

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
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August 2021

SMC Fellowship News

Greetings:

Hello everyone. Just a few words to introduce myself and let you know I have taken the reins from Tatiana as your new High Sobriety editor. I'm sure there will be a slight learning curve, but I am confident it won't take long to get into the swing of things. I hope to be able to follow in Tatiana's footsteps in keeping the monthly newsletter interesting and informative.

Thank you placing your faith in me and allowing me to be of service. I look forward to this opportunity.

- Joan F.

Central Office Hours:

Central Office is now open Monday thru Friday 8:30 a.m. – 4:30 p.m. Thanks for your continued support.

Service Opportunities:

If you are looking for updated service opportunities, please check the website.

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In-Person Meetings

As more meetings begin to open up in person again, Central Office would like to begin putting together a printed meeting schedule. Therefore, if your meeting in San Mateo County is open, or going to open again soon, either hybrid or fully in person, please let Central Office know as soon as possible.

Monthly Service Committee Meetings

BRIDGING THE GAP

August 2, 7:30pm on Zoom

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

TELESERVICE

September 5, 7:00pm on Zoom

Meeting ID: 971 3141 3389

DELEGATES TO CENTRAL OFFICE

August 10, 7:30pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC

August 10, 6:30pm on Zoom

Meeting ID: 841 7877 3337

GENERAL SERVICE

August 17 on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)

August 24, 7:15 orientation; 8 pm business meeting on Zoom

Meeting ID: 867 4139 1995, Passcode: 137746. To phone in: +1 669 900-9128

PENNYPAA (Peninsula Young People in AA)

cxl'd until further notice

UPCOMING EVENTS

2021 San Carlos Peninsula Fellowship**Annual Picnic:****BBQ and Pot Luck****Sunday, August 8, 2021****11:00 am to 4:00 pm****San Mateo Central Park****50 E 5th Ave.****San Mateo, CA**

**AA speaker meeting: 1:30 pm at the
Picnic Area.**



AA Speaker and Barbeque Lunch

at the West Bay Alano Club

216 Mosswood Way, So. San Francisco

Monday, Sept. 6 – starts at Noon**Please pre-order to guarantee a meal!!****

Food will be served 12 'til 2 p.m. Eat in or Take out.

\$12 suggested donation includes entrée choice of
Hamburger, 2 hotdogs or polish sausage, sides & drink****Text Pablo at 650.290.4963 to reserve a meal**

***This will NOT be a hybrid meeting – Come support
the Club – Enjoy LIVE Fellowship and GREAT food!***

Hosted by WBAC Friday Morning Step Study Group

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of *High Sobriety*!



five



Happy Birthday:

Joni V. – 42 Years



Birthday Club



If you'd like to have your birthday listed in *High Sobriety* (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

More Than Words Could Say

For one AA, Step Eight is all about connecting

STEP EIGHT: Made a list of all persons we had harmed, and became willing to make amends to them all."

There's an urge within many of us to say something, to let it fly without a thought. At least there is for me. Yet many times, the strongest response I can give is silence. I never saw this concept so honestly and eloquently exhibited as I did at a recent study group meeting on the Eighth Step.

After reading the "Twelve and Twelve's" rendition of Step Eight, the discussion started weaving around the tables involving laments such as, "I haven't gotten that far yet," and "My sponsor told me not to forget to put myself on the list as a person I had harmed." Then we came to Dan.

Dan is a war veteran. He came back home from his war, married, demolished his family with his drinking, then one night demolished himself in a head-on collision with a light pole. It left him disabled, with a brain stem injury. When I first met Dan he tested my tolerance as I tried to follow his train of thought. The more I made an effort to do it, the more I learned to love and learn from him. Like most of us, he could go on and on or be done in a minute, but there was always a golden nugget I could pan from his comments. I always waited anxiously for Dan's turn.

"My name is Dan," he said, "and I'm an alcoholic." Then he sat there in total silence. It was extremely unsettling. Dan's head bobbed as if he was reverently acknowledging each of his precious amends made with every nod of his head. There was just silence as the group looked on in awe.

I saw Dan's eyes glaze as I envisioned him feeling the sting of transgressions that prompted his amends. He graced us by showing in silent beauty what it is like to be humbly human. There was not one tear. Remorse was not part of this silence's vocabulary.

Dan had accepted what he'd done, made his amends and gone on as best he could.

Then, head still bobbing, Dan looked at each of us one by one. It was a serious, but understanding, glance. At first I winced, but the meaning of his expression came to me: "We're all in this together or we are not in it at all."

Isn't that the basic truth of the Eight Step? Never in my life had I felt more a part of somebody or that somebody was a part of me as when Dan's eye fixed on mine. In his own way, Dan had told me it is not so hard to make our amends when we understand that, other than being alcoholic, we aren't so different from anyone else, nor they from us. For all of us on both sides of the fence, it is as simple as doing the right thing.

I don't know how much time passed at the end of this. "I pass," Dan said, as he interlocked his fingers and bowed his head. I looked around a stunned room. Dan had made more sense by saying nothing than many of us had with all our words. For me, it was a precious point of silence I will never forget.

Bill O. - Oconto, Wisconsin
Grapevine, August 2009



A.A. Around the World

One Night in London

After 50 years, she's curious to find the man who kept the doors open so she could find us

On the 5th of August, 1968, at about 7:00 in the evening, I was walking up and down Holborn Kingsway in London. I was of two minds as to whether or not I would enter a certain building.

I had phoned AA a few days earlier with pretty much the same trepidation. I had planned to go to a meeting in Redcliffe Gardens, but I had lost my nerve and had gone into a phone box at the end of the road instead. Over the phone, I was given, among other addresses, the venue for the Young People's Meeting. I was warned that this group might be about to fold and that it was perhaps not the best one to go to, but with my intense fear of people—of everything—I preferred this option to those meetings that guaranteed good attendance.

The meeting was held in an old Methodist Hall. When I managed to get myself into the building and up some stairs to the first floor, I knew I had found the meeting by the AA books that were set up on the table. I still get that wave of relief when I arrive at an AA meeting with a display table of literature. There was only one man in the room and apparently (I learned later) he had been sitting there on his own for the past three weeks.

He welcomed me right away, and I said, "I don't think I am an alcoholic." "Are you worried about your drinking?" he asked. "Yes," I replied. "Then you are in the right place," he said.

And he was right. I now believe that brief exchange with that man was the most important one of my life.

As a Twelfth Step, I must have been rather hard work. I had lost all ability to converse with anyone and I was rigid with fear most of the time. At that first meeting, another man arrived (not a "young AA," which in those days was under 35), named Paddy and they took me to a coffee bar where I met a few other members. They could see I was young (18) and kept saying, "You'll have to meet Kathy." Kathy was actually 24, which at the time was an age I doubted I would reach. It seemed very old to me. I did eventually meet Kathy and a lot of fantastic people in those early London meetings.

A couple of years ago I came back to see the site of this important event in my life and found that Methodist Hall which had housed the meeting had become part of a hotel. Next year on August 5th I hope to stay for one night in the hotel in celebration of 50 years of being part of AA. I will have to wait another two years for my 50 years of sobriety birthday, but that meeting in Holborn Kingsway was the start.

The reason I am sending my story to Grapevine is that for many many years I've longed to be able to tell that nice man who sat there for three weeks on his own that his service and warm welcome led me to this happy, fulfilled life I have had. His name was Bob. His surname began with the letter "H" and he had an American accent. I presumed he might be Canadian. After that first meeting, Bob H. gave me his London telephone number and when I returned to London a month later to start a new job and a new life, he met me and took me to a weekend of AA meetings in the Crypt, Trafalgar Square, and I believe one at St. Patrick's and one in a basement off Oxford Street.

Bob looked a bit like Henry Fonda. Maybe it would be more accurate to say that once I was free of alcohol and could enjoy normal things like going to the cinema, I saw Henry Fonda in a film and he reminded me of Bob. If still alive, Bob would now probably be in his mid-80s. If anyone knows anything, or thinks they know anything of this man, please let Grapevine know.

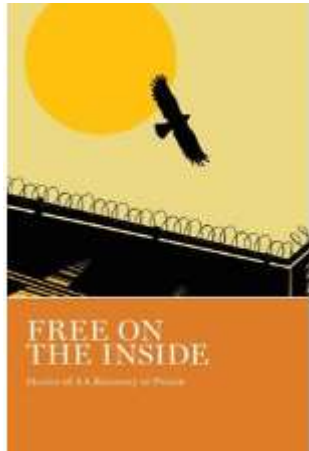
My chief reason for writing my story is to show appreciation for every AA member who does such service, whether it's answering the phone, setting up a meeting or, like Bob, giving their time to keep a meeting running to ensure that the hand of AA is there for the next person who needs help.

I have spent all my sober life in Jersey, Channel Islands, where there are AA meetings every day of the week. And they're all held for the likes of me—an 18-year-old, now 67, who would not have reached 21 if not for members like Bob.

Rose M. - Jersey, Channel Islands
Grapevine, March 2020



BOOK OF THE MONTH



FREE ON THE INSIDE

Stories of AA Recovery in Prison

50+ powerful stories by sober members of Alcoholics Anonymous who have experienced AA in prison—while either currently serving, formerly incarcerated, or as outside AA members carrying the message inside. Carrying the message of recovery into institutions has long been a critically important aspect of service in AA. Chapters include: finding AA in prison, staying sober inside, women helping one another, working the Twelve Steps, sponsorship and carrying the AA message into prisons. Great for alcoholics looking for recovery in prison and for those who want to help them.

FREE ON THE INSIDE can be purchased at our Central office for \$10.00

Be content with what you have;
Rejoice in the way things are.
When you realize there is nothing lacking,
The whole world belongs to you.

-Lao Tzu



Virtual Newcomer

In March of 2020, when everything shut down because of COVID-19, I was terrified that the liquor stores would close. How would I get through a pandemic without alcohol? So I ran to stock up.

The next 10 days I drank nonstop, depleting all the boxes of wine I had purchased, and was quickly going through the vodka. I was a mess.

My husband, who loves me so very much, called my two sisters, both of whom are sober in AA. They came to my home and asked if I was ready to stop drinking. To me they were like angels coming from heaven! I was so ready. It was like the weight of the world had been lifted off me.

My very first AA meeting was a virtual beginners' meeting called the Easy Does It AA Group. It was so difficult for me to share and admit to being an alcoholic. But everyone welcomed me and encouraged me to keep coming back, which I did! I had no idea that all these virtual AA meetings were in their infancy. To me it was all I ever knew. I will forever be grateful for the Easy Does It Group.

I recently shared at one of my virtual meetings that getting sober didn't change my life, it changed the way I live my life. I am happier now than ever before. I am no longer dreading the day or just trying to get through it. I wake up every morning with gratitude and a clear head. AA helps me get ready to take on the day, good or bad—but sober!

I don't know what would have become of me if not for these online AA meetings. I want to thank the members who had the foresight and did the hard work to institute these virtual meetings when the pandemic hit, so people like me had the opportunity to get sober.

Anonymous – Barnegat, N.J.
Grapevine, July 2021



“The tremendous fact for every one of us is that we have discovered a common solution”

Big Book of AA – Page 17

LAST MONTH'S PUZZLE ZOOM LINGO

1. CHAT
2. SCREENSHARE
3. VENMO
4. PARTICIPANTS
5. BOMBER
6. VIRTUAL
7. WAVE
8. VIDEO
9. COHOST
10. RAISE HAND
11. UNMUTE
12. CONNECTION

WORD SCRAMBLE

Step 8

1. CIOBCNYTTIULAA _____
2. ANSEDM _____
3. NGSLAEHNCEUIO _____
4. CEGRUAO _____
5. GISROFEESVN _____
6. ILGIELSSNWN _____
7. SNLEIPOBYRTISI _____
8. EHNTOS _____
9. IYTHMLUI _____
10. RERYAP _____
11. EANDITOMT _____



“We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves. If we haven't the will to do this, we ask until it comes.”

Big Book of AA – Page 76

San Mateo County Fellowship of Alcoholics Anonymous Delegates Committee Meeting Minutes

July 13, 2021

The SPIRIT of the discussion and all motions presented and passed have been recorded by Michelley Buffington.

The meeting was opened at 7:30 p.m. with the Serenity Prayer.

Delegates must sign in; new business must be submitted in writing. **All reports are to be submitted to the Recording Secretary Michelley B. by email shellybear413@gmail.com**

New Delegates: Richard F

Birthdays: Eden 7 years, Michael 13 years

Minutes: The May 2021 minutes were reviewed and approved.

Financial Report: The May 2021 financial report was reviewed and approved

SERVICE COMMITTEE REPORTS

Bridging the Gap: Grant Vincent presenting, (415) 279-1188. grant.vincent@gmail.com.

Our 'Zoom' monthly business meeting, BTG 1st Monday of the month 7:30-8PM pm, is chaired by Grant Vincent, Panel 71, Our program is to implement phone reach-out to pending releases who request it, from detox/treatment centers/facilities in San Mateo Co. (District 5) during periods of Covid19 isolation/quarantine, allowing an assigned BTG volunteer to introduce and guide them to on-line ('Zoom') meetings. We are partnering with H&I to provide BTG pamphlets with other literature. We continue to pursue the reintroduction of weekly BTG presentations on-line (via Zoom) with area facilities.

General Service: Karen A. reported: This year's conference was extra long due to Covid postponements from last year.

Changes to literature: 12 x 12, preamble Area Business: Produce new pamphlet for Spanish-speaking LGBTQ+ alcoholics. Return to in-person meetings: Julie M, DCM We must obey strictest laws/guidelines: state, county, facility. Santa Clara County has an extensive website, including a group inventory to help meetings decide when to return in person or hybrid.

H&I: Lori C. reported the next monthly business meeting will be August 24th, 7:15 orientation; 8 pm business meeting on Zoom Meeting ID: 867 4139 1995, Passcode: 137746. To phone in: +1 669 900-9128

NCCAA: We wanted to provide an update on our NCCAA status. Conferences:

Due to the continued CDC, State and County guidelines, we have cancelled all conferences for 2021. We did get our deposit back from Lodi and Rocklin. The San Jose March 2022 Conference is still scheduled for March 11, 12, 13 at the Holiday Inn. (reschedule with the same hotel from March 2020). Of course, it will depend on CDC, State and County guidelines.

NCCAA Officers: (link will reference Purpose Structure Handbook) Both the Chairperson and Treasurer Positions are up for election. The entire group of officers would have been replaced in 2020. And the Treasurer position would have been elected in March 2021. Mary and Shaun have been working with the hotels, insurance and City contacts, Colleen has been managing the website.

Next Steps:

We have scheduled two upcoming hybrid meetings; in person and Zoom. See logistics below.

1. NCCAA Recovery Kick-off – Sunday, August 29, 1:00 p.m. Meeting of the minds to discuss NCCAA current state and future. All are welcome. NCCAA needs you!

2. Steering Committee – Sunday, October 24, at 1:00 p.m. At this time, we have no active officers so the Steering Committee would consist of County reps and Central offices. Again, all interested parties are welcome!

Meeting logistics: In person: Stockton Alano Club, 1812 Monte Diablo, Stockton / Virtual: Zoom ID Meeting ID: 884 3873 4023, Passcode: 585647

Stay safe and sober! Questions or comments, check NCCAA website or reach out to Shaun, Mary or Colleen.

Thank you.

Grapevine: No report/ no representative. If you would like to be of service and keep our delegates in the loop of all the exciting news from AA Grapevine and La Vina, please contact Central office or visit

<https://www.aagrapevine.org/get-involved>

PICPC: NOTE BUSINESS MEETING IS ON SECOND TUESDAY!!

Our next PI-CPC business meeting will be a zoom meeting on August 10th at 6:15pm. Login information for the zoom meeting is:

<https://us02web.zoom.us/j/84178773337>

Meeting ID: 841 7877 3337

Our June business meeting was held on the 8th in an online format. We had 9 participants. The committee discussed: Reviewed progress of Coordinators in constructing contact lists

- o Cast wide net with intent to educate
- o Limited resources may limit outreach
- Participation in Area O6 PI-CPC event in September
- o Can we provide our contact lists for inclusion
- Briefly discussed how Bridging the Gap and PI-CPC can coordinate efforts
- Coordinators for two of six positions (co-coordinators still needed):
 - Medical
 - Spiritual, Donna S. Coord.
 - Legal, Brent M.
 - Education, Matt G. Coord.
 - Public Relations
 - Radio, TV and Social Media
 - Health Fair Coordinator, John K. Coord
 - Research Assistants
 - Assist Coordinators

We have one presentation scheduled for July 1st with the parolees getting out in San Mateo county (PACT). Interested in joining? Please contact us at dist05.picpc@gmail.com if you would like to be a part of this.

Alkathons: Becky and the fellowship look forward to the Alkathons going back to Good Shepard Church in Belmont. The event is scheduled but there are no further details. Stay posted!!

Advisory committee: Colleen G. -Advisory Committee Chair Your advisory committee continues to review the By-Law's of the San Mateo County Fellowship. We will continue to meet monthly to go over all current Articles of which there are 10. No By-Law (Article) will be changed without review and a vote by the Delegates. We will keep you posted on our progress.

Teleservice: We have front and back line shifts available. The function of the back line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. To be of service or for more information, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

Trusted Servants Workshop:

Central Office Party: No report.

Sunshine Group: No report.

Spanish Speaking Central Office: No report.

Central Office Report:

STATS FOR MAY 2021:

12 STEP CALLS **2** OFFICE VISITS **48** PHONE INFO **103**

WEBSITE HITS **10773**

Other Information to Share: Our High Sobriety Editor Tatiana has decided to pass the baton. So, we are looking for a new Editor. Candidates should have at least 1 year of sobriety, possess good word processing skills and/or publishing software skills. Also, be able to meet a monthly deadline. If you are interested, get a hold of us at Central Office either by phone 650.577.1310 or email aasanmateo@gmail.com We will not be putting out a printed schedule until we feel like most of the meetings have gone live. There are just too many changes right now. It probably won't be printed until at least August. All the schedules (Online and In person) are on the website aasanmateo.org and the Meeting Guide app. If you go to the website or app and see something wrong or your meeting is not listed, please call Central Office and let us know. We are doing our best to keep up!! Also, Central Office registers the Treasurers of all the meetings. I know there Have been a lot of new Treasurers over the past year. If you could let the new treasurers know that we would like them to send me their name, address, phone number and email address I would appreciate it. I would like to get our records up to date

HUMOR:

Saturday night

At his regular Saturday night meeting, a guy walks over to a woman he's never seen there before.

"Are you new here?" he asks.

"Yes, it's my first time," she replies. "I just got out of prison."

"Welcome," he says. "What did you go to prison for?"

"I murdered my husband," she replies.

"Ahh, so you're single," he says.

Charlie F. - Oakland, Cal
Grapevine – June 2021



Grateful to log on

In my local area, most in-person AA meetings were shut down. Increasingly over the past year I heard a lot of members complaining about virtual AA meetings.

I sobered up 33 years ago as a loner in the Philippines. I stayed sober with just one meeting a week that was located in a town 27 miles away. The rest of the week I stayed sober by snail mail correspondence with other AAs, reading AA literature and Grapevines. Well, everyone has an opinion, here's mine: Virtual AA meetings work. And for many of us this past year, there was no other way to meet. We're lucky to have them. I would have given my eyeteeth for these virtual AA meetings 33 years ago.

Greg H. - Park Forest, Il
Dear Grapevine – August 2021

SAN MATEO COUNTY FELLOWSHIP INCOME STATEMENT **July 2021**

	JUL	Total YTD		JUL	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	42.00	272.89	Accounting Services	57.00	483.00
Book sales	949.71	4,240.88	Books Purchased	0.00	2,398.52
Central Office Annual Party	0.00	0.00	Chips	152.70	485.70
Chip sales	367.37	869.42	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	2.00	10.00	Central Office Insurance	150.44	1,048.97
Faithful Fivers	452.93	4,140.63	Credit Card Charges	20.01	69.23
Group Contributions	10,066.48	43,668.09	Employee Insurance	255.00	1,785.00
High Sobriety Subscriptions	10.00	48.00	Miscellaneous	0.00	5,000.00
In Memoriam	0.00	778.59	Office Equipment Lease & Maint	327.07	2,151.63
Individual Contributions	340.00	5,067.50	Office supplies	265.54	472.27
Interest Income	0.00	0.00	Outside Services	0.00	638.82
Other	265.53	265.53	Postage	245.00	245.00
Printing	0.00	0.00	Rent	1,386.00	9,702.00
Sales Tax on Books & Chips	140.27	538.42	Salaries	4,838.96	29,896.40
Tax Refund	0.00	100.00	Sales Tax on books	226.00	578.00
Covid-19 7th Tradition	248.22	2,969.56	Taxes (Payroll)	1,990.56	13,076.94
Total Income	12,884.49	62,967.29	Telephone & Tech	5.99	1,062.86
			Telephone Advertising	0.00	0.00
			Teleservice	151.00	1,057.00
			Travel Expenses	0.00	0.00
			Web Services	0.00	0.00
Less Expenses	10,071.27	70,131.34			
Net Income (loss)	2,813.22	(7,164.05)			
Starting Balance		48,704.87			
Plus Net Income/Loss		2,813.22			
Ending Balance		51,518.09	Total Operating Expenses	10,071.27	70,131.34
TOTAL PRUDENT RESERVE		50,119.18	Net Income (loss)	2,813.22	(7,164.05)
TOTAL CASH POSITION		101,637.27	2021 Year-to-Date Summary		
			Year-to-Date Income		62,967.29
			Year-to-Date Expenses		70,131.34
			Year-to-Date Net Inc/(Deficit)		(7,164.05)

SAN MATEO COUNTY FELLOWSHIP 2021 GROUP CONTRIBUTIONS

ATHERTON	JULY	YTD	FOSTER CITY	JULY	YTD	PACIFICA	JULY	YTD	SAN CARLOS	JULY	YTD
Sunday Spirituality		318.96	BB 103 North	82.83	82.83	12 @ 6 Group		65.01	Bookies	13.00	498.59
Horses Ass	325.00	2,402.10	FC Men's Sharing Group		355.10	Daily Reflections (Beach Mtg)	131.73	329.23	Gifts of Grace Fri Women		102.09
			Foster City Women (Sat)		100.00	Fri Discussion Noon		55.00	Growing Stronger	8.00	48.00
BELMONT			Friday Noon Big Book	250.00	631.13	Friday Night Lights Women's Big Book		65.00	In Step with Bill	348.70	761.57
Belmont Tues. Noon Group	52.80	689.90	Living Sober Groups (all)		260.00	New Comers & Old Timers		180.00	S.C. Awareness Group	160.00	607.32
Day At a Time		362.97	Study theText Group		166.04	Pacifica Men's Group	84.00	261.10	San Carlos Beginners	207.80	709.84
The Forum Group	20.00	125.00	The Old & the New	20.00	237.50	Sharp Park 3rd & 11th Step		460.62	SCPF- all meetings	199.75	999.75
One Line at a Time	10.00	130.00				Wake Up Wake Up		335.00	Sequoia Recovery Grp		275.04
			HALF MOON BAY			Women's Big Book Study	10.00	67.48	Sober Sundays	139.71	668.81
BRISBANE			3rd & 11th Step		348.75	Women's Candlelight Grp	75.00	219.79	Womens Read & Reflect.		20.00
Brisbane Breakfast		120.00	7AM Coastsid Meet.M-F	464.00	2,430.00	Women who wear shoes	147.7	662.63			
			Coastside Big Book	295.20	295.20				SAN MATEO ETC.		
BURLINGAME			Coastside Talkers		276.74	PORTOLA VALLEY			Women's Home Grp (traveling)		154.66
Any Length		60.00	Friday Nite Group		1,599.58	Portola Valley 11th Step	780.00	1,340.00	Baseball Diamond Daily Reflection	508.00	2,279.00
Back to the World Group		100.00	HMB Happy Hour Group		48.60				Covid-19 7th Tradition		2,721.34
Burlingame Men's Grp	147.00	587.82	HMB Thurs Womens BB	361.20	536.20	REDWOOD CITY			Peninsula Women's Workshop		191.00
Burlingame Noon Men's Grp	33.00	183.00	Last Barn on the Block		125.90	A Vision for You		1,067.30			
Burlingame Read a Passage		104.00	Sat. Morning Eye-Opener		517.60	Broken Elevator Thurs.	200.00	237.50	SAN MATEO		
Courage to Change	10.00	10.00	Saturday Nite Spkr/Disc	100	205.00	Foundation Stone Group		100.00	Bunker Young People		408.80
Ham & Eggers	10.00	240.50	Stone Pine Noon Meet. M-F	217.00	423.50	Here and Now Group	450.00	450.00	Highlanders Grp.		119.26
Hillsborough Men's Group	200.00	600.00	Tues Womens 12th Step		290.18	Phoenix Group		72.05	Hillsborough Group		100.00
Rap Group		30.00				Wed. Woodside Meeting		88.32	Lunch Bunch		60.00
Sat. Nite Disc. Group		506.00	MENLO PARK						Mid Peninsula Women		342.65
Senior Focus Group		150.00	Atherton AA	290.00	691.37	SAN BRUNO			Monday Night Men's 6:30		300.00
Sharing Choices		185.00	Cottonmouth	205.20	499.99	12 Study Grp (Thurs)	42.75	298.75	Morning Serenity (All)	1,179.42	2,460.41
Tuesday Nite Group		40.00	Fri. Noon Women's		200.05	Big Book Study Fri (Spm)	78.02	469.32	Off Broadway Beginners Mtg		2.00
			Men's RAD Big Book		183.96	Come as You Are	34.00	533.28	San Mateo Forum	141.00	141.00
			Menlo Park Men's Group	172.80	598.04	Daily Reflections Women	92.40	189.60	Stainte Group	238.05	238.05
			Mon. 12:10 PM Happy Hour	131.60	511.08	Experience, Strength, Hope	21.00	21.00	Sunday Sundowners		20.00
			Sat Morning Sandhill	464.75	1,942.41	Friday Night Rap	10.00	105.00	The Twelve Points Tradition Study		50.00
			Sat Sunrise Grp MP 7:30		250.07	Grupo Serenidad		60.00			
			Tues Noon Book Worm		79.10	Living Sober/HH (Tues)	71.75	229.00	SOUTH S.F.		
			Women's 12-Step Thu Noon		389.09	Millbrae Group		85.00	South City Womens	80.00	94.37
			Tues Womens 12th Step		274.30	Spkr/Disc - Happy Hour(Mon)	20.00	313.28			
						Tools of Recovery (Tue 6:30p)	10.00	40.00	WESTBAY ALANO		
			MILLBRAE						Colma Eye Opener		469.35
			12 Step Study (Tues Noon)	233.00	521.90				Duel Honesty Group		75.60
									Grapevine (Mon)		206.00
			Moss Beach						Monday Night Men's WBAC		120.00
			Serenity by the Sea	243.60	243.60				Men's no BS		233.21
									Nada Podemos Solos		40.00
									Smart Feet BB		140.00
									Women's Happy Hour	245.70	245.70

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