

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY  
FELLOWSHIP OF AA

650-577-1310  
aasanmateo.org  
aasanmateo@gmail.com

September 2021

## SMC Fellowship News

September is here and Fall will soon be upon us. While things appear to be moving in the right direction, many of us are still missing the fellowship of in-person meetings. As more meetings begin to open up in person again, Central Office is compiling a schedule. If your meeting in San Mateo County is open, or going to open soon, either hybrid or fully in-person, please let Central Office know as soon as possible.

**Reminder:** Per the San Mateo County Health Ordinance, face coverings are required indoors regardless of vaccination status.

September is National Recovery month. Support recovery by joining San Mateo County to celebrate those recovering from mental health and/or substance use disorders, and those who provide support services. For more information and list of events, see:

<https://www.smchealth.org/event/national-recovery-month>

### Service Opportunities:

**Teleservice:** Currently has an opening for a front line shift on the 4<sup>th</sup> Thursday of the month from 12:30 a.m. – 8:30 a.m. There are back line shifts available as well. If you are interested, check the website for more information.

**PI-CPC** has positions available. There is no required level of commitment, and the Committee operates on a non-judgmental basis in an effort to carry the message to those who encounter the

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Alcoholic. Eligibility is based on a working knowledge of the 12 steps rather than length of sobriety. All volunteers are welcome.

PI-CPC current has open positions for Coordinators and Research Assistants. For more information, contact [plicpc.dist05@gmail.com](mailto:plicpc.dist05@gmail.com) or attend the monthly business meeting on the second Tuesday of the month at 6:15 PM. Meeting ID: 841 7877 333

### Grapevine and La Vigne are now on Instagram and YouTube:

Instagram: [alcoholicsanonymous\\_gv](#)

YouTube: AA Grapevine

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## Monthly Service Committee Meetings

**BRIDGING THE GAP** September 6, 7:30pm on Zoom  
Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

**TELESERVICE** September 5, 7:00pm on Zoom  
Meeting ID: 971 3141 3389

**DELEGATES TO CENTRAL OFFICE** September 14, 7:30pm on Zoom  
Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

**PI/CPC** September 14, 6:15 pm on Zoom  
Meeting ID: 841 7877 3337

**GENERAL SERVICE** September 21, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting  
Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

**H&I (Hospitals & Institutions)** Septemer 24, 7:15 orientation; 8 pm business meeting on Zoom  
Meeting ID: 867 4139 1995, Passcode: 137746. To phone in: +1 669 900-9128

**PENNYPA (Peninsula Young People in AA)** cxl'd until further notice

## UPCOMING EVENTS

**LIVE! AA Speaker and Barbeque Lunch**  
at the West Bay Alano Club  
216 Mosswood Way, So. San Francisco  
**Monday, Sept. 6 – starts at Noon**  
**Please pre-order to guarantee a meal!!\*\***  
Food will be served 12 'til 2 p.m. Eat in or Take out.  
\$12 suggested donation includes entrée choice of  
Hamburger, 2 hotdogs or polish sausage, sides & drink  
**\*\*Text Pablo at 650.290.4963 to reserve a meal**  
  
***This will NOT be a hybrid meeting – Come support  
he Club – Enjoy LIVE Fellowship and GREAT food!***  
Hosted by WBAC Friday Morning Step Study Group



IN PERSON SOLD OUT. To Attend Virtually:  
<https://internationalwomensconference.org/>

## What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, [aa-san-mateo.org](http://aa-san-mateo.org), with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

**Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.**

**CENTRAL OFFICE WILL BE CLOSED IN OBSERVANCE OF LABOR DAY, MONDAY, SEPTEMBER 6**

## Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



The man who  
moves a mountain  
begins by carrying  
away small stones.

*Confucius*

## BIRTHDAY CLUB



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

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## A Tough Amend

BY: BOB K. | BENICIA, CALIF.

**STEP NINE:** *Made direct amends to such people wherever possible, except when to do so would injure them or others*

I recently turned 60, and one month later I reached my 32nd AA anniversary. Although my recovery has been quite stable, about a month ago I received some very bad news in an email from my cousin who lives on Long Island in New York.

A man I had known since boyhood had died. I cried when I read about his death. His name was Leon. I had made amends to him when I was just a few years sober. The memory of him made me think about the worst day of my life.

I was just 6 years old when I first met Leon. My mom and dad had gotten a divorce when I was 2. One evening, my mom told me that she was going on a date. She said that our next-door neighbor was going to babysit me while she was out. "If a man arrives while I'm getting ready," she told me, "just let him in." When the doorbell rang, I was sitting by the TV and I jumped up to answer the door. A man was standing there. "My name is Leon," he said. He asked whether my mom was available. I said she was getting ready, and I asked if he was going to be my new daddy.

Leon was a widower. His wife had died two years earlier. Their date that night must have been successful, because a year later Leon and my mother were married. They were together for eight years. During that time, I became a full-blown alcoholic. When I found out they were getting a divorce, I was full of alcoholic rage.

One night, I came home very late and totally drunk. Leon was there as I stumbled in. I started yelling at him. He refused to talk to me while I was drunk. I stormed off in a rage. When I got to my room, I grabbed a hunting knife from my closet and stormed back to confront Leon. Again he refused to talk to me, and he turned his back. I was so drunk that I was not in my right mind. I raised the knife and stabbed him in the back. As I pulled the knife out, he gave out a horrible scream of pain, which is a sound I will never forget.

Instead of falling to the floor dead, Leon turned around and started punching me. One punch landed on my face and I fell to the floor where I hit my head and passed out. When I came to, a policeman was standing above me. I had been handcuffed and my legs were restrained.

Leon was at my trial in juvenile court. When the trial was over, I was convicted of attempted murder. As the judge read his ruling, he informed me that arrangements had been made for me to live with my biological father in Japan. In less than a week, I was on an airplane.

Over the next 13 years, my alcoholism went from bad to worse. At 28 years old, I stumbled drunk into my first AA meeting. Through the grace of God and the program of AA, I have not had a drink since that first meeting.

After several years sober, I applied to law school and was accepted. Several months before moving to begin law school, my sponsor told me that before I went to school, I should travel back to New York to make amends to Leon. I had made many amends up to that point, but not to Leon.

A month later I was on an airplane headed for New York. When I arrived, I rented a car and drove to Leon's place of business. I got there about 11:00 a.m. I sat in the car frozen with fear. I just could not go in. Instead, I headed for a noon AA meeting in town. As I walked in, the secretary came over to me and asked if I was a newcomer. I said that I was not a newcomer and that I was traveling from California. The secretary asked if I would like to chair the meeting. I said yes. I told my story and admitted to the group why I was there. I explained that I had so far failed to make the amends. After the meeting, an elderly couple thanked me for speaking. The man said he and his wife would be happy to go back with me to Leon's business to give me moral support in making my amends.

We drove our cars over to Leon's business. With their encouragement, I walked in the front door. I told the secretary my name and that I would like to speak to Leon if I could. I stood frozen in fear. When the office door opened, I thought I was going to have a heart attack. I had not seen Leon for 18 years. Suddenly, he appeared in the doorway. He looked me over and then walked over and wrapped his arms around me, giving me a big bear hug. I burst into tears and it seemed like I could not stop. And then we walked into his office where we sat down, and I started to speak. Years of baggage seemed to fall off of me.

When I left his office, I felt relief that's hard to describe. The AA couple had waited outside all that time. I told them what had happened, thanked them, and we parted company.

In the following years, I stayed in touch with Leon. The redemption I received gave new meaning to my AA program, which has stood the test of time. I'm so grateful for the blessings I received through this program. I now have a wonderful memory when I think of Leon.

Bob K. – Benicia, California  
Grapevine Sept. 2021





## **AA Around the World A New Light In Zhengzhou**

### **Stirring souls and touching hearts, a powerful weekend in China brings hope to millions of alcoholics**

It was Friday night and a hush fell over the conference center as the opening speaker took to the stage. Tears filled her eyes and a wave of emotion touched all in attendance. The woman spoke of being a young girl dreaming of someday being on the stage as a singer, actress or dancer, but it was her journey through alcoholism and AA that led her to the stage that night.

What made the speaker's words and this gathering of AA and Al-Anon members so special was the place where it was held. We were in the People's Hospital #9, a mental hospital in Zhengzhou, Henan Province, the industrial heartland of China. The People's Hospital was where the How It Works Convention of AA was held in October 2017. Imagine having an AA convention in a mental hospital!

It's difficult to believe in our super-connected digital world where information travels at the speed of light, that the majority of the 1.4 billion people in China have never heard of AA. In fact, in the world's most populous country there are approximately 30 face-to-face meetings, plus a small but growing online community. But China has a small number of dedicated AA members who, along with the support of our General Service Office (GSO) and the Asian Oceanic Service Meeting (AOSM), are out to change that. AA is rising in China.

On Saturday morning, the convention was addressed by members of the medical community. The entire room was encircled by doctors and nurses in uniform as the head of mental health for Henan Province spoke of the benefit they saw in cooperation with AA. The medical staff recognized that the alcoholic patients who attended the two AA meetings held at People's Hospital #9 did not return as patients but instead were showing up as AA volunteers helping to put on the meetings. Those medical professionals who are on the frontline in the treatment of alcoholism in China expressed a real sense of hope and optimism, just as I imagine Dr. Silkworth did when he wrote "The Doctor's Opinion" in the Big Book.

Throughout the weekend, every time we had a break, we would all file out past the locked steel doors of the alcoholic wards. It was a powerful reminder about the destructive outcome of alcoholism: jails, institutions and death. As I walked through the wards, I thought about what my fate would have been without AA. It gave me chills.

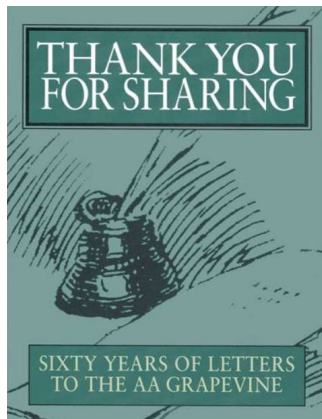
I love our AA history. I love hearing about Dr. Bob and the "good oldtimers" and the many struggles AA members faced to carry the message to the suffering alcoholic. Those miraculous days are being replayed in new and wonderful ways right now in China. It felt a little like AA in the 1940s and '50s. Watching one alcoholic helping another, watching the families embrace Al-Anon, watching the spirit of AA at work during those days I spent in China stirred my soul and touched my heart.

As a result of this trip, our Traditions and AA Preamble have come to life for me in a new way. If it weren't for the wisdom that guides our Fellowship, AA in China would never have been possible. The fact that AA has "no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy" allows the AA Fellowship to flourish because it is not a threat to any ideology or belief.

At times, I have a hard time connecting the money I put in the basket at an AA meeting with AA's work in the wider world. It's easy for me to recognize my own story of how AA helped lift me from the alcoholic scrap heap to a life worth living. It's harder to see how that money supports all the efforts of our GSO and International Desk and how we are still helping to change the world. And I mean changing the world in a big way. The money donated in our AA meetings helps send our people from GSO to Mongolia and other places around the globe to help where the light of AA shines. My contribution to the Seventh Tradition matters. It saves lives.

Our Responsibility Declaration screamed in my head throughout the weekend. "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there..."

Terry M. – Gilbert, AZ  
Grapevine July 2020

**BOOK OF THE MONTH****THANK YOU FOR SHARING**

In this lively anthology of letters, spanning seven decades of Grapevine publication, AA members talk about sobriety, the AA program, their Higher Power, the Big Book, and much more as they wrestle with the great questions that concern the Fellowship. Think of it as an AA conversation among sober alcoholics now in its sixtieth year.

THANK YOU FOR SHARING can be purchased at our Central office for \$10.00



**If we are painstaking about this phase of our development, we will be amazed before we are halfway through.**

Big Book of AA – p. 83

**When I'm Ready**

In AA meetings I listen as people speak, and it sometimes seems that God is talking directly to me through them. I always hear exactly what I need to hear. I don't want to just take what I've been given so freely and never pass on the gift. I too want to comfort and aid the sick and suffering alcoholic.

Part of life is to experience hardship. We lose loved ones, watch our parents get old, experience terrible physical and emotional illnesses and struggle with insidious addictions.

But one thing I've known for a very long time is that the one true constant is faith, that inner voice that calls me when I'm ready to begin a dialogue with God. He will hear me. He will fill me with his love when I am ready. God makes me strong, strong enough to deal with life. I need only to be honest, open and willing.

Life also has blessings and joy, especially as I gain awareness of my fellow human beings as described in our Promises. As God's love heals me, I can build a bond with him for others to witness. The darker my path and the longer the time I stumble in darkness, the greater the contrast I can see when I finally reach the light. This for me is one of the greatest miracles of recovery. My obsession with alcohol has been removed by the grace of my Higher Power. The desire to drink is no longer present, whereas it used to be a constant daily activity.

AA has freed me to be more comfortable in my own skin, to be healthier and happier, living fully in today.

Dianne F. – Warwick, RI  
Grapevine July 2021



There are no shortcuts to any  
place worth going.



## HUMOR

### ANSWER KEY (August Puzzle) STEP 8

1. CIOBCNYTTIULAA accountability
2. ANSEDM amends
3. NGSLAEHNCEUIO housecleaning
4. CEGRUAO courage
5. GISROFEESVN forgiveness
6. ILGIELSSNWN willingness
7. SNLEIPOBYRTISI responsibility
8. EHNTTOYS honesty
9. IYTHMLUI humility
10. RERYAP prayer
11. EANDIITOMT meditation



### Line 'em up!

My wife and I were leaving to receive our  
second COVID-19 vaccination.

I mentioned that I was a little worried  
because I could never stop at two shots  
before.

Marty Z.  
Palm Bay, Fla

### Just askin'

An optimist, a pessimist and an alcoholic  
walk into a bar. There's a glass of beer  
filled halfway on the counter. The optimist  
says, "That beer is half full." The pessimist  
says, "That beer is half empty." The  
alcoholic says, "Are you going to finish  
that?"

Ken D.  
Denver, Colo.



## SEPTEMBER – RECOVERY MONTH

Q A G T N E M T A E R T H C V G N  
 B D V W H S E C R U O S E R L T Y  
 E N U R P E D J U V H E W V N F L  
 E O N R A S E N Z D D A G E I U E  
 V I I Y O G E Z C U C Y M Q E C O  
 P T C O L B B O C N S E W N N X L  
 O U H K R L S A V E G L J A I R W  
 A B E A P L T E P A C J T W T N D  
 Y I A R A I K T R C L S F K C E H  
 P R L G O Z E U O V I M F E S M F  
 D T T N G M O M N S A L O Y W M L  
 F N H F B C M N S O Q N G E N C S  
 S O Z E N U R A G Z H R C V K E Y  
 S C R E N C O D K O Z B N E O H C  
 A U R I I Q C X N J R J A N P G A  
 Z Q T G Z P I H S R O S N O P S N  
 E Y P D N J N D O U T R E A C H R

EDUCATION  
OUTREACH  
COMMUNITY

ASSISTANCE  
HEALTH  
SEPTEMBER

ENCOURAGEMENT  
CONTRIBUTION  
TREATMENT

RESOURCES  
SPONSORSHIP  
OBSERVANCE

Higher Power,

I pray for the right attitude to make my amends,  
being ever mindful not to harm others in the process.

I ask for Your guidance in making indirect amends.

Most important, I will continue to make amends by  
staying abstinent, helping others, and growing in spiritual progress.



**San Mateo County Fellowship of Alcoholics  
Anonymous  
Delegates Committee Meeting Minutes  
August 10, 2021**

Opened meeting 7:30 pm; Closed meeting 8:23 pm  
Suzy F. – 12 Traditions; Cathy C. – Responsibility statement

**New Delegates**

Linda L., Mid-Peninsula Women's Meeting, Mondays  
Joy M., Tuesday Beginner's Meeting  
Karen A., Voting Delegate for Big Book 103 North, Mondays  
Brent M., Study the Text, Mondays

**Birthdays:** Suzy F., 2 years; Vince, 17 years; Joy M., 19 months

**Minutes** – approved

**Financial Report** - approved

**Bridging the Gap** – Grant V. – Our district will have a representative at the national BTG conference in September in NY. Year-to-date, we have had 7 requests for assistance. We continue to reach-out to local facilities that we have worked with before the pandemic and contact other potential facilities.

**H and I** – Mikel Bee – facilities still closed, zoom meetings continue; no renewal or new badges

**NCCAA** – no one to report

**Pennypaa** – no one to report

**Grapevine** – no one to report

**PICPC** – Brent M. – will send report to Michelle

**Alkathons** – Becky N., hopefully, in person; on the calendar with the church

**Advisory Committee** – Colleen G.

1. Bylaws
2. Zoom Account – making a motion to keep it another year at \$1,056.50  
Teleservice – Eden C., - We have two open front-line shifts. One is on the 4th Thursday 12:30-8:30am and the other is on the 2nd Sunday from 8:30am-12:30pm. We also have several back lines shifts available. The function of the back-line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone.

**Trusted Servants Workshop** – Bob M., Hybrid in October and November

**Central Office Report:** Don: zoom account ends August 31. If you would like a Central Office Zoom account Don needs the name, day and time of the meeting and the name, phone number and email of the host of the meeting sent to [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com)

0 - 12 step calls  
57 office visits  
141 phone calls  
Web 11,990

No old business

**New business:** Becky – motion – Central Office Hours

## San Mateo County Fellowship

## August 2021

	AUG	Total YTD		AUG	Total YTD
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	0.00	272.89	Accounting Services	53.50	516.50
Book sales	894.35	5,135.01	Books Purchased	0.00	2,398.52
Central Office Annual Party	0.00	0.00	Chips	286.20	771.90
Chip sales	139.86	1,009.28	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	0.00	10.00	Central Office Insurance	150.43	1,199.40
Faithful Fivers	477.24	4,617.87	Credit Card Charges	31.97	101.20
Group Contributions	5,317.74	48,985.83	Employee Insurance	255.00	2,040.00
High Sobriety Subscriptions	0.00	46.00	Miscellaneous	0.00	5,000.00
In Memoriam	0.00	778.59	Office Equipment Lease & Maint	327.13	2,478.76
Individual Contributions	342.06	5,409.56	Office supplies	221.59	693.86
Interest Income	0.00	0.00	Outside Services	0.00	638.82
Other	0.00	265.53	Postage	109.50	354.50
Printing	0.00	0.00	Rent	1,386.00	11,088.00
Sales Tax on Books & Chips	110.14	648.56	Salaries	2,968.29	32,864.69
Tax Refund	0.00	100.00	Sales Tax on books	0.00	578.00
Covid-19 7th Tradition	236.29	3,205.85	Taxes (Payroll)	998.46	14,075.40
<b>Total Income</b>	<b>7,517.68</b>	<b>70,484.97</b>	Telephone & Tech	135.62	1,198.48
			Telephone Advertising	0.00	0.00
<b>Less Expenses</b>	<b>7,099.69</b>	<b>77,231.03</b>	Teleservice	151.00	1,208.00
			Travel Expenses	25.00	25.00
<b>Net Income (loss)</b>	<b>417.99</b>	<b>(6,746.06)</b>	Web Services	0.00	0.00
<b>Starting Balance</b>		<b>51,518.09</b>			
<b>Plus Net Income/Loss</b>		<b>417.99</b>	<b>Total Operating Expenses</b>	<b>7,099.69</b>	<b>77,231.03</b>
<b>Ending Balance</b>		<b>51,936.08</b>	<b>Net Income (loss)</b>	<b>417.99</b>	<b>(6,746.06)</b>
<b>TOTAL PRUDENT RESERVE</b>		<b>50,121.72</b>	<b>2021 Year-to-Date Summary</b>		
			Year-to-Date Income		70,484.97
<b>TOTAL CASH POSITION</b>		<b>102,057.80</b>	Year-to-Date Expenses		77,231.03
			Year-to-Date Net Inc/(Deficit)		(6,746.06)

## SAN MATEO COUNTY FELLOWSHIP 2021 GROUP CONTRIBUTIONS

ATHERTON	AUG	YTD	FOSTER CITY	AUG	YTD	PACIFICA	AUG	YTD	SAN CARLOS	AUG	YTD
Sunday Spirituality	164.93	483.89	BB 103 North		82.83	12 @ 6 Group		65.01	Bookies	9.83	508.42
Horses Ass	312.00	2,714.10	FC Men's Sharing Group	257.07	612.17	B.Y.O.B. Group	48.51	48.51	Gifts of Grace Fri Women		102.09
			Foster City Women (Sat)		100.00	Daily Reflections (Beach Mtg)		329.23	Growing Stronger	8.00	56.00
BELMONT			Friday Noon Big Book	31.83	662.96	Fri Discussion Noon		55.00	In Step with Bill		761.57
Belmont Tues. Noon Group	38.60	728.50	Living Sober Groups (all)		260.00	Friday Night Lights Women's Big Book		65.00	S.C. Awareness Group		607.32
Day At a Time		362.97	Study theText Group		166.04	New Corners & Old Timers		180.00	San Carlos Beginners	8.00	717.84
The Forum Group	9.83	134.83	The Old & the New	20.00	257.50	Pacifica Men's Group		261.10	SCPF- all meetings		1,179.35
One Line at a Time	20.00	150.00				Pedro Valley Pacifica	240.00	240.00	Sequoia Recovery Grp	4.81	279.85
			HALF MOON BAY			Sharp Park 3rd & 11th Step	210.23	670.85	Sober Sundays	9.81	678.62
BRISBANE			3rd & 11th Step		348.75	Tues Noon Disc. Grp	85.00	85.00	Womens Read & Reflect.		20.00
Brisbane Breakfast		120.00	7AM Coastside Meet.M-F	381.00	2,811.00	Wake Up Wake Up		335.00			
			Coastside Big Book		295.20	Women's Big Book Study		67.48	SAN MATEO ETC.		
BURLINGAME			Coastside Talkers		276.74	Women's Candlelight Grp	30.00	249.79	Women's Home Grp (traveling)		154.66
Any Length	20.00	80.00	Friday Nite Group		1,599.58	Women who wear shoes		662.63	Baseball Diamond Daily Reflection	520.00	2,799.00
Back to the World Group	19.86	119.86	HMB Happy Hour Group		48.60				Covid-19 7th Tradition	236.29	3,205.85
Burlingame Men's Grp		587.82	HMB Thurs Womens BB		536.20	PORTOLA VALLEY			Peninsula Women's Workshop		191.00
Burlingame Noon Men's Grp	519.00	702.00	Last Barn on the Block		125.90	Portola Valley 11th Step		1,340.00			
Burlingame Read a Passage		104.00	Sat. Morning Eye-Opener		517.60				SAN MATEO		
Courage to Change		10.00	Saturday Nite Spkr/Disc		205.00	REDWOOD CITY			Bunker Young People		408.80
Ham & Eggers		240.50	Stone Pine Noon Meet. M-F*	315.00	738.50	A Vision for You		1,067.30	Fireside Group	122.00	122.00
Hillsborough Men's Group		600.00	Tues Womens 12th Step		290.18	Broken Elevator Thurs.	9.83	247.33	Highlanders Grp.		119.26
Rap Group		30.00				Foundation Stone Group		100.00	Hillsborough Group		100.00
Sat. Nite Disc. Group		506.00	MENLO PARK			Here and Now Group		450.00	Lunch Bunch	20.00	80.00
Senior Focus Group		150.00	Atherton AA		691.37	Phoenix Group		72.05	Mid Peninsula Women		342.65
Sharing Choices		185.00	Atherton Grp Wed Noon	100.00	100.00	Wed. Woodside Meeting		88.32	Monday Night Men's 6:30	300.00	600.00
Tuesday Nite Group		40.00	Cotsonmouth		499.99				Morning Serenity (All)	4.81	2,465.22
			Fri. Noon Women's		200.05	SAN BRUNO			Off Broadway Beginners Mtg		2.00
			Men's R4D Big Book		183.96	12 Study Grp (Thurs)	58.38	357.13	San Mateo Forum		141.00
			Menlo Park Men's Group		598.04	Big Book Study Fri (5pm)	86.80	556.12	Sainte Group		238.05
			Menlo Weds Women's Grp	19.65	19.65	Come as You Are		533.28	Sunday Sundowners	100.05	120.05
			Mon. 12:10 PM Happy Hour	100.00	611.08	Daily Reflections Women		189.60	Sunshine Group	77.92	77.92
			Sat Morning Sandhill	100.00	2,042.41	Experience, Strength, Hope		21.00	The Twelve Points Tradition Study		50.00
			Sat Sunrise Grp MP 7:30		250.07	Friday Night Rap		105.00			
			Tues Noon Book Worm		194.98	Grupo Serenidad	20.00	80.00	SOUTH S.F.		
			Women's 12- Step Thu Noon		389.09	Living Sober/ HH (Tues)	46.55	275.55	Keep it Simple	19.86	19.86
						Millbrae Group		85.00	New Beginnings	70.00	70.00
						Spkr/Disc - Happy Hour(Mon)	26.87	340.15	South City Womens		94.37
			MILLBRAE			Tools of Recovery (Tue 6:30p)		40.00			
			12 Step Study (Tues Noon)		521.90				WESTBAY ALANO		
			MOSS BEACH						Colma Eye Opener		469.35
			Men's Lanquage of the Heart	432.11	432.11				Duel Honesty Group		75.60
			Serenity by the Sea		243.60				Grapevine (Mon)		206.00
									Monday Night Men's WBAC	140.00	260.00
									Men's no BS		233.21
									Nada Podemos Solos		40.00
									Smart Feet BB		140.00
									Women's Happy Hour		245.70

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