

HIGH SOBRIETY

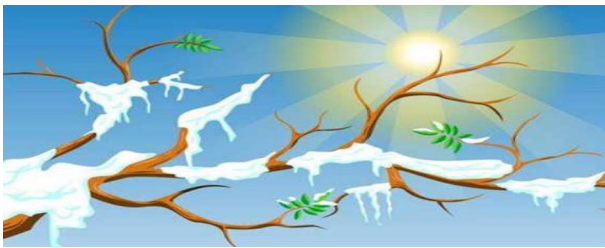
2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

March 2022

SMC Fellowship News



Life is like March weather -- Savage and serene
in one hour.

- Ralph Waldo Emerson

The recent cold snap is a reminder that we still
have a few more weeks of winter ahead of us.
With spring comes the hope that we can once
again enjoy gathering with family, friends and
others in the fellowship.

Reminder – If your group is switching from
remote to in-person, please remember to advise
Central Office so the meeting schedule can be
updated.

Note About In-person Meetings:

While County Mask Mandates have expired, our
Fourth Tradition states that **“Each group should
be autonomous except in matters affecting
other groups or AA as a whole.”** It is
recommended that in-person meetings take a
group conscience on this issue so that all
attendees can feel safe and comfortable.

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Service Opportunities:

PICPC: Volunteers needed for delivering pamphlets.
Coordinators and Co-coordinators, needed for Public
Relations – Radio, TV and Social Media.

TELESERVICE: Backline shift currently available
and daily coordinators needed, beginning in April.

For more information on both, see this month’s
Minutes at page 9.

CENTRAL OFFICE needs volunteers. Morning and
afternoon shifts are available. Contact Central Office
for more information.

Monthly Service Committee Meetings

BRIDGING THE GAP**March 7, 7:30pm on Zoom**

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

TELESERVICE

Meeting ID: 971 3141 3389

Quarterly Meeting Sunday, March 6, 7:00pm on Zoom**DELEGATES TO CENTRAL OFFICE****March 8, 7:30pm on Zoom**

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC**March 8, 6:30 pm on Zoom** Meeting ID: 841 7877 3337**GENERAL SERVICE****March 15, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting**

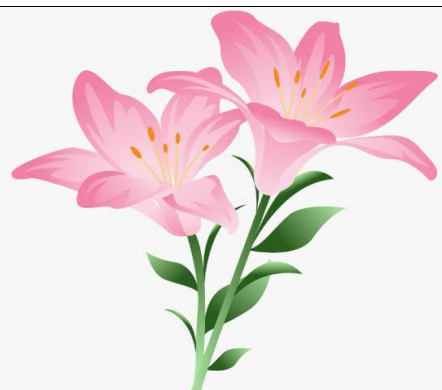
Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)**March 22, 7:15 orientation; 8 p.m. business meeting****St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo****PENNYPAA (Peninsula Young People in AA)****cxl'd until further notice**

UPCOMING EVENTS

PRAASA 2022

March 4-6, 2022**Register online at www.praasa.org**



**Celebration of Life for Sandy Kennaugh
and Scott Burrows**

**March 5, 2022 3:00 p.m. to 5:00 p.m. Church of the Good
Shepherd
1300 5th Avenue, Belmont, CA**

**NCCAA
73rd Annual
Spring Conference**

**Northern California Council of
Alcoholics Anonymous**

Oldest AA Conference Since 1947!

San Jose, CA

Holiday Inn San Jose-Silicon Valley

1350 North 1st St San Jose, CA 95112

March 11, 12, 13, 2022

PRE-REGISTRATION CUT OFF DATE IS MARCH 1ST, 2022

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS FEBRUARY 22nd, 2022

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

For More Info, visit website at: <http://www.norcalaa.org>



**St. Patrick's Day
Celebration**

**at the
West Bay Alano Club**

216 Mosswood Way, So. San Francisco

Sunday, March 13

☘ 2PM AA Speaker

☘ 3PM Corned beef & Cabbage feast

☘ 50/50 raffle

☘ \$10.00 suggested donation

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of *High Sobriety*!



BIRTHDAY CLUB



Happy Birthday

Will H. San Mateo 38 years
Robin D. San Mateo 38 years
Bob D. Redwood City 38 years
David P. Menlo Park 52 years

If you'd like to have your birthday listed in *High Sobriety* (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

STEP THREE: Made a decision to turn our will and our lives over to the care of god *as we understood him.*



CHOOSING TO DECIDE

He's at the turning point. Can he give up the idea that he can run his life the way he always has before?

When we get to AA, many of us are told that if we are real alcoholics, we "have lost the power of choice in drink," as it says in the Big Book. We don't get to choose whether we drink or not.

That was an alarming fact to me. It makes for an interesting debate whether or not we get that choice back. I happen to believe we don't magically receive the power to choose again. I believe that what stands between me and a drink is the grace I've received, which I may not deserve, by working my AA program continuously. If I don't do it continuously, I may start to think again that I get to choose.

Of course, after taking the Steps and practicing them on a daily basis, the loss of ability to choose, for me, became a non-issue. So why bother with thinking about what "choosing" or, for that matter, "deciding" means, as is mentioned in Step Three? Choose and decide sound like words that mean the same thing, but there are real differences between them. My dictionary says choose means "to select freely and after consideration," while decide means "to make a final choice or judgment with consideration."

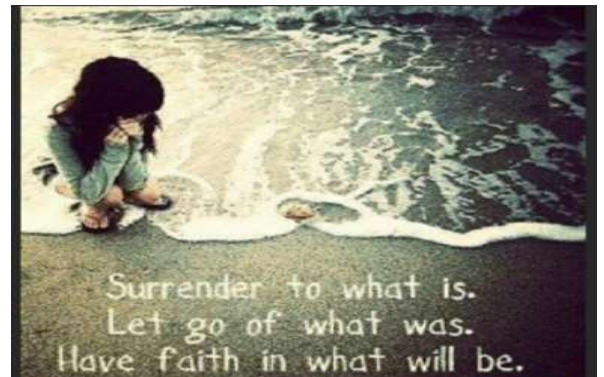
Choice is less final. I may choose vanilla ice cream today. I may choose chocolate tomorrow. But when I decide, it usually implies finality. Decide has the root "cide" in it, which means to "kill off." Similar words are pesticide, suicide, homicide—all these imply an act of completion. I've lost the power of choice, but now I have to make some decisions and not just in the Third Step, as many suggest.

I like to think of these decisions in terms of simple questions. Am I powerless over alcohol and is my life unmanageable, or not? Do I now believe or am I willing to believe there is a power greater than myself, or not? Am I going to turn my life over to something other than me, or not?

Those sure sound like decisions to me. Am I going to "kill off" the alternatives today? For me, these questions continue every day. I have to ask myself how I will manage my life through the AA program. I have to ask myself whether or not I'm going to give up the idea that I can run my life my way. Because when I'm spiritually fit, I cannot choose to drink. And when I am not spiritually fit, the time will come when I have no defense against the first drink. I will be without power to decide not to pick it up. I will have regained the notion that I can choose.

Choice is not an issue for me, until it is.

KYLE N. | AUSTIN, TEXAS



THIRD STEP PRAYER

God, I offer myself to Thee To build with me & to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, That victory over them may bear witness To those I would help of Thy Power, Thy love & Thy way of life, May I do Thy will always!

TRADITION THREE: The only requirement for A.A. membership is a desire to stop drinking.



TIME WILL TELL

He's grateful the Third Tradition gave him the freedom to find his place.

There was a time in my early recovery when everything was perfect— no resentments, no hostility, no personality was too much for me, I was just happy to be sober. The Living Sober group in the Great Utah Valley met every day at noon and a few nights a week. It was an oasis to my dreary eyes. Things couldn't have started to get better fast enough. But then the tough question was asked: Am I an alcoholic?

Some people will tell you that they knew they were alcoholic long before they came into the program. Not me; I thought I struggled with drug addiction mainly. At 16 my drinking career slowed way down when drugs took over my life, so much so that I couldn't waste my time with just alcohol. Life was spiraling out of control, consequences became too much. I had to find relief somewhere.

AA is where I found it. So I figured I would just claim I was alcoholic even though I wasn't convinced. All I knew was that it is better to be sober than to be loaded, and if I had to say I was an alien from Pluto I would have said it. You people were helping me in a way no one ever had.

There were some old-timers who would say, "Alcoholics Anonymous is for alcoholics only." My heart would sink to my feet when I heard that.

Once again I started to feel like an intruder, my membership status a charade. What happens when they find me out? Am I welcome?

Then one day I finally came to the conclusion that I was in fact an alcoholic.

I have a good friend who used to say "I caught alcoholism through my ears." That was true for me too. I listened and heard my story told by people who said they were alcoholics. They looked just like me, they talked just like me, and the way they felt was the way I felt too.

Looking back at my past, I saw what the Big Book calls countless vain attempts to prove I was a normal drinker. Drugging was just another vain attempt for me.

In all fairness, not all the old-timers were bent on challenging my alcoholism. Most were loving, kind and tolerant through my "alcoholic/addict" phase, giving me the time I needed to find out for myself what I am—a grateful alcoholic.

I'm now approaching four years in AA, and I often pause and ask myself: Am I giving that confused newcomer a chance to figure it out? Am I so caught up in making sure that the Third Tradition is upheld that I'm trampling the others? What right do I have to decide for another whether they're alcoholic or not? Is it not their call only? Do I remember my responsibility?

Thank you for giving me a chance to figure it out.

Thank you for telling me to keep coming back.

Thank you for loving me when I didn't have the capacity to love myself.

Thank you for showing me how to be responsible, when all I knew how to do was create chaos and pain.

And I thank you for being an alcoholic—just like me.

ANONYMOUS

A St. Patrick's Day Business Trip



During my drinking days and early recovery I loved to travel. However, I had not ventured further than a day trip from home since my husband had become seriously ill on our last trip five years ago. My life was full with family, friends, work and the program. Although, recently, I had been questioning what it meant for me to put AA first in my life.

Twenty-five years of going to meetings and working the program had not prepared me for my feelings in anticipation of a business trip to Chicago. The trip was not optional, and I was to travel with a group of eight colleagues who had not overlooked the fact that we were going to be in Chicago over St. Patrick's Day. They took every opportunity to mention that they were looking forward to the green beer and all that it entailed.

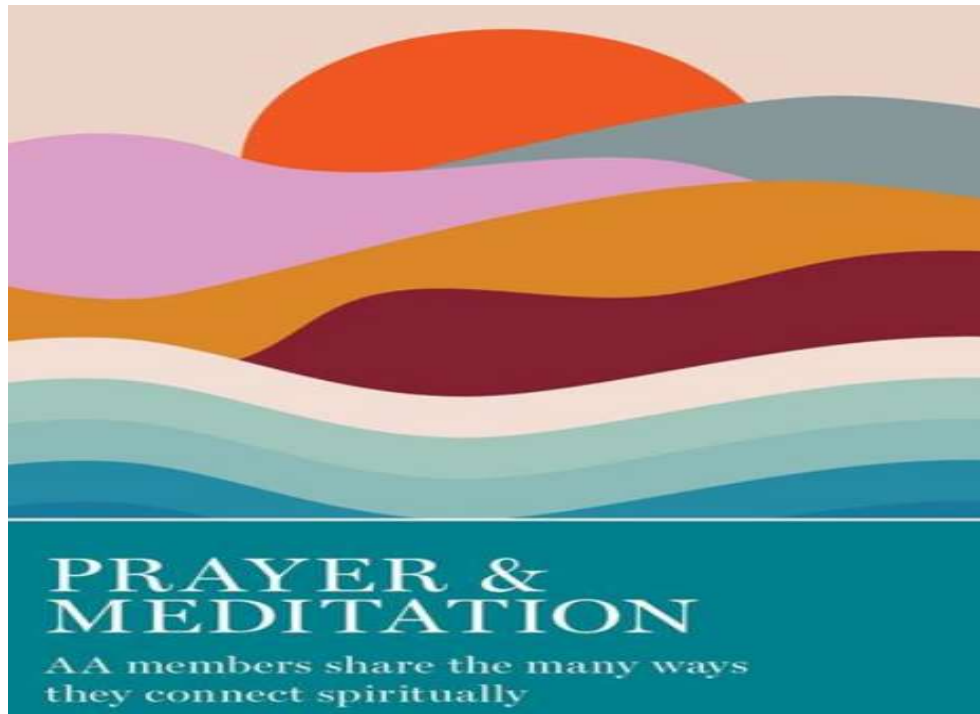
Leading up to the trip, I found myself with unfamiliar feelings and was surprised when I examined them to discover anxiety mixed with dread. My eager anticipation and excitement for the business trip was not matching reality. I was experiencing a well-remembered, pit-in-the-stomach dread that I had not had for some time. I accepted my fear and talked about it at meetings and with other recovering alcoholics without much relief. I asked a friend who had gotten sober in Chicago for an AA contact name and phone number. I researched downtown Chicago meetings online, printed a meeting list, and made a plan. I studied online maps of the Windy City and decided that The Mustard Seed seemed to be within striking distance of my hotel and offered a variety of meetings. An AA friend confirmed that meetings at the Mustard Seed would be a good option.

On my first morning in Chicago, I ventured out of the hotel and was greeted by a homeless person. He explained that he lived at a shelter, was going to school and needed cash for transportation to a math class. He added that he was sober, pulling out his three year medallion. I pulled out my medallion and gave him some folded money. Since we were walking down the street together, I asked him to point out any nearby AA meeting locations. He obliged and I felt as though God were speaking to me that morning. The next day, I found a noontime meeting in a church basement around the corner. The hotel concierge had filled me in on the closest meetings. The people were warm and welcoming and I met another sober alcoholic. Apparently, I was not so alone. We exchanged phone numbers.

I was trying to relax at the airport in anticipation of going home when out of nowhere a good friend from the program approached me. I leapt out of my seat and gave him a huge hug. My traveling companions raised a few eyebrows but I didn't care. God was certainly taking good care of me on this trip. All I had to do was put AA first.

BY: DANA M. | LEBANON, NEW HAMPSHIRE

BOOK OF THE MONTH



GRAPEVINE - Prayer & Meditation features powerful stories by members of Alcoholics Anonymous about the many ways they pray and meditate in their daily lives.

PRAYER AND MEDITATION can be purchased at our Central office for \$10.00.

STEP THREE

T Y Z U N Z L P J H J U S U T O E
W G N I D N A T S R E D N U E G A
F I P P Y N R X W V U W J A S D W
V U L R L T S L C Q G K A S J E L
Y D R L D J S D S U W B E H W J A
K B P F I J S E E R B R H Z A G M
M T L X M N H J N C G W S Z E O E
L O P S M V G X O O I L P N R J L
Y W I I J Z A U R T H S U X E W B
Y F Q N J W Z P N M O I I N P R A
C Y N C W K R E T O N F L O S E R
K U N E Y M S O A E E I L R N U E
B E F R C S Y C L E B Z I K T Y N
H X N I K N A H M R G R F N C Q L
K N C T N R P R E S E N C E M E U
V L A Y B P A O U Y X N F R L O V
G D B B A E R A C B U I L D Y B W

BUILD
SINCERITY
PRESENCE
PROGRESS

VULNERABLE
HONESTY
WILLING
UNDERSTANDING

GENUINE
WITNESS
CARE
DECISION

ANSWER KEY STEP TWO

1. SITNYA sanity
2. EDMLAMI dilemma
3. EPSENLLSSSHE helplessness
4. ILCAMER miracle
5. PILHYOOSHP philosophy
6. SORNOPS sponsor
7. SMIOSDAIN admission
8. AAMTSNRFRONTOL transformation
9. AIFHT faith
10. CESUSSC success

Central Office Delegates Minutes – February 8, 2022

Opened Delegates Meeting – 7:30 pm; Closed meeting – 8:00 pm; 12 Traditions - Linda L. Responsibility Statement – Cara; AA Birthdays – Steve B., 5 years. Minutes- approved; Financial Report.

BTG- Bridging the Gap- Grant V.

- The BTG monthly business meeting occurs the 1st Monday of the month 7:30-8PM in an online format. (Zoom - Meeting ID: 639 547 0157; Passcode: 54321). The February meeting had 1 attendee.
- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in SMC and those attending facilities outside the county who live here. We match BTG volunteers to introduce and guide them to online meetings and in-person meetings.
- We have received 2 blue cards since January 1st.
- We are actively refreshing the volunteer list and working to get involved with Kaiser SSF and others.
- Pamphlets will be sent to our local California Department of Corrections, Parole Board.
- Planning continues with H&I and PICPC to partner for presentations and distribution of literature.

General Service- Karen A.

- Finance Workshop "How to Talk to the AA Groups About Money" - A virtual workshop on the 7th Tradition hosted by our Area Finance Committee January 29th 10 am- 11:30.
- PRAASA to be held virtually on March 4-6, 2022, (Portland, OR)- Register online at www.praasa.org/registration
- Pre-Conference Assembly first weekend of April in Petaluma, in person assembly.
- Grapevine – submit artwork and articles at <https://www.aagrapevine.org/>
- Jennifer B., Area Delegate, presented on following up on group inventories. Just like personal inventories, raising awareness is great, but action is better. Examples include discussions, motions, ad hoc committees.

Hospitals & Institutions- Lori C.

- Our first in person business meeting was held on January 25th with approximately 25 attendees. Meeting location is St. Andrew's Lutheran Church, 1501 S. El Camino, SM. Orientation at 7:15 and business meeting at 8:00 pm, 4th Tuesday.
- Margaret J Kemp Camp is looking for speakers. To be of service, come to the Orientation.

PICPC- Brent M.

- Business meeting is on 2nd Tuesday of the month - February meeting had 5 participants. Next business meeting: March 8th, 6:15. Zoom Meeting ID: 841 7877 3337

- Discussed January Area meeting on diversity and our district's commitment: Our district's recent expansion of PI-CPC literature to include Chinese, Russian and more; also discussed lack of Tagalog (Filipino) pamphlets. More investigation will follow.
- Volunteers needed: Delivering pamphlets in person to religious organizations and health clinics; Coordinators & co-coordinators needed for Public Relations- Radio, TV & Social Media; Also need Research Assistants & Assistant Coordinators
- We had one presentation on Feb. 3 – with CA parolees being released in SM County (PACT) If you are interested in participating, contact Brent at dist05.picpc@gmail.com

PENNYPA – no report, but Eden C. informed the delegates: ACCYPAA Conference, March 24– 27th, Visalia, CA. In person, 49th conference. For more information and to register: <https://acypaa.org/>

Advisory Committee- Colleen G.

- Advisory Committee had our 1st meeting on 2/2/22- we meet quarterly.
- The Central Office Website will update the AA preamble to reflect the fellowship's vote at the 2020 General Service conference to change the wording from "Men and Women" to "People".

Teleservice – Eden C.

We have one backline shift available on the 5th Wednesday 4:30-8:30pm. The requirements are one year of sobriety, a working knowledge of the steps and a working telephone. We have our quarterly business meeting on Sunday, March 6, at 7pm on Zoom. We are also looking for people interested in being daily coordinators starting in April. This is a one-year sobriety requirement, and it is a two-year commitment. To be of service or for more information, please contact Erin S. at (408) 431-4365 or Eden C at (650) 868-1116

Central Office Report for December 2021 – Don C.

- 1 12th Step Call; 44 - Office Visits; 107 Phone Information Calls; 11582 Website Hits
- Reminder- if your meeting is a "Chip Meeting" please let Don know- he will add it to the description of your meeting.
- The printed schedule is still in progress- due to type of meetings and frequency of changes. The online Meeting Guide is the best way for finding a meeting.
- Central Office needs volunteers, there are two shift-time opportunities: 8:30 – 12:30; 12:30 – 4:30

No Old Business; No New Business

Next meeting: Tuesday March 8, 7:30 p.m.

FEBRUARY 2022

FINANCIAL REPORT

	FEB	Total YTD		FEB	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	112.75	140.75	Accounting Services	1,651.25	1,704.75
Book sales	870.90	1,648.03	Books Purchased	1,055.25	1,196.85
Central Office Annual Party	0.00	0.00	Chips	71.85	182.85
Chip sales	316.09	449.17	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	2.00	4.00	Central Office Insurance	0.00	296.80
Faithful Fivers	565.53	1,171.67	Credit Card Charges	33.65	33.65
Group Contributions	5,259.82	16,253.67	Employee Insurance	271.00	542.00
High Sobriety Subscriptions	0.00	20.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	342.63	685.26
Individual Contributions	655.87	3,502.31	Office supplies	108.23	141.38
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other	0.00	0.00	Postage	0.00	500.00
Printing	20.00	20.00	Rent	1,386.00	2,772.00
Sales Tax on Books & Chips	126.41	223.35	Salaries	3,973.20	7,662.96
Tax Refund	0.00	0.00	Sales Tax on books	0.00	437.00
		0.00	Taxes (Payroll)	1,821.63	3,602.44
Total Income	7,929.37	23,432.95	Telephone & Tech	135.05	369.58
			Telephone Advertising	0.00	0.00
Less Expenses	11,179.74	20,457.52	Teleservice	330.00	330.00
			Travel Expenses	0.00	0.00
Net Income (loss)	(3,250.37)	2,975.43	Web Services		0.00
Starting Balance		70,851.62			
Plus Net Income/Loss		-3,250.37			
Ending Balance		67,601.25	Total Operating Expenses	11,179.74	20,457.52
TOTAL PRUDENT RESERVE		50,135.40	Net Income (loss)	(3,250.37)	2,975.43
TOTAL CASH POSITION		117,736.65	2022 Year-to-Date Summary		
			Year-to-Date Income		23,432.95
			Year-to-Date Expenses		20,457.52
			Year-to-Date Net Inc/(Deficit)		<u>2,975.43</u>

SAN MATEO COUNTY FELLOWSHIP 2022 GROUP CONTRIBUTIONS

ATHERTON	FEB	YTD	HALF MOON BAY	FEB	YTD	PACIFICA	FEB	YTD	SAN CARLOS	FEB	YTD
Horses Ass	349.00	744.00	7AM Coastsid Meet.M-F	368.00	684.00	Daily Reflections (Beach Mtg)		124.63	Growing Stronger	8.00	16.00
Sunday Spirituality		100.00	Coastside Big Book		280.00	Fri Discussion Noon		60.00	In Step with Bill		213.84
			Coastside Talkers		81.38	Pacifica BB Study Mon 11:00am		180.25	S.C. Awareness Group	3.47	3.47
BELMONT			HMB Happy Hour Group		220.80	Pacifica Men's Group		160.30	San Carlos Beginners	8.00	18.00
Belmont Tues. Noon Group	38.00	339.80	Last Barn on the Block		166.29	Pedro Valley Pacifica		120.00	SCPF- all meetings	11.93	168.10
Day At a Time		175.70	Saturday Nite Spkr/Disc		4.81	Sharp Park 3rd & 11th Step		238.17	Sober Sundays	10.00	18.00
The Forum Group	10.02	19.33				Sun. Afternoon Daily Reflections		81.62			
One Line at a Time	10.00	10.00	MENLO PARK			Thurs Noon Disc	95.00	95.00	SAN MATEO ETC		
			Atherton AA	25.05	56.05	Weds Noon Discussion Baptist		100.00	Women's Home Grp (traveling)		50.00
BURLINGAME			Cottonmouth		106.80	Women's Big Book Study	70.53	70.53	Women's Online Meeting		50.00
Any Length	20.00	40.00	Men's R4D Big Book		182.05	Women who wear shoes		134.40	Baseball Diamond Daily Reflection	206.00	206.00
Burlingame Men's Grp		387.60	Menlo Park Men's Group		64.80						
Burlingame Noon Men's Grp	20.00	40.00	Mon. 12:10 PM Happy Hour		23.03	PORTOLA VALLEY			SAN MATEO		
Ham & Eggers	5.00	1065.00	Sat Morning Sandhill		573.41	Portola Valley 11th Step		450.00	Bunker Young People		230.76
Hillsborough Men's Group	100.00	100.00	Sat Sunrise Grp MP 7:30		401.10				Fireside Group	142.95	385.85
Reason to Come to AA		215.15	Sunday Sober Sisters		300.00	REDWOOD CITY			Lunch Bunch	20.00	40.00
Senior Focus Group	49.93	49.93	Tues Noon Book Worm		105.07	Freedom Group	489.56	489.56	Mid Peninsula Women	41.85	197.52
Sharing Choices		97.02				Wed. Woodside Meeting	226.38	226.38	Monday Night Men's 6:30		100.00
Tuesday Nite Group	487.00	487.00	MILLBRAE						Morning Serenity (All)	400.00	400.00
			12 Step Study (Tues Noon)	250.00	250.00	SAN BRUNO			Sunday Sundowners		4.81
FOSTER CITY						12 Study Grp (Thurs)	43.40	108.90	Wednesday Afternoon Group	167.00	230.00
FC Women's Pop Up Gazebo		633.79				Big Book Study Fri (5pm)	48.36	140.82			
Foster City Women (Sat)	200.00	200.00				Come as You Are	390.00	390.00	SOUTH S.F.		
Friday Noon Big Book	20.00	40.00				Experience, Strength, Hope	52.50	98.05	South City Womens	5.00	75.00
Living Sober Groups (all)	400.00	778.95				Friday Night Rap	10.00	110.00			
The Old & the New	40.00	80.00				Living Sober/ HH (Tues)	25.92	64.98	WESTBAY ALANO		
						Spkr/Disc - Happy Hour(Mon)	208.47	271.12	Colma Eye Opener		543.55
						Tools of Recovery (Tue 6:30p)	20.00	20.00	Monday Night Men's WBAC	108.50	108.50
									Tues 7am Big Book	45.00	45.00
									Women's Happy Hour	10.00	311.70

**2215 S. El Camino Real, Ste. 204
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