

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY  
FELLOWSHIP OF AA

650-577-1310  
aasanmateo.org  
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November 2021

## SMC Fellowship News



Each year, we use the occasion of Thanksgiving to reflect on the blessings we have received throughout the year. It is a day that celebrates gratitude, one of the central principles of our program of AA. We recognize, acknowledge and appreciate all that we have. As we give thanks for our homes, families, material comforts and the extraordinary gift of sobriety, let us pause and remember to keep all those who are without in our prayers.

**Reminder:** Per the San Mateo County Health Ordinance, face coverings are required indoors regardless of vaccination status.

**Thanksgiving Alkathon:** Please see page 3 for this year's Thanksgiving Alkathon meeting schedule. Christmas and New Year's schedules are available on line and will be printed in the December 2021 High Sobriety.

Many thanks to the committee members working hard to keep this important event on track during uncertain times.

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**Service Opportunities:** There are currently openings for volunteers at Central Office. Plenty of shifts are available (mornings from 8:30-12:30 and afternoons from 1:30 -4:30). Contact Central Office for more information.

Teleservice will have open shifts over the holidays. For specific shift info, see this month's minutes on page 9, or check the website. This is a great way to be of service during the holidays without leaving your home.

Central Office will be closed Thursday & Friday November 25-26 in observance of Thanksgiving.

## Monthly Service Committee Meetings

**BRIDGING THE GAP**

November 1, 7:30pm on Zoom

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

**TELESERVICE**

Quarterly Meeting December 5, 7:00pm on Zoom

Meeting ID: 971 3141 3389

**DELEGATES TO CENTRAL OFFICE**

November 9, 7:30pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

**PI/CPC**

November 9, 6:15 pm on Zoom

Meeting ID: 841 7877 3337

**GENERAL SERVICE**

November 16, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

**H&I (Hospitals & Institutions)**

November 23, 7:15 orientation; 8 pm business meeting on Zoom

Meeting ID: 867 4139 1995, Passcode: 137746. To phone in: +1 669 900-9128

**PENNYPA (Peninsula Young People in AA)**

cxl'd until further notice

## UPCOMING EVENTS



**West Bay Alano Club**  
216 Mosswood Way - South San Francisco



**Thursday, Nov. 25, 2021**

**LIVE AA meetings every 2 hours –**  
**Starting at 6AM; last meeting at 8PM**



**Thanksgiving Feast**

**1:30 pm - 3:30 pm**

**All are Welcome !**

HYBRID VENUE: IN-PERSON AND ZOOM

## **TRUSTED SERVANTS WORKSHOP**

FOR

**SECRETARIES-TREASURERS-LITERATURE PERSONS**

PRESENTED BY SAN MATEO A.A. CENTRAL OFFICE

MATERIAL WILL BE PROVIDED TO ALL ATTENDEES

**SATURDAY, NOVEMBER 6, 2021 1:15PM - 3:15PM**

**SAN CARLOS PENINSULA FELLOWSHIP**

1133 EATON AVE., SAN CARLOS

BOB & PIA

**ZOOM MEETING ID: 810 0288 5744**

FOR FURTHER INFORMATION, PLEASE CONTACT THE  
CENTRAL OFFICE

## **SOBRIETY BY THE BAY**



Start: January 7, 2022 @ 5:00 pm

End: January 9, 2022 @ 1:00 pm

Grace Cathedral  
1100 California St  
San Francisco

For Details and QR Codes, see  
<https://aa-san-mateo.org/events>



## **An Alcoholics Alkathon**

Thanksgiving \*11/24 – 11/26\* **ZOOM ID 89640793380**

Wednesday 11/24/2021	
12 Noon	Highlanders San Mateo
2:00 PM	3rd and 11th Step Meeting
4:00 PM	Experience, Strength and Hope
6:00 PM	Foster City Men's Sharing Group
8:00 PM	Warehouse of Women (WOW)
10:00 PM	Monday Night Men's AA
Thursday 11/25/2021	
12:00 AM	TBD*
2:00 AM	TBD*
4:00 AM	TBD*
6:00 AM	Fireside Group
8:00 AM	San Carlos Beginners Group
10:00 AM	Bunker Hill Young People
12:00 PM	Morning Serenity
2:00 PM	San Bruno Big Book Study
4:00 PM	A Vision for You
6:00 PM	the old and the new group
8:00 PM	Day at a Time
10:00 PM	Half Moon Bay Big Book Study Group
Friday 11/26/2021	
12:00 AM	TBD*
2:00 AM	TBD*
4:00 AM	TBD*
6:00 AM	Come as you are
8:00 AM	7am Coastside
10:00 AM	12 Step Study (San Bruno)
12:00 PM	Singleness of Purpose

**TBD\* Meetings will be filled by groups outside of San Mateo County**

## What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, [aa-san-mateo.org](http://aa-san-mateo.org), with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

**Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.**

## Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



## BIRTHDAY CLUB



### Happy Birthday

**Bob B – Belmont – 42 Years**  
**Shirley Y – San Mateo – 46 Years**  
**Allen S – Redwood City - 46 years**

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

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***STEP 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.***

## A Thousand Wishes

When I finally entered the rooms of AA in earnest, I read the Steps over and over. Early in recovery, I attended a meeting focused on Step Eleven. Thinking about this Step, where we “sought through prayer and meditation to improve our conscious contact with God,” I realized that I understood how to meditate, but I didn’t know how to pray. An analyst by nature and by training, my mind was always spinning, dissecting my thoughts and contemplating my actions. I planned my day each morning and took stock each evening. I analyzed and over-analyzed each and every event of the day, trying to put things into perspective, to grasp the meaning of life, and to understand my role in the universe. But I did not pray.

I’ve had more religious training than most, with years of formal religious studies from kindergarten until the age of 16. By rote, I’d learned hundreds of prayers, but knew little of their true meaning or intent. I’d sat through thousands of hours of instruction and services, without taking to heart the words I heard. My family celebrated holidays together. They were an enjoyable tradition and ritual, but in no way spiritual events. I was an agnostic, clinging to the belief of some cosmic force, always dismissive of the idea of one true, paramount religion and always skeptical of any single view of an all-powerful God.

The night I returned from rehab, I walked onto my front porch. It was a beautiful, warm summer evening. The stars were shimmering brightly in the sky. I don’t know why, but I looked up and said that childhood rhyme, “Star light, star bright, first star I see tonight; I wish I may, I wish I might, have the wish I wish tonight.” Then I had to decide on my one wish for the evening, out of all the many things I needed and wanted. This focused me and forced me to decide, for that night, what was the one most important thing for me. Then I made my wish.

I did the same thing the next night—and the night after. Soon, this became my own personal nightly ritual. After about two weeks, I went onto the porch, but it was a cloudy night and the sky was just a dark gray blanket. Even though I couldn’t see the stars, I knew they were still there. This gave me comfort, so I made my wish anyway.

One day, I shared my star story with this kind woman in my home group. Her ever-present smile grew even wider. She leaned over and gave me a big hug. Looking into my eyes, she said, “That’s so good.” I was happy she liked the story. Then she said, “That means you’re praying every day.” Wow, how her words struck me. This insight she so simply stated opened the door for me.

Indeed, I had been praying without even realizing it! In some small way, I did have faith in the order of the universe and its permanence, embodied in those stars. I had hope, not that all my wishes would be granted, but that important ones might come to pass. Prayer, faith and hope then made me able to separate religious doctrine from spirituality. Spirituality led me to begin to believe in a Higher Power. That belief helped me begin my journey toward discovering a God of my understanding. By the time I really started working Step Eleven, I knew how to both meditate and pray.

It’s now over a thousand wishes from my first one that summer evening. I can’t remember them all, but I vividly remember the very first one. On that night, I knew what I most wanted: I wished for sanity. Over time, I have grown to understand that a prerequisite for sanity is sobriety. More recently, my wishes are for more moments of serenity, sanity and sobriety. To me, that’s the progression the Steps lead us through.

A wish is a hope for tomorrow. My Higher Power and the AA program are what give me hope today.

*Grapevine March 2015*

*Anonymous*



## BOOK OF THE MONTH NOVEMBER



The first thing many AA members discover upon getting sober is often the last thing they expected: laughter. You may not realize that sobriety can be pretty darn amusing. This collection of stories from AA Grapevine is full of light and humorous tales told by AA members—about meetings, early mistakes, funny things sponsors say, navigating drinking events, holiday adventures and much more! Beyond lifting one's mood and offering a sense of connection to the wider community of men and women in recovery, these contributions remind us to not take ourselves too seriously and to always strive to be “happy, joyous and free.”

**Happy, Joyous and Free can be purchased at our Central office for \$10.00**

## GIVE THANKS

T	M	F	I	R	E	P	L	A	C	E	M	I	C	G	N	E
C	T	C	N	F	V	Q	S	B	F	O	D	R	R	K	I	U
E	W	F	H	F	Z	R	L	R	T	Q	B	Y	K	S	V	G
U	E	G	D	O	E	K	I	T	J	A	L	E	M	D	R	G
N	P	B	R	T	R	E	B	Z	U	C	K	S	G	A	Z	U
G	W	I	A	B	N	K	A	S	A	A	P	R	T	Z	A	W
D	V	E	H	D	B	F	A	M	I	L	Y	I	D	S	U	H
I	W	N	S	S	P	R	A	Y	E	R	T	M	C	C	V	R
S	N	O	C	O	W	Y	F	R	U	U	N	P	E	N	Q	Q
M	L	T	F	U	Q	O	R	H	D	F	Q	F	I	M	K	Y
Y	N	T	H	S	R	S	L	E	H	M	V	K	B	T	P	B
H	T	M	R	A	W	K	U	L	Z	G	P	W	W	H	D	I
E	L	O	R	E	S	S	A	C	E	M	P	J	N	V	L	H
I	S	G	R	N	O	I	H	M	U	F	F	G	R	B	B	N
D	Z	Y	W	P	Y	L	V	P	W	L	M	F	A	O	Z	I
L	R	X	F	O	O	T	B	A	L	L	J	L	N	V	G	V
K	C	K	Z	A	Q	D	R	C	R	A	N	B	E	R	R	Y

prayer  
fireplace  
casserole  
friends

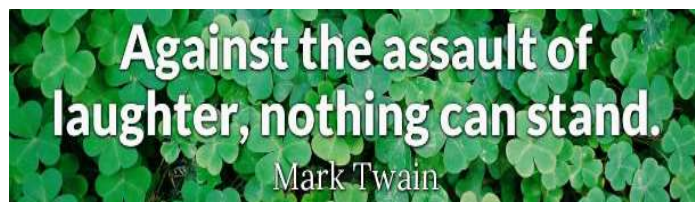
warmth  
pumpkin  
gratitude  
fellowship

sweaters  
football  
cranberry  
family

## Answer Key October Puzzle / Step 10

1. NRYTVEOIN INVENTORY
2. CFNCOTIL CONFLICT
3. TTSSEMNENER RESENTMENTS
4. OHEYNTS HONESTY
5. SESRPRGO PROGRESS
6. LAIEIGVCN VIGILANCE
7. NERSEAASW AWARENESS
8. ETCRAPIC PRACTICE
9. ILSIUAPTR SPIRITUAL
10. RSCAEENPREEV PERSEVERANCE

## HUMOR



### Oldie but goodie

The town drunk went to see the doctor. "My whole body hurts," he complained. The drunk put his finger on his left shoulder. "When I touch myself here, it hurts," he whined. Then he put his finger near his heart. "When I touch myself here, it hurts," he said. Then he put his finger on his thigh, moaned and said, "When I touch myself here, it hurts too. No matter where I touch myself, Doc, it hurts something terrible! Please, tell me what's wrong with me"

The doctor replied, "You have a broken finger."

- Anonymous

### Ouch!

Q: What's the difference between a mosquito and an alcoholic?

A: The mosquito quits drinking when you slap him!

- Jean S.

St. Louis de Kent, New Brunswick

I am thankful for my struggle  
because without it I wouldn't have  
stumbled across my strength.

Alex Elle



## HOLIDAYS

## Happy Sweltering Thanksgiving.

It's 100 degrees, the family is nuts and the turkey's burning. Thank God mom is sober.



So Albert brought home a gigantic frozen turkey. I'm grateful that he was considerate and bought the thing in the first place, but it took a considerable amount of our collective concentration all week long to decide how to deal with it. First, it had to be thawed. It sat out on the countertop for what seemed to me to be a dangerously long time; then it got brined in the sink. Next it lived in the fridge, becoming a silent member of the family, lurking about in various locations of the kitchen all week long.

Finally, cooking day arrived. Much argument ensued about stuffing ingredients. Albert likes to put in strange and exotic things; I like to keep the stuffing simple and traditional. After what seemed to be an eternity of stand off, a compromise was reached regarding two batches of stuffing. Then came the eminent debate about cooking times for our new friend. The turkey was so large, it took a joint effort to put it in the oven. I'm truly surprised it fit in at all. It was decided it would cook for 30 minutes at 400 degrees, and then be turned down to 325 for the next four hours.

At this point, Albert sequestered himself and commenced to down a copious amount of vodka. The biggest problem was that he didn't have any idea how drunk he was getting. He thought he was functioning completely normally, but he was not. He came out of his chambers, and did something to the oven. It's a tricky oven; it's digital. So it's easy to accidentally push the heat button and think you're pushing the time button, and vice versa, especially if you are lit. Albert thought I had left the bird at 400 for too long, when actually he had simply hit the wrong button and increased the temperature by accident.

We recovered from this mistake. By then our son Sam had put on "The Twilight Zone" marathon on TV, so the mood in the place was getting strange. Everything was made worse because it was about 90 degrees outside. Our little apartment gets really hot and the area where the TV is gets no cross-ventilation. So with the heat wave outside, and what the oven mandated, we had to turn on the air conditioner, which is really loud. I was grateful when it was time to go get my mom.

Whenever I pick my mom, she requires a minimum of 45 minutes to collect all of her belongings. It's only a 15-minute drive to my place, yet she needed to stock tissues, water, a pharmacopeia of potentially necessary pills, at least one change of clothes in case of drastic weather change or spillage of food (the latter being the real threat), and makeup, lots and lots of makeup. Finally, she was packed and ready to go. Back in the apartment, we found Sam in his room, zoning out on computer games. Albert was nowhere to be found. "The Twilight Zone" was blaring and now it was about 100 degrees inside.

I swung into gear, pulled all of the side dishes together, rounded up everyone, set up TV trays and, just in time, Albert returned to carve the bird. Amazingly, everything came together. The bird came out tender and juicy. Everyone got a warm plate of food and we all ate our Thanksgiving dinner.

I poured myself a nice glass of sparkling cider. As I poured it into a glass, it looked a lot like the beer I would sneak and hide to throw back out of view of the living room. I had a profound moment thinking about that, and how good it felt to be sober.

One theme that has come up for me lately at my AA meetings is how I used to drink "to feel good." It has dawned on me that nothing feels better than being sober and in the moment. I took a moment to look at my mom, with her beloved oldness, her pink accessories, makeup, and her beloved kind heart. And another moment to look at my son, his energetic youth and his sweet smile. And even Albert—while he drives me nuts a lot of the time, I could see his intentions are good. For a moment, I got the whole picture, that my life is full of goodness and love, in whatever kind of strange packages.

J.T.

Rancho Palos Verdes, Calif.



**Central Office Delegates Minutes – Tuesday, October 12, 2021**

Opened meeting 7:30 pm; Closed meeting 8:17 pm

New Delegates - none

Birthdays: Joy M., 21 months; Paula A., 5 years; Paula V., 36 years

12 traditions – Michael H.

Responsibility statement – Vince

**Minutes** – approved

**Financial Report** – it was stated that the operating expenses is incorrect – accept report with amended total from Gordon – approved

**Bridging the Gap** – Grant V.

- Received 3 blue cards
- Will attend BTG conference in Santa Rosa

**General Service** – Karen A.

- PRAASA Logo Challenge – submit by Dec. 31, 2021; winner gets free registration Mentioned Chitra's presentation at last GSR meeting
- Created budget ad hoc committee GSR area assembly next month
- Sobriety by the bay in San Francisco – Jan. 7-9, 2022 – also, mentioned in High Sobriety newsletter

**H & I** – Lori C.

- Facilities still closed, 6 or 7 zoom meetings continue, no renewal or new badges
- Orientation and business meeting – discussed going back to in person - will re-visit this

**PICPC** – Brent M.

- He made multiple announcements, his report will be sent to Michelle B.

**Alkathons** – Becky N. – long discussion Need volunteers

- Sign up on the website if your group wants to participate online and in person
- Only 4 meetings want to do in person so far – if in person: no food, only coffee, and 50 people max in the room

**Advisory Committee** – Colleen G.

- Bylaws – copy of document will be emailed to delegates before Nov meeting and at that meeting there will be a presentation – then at Dec meeting, we will vote

**Teleservice** – Eden C.

- We have two open frontline shifts. The 5th Monday 12:30-8:30am and the first Wednesday from 4:30-8:30pm. We also have lots of back line shifts available. The function of the back line volunteer is to make sure the phone line is transferred to the correct person and to support the front line if a call runs long. We will also have extra shifts over Thanksgiving and Christmas when Central Office will be closed. The requirements to volunteer for Teleservice are one year of sobriety, a working knowledge of the steps and a working telephone. To be of service or for more information, please contact Erin S., Information Chair at (408) 431-4365 or Eden C., Chair at (650) 868-1116.

**Trusted Servants Workshop** – Bob M.

- Hybrid on October 30th and November 6th (information on AA website) – San Carlos Peninsula Fellowship is where the in-person workshops will be

**Central Office Report** – Steve

- 1 - 12 step calls
- 53 office visits
- 115 phone calls
- Website hits 10,395
- Make checks to Central Office payable to: “**San Mateo County Fellowship**”
- Let Don at Central Office know of any Chip Meetings
- Don needs name, day, time, start and end of meeting if want to set up a zoom account to: aasanmateo@gmail.com; Also, needs host: name, phone and email address and a one-time contribution from the meeting.

**No old business and no new business**

### San Mateo County Fellowship

October 2021					
	OCT	Total YTD		OCT	Total YTD
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	92.00	399.89	Accounting Services	107.00	680.50
Book sales	1,103.21	7,738.99	Books Purchased	0.00	5,074.62
Central Office Annual Party	0.00	0.00	Chips	64.70	898.30
Chip sales	113.87	1,365.13	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	2.00	14.00	Central Office Insurance	134.17	1,484.00
Faithful Fivers	447.86	5,618.52	Credit Card Charges	32.93	156.13
Group Contributions	15,512.77	72,825.25	Employee Insurance	255.00	2,550.00
High Sobriety Subscriptions	6.00	58.00	Miscellaneous	0.00	5,000.00
In Memoriam	0.00	778.59	Office Equipment Lease & Maint	390.39	3,211.78
Individual Contributions	100.00	5,859.56	Office supplies	2.73	1,728.06
Interest Income	0.00	0.00	Outside Services	0.00	638.82
Other	0.00	265.53	Postage	0.00	354.50
Printing	20.00	20.00	Rent	1,386.00	13,860.00
Sales Tax on Books & Chips	129.62	963.78	Salaries	5,039.41	42,527.40
Tax Refund	100.00	200.00	Sales Tax on books	436.00	1,014.00
Covid-19 7th Tradition	98.62	3,468.38	Taxes (Payroll)	2,012.44	17,802.84
<b>Total Income</b>	17,725.95	99,575.62	Telephone & Tech	234.62	1,568.72
			Telephone Advertising	0.00	0.00
			Teleservice	151.00	1,510.00
<b>Less Expenses</b>	10,246.39	100,084.67	Travel Expenses	0.00	25.00
			Web Services	0.00	0.00
<b>Net Income (loss)</b>	7,479.56	(509.05)			
<b>Starting Balance</b>		51,518.09			
<b>Plus Net Income/Loss</b>		7,479.56			
<b>Ending Balance</b>		58,997.65	<b>Total Operating Expenses</b>	10,246.39	100,084.67
<b>TOTAL PRUDENT RESERVE</b>		50,126.72	<b>Net Income (loss)</b>	7,479.56	(509.05)
			<b>2021 Year-to-Date Summary</b>		
<b>TOTAL CASH POSITION</b>		109,124.37	Year-to-Date Income		99,575.62
			Year-to-Date Expenses		100,084.67
			Year-to-Date Net Inc/(Deficit)		(509.05)

## SAN MATEO COUNTY FELLOWSHIP 2021 GROUP CONTRIBUTIONS

ATHERTON	OCT	YTD	MILLBRAE			SAN CARLOS	OCT	YTD
Sunday Spirituality		483.89	12 Step Study (Tues Noon)	26.40	748.30	Bookies		518.42
Horses Ass	314.86	3,321.96	Shelter in Place	208.00	208.00	Gifts of Grace Fri Women		102.09
						Growing Stronger	8.00	64.00
<b>BELMONT</b>			<b>Moss Beach</b>			In Step with Bill	225.34	761.57
Belmont Tues. Noon Group	59.60	874.91	Men's Language of the Heart		432.11	S.C. Awareness Group	30.00	631.32
Day At a Time		362.97	Serenity by the Sea		243.60	San Carlos Beginners	8.00	725.84
The Forum Group	9.83	154.68				SCPF- all meetings	253.21	1,380.25
One Line at a Time		160.00	<b>PACIFICA</b>	<b>OCT</b>	<b>YTD</b>	Sequoia Recovery Grp	195.53	279.85
			12 @ 6 Group		65.01	Sober Sundays	227.71	686.62
<b>BRISBANE</b>			B.Y.O.B. Group	74.40	122.91	Womens Read & Reflect.		20.00
Brisbane Breakfast	20.00	140.00	Daily Reflections (Beach Mtg)	97.52	426.75			
			Fri Discussion Noon	60.00	115.00	<b>SAN MATEO ETC.</b>		
<b>BURLINGAME</b>			Friday Night Lights Women's Big Book		65.00	Women's Home Grp (traveling)	30.06	154.66
Any Length	691.20	771.20	New Comers & Old Timers		317.14	Baseball Diamond Daily Reflection	320.00	3,001.00
Back to the World Group		119.86	Pacifica BB Study Mon11:00am		192.00	Covid-19 7th Tradition		3,205.85
Burlingame Men's Grp		587.82	Pacifica Men's Group	75.60	336.70	Peninsula Women's Workshop		191.00
Burlingame Noon Men's Grp	20.00	722.00	Pedro Valley Pacifica	120.00	480.00			
Burlingame Read a Passage	122.00	226.00	Sharp Park 3rd & 11th Step	302.73	973.58	<b>SAN MATEO</b>		
Courage to Change		10.00	Tues Noon Disc. Grp		170.00	Bunker Young People		522.24
Ham & Eggers	21.40	266.71	Wake Up Wake Up		510.00	Fireside Group	274.05	122.00
Hillsborough Men's Group	200.00	1,100.00	Women's Big Book Study	25.20	92.68	Highlanders Grp.	4.81	119.26
Rap Group	15.00	45.00	Women's Candlelight Grp	10.00	510.21	Lunch Bunch	20.00	80.00
Sat. Nite Disc. Group		506.00	Women who wear shoes	140.00	802.63	Mid Peninsula Women		498.65
Senior Focus Group		150.00				Monday Night Men's 6:30		700.00
Sharing Choices		185.00	<b>PORTOLA VALLEY</b>			Morning Serenity (All)	6,523.12	3,120.03
Tuesday Nite Group		40.00	Portola Valley 11th Step	490.00	1,830.00	Off Broadway Beginners Mtg		2.00
						San Mateo Forum		141.00
<b>FOSTER CITY</b>			<b>REDWOOD CITY</b>			Slainte Group		238.05
BB 103 North		82.83	A Vision for You	1,183.99	2,251.29	Sunday Sundowners		220.05
FC Men's Sharing Group		612.17	Broken Elevator Thurs.		267.19	Sunshine Group		77.92
FC Women's Pop Up Gazebo	372.77	372.77	Foundation Stone Group		100.00	The Twelve Points Tradition Study		50.00
Foster City Women (Sat)		200.00	Here and Now Group		450.00	Wednesday Afternoon Group	35.00	0.00
Friday Noon Big Book	20.00	763.02	Phoenix Group		72.05			
Living Sober Groups (all)	50.11	510.11	The Sewer Group		120.23	<b>SOUTH S.F.</b>		
Study theText Group		166.04	Thumpers		1,357.66	Keep it Simple		19.86
The Old & the New	20.00	277.50	Wed. Woodside Meeting		88.32	New Beginnings		70.00
						South City Womens	70.00	164.37
<b>HALF MOON BAY</b>	<b>OCT</b>	<b>YTD</b>	<b>SAN BRUNO</b>			<b>WESTBAY ALANO</b>		
3rd & 11th Step		348.75	12 Study Grp (Thurs)	57.50	465.48	Colma Eye Opener		469.35
7AM Coastside Meet.M-F	327.00	3,426.00	Big Book Study Fri (5pm)	65.67	659.42	Duel Honesty Group		75.60
Coastside Big Book		295.20	Come as You Are		533.28	Grapevine (Mon)		206.00
Coastside Talkers		426.54	Daily Reflections Women		189.60	Monday Night Men's WBAC		260.00
Friday Nite Group	196.70	1,796.28	Experience, Strength, Hope		82.50	Men's no BS	56.41	233.21
HMB Happy Hour Group		48.60	Friday Night Rap	21.40	126.40	Nada Podemos Solos		40.00
HMB Thurs Womens BB		536.20	Grupo Serenidad		80.00	Smart Feet BB		140.00
Last Barn on the Block		221.14	Living Sober/ HH (Tues)	41.54	366.51	Women's Happy Hour	31.40	245.70
Sat. Morning Eye-Opener		517.60	Millbrae Group	21.40	106.40			
Saturday Nite Spkr/Disc		205.00	Spkr/Disc - Happy Hour(Mon)	100.08	496.92			
Sat Night Step		328.00	Tools of Recovery (Tue 6:30p)	15.00	55.00			
Stone Pine Noon Meet. M-F*		913.47						
Tues Womens 12th Step		420.67						
<b>MENLO PARK</b>								
Atherton AA	224.00	915.37						
Atherton Grp Wed Noon	527.80	627.80						
Cottonmouth	46.80	546.79						
Fri. Noon Women's		1,806.95						
Men's R4D Big Book		183.96						
Menlo Park Men's Group	108.00	706.04						
Menlo Weds Women's Grp		19.65						
Mon. 12:10 PM Happy Hour		611.08						
Sat Morning Sandhill	436.23	2,478.64						
Sat Sunrise Grp MP 7:30		250.07						
Tues Noon Book Worm	260.40	455.38						
Women's 12- Step Thu Noon		389.09						

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