204 San Mateo, CA 94403

Monthly newsletter of the SAN MATEO COUNTY FELLOWSHIP OF AA 650-577-1310 aasanmateo.org aasanmateo@gmail.com

April 2021

# **SMC Fellowship News**

## **Central Office Hours**

Effective April 1<sup>st</sup>, our Central Office will be resuming regular office hours of Monday through Friday, 8:30am to 4:30pm. Visit Don and Steve to purchase books, literature, and chips, make contributions, or just to say hello. Face masks continue to be required.

### **Committee Service Commitments**

With things slowly beginning to open up in our county, or many Service Committees are starting to ramp up again as well. If you are looking for a new commitment, or perhaps to reconnect with one you had prior to the pandemic, please see page 2 for a schedule of committee business meetings. You can also check the Central Office Delegates Meeting Minutes on page 8 to see what the various committees are currently up to. Committees to consider are Bridging the Gap, Public Information/Cooperation with the Professional Community (PI/CPC), Hospitals and Institutions Teleservice, (H&I), and General Service.

# ••• Monthly Service Meetings ... 2 Conferences and Events ... 2 Birthdays ... 3 Step 4: The Other Man's Inventory... 4 A.A. Around the World ... 5 Book of the Month ... 6 Sober Feet ...6 Puzzle ... 7 Central Office Delegates Meeting Minutes... 8 Holy Smoke, What Now! ... 9 Central Office Financial Report ... 10 Group Contributions ... 11

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"Peace and enlightenment come when you stop evaluating in terms of good or bad and merely accept all of life as it is and try to learn from it."

> -J.L., El Granada, CA March 1989, "A Program of Action", The Best of the Grapevine, Volume 3

# **Monthly Service Committee Meetings**

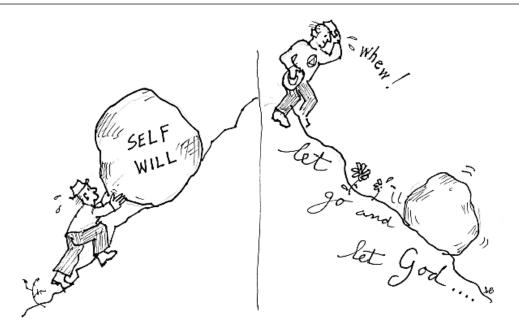
BRIDGING THE GAPAMeeting ID: 639 547 0157Passcode: 54321 Dia	April 5th, 7:30pm on Zoom al in: 1-669-900-9128
TELESERVICEJacobiMeeting ID: 971 3141 3389	une 6th, 7:00pm on Zoom
DELEGATES TO CENTRAL OFFICEAMeeting ID: 812 5236 9897, To phone in: +1-66	April 13th , 7:30pm on Zoom 9-900-6833
PI/CPC A Meeting ID: 731 7563 0968, Password: 7Hs3YE	April 20th , 6:30pm on Zoom
GENERAL SERVICEApril 20thMeeting ID: 752 6058 2164,Password: 096224.	n on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting To phone in: +1-669-900-9128
H&I (Hospitals & Institutions)AMeeting ID: 827 3170 0808, To phone in: +1 669	April 27th, 6:30pm on Zoom 9 219 2599
PENNYPAA (Peninsula Young People in AA	) cxl'd until further notice

# TRUSTED SERVANTS' WORKSHOPS

**For secretaries, treasurers, literature persons, as well as Virtual Meeting related commitments.** Presentation materials will be made available to all attendees.

#### SATURDAY, APRIL 24, 2021 1:00PM - 3:00PM ZOOM MEETING ID: 873 4931 1742

SATURDAY, MAY 1, 2021 1:00PM - 3:00PM ZOOM MEETING ID: 870 7789 6913



# What does our Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- Maintain a Twelfth Step volunteer list.
- Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- We stock a large selection books and pamphlets for sale (many are available in Spanish).
- We offer sobriety chips for sale, for both individuals and groups.
- We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ↔ We maintain our web site, *aa-san-mateo.org*, with up-
- to-date meeting listings, a schedule of A.A. events, the High Sobriety newsletter, and links to other A.A. web sites,
- We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- We publish the newsletter, High Sobriety, sent at no charge to all <u>registered</u> San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.

# **Become a Faithful Fiver**

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



#### Does your Group have a Central Office Delegate?

All groups should! As a delegate, you attend a monthly meeting to learn about everything currently going on in our fellowship. You then report these things back to your group. You are also your group's voice in some of the decisions made in the fellowship. Only about 10% of our groups currently have a Central Office Delegate. Volunteer to be your group's now!



# **Birthday Club**



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

#### No Birthdays

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# **Step Four: The Other Man's Inventory** A member experiments.

Don't take other people's inventory!" chides an AA sponsor to an AA sponsee, sometimes gently, sometimes fiercely. As champions at figuring out the faults of others, we alcoholics in recovery often have to be reminded to look at our side of the equation. "The inventory was ours, not the other man's," says the Big Book on page 67. On the other hand, it is a time-honored axiom that we often see the faults in others that we ourselves have, so perhaps when we take someone else's inventory, we are really taking our own. I decided to test out this proposition, with remarkably good results.

As an experiment, I decided to deliberately take the inventory of a fellow member of AA, then put my name on it. I wrote down exactly what bothered me about that person: he wore his religion on his sleeve, he thought he had practically invented AA, he talked endlessly about politics, even in meetings. My anger toward this person was exacerbated by the fact that his politics and religion were virtually the opposite of mine. I typed up a neat list of his defects of character on my computer. Then, I erased his name from the top of the list and typed in my own. I printed the list and carried it in my schedule book for two weeks, reading it daily. Each day, I saw my name above a list of his defects. The first few days, I told myself these were really his defects, not mine. But after four or five days of reading the list, some insights into my own behavior appeared. I saw that I also talked too much about religion and politics around the meetings and sometimes even in the course of my sharing at meetings. I had offended lots of people doing that, but I had always blamed them, saying to myself that they just didn't like me. I had not looked at how my own behavior might be the cause of their rebuffs and scorn. I saw that I also tended to pontificate at meetings, as if I were a very knowing old-timer who really knew how to work the program. By the end of the two-week period, I knew whose defects I had listed: my own.

More important than even the insight into my own character that this exercise provided, was the change in my relationship with that fellow AA member. Before starting the experiment, I could not be in the same room with him without feeling a great deal of rage. I often avoided his presence for that reason. However, I was involved in a new meeting that he had started, so it was actually necessary for me to interact with him on certain days of the week. During the course of the experiment, I suddenly lost my anger. I felt absolutely no emotion whatsoever toward this individual. I accepted him precisely as he was, neither approving nor disapproving. I was too busy concentrating on the list of defects, which I was beginning to own as mine. By the end of the two weeks, he had changed toward me as well, congratulating me on a fine sharing here, asking for my advice on something there, and generally being an all-around good fellow. It was truly miraculous.

Since that experiment was successful, I have tried the technique twice more when I found myself extremely angry with someone. It has worked just as well as the first time. In each case, I discovered some unpleasant truths about myself, was able to accept the other person without judgment, and made changes in my own behavior and attitudes that have greatly improved my growth in the life of the spirit.

John B. | San Jose, California Grapevine, April 2007





# A.A. Around the World

# Lost in the English Rain

# Far from home and unable to find a meeting, he got a helping hand.

In early fall 2004, I was 2 years sober, across the ocean from both home and home group in southern Illinois, and getting ready to stay there for a couple of months. Early in sobriety, I had gotten the gift of a second chance at an education and started a master's program which included a semester in Ireland. It would have been too much to handle not long before that, but my sponsor, Tony, had guided me through the 12 Steps, giving me the foundation that I needed for this adventure.

So off I went, first finding a place to live in Ireland, then taking a ferry to England, where, like a good alcoholic, I had made no plans for where to go or stay! But I had been taught that I needed to make meetings while on the road, so I had that in mind.

What I didn't consider, with that alcoholic ego, was that I might—just might—not know what I was doing. It was one thing to scan lists of meetings online, and another thing to wander through downtown Liverpool, on a wet night, clutching some directions. I wandered around in the rainy dark, into a maze of neighborhoods that looked completely foreign to me—because they were!

If I had the right street, I had no way of knowing it. I didn't have a clue what kind of building the meeting was held in, and none of the numbers seemed to match what I was looking for. Instead of practicing Step Three, I stopped in the faintly friendly light from a store window, under an overhang that kept me kind of dry, and turned over in my mind just what a raw deal I was getting by getting lost, how alone I was and how unfair that was, and how unwelcoming Liverpool, really all of the UK, was being to me. Where I was standing, enough rain still got on me to make it a perfect pity party spot! Within just a moment or two, I was able to feel that, really, I was worse off than anyone I knew. My pity party got rudely interrupted by a man walking past me, who stopped, started, and started asking me questions about what I was doing there. Instead of telling him it was none of his business, or explaining that British people were supposed to be more aloof than that, I muttered a couple of short answers.

Getting the message that I didn't want to make friends, he got ready to move on, but had to ask one last question: "If you don't mind my asking, what was it you were looking for?" And it hit home that there, on the other side of the world from everyone and everywhere I knew, to someone I'd surely never see again, my anonymity didn't matter. So I said I was looking for an AA meeting.

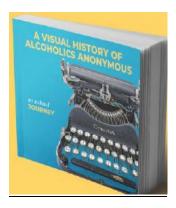
His eyes went wide, and he stopped in his tracks. "Well . . . I'm in AA!" He hadn't been planning on going to a meeting, but the one I'd given up on finding was just a couple of buildings over from where we were standing. He not only led me to it, but came in with me, and my whole night changed. Suddenly, I was walking with a friend into a room full of people who were my friends as soon as I joined them around the table. When my turn came to share, I got to tell the story of what had just happened. My new friends looked happy to hear it, and, if I remember right, not a bit surprised-it was a normal AA miracle! That meeting started a wonderful experience in British and Irish AA that took me to northern Scotland, where the chair introduced me as "our visitor from the Colonies," down into a basement in Cork, and to other, wonderful places, including, night after night, Ozanam House in Galway, just a walk along the sea from where I lived.

There, I really learned the power of "we," by the welcome I got. After meetings, we'd go to coffee, and talk as long as we needed and wanted to. Halloween in Ireland seemed like the last night I'd have something to do, but I found myself in a Galway neighborhood, in a costume, with my girlfriend and an AA friend all celebrating by a giant bonfire.

Tragically, that AA friend has since died of this disease, but another friend I made there is still sober, and we're still in touch 10 years later. And it all started with my best thinking getting me lost.

Chad P. | Grand Island, New York Grapevine Online, May 2015

#### **BOOK OF THE MONTH**



# <u>A Visual History of Alcoholics</u> <u>Anonymous: An Archival Journey</u>

A brand new release!

Originally developed as the souvenir book for the 2020 International Convention, this highly illustrated tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in A.A.'s history — from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.

4.75" x 3.75" 416 pages

#### <u>A Visual History of Alcoholics Anonymous: An</u> <u>Archival Journey</u> is available for purchase at a *special price of only \$10* through the month of April at our Central Office.

# **Sober Feet**

#### With his skateboard in one hand and a Big Book in the other, a newcomer finds his crew.

Growing up at the local skate park, I was amazed at what the older kids could do on their boards. I idolized them. I knew they had what I wanted. So I started showing up and doing the work. Soon enough, I was in with the Phoenix crew.

At first it was all fun, learning to smoke cigarettes and drink beer. On Friday nights, we would skate until the lights at the park shut off. Then the real party started. Eventually I began to black out before the lights at the park did.

Years passed and I lost balance on and off the board, as drinking became a full-time job. I settled into a life of homelessness, staying with anyone who would let me drink the way I wanted to drink. Eventually, the life I was living put me in the hospital. It was there that I got to hear the message of AA for the first time. The man who brought the meeting in gave me a blue book and shared with me the solution to alcoholism.

I started to take suggestions. I managed to get into a halfway house where, at my first meeting outside the walls of the hospital, I saw a strange-looking bearded man staring across the room at me throughout the entire meeting. A little scared, I tried not to make eye contact with him. After we closed the meeting, the man came over and said my name. Only then did I recognize him. He was one of the skateboarders of my early drinking days. I knew from experience that he drank the way I did and he had some time in the Fellowship himself. After catching up, he invited me to a Sunday skateboarding session with other AAs.

Armed with a skateboard and a Big Book, I now attend a skateboarding meeting every week. It's one of the highlights of my week. A group of 10 to 15 of us meet at a different skate park across the valley in Phoenix every Sunday. We spend the morning skating and then end the day with a meeting under the shadiest tree in the grass. We share our ups and downs of the week and seek out each other's wisdom. Nothing appeals more to me than when newcomers show up, fresh from misery, and we get to put a smile on their face, seeing that we are not a glum lot.

Just last month, we met a kid and began to talk to him. Turned out he identified as an alcoholic and had a desire to quit drinking. He'd been showing up at the skate park to get his mind off his obsession to drink. God truly works in mysterious ways. So he joined us at our meeting that morning and didn't drink while there. He sat with us in our meeting in the shade of the tree. We offered our experience with drinking and our solution to our problems with alcohol. We gave him our phone numbers. Although we have yet to hear from him again, he now knows we are here to help.

AA has given me the ability to go to the places that I once thought I would have to give up forever. I know that this program works when I work it. As the saying goes, recovery does not come from the head nor the heart, but rather from the feet. Today I am grateful my feet can keep me on my board and on the path of recovery.

B.M., Phoenix, Arizona Grapevine, September 2016

talking to her sponsor --HOW can you Call ME "self centered" when all I Do, all day long, is think I'm the worst person on Earth

# **STEP FOUR**

#### From the Big Book and Twelve Steps & Twelve Traditions

Nearly every serious emotional problem can be seen as a case of misdirected	
to be envious when the ambitions of others seem to be realized while ours are	
We have drunk for	
When the satisfaction of our instincts for sex, security, and society become the sole object of our lives, then pride steps in to justify our	
We eat, drink, and grab for more of everything than we	
we ought to consider carefully all personal relationships which bring continuous or recurring	
fear that our instincts will not be satisfied drives us to covet the possessions of	
Did I try to cover up those feelings of inadequacy by bluffing, cheating, lying, or evading	
you have swallowed and digested some big chunks of truth about	

#### San Mateo County Fellowship of Alcoholics Anonymous Delegates Committee Meeting Minutes March 9th , 2021 This was a Zoom meeting: ID: 81252369897

The SPIRIT of the discussion and all motions presented and passed have been recorded by Michelley Buffington. The meeting was opened at 7:30 p.m. with the Serenity Prayer.

Delegates must sign in; new business must be submitted in writing. All reports are to be submitted to the Recording Secretary Michelley B. by email <u>shellybear413@gmail.com</u> New Delegates: Valerie M. Thumpers, Corine B.. 7am Coastside, Michael B. Co-liaison H&I,

Minutes: The February 2021 minutes were reviewed and approved.

Financial Report: The February 2021 financial report is located in the High Sobriety was reviewed and approved. **SERVICE COMMITTEE REPORTS** 

Bridging the Gap Report: BTG Chair- Grant Vincent presenting. Our 'Zoom' monthly business meeting, BTG 1st Monday of the month 7:30-8PM pm, is chaired by Grant Vincent, Panel 71, (415) 279-1188,

grant.vincent@gmail.com.

Our program to implement phone reach-out to pending releases who request it, from detox/treatment centers/facilities in San Mateo Co. (District 5) during periods of Covid19 isolation/quarantine, allowing an assigned BTG volunteer to introduce and guide them to online ('zoom') meetings, has been initiated by Palm Ave. and Kaiser, So. S.F. We continue to discuss the reintroduction of weekly BTG presentations on-line (via 'tele-health') w/ both of these facilities.

<u>General Service</u>: Agenda topics have been finalized and Area Officers are preparing summaries. Our Delegate will serve on the Trustees' committee. Bilingual Spanish Virtual Agenda Topics Workshop Mar. 13, 10:00 A.M.-1:00 P.M. Apr. 3-4 Contra Costa hosting virtual Pre-Conference Assembly. The General Service Board wants feedback on The Big Book: Researching Issues, Possible Tools and Access. We had a presentation from Chitra, our CNCA Treasurer, on Agenda Topics.

<u>H&I:</u> Our fellowship is interested in being updated on the H&I activity. The following links were all I could find as to report for

updates.<u>https://www.handinorcal.org/resources</u>, ,<u>https://www.handinorcal.org/files/Newsletter-v1-jan2021.pdf</u>

NCCAA: No report given.

PENYPAA: No report given.

<u>Grapevine</u>: No Report given. Please visit aagrapevine.org for a subscription and news on AA literature.

#### <u>PI/CPC (Public Information/Cooperation with the</u> <u>Professional Community)</u>: NOTE BUSINESS MEETING IS ON SECOND TUESDAY!! Our next PI-CPC business meeting will

be a zoom meeting on April 13th at 6:30pm. Log in information for the zoom meeting is:

Join Zoom Meeting

https://us02web.zoom.us/j/84178773337 Meeting ID: 841 7877 3337

Our March business meeting was held on the 9<sup>th</sup> in an online format. We had 6 participants. The committee discussed:

- updating web page with PI-CPC landing page similar to East Bay (https://eastbayaa.org/publicinformation/ and https://eastbayaa.org/publicinformation-and-cooperation-with-theprofessional-community-picpc/) and Santa Clara (https://aasanjose.org/picpc and https://mailchi.mp/1099c9c65a37/picpc) groups
- Updating our Church and radio station mailing lists
- The committee is generating a listing of open PI-CPC positions with descriptions of what the positions involve. Examples include Point People for the healthcare, legal/corrections, or Spiritual/Religious communities as well as research assistants to help identify contacts.

We have had one request for a presentation from the Sequoia Teen Resource Center, stay tuned. Interested in joining? Please contact us at <u>dist05.picpc@gmail.com</u> if you would like to be a part of this.

#### **CENTRAL OFFICE COMMITTEE REPORTS**

Advisory Committee: No report

<u>Alkathon:</u> No report

#### Teleservice:

Eden C. We have back line shifts available on Thursdays and Fridays. The function of the back line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. To be of service or for more information, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

#### Central Office:

Don C. The Central Office will open full time on April 1<sup>st</sup>. We will be open from 8:30-4:30 Mon-Fri. Masks are still required. We have the new book "A Visual History of Alcoholic Anonymous" There is a limited supply of these books. They are \$12.00! I have added the URL aasanmateo.org to our website so people can now put that in, and it will take them to our website. For those that are getting people coming to the virtual meetings and asking secretaries to send them an email to verify they have been to the meeting you do NOT have to do that. We at C/O tell people to write down the date, day, time, name of meeting and the Secretary's name and keep a record of it. We are NOT responsible for their court cards. Sending emails breaks anonymity and we don't have to do it.

-If you are a Central Office Delegate and would like a copy of the High Sobriety Newsletter mailed to you please email Don at assanmateo@gmail.com <u>Trusted Servants Workshop:</u> Bob M. reported two trusted service workshops hosted by Bob M. and Pia S. SATURDAY, APRIL 24, 2021 1:00PM - 3:00PM, ZOOM MEETING ID: 873 4931 1742 HTTPS://US02WEB.ZOOM.US/J/87349311742

Saturday May 1st, 2021, 1pm-3pm ZOOM MEETING ID: 870 7789 6913 <u>HTTPS://US02WEB.ZOOM.US/J/87077896913</u>

# Holy smoke, what now!

By Bill W.

Nearly half a century ago, our co-founder expressed a few thoughts about young people and inclusiveness.

In 1968, a well-meaning AA wrote to Bill, in deep concern about an influx of youthful hippies or flower children to local AA groups, along with their distinctive manner of dress, sexual mores, and other unorthodox behavior, including the use of drugs. The writer feared that this particular invasion might be "a very real threat to our wonderful God-given Program."

Bill's reply was typical of his use of AA principles to meet new challenges.

Your letter about the hippie problem, so-called, was mighty interesting to me. I doubt that we need to be alarmed about this situation, because there have been precedents out of the past. All sorts of outfits have tried to move in on us, including communists and heroin addicts, prohibitionists and do-gooders of other persuasions.

Nearly all of these people, who happened to have an individual problem with alcohol, not only failed to change AA, but, in the long run, AA changed them. I have a number of them among my closest friends today, and they are among the best AAs I know. You also have some people who are not alcoholics, but are addicts of other kinds. A great many AAs have taken pity on these people, and have actually tried to make them full-fledged AAs. Of course, their identification with alcoholics is no good at all, and the groups themselves easily stop this practice in the normal course of AA affairs. Thoughtful AAs, however, encourage these sponsors to bring addicts to open meetings, just as they would any other interested people. In the end, these addicts usually gravitate to other forms of therapy. They are not received on the platform in open meetings unless they have an alcohol problem, and closed meetings are, of course, denied them. We know that we cannot do everything for everybody with an addiction problem.

There has also occurred lately a new development centering upon hippies who have LSD or marijuana troubles—not so much stronger stuff. Many of these kids appear to be alcoholics also, and they are flocking into AA, often with excellent results. Some weeks ago, there was a young people's convention of AAs. Shortly thereafter, four of these kids visited the office. I saw one young gal prancing down the hall, hair flying, in a miniskirt, wearing love beads and the works. I thought, Holy smoke, what now! She told me she was the oldest member of the young people's group in her area—age 22! They had kids as young as 16. I was curious and took the whole party out to lunch.

Well, they were absolutely wonderful. They talked (and acted) just about as good a kind of AA as I've seen anywhere. I think all of them said they had had some kind of drug problem, but had kicked that, too. When they first came around, they had insisted on their own ideas of AA, but in the end they found AA plenty good enough as it was. Though they needed their own meetings, they found interest and inspiration in the meetings of much older folks as well.

Perhaps, as younger people come into AA, we shall have to put up with some unconventional nonsense—with patience and good humor, let's hope. But it should be well worth the attempt. And also, if various hippie addicts want to form their own sort of fellowship along AA lines, by all means let us encourage them. We need deny them only the AA name, and assure them that the rest of our program is theirs for the taking and using—any part or all of it. For these reasons, I feel hopeful and not a bit scared by this trend. Of course, I'm no prophet. I may be mistaken, so please keep me posted. This is a highly interesting and perhaps significant development. I certainly do not think it ought to be fought. Instead, it ought to be encouraged in what we already know to be workable channels. In affection ...

Grapevine, May 2017

### SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT MARCH 2021

MAR	Total YTD		MAR	Total YTD
		Operating Expenses		
51.00	96.89	Accounting Services	57.00	235.00
800.16	1,457.83	Books Purchased	539.46	1,113.27
0.00	0.00	Chips	77.60	179.65
52.94	185.52	Central Office Annual Party Exp	0.00	0.00
2.00	4.00	Central Office Insurance	150.43	447.23
492.52	1,909.62	Credit Card Charges	0.00	7.92
5,096.96	17,143.00	Employee Insurance	255.00	765.00
0.00	10.00	Miscellaneous	0.00	5,000.00
500.00	550.00	Office Equipment Lease & Maint	190.31	844.01
800.00	2,680.00	Office supplies	41.11	91.11
0.00	0.00	Outside Services	0.00	638.82
0.00	0.00	Postage	0.00	0.00
0.00	0.00	Rent	1,386.00	4,158.00
89.55	172.50	Salaries	4,019.21	12,424.20
100.00	100.00	Sales Tax on books	0.00	179.00
468.22	1,642.38	Taxes (Payroll)	1,784.56	5,608.97
8,453.35	25,951.74	Telephone & Tech	139.62	489.19
		Telephone Advertising	0.00	0.00
		Teleservice	151.00	453.00
8,791.30	32,634.37	Travel Expenses	0.00	0.00
-	-	Web Services		0.00
(337.95)	(6,682.63)			
	52,337.46			
	-337.95			
	-	Total Operating Expenses	8,791.30	32,634.37
	51,999.51	Net Income (loss)	(337.95)	(6,682.63)
	50,108.44	2021 Year-to-Date Summary		
		Year-to-Date Income		25,951.74
		Year-to-Date Expenses	_	32,634.37
	102,107.95	Year-to-Date Net Inc/(Deficit)	-	(6,682.63)
	51.00 800.16 0.00 52.94 2.00 492.52 5,096.96 0.00 500.00 800.00 0.00 0.00 0.00 89.55 100.00 468.22 8,453.35 8,791.30	51.00 96.89   800.16 1,457.83   0.00 0.00   52.94 185.52   2.00 4.00   492.52 1,909.62   5,096.96 17,143.00   0.00 10.00   500.00 550.00   800.00 2,680.00   0.00 0.00   0.00 0.00   0.00 0.00   0.00 0.00   0.00 0.00   0.00 0.00   0.00 100.00   468.22 1,642.38   8,453.35 25,951.74   8,791.30 32,634.37   (337.95) (6,682.63)   52,337.46 -337.95   51,999.51 50,108.44	51.00 96.89 Accounting Services   800.16 1,457.83 Books Purchased   0.00 0.00 Chips   52.94 185.52 Central Office Annual Party Exp   2.00 4.00 Central Office Insurance   492.52 1,909.62 Credit Card Charges   5,096.96 17,143.00 Employee Insurance   0.00 10.00 Miscellaneous   500.00 550.00 Office Equipment Lease & Maint   800.00 2,680.00 Office supplies   0.00 0.00 Outside Services   0.00 0.00 Postage   0.00 0.00 Rent   89.55 172.50 Salaries   100.00 100.00 Sales Tax on books   468.22 1,642.38 Taxes (Payroll)   8,453.35 25,951.74 Telephone Advertising   Telephone Advertising Teleservice   8,791.30 32,634.37 Travel Expenses   (337.95) (6,682.63) 52,337.46   -337.95	Operating Expenses   51.00 96.89   Accounting Services 57.00   800.16 1,457.83 Books Purchased 539.46   0.00 0.00 Chips 77.60   52.94 185.52 Central Office Annual Party Exp 0.00   2.00 4.00 Central Office Insurance 150.43   492.52 1,909.62 Credit Card Charges 0.00   5,096.96 17,143.00 Employee Insurance 255.00   0.00 10.00 Miscellaneous 0.00   500.00 550.00 Office Equipment Lease & Maint 190.31   800.00 2,680.00 Office supplies 41.11   0.00 0.00 Outside Services 0.00   0.00 0.00 Rent 1,386.00   89.55 172.50 Salaries 4,019.21   100.00 100.00 Sales Tax on books 0.00   468.22 1,642.38 Taxes (Payroll) 1,784.56   8,453.35 25,951.74 Telephone & Tech

# SAN MATEO COUNTY FELLOWSHIP 2021 GROUP CONTRIBUTIONS

ATHERTON	MARCH	YTD	PACIFICA	MARCH	YTD
Sunday Spirituality	148.60	318.96	12 @ 6 Group		65.01
Horses Ass	421.10	1,048.10	Daily Reflections (Beach Mtg)		100.00
			Friday Night Lights Women's Big Bo	ook	20.00
BELMONT	407.00	477.00	New Comers & Old Timers		180.00
Belmont Tues. Noon Group	137.60	477.30	Sharp Park 3rd & 11th Step	20.00	252.12
Day At a Time The Forum Group		139.00 105.00	Wake Up Wake Up Wamapia Big Baak Study	20.00	335.00
One Line at a Time	20.00	40.00	Women's Big Book Study Women's Candlelight Grp		9.48 144.79
	20.00	40.00	Women who wear shoes		336.60
BRISBANE					000100
Brisbane Breakfast		120.00	REDWOOD CITY		
			A Vision for You		1,067.30
BURLINGAME			Broken Elevator Thurs.		12.50
Any Length		20.00	Foundation Stone Group		100.00
Back to the World Group	100.00	100.00	Phoenix Group		72.05
Burlingame Men's Grp		263.77	Wed. Woodside Meeting		51.10
Burlingame Noon Men's Grp		110.00			
Ham & Eggers	24.26	201.76	SAN BRUNO		
Hillsborough Men's Group	200.00	200.00	12 Study Grp (Thurs)	29.50	160.50
Rap Group		30.00	Big Book Study Fri (5pm)	146.03	233.26
Sat. Nite Disc. Group Senior Focus Group	50.00	506.00 50.00	Come as You Are Daily Reflections Women	9.48	59.48 66.00
Sharing Choices	170.00	185.00	Grupo Serenidad	20.00	20.00
Tuesday Nite Group	170.00	40.00	Living Sober/ HH (Tues)	20.00	20.00
ruesuay file Cloup		40.00	Spkr/Disc - Happy Hour(Mon)	31.50	210.03
			Tools of Recovery (Tue 6:30p)	30.00	30.00
FOSTER CITY					
Foster City Women (Sat)		100.00	SAN CARLOS		
Friday Noon Big Book		206.13	Bookies	240.00	285.00
Living Sober Groups (all)	50.00	110.00	Gifts of Grace Fri Women		4.59
Study the Text Group		166.04	Growing Stronger	8.00	24.00
The Old & the New	20.00	92.50	In Step with Bill		258.34
			S.C. Awareness Group	124.00	381.00
HALF MOON BAY			San Carlos Beginners	108.00	420.07
3rd & 11th Step	300.15	348.75	SCPF- all meetings	200.00	600.00
7AM Coastside Meet.M-F Coastside Talkers	362.00	953.00 276.74	Sequoia Recovery Grp Sober Sundays	163.77	168.36 250.51
HMB Happy Hour Group		48.60	Womens Read & Reflect.	8.00	250.51
HMB Thurs Womens BB		175.00	Womens Read & Reliect.		20.00
Last Barn on the Block	25.90	125.90	SAN MATEO ETC.		
Sat. Morning Eye-Opener		517.60	Women's Home Grp (traveling)	14.66	34.66
Tues Womens 12th Step		174.30	Baseball Diamond Daily Reflection	481.00	564.00
			Covid-19 7th Tradition		505.31
MENLO PARK					
Cottonmouth		135.00	SAN MATEO		
Fri. Noon Women's	200.05	200.05	Bunker Young People		235.90
Men's R4D Big Book		183.96	Highlanders Grp.	19.26	119.26
Menlo Park Men's Group	50.00	236.00	Lunch Bunch		20.00
Mon. 12:10 PM Happy Hour	360.00	369.48	Mid Peninsula Women		190.65
Sat Sunrise Grp MP 7:30 Tues Noon Book Worm	250.07	250.07 79.10	Monday Night Men's 6:30 Morning Serenity (All)	230.00	150.00 380.00
Women's 12- Step Thu Noon	38.82	138.82	Off Broadway Beginners Mtg	2.00	2.00
	00.02	100.02	Sunday Sundowners	2.00	20.00
MILLBRAE			The Twelve Points Tradition Study	50.00	50.00
12 Step Study (Tues Noon)		191.70			
			WESTBAY ALANO		
			Duel Honesty Group		75.60
			Men's no BS	233.21	0.00
			Smart Feet BB		303.21

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