

# HIGH SOBRIETY

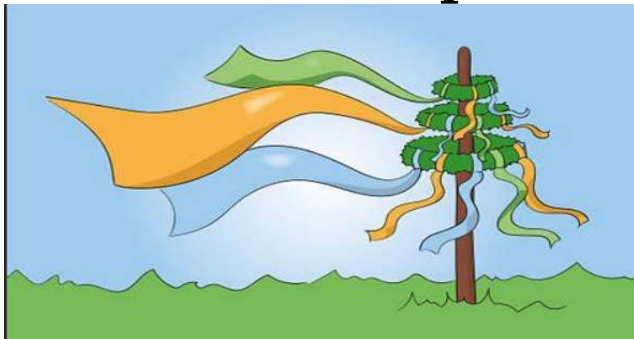
2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aasanmateo.org  
aasanmateo@gmail.com

May 2022

## SMC Fellowship News



**The pursuit of happiness is elusive.  
If the sun is shining, stand in it.  
-Jeanette Winterson**

Happy May! For those who are ready to get out and about again, more in-person meetings are opening up. Check the **Meeting Guide In Person And Zoom** on the website.

### **Reminder About In-person Meetings:**

While County Mask Mandates have expired, our Fourth Tradition states “**Each group should be autonomous except in matters affecting other groups or AA as a whole.**” It is recommended that in-person meetings take a group conscience on this issue so that all attendees can feel safe and comfortable.

**General Service News:** General Service is conducting an interview project with current and former members of the Armed Forces. Please see the Minutes on pp. 8-9 for more information. Please also see the General Service announcement on page 2 regarding the 5<sup>th</sup> Edition of the Big Book.

In addition, check out the new aa.org website launched in December of 2021. It brings together “a look and feel and vision” that captures the heart of G.S.O.’s mission of helping suffering alcoholics.

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**Service Opportunities:** Service is a great way to connect with others in the fellowship.

**ANNIVERSARY PARTY:** Volunteers are needed to begin planning the Central Office Anniversary party. See Minutes on pp.8-9.

**PICPC:** Volunteers needed to help deliver literature packets to county schools, clinics, mental health professionals and churches. See flyer on page 3.

**CENTRAL OFFICE** needs volunteers. Morning and afternoon shifts are available. For more information see **What does our Central Office Do** on page 5 and contact the office if you’re interested.

For more available service opportunities, see the Minutes on pp. 8-9.

## Monthly Service Committee Meetings

**BRIDGING THE GAP****May 2, 7:30pm on Zoom**

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

**TELESERVICE****Quarterly Meeting Sunday, June 5, 7:00pm on Zoom**

Meeting ID: 971 3141 3389

**DELEGATES TO CENTRAL OFFICE****May 10, 7:30 pm on Zoom**

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

**PI/CPC****May 10, 6:15 pm on Zoom** Meeting ID: 841 7877 3337**GENERAL SERVICE****May 17, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting**

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

**H&I (Hospitals & Institutions)****May 24, 7:15 orientation; 8 p.m. business meeting****St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo****PENNYPA (Peninsula Young People in AA)****cxl'd until further notice**

## **GENERAL SERVICE NEWS**

**Fifth Edition of the Big Book of Alcoholics Anonymous****Deadline: October 31, 2022**

The Preface to the Second Edition of the Big Book explains that revisions to the personal history section of the book were made in order "to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more alcoholics." In that spirit, the 2021 General Service Conference recommended that: "a Fifth Edition of the Big Book, Alcoholics Anonymous, be developed, including an update of stories to better reflect the current membership, keeping in mind the 1995 Advisory Action: "The first 164 pages of the Big Book, Alcoholics Anonymous, the Preface, the Forewords, 'The Doctor's Opinion', 'Dr. Bob's Nightmare', and the Appendices remain as is." In response to this Advisory Action, the trustees' Literature Committee is seeking a wide range of A.A. recovery experience of members in the Fellowship. Recognizing that all stories are of value, the Literature Committee is searching for recovery stories that are from a broad cross-section of our local communities. As Bill writes on page 29 of the book Alcoholics Anonymous: "Our hope is that many alcoholic men and women, desperately in need, will see these pages, and we believe that it is only by fully disclosing ourselves and our problems that they will be persuaded to say, 'Yes, I am one of them too; I must have this thing.'" It is the Literature Committee's shared hope that any new stories from our current membership will help future alcoholics to identify and find recovery in the pages of a Fifth Edition. Further information on where to submit your story will be provided to the Fellowship through Box 4-5-9, the A.A. website and more. If you have any questions, please write to [5BBStory@aa.org](mailto:5BBStory@aa.org).

# !!!WANTED!!!

INFORMATION LEADING TO THE  
IDENTIFICATION OF THOSE  
RESPONSIBLE FOR DELIVERING THE  
MESSAGE TO SCHOOLS, MEDICAL  
CENTERS, AND RELIGIOUS  
ORGANIZATIONS IN SAN MATEO  
COUNTY

PUBLIC INFORMATION AND COOPERATING WITH THE  
PROFESSIONAL COMMUNITY (PI-CPC) IS PREPARING  
PACKETS OF LITERATURE AND ARE SEEKING  
VOLUNTEERS TO HELP PACKAGE AND TO SAVE ON  
POSTAGE PERSONALLY DELIVER THE MESSAGE!!!  
PLEASE CONTACT US AT [DIST05.PICPC@GMAIL.COM](mailto:DIST05.PICPC@GMAIL.COM)  
OR CALL BRENT M. AT 650-918-2136 FOR INFO!

# !!!REWARD!!!

(AKA THE FOURTH DIMENSION)

## UPCOMING EVENTS

a journey through the twelve steps of AA  
**woodstock west**  
Los Angeles, CA  
May 13-15, 2022

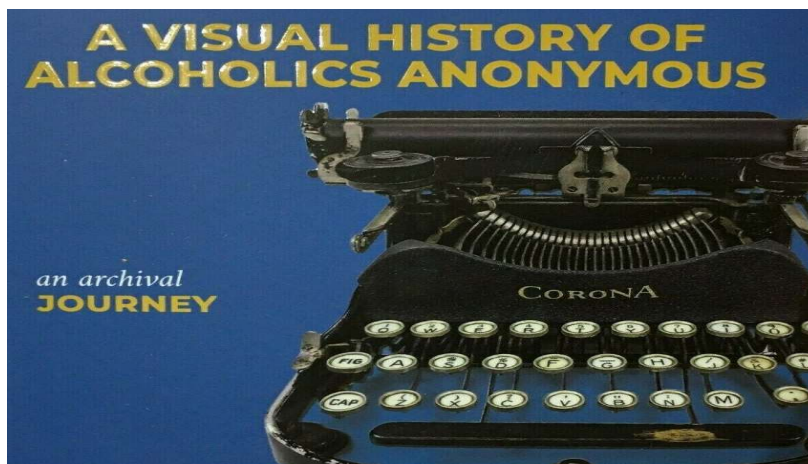


FOUR POINTS BY SHERATON AT LAX  
For more information see  
[see www.woodstockwest.biz](http://www.woodstockwest.biz)

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## BOOK OF THE MONTH MAY



Originally developed as the souvenir book for the 2020 International Convention, this highly illustrated tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in A.A.'s history — from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.

A VISUAL HISTORY OF AA can be purchased at our Central office for \$10.00.



"Before I tell you what happened, Mom,  
remember...The Lord will never give  
you more than you can handle."

## What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, [aa-san-mateo.org](http://aa-san-mateo.org), with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

**Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.**



## Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



## ANSWER KEY (APRIL PUZZLE) STEP FOUR

1. TINEVOYNR inventory
2. TSENOH honest
3. ERLSNAOP personal
4. ALFSEESR fearless
5. MORTCDSIOF discomfort
6. TSSSSANEME assessment
7. IEGELSFN feelings
8. AERYSL layers
9. NDIMASIOS admission
10. EICEEXERNP experience

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**STEP FIVE: *Admitted to God, to ourselves, and to another human being the exact nature of our wrongs***



**SHARING EVERYTHING**

**Who knew he'd have a spiritual experience telling his secrets one morning to a man he barely knew?**

I was not spiritual growing up; the concept of God was nonexistent for me. My parents grew up in very different religious traditions. They raised me in a nonreligious but spiritually open-minded way of life.

In my mind, I was certain that there was no God because when I saw people with mental and physical disabilities, I thought such conditions were too unfair for there to be a God.

When I came to AA I was offended by the spiritual aspect of the program. I just wanted to get sober! The beginning of my spirituality, I believe, started when I heard these hard-to-believe inspirational stories from the staff of my rehab. That's when I realized I was meant to be there. But who, I wanted to know, meant for me to be there?

After moving to California to enter sober living, I quickly acquired a sponsor and started the Steps because, when sober, I discovered that I am quite good at following directions. Even so, I didn't truly believe in a Higher Power until I did my Fifth Step and shared my life story with my sponsor.

The spiritual experience I had that day is something I will never forget. By that time I had been praying for a couple of weeks, even though I was not fond of it. Then, on the morning of the day I did my Fifth Step, I got the idea of praying for my Higher Power to give me signs of his existence.

My sponsor picked me up around noon and we went to a local park where people were walking their dogs. On this beautiful day in southern California, we sat down on a sun-bleached wooden bench. Over the next few hours,

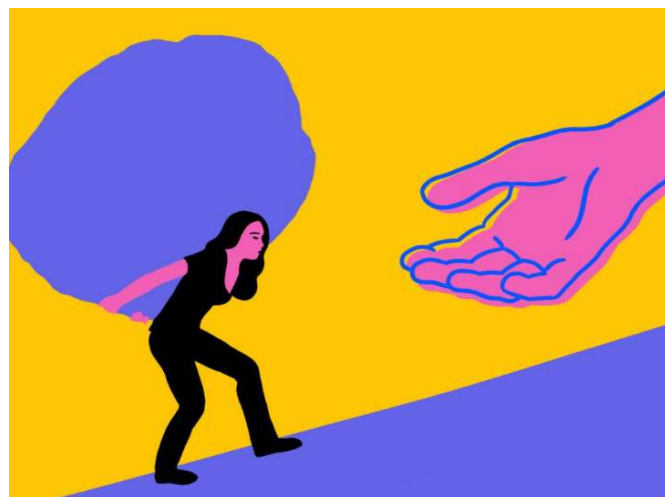
I shared my fearless moral inventory with this man I didn't know all that well. I didn't then understand the nature of the Steps' promises. I was really surprised that I would feel magically relieved and forgiving afterward.

When we were done, my sponsor told me that I should go and meditate for one hour so I could reflect on the work I had done so far and to see whether there was anything more I needed to add. After my sponsor dropped me off at home, I rode my bike back to the same park for my meditation. When I arrived, I saw another sponsor and sponsee doing Step work while sitting on the very same sun-bleached bench that my sponsor and I had sat on earlier. They must have arrived minutes after we had left.

As I meditated on the day's events, I realized that something out there heard me pray that morning. I began to feel at peace with myself and my sobriety and felt a satisfying feeling, like finishing a nice Thanksgiving dinner with family. I was now convinced my Higher Power was watching out for me. It still is to this day.

This spiritual experience taught me that I'm never alone on my path in sobriety. Spiritual change is inevitable; accepting it is the best thing I can do.

JULIAN S. | HUNTINGTON BEACH, CA



**TRADITION FIVE:** *Each group has but one primary purpose— to carry its message to the alcoholic who still suffers.*



**TRADITION FIVE:  
For Charlie's Sake**

Over coffee at an all-night cafeteria some years ago, disagreements flared among four or five tables of AAs. There was dissension about the bookkeeping of the clubhouse treasurer, about dues and rules for membership, about the brand of coffee, and about the right of the program secretary to schedule a nonalcoholic speaker. I recall feeling vehement about several of these matters, and I expect I got loud, too.

Suddenly, someone brought to our attention a newcomer who had attended his very first meeting that night. All arguing ceased, as if by magic. Everyone pitched in to comfort Charlie and encourage him. Even those of us who did not care for each other acted polite and friendly, for new Charlie's sake.

We ended the evening amicable and united. Although this happened in 1945, before our Twelve Traditions were written, their good sense prevailed among us. It was a beautiful demonstration that "Each group has but one primary purpose—to carry its message to the alcoholic who still suffers," our Fifth Tradition. No one doubted that Charlie's welfare was more important than our petty arguments.

For me, there was still another lesson embedded in that one. Since I was so new myself, I had been made to feel very much like the most important alcoholic present—until then. But when Charlie appeared, I wasn't. Much later, I realized that my nose had not gone fiercely out of joint, that I had not gone all-over jealous. I had been so eager to help Charlie (with my vast store of AA knowledge gained in about six weeks) that I had not suffered even a twinge of sibling rivalry. I began to think of someone else, not of what I wanted.

It was a classic illustration of the "twelfth suggestion" made in the book *Alcoholics Anonymous* at the beginning of Chapter 7: "Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."

So the Fifth Tradition, like the Twelfth Step, encourages me to become progressively less self-concerned and more concerned about others. Traditions repeatedly have that effect on me, and that is why I rank them as highly significant in our process of recovery.

The Fifth, like others, has a liberating effect. As AAs, we don't have to get tied up in owning real estate or operating clubs, with all the organizational, legal and financial hassles and ego battles such projects would involve us in. We need not try to become a medical or a religious fraternity, an educational organization or a political one.

Because of the Fifth Tradition, we are free of the necessity of raising large sums, or trying to change society. It is not our purpose as AAs to educate children about drinking, nor to teach the medical profession or the government about alcoholism. These might be side effects or spin-offs of what we do, just as a network of enjoyable and therapeutic social activities may also result from AA life. But they are not our chief purpose; they are subordinate to our goal of staying sober and helping others.

If there is any one thing on which all, or nearly all, AAs can agree, maybe our primary purpose is it. There's a world of things we can all disagree on. We do not have to see eye-to-eye on theological issues, on politics, on the causes and psychology of alcoholism, or even on how to stay sober. So it is beautiful, I think, for us to have one notion we all salute and honor--our primary purpose. When we carry the message to the alcoholic who still suffers, it binds us together and can heal ever so many wounds.

B. L.. | NEW YORK, NEW YORK



## STEP FIVE

I	D	J	M	B	E	D	R	L	T	O	A	P	F	Y	I	G
W	M	H	T	J	A	E	V	O	N	I	J	E	Q	T	O	N
D	U	V	M	T	S	G	T	B	T	Y	N	I	C	R	I	I
Q	I	I	G	O	H	E	P	E	R	L	I	Y	U	U	N	D
K	N	P	L	R	S	G	R	S	R	W	D	S	R	S	P	N
M	M	V	C	T	T	G	I	K	B	A	A	M	B	T	Z	A
H	E	N	Q	M	C	O	R	L	P	Y	C	I	F	W	O	T
F	I	E	G	D	E	R	J	A	H	K	G	A	E	O	I	S
U	D	U	Z	G	F	M	K	S	D	C	Y	M	Q	R	X	R
G	S	F	D	I	E	D	O	F	P	M	R	Q	V	T	Y	E
M	T	P	S	G	D	A	E	R	L	O	I	A	A	H	Q	D
A	R	T	S	F	U	I	D	Q	I	M	N	S	E	Y	O	N
P	G	J	U	A	L	C	S	Z	P	E	U	S	S	S	D	U
C	P	V	G	E	V	K	W	F	V	Z	S	J	O	I	I	J
V	J	H	R	H	Q	D	A	R	O	D	N	A	C	R	O	E
C	J	A	L	H	W	Z	L	P	I	H	S	N	I	K	R	N
M	C	J	G	V	A	K	F	O	G	O	W	Y	G	M	N	C

SPONSOR  
UNDERSTANDING  
RELIEF  
SEARCHLIGHT

KINSHIP  
TRUSTWORTHY  
RESOLVE  
MEMORIES

CANDOR  
FLAWS  
ADMISSION  
DEFECTS

### Central Office Delegates Meeting Minutes – Tuesday, April 12, 2022

**Opened Delegates Meeting** 7:30 p.m. & Closed- 8:07 p.m. 12 Traditions: Karen A. Responsibility Statement: Becky N. A.A. Birthdays: Karen A., 27 years; Bob M., 11 years; Laure C., 9 years. Minutes: approved; Financial Report: approved. New delegates: Erin S., Teleservice Chair; Suize, Don't Drink & Go to Meetings, RWC; Laure C., Lunch Bunch, S.M..

#### BTG- Bridging the Gap- Grant V.

- The BTG monthly business meeting occurs the 1st Monday of the month 7:30-8PM in an online format. (Zoom - Meeting ID: 639 547 0157; Passcode: 54321). The April meeting had 2 attendees.
- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in SMC and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online meetings and in-person meetings where available. We refresh the volunteer list on an ongoing basis.
- Our 2 main facilities remain closed - Mills Peninsula and Palm Avenue. We are actively working to get involved with Kaiser SSF.
- Planning continues with H&I to partner with presentations, as facilities open to us.
- Contact Grant Vincent at (415) 279-1188 or grant.vincent@gmail.com.

#### General Service- Karen A.

- AA Grapevine Controller job opening in New York
- The Pre-Conference Assembly was held in person in Petaluma on April 2-3. Drew B., our Area Assembly Coordinator, led a discussion on agenda topics.
- New business- Special contribution to GSO for \$2000
- Old business- Co-host an inter-district workshop with SF and Marin
- Area interpreter rates raised from \$60 to \$75 per hour
- ARMED FORCES MEMBERS INTERVIEW PROJECT
  - The Trustees' Committee on Cooperation with the Professional Community/Treatment and Accessibilities is initiating the production of more interviews from members of the U.S and Canadian Armed Forces. The goal of this



effort is to improve A.A.'s outreach and identification with members of the U.S. and Canadian military. A major part of this work will be the production of several audio/video products where individual A.A. members who are currently serving or recently retired will share their experience with particular emphasis on recovery in A.A. while serving in the military.

- We would like to have representation from all Services from Canada and the U.S. The aim is to have recovered A.A. members from all ranks, across the spectrum of age, gender, orientation and varied operational experience speak to what it is like to recover and stay sober while serving in the military. Topics which we hope to highlight would likely include but not be limited to: staying sober while deployed, perceptions of prejudice toward sober people, fears of negative impact on a person's career if they become a non-drinker and dealing with stresses and psychological impacts unique to military deployments and experiences. We're also looking for A.A. members who wish to help find those who might be good candidates to be interviewed.
- A.A. Members who wish to learn more about this project or to volunteer to participate in the interview process can contact our U.S. and Canadian points of contact by email at: [militaryoutreach@aa.org](mailto:militaryoutreach@aa.org)
- Please share this announcement and call for volunteers as widely as you can with A.A. Members and Trusted Servants throughout the Fellowship. The anonymity of all involved will be maintained.

#### **PICPC- Brent M.**

- Business meeting is on 2nd Tuesday of the month. Next business meeting: May 10th, 6:15 p.m. Zoom Meeting ID: 841 7877
- Our April business meeting was held on the 12th in an online format, with 3 participants. -- Finalized pamphlet packs for education, health (medical and mental) and religious organizations. 300 pamphlet packs are planned: Education contains 20 pamphlets, Health contains 25. Briefly discussed logistics of distribution- we need volunteers and a flier.
  - Volunteers needed: Coordinators needed for Public Relations- Radio, TV and Social Media, Also need Research Assistants & Assistant Coordinators
- We had one presentation in March - with CA parolees being released in SM County (PACT). We have one presentation in the next 30 days again with PACT.
- If you are interested in participating, contact Brent at [dist05.picpc@gmail.com](mailto:dist05.picpc@gmail.com)

#### **Advisory Committee – Paula V.**

- Advisory Committee will next meet on May 4th, 6:30 p.m. on zoom- we meet quarterly.

#### **Teleservice – Erin S.**

The new Chair is Erin Shannon and new Information Chair is Michelle Colombana. We have no shifts available, but we are looking for a Tuesday Coordinator. To be of service or for more information, please contact Michelle C., Information Chair at (650) 303-1208 or Erin S., Chair at (408) 431-4365.

#### **Anniversary Party – Becky N**

- Volunteers are needed to begin planning the Central Office party. Location will be at The State Room, in S.S.F.
- To help plan the event, email Don C.- [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com)

#### **Sunshine Club – Don C.**

- The Club needs a new coordinator – they take meetings to A.A. members who are temporarily hospitalized or homebound due to illness or injury. To be of service, email Don C. – [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com)

#### **Central Office Report - Statistics for March 2022 – Don C.**

1- 12th Step Call; 56 - Office Visits; 111 - Phone Information Calls; 11105 Website Hits

**Other Information to Share:** We are making good progress on the written schedule. We are hoping to have it ready on May 1st. There are still a lot of changes happening but we're going to give it a try. We can only go by the information we have for each meeting, if there are mistakes with any meeting on the website, please let us know.

No Old Business; No New Business

**Next meeting:** Tuesday, May 10, 7:30 p.m.

## APRIL 2022

### FINANCIAL REPORT

	APR	Total YTD		APR	Total YTD
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	0.00	149.75	Accounting Services	79.00	1,840.75
Book sales	1,175.54	3,848.92	Books Purchased	1,249.75	4,057.60
Central Office Annual Party	0.00	0.00	Chips	92.70	426.00
Chip sales	199.90	819.88	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	2.00	8.00	Central Office Insurance	150.44	597.67
Faithful Fivers	508.17	2,221.11	Credit Card Charges	21.86	73.66
Group Contributions	10,722.12	35,715.02	Employee Insurance	271.00	1,084.00
High Sobriety Subscriptions	0.00	20.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	646.83	1,522.62
Individual Contributions	79.42	4,136.02	Office supplies	271.60	440.18
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	175.55	Postage	0.00	500.00
Printing	0.00	20.00	Rent	1,386.00	5,544.00
Sales Tax on Books & Chips	146.91	497.65	Salaries	4,663.41	17,071.13
Tax Refund	0.00	100.00	Sales Tax on books	0.00	437.00
		0.00	Taxes (Payroll)	1,967.14	7,553.41
<b>Total Income</b>	12,834.06	47,711.90	Telephone & Tech	299.96	804.73
			Telephone Advertising	0.00	0.00
<b>Less Expenses</b>	11,264.69	42,612.75	Teleservice	165.00	660.00
			Travel Expenses	0.00	0.00
<b>Net Income (loss)</b>	1,569.37	5,099.15	Web Services		0.00
<b>Starting Balance</b>		68,155.60			
<b>Plus Net Income/Loss</b>		1,569.37			
<b>Ending Balance</b>		69,724.97	<b>Total Operating Expenses</b>	11,264.69	42,612.75
			<b>Net Income (loss)</b>	1,569.37	5,099.15
<b>TOTAL PRUDENT RESERVE</b>		50,139.19	<b>2022 Year-to-Date Summary</b>		
			Year-to-Date Income		47,711.90
			Year-to-Date Expenses		42,612.75
<b>TOTAL CASH POSITION</b>		119,864.16	Year-to-Date Net Inc/(Deficit)		5,099.15

## SAN MATEO COUNTY FELLOWSHIP APRIL 2022 GROUP CONTRIBUTIONS

ATHERTON	APRIL	YTD	HALF MOON BAY	APRIL	YTD	PACIFICA	APRIL	YTD	SAN CARLOS	APRIL	YTD
Horses Ass	305.00	1,404.00	7AM Coastsid Meet.M-F	335.00	1,293.00	12 @ 6 Group		92.00	Bookies	19.11	38.22
Sunday Spirituality	231.01	331.01	Coastsid Big Book		280.00	B.Y.O.B. Group	150.00	150.00	Growing Stronger	8.00	32.00
			Coastsid Talkers		81.38	Daily Reflections (Beach Mtg)		418.34	In Step with Bill	100.05	313.89
<b>BELMONT</b>			HMB Happy Hour Group		220.80	Fri Discussion Noon		60.00	S.C. Awareness Group	32.00	265.76
Belmont Tues. Noon Group	260.20	665.40	HMB Thurs Womens BB	45.10	255.10	Pacifica BB Study Mon 11:00am	257.00	437.25	San Carlos Beginners	88.82	315.11
Day At a Time		175.70	Last Barn on the Block	220.33	386.62	Pacifica Men's Group	253.40	413.70	SCPF - all meetings	79.22	633.31
The Forum Group		29.35	Sat. Morning Eye-Opener	496.00	496.00	Page 133 Group	108.00	108.00	Sober Sundays	62.73	90.73
One Line at a Time	20.00	40.00	Saturday Nite Spkr/Disc		4.81	Pedro Valley Pacifica	150.00	270.00			
Singleness of Purpose	20.04	40.08	777 Miramontes Noon Meet.M-F*		229.29	Sharp Park 3rd & 11th Step	378.51	616.68	<b>SAN MATEO ETC.</b>		
			Tues Womens 12th Step	163.74	163.74	Sun. Afternoon Daily Reflections	144.00	225.62	Women's Home Grp (traveling)		50.00
<b>BRISBANE</b>						Thurs Noon Disc		195.00	Women's Online Meeting		50.00
Brisbane Breakfast	115.95	355.41	<b>MENLO PARK</b>			Tues Noon Disc. Grp		100.00	Baseball Diamond Daily Reflection		206.00
			Atherton AA		76.09	Wake Up Wake Up	15.00	15.00			
<b>BURLINGAME</b>			Beginners Menlo	10.00	10.00	Weds Noon Discussion Baptist Chur	100.00	200.00	<b>SAN MATEO</b>		
Any Length	844.60	884.60	Cottonmouth	172.20	279.00	Women's Big Book Study		70.53	Bunker Young People	261.11	491.87
Burlingame Men's Grp		387.60	Men's R4D Big Book		182.05	Women's Candlelight Grp	15.00	265.42	Fireside Group		385.85
Burlingame Noon Men's Grp	20.00	452.00	Menlo Park Men's Group	151.80	216.60	Women who wear shoes	105.25	239.65	Lunch Bunch	252.20	292.20
Burlingame Read a Passage	126.00	126.00	Mon. 12:10 PM Happy Hour		23.03				Mid Peninsula Women		283.13
Ham & Eggers	333.45	1,398.45	Sat Morning Sandhill	604.54	1,177.95	<b>PESCADERO</b>			Monday Night Men's 6:30		100.00
Hillsborough Men's Group		100.00	Sat Sunrise Grp MP 7:30	293.54	694.64	Grass Roots		1,581.85	Morning Serenity (All)	75.00	1,563.09
Reason to Come to AA	123.00	338.15	Sunday Sober Sisters	240.00	540.00				Off Broadway Beginners Mtg	50.11	60.11
Senior Focus Group	109.46	159.39	Tues Noon Book Worm		105.07	<b>PORTOLA VALLEY</b>			Sunday Sundowners		4.81
Sharing Choices		97.02	Women's 12- Step Thu Noon		280.00	Portola Valley 11th Step	412.00	862.00	Wednesday Afternoon Group	201.00	556.00
Tuesday Nite Group		487.00									
			<b>MILLBRAE</b>			<b>REDWOOD CITY</b>			<b>SOUTH S.F.</b>		
<b>FOSTER CITY</b>			12 Step Study (Tues Noon)		250.00	Don't Drink Group	92.70	92.70	New Beginnings		100.00
FC Women's Pop Up Gazebo		1,140.56	Shelter in Place		105.00	Freedom Group		489.56	South City Womens		75.00
Foster City Women (Sat)	75.00	275.00				Horse's Ass Loving Fellowship		126.00			
Friday Noon Big Book	20.00	110.06				Thumpers	942.90	942.90	<b>WESTBAY ALANO</b>		
Living Sober Groups (all)	347.73	1,784.42				Wed. Woodside Meeting	159.40	385.78	Colma Eye Opener	67.90	611.45
Study theText Group	120.40	220.40							Monday Night Men's WBAC		108.50
The Old & the New	40.00	140.00				<b>SAN BRUNO</b>			Tues 7am Big Book		45.00
						12 Study Grp (Thurs)		154.90	West Bay All Groups	77.77	77.77
						Big Book Study Fri (5pm)	29.77	170.59	Women's Happy Hour	20.00	331.70
						Come as You Are	105.00	555.00			
						Experience, Strength, Hope	25.25	161.30			
						Friday Night Rap	10.00	120.00			
						Grupo Serenidad	20.00	30.00			
						Living Sober/ HH (Tues)		64.98			
						Spkr/Disc - Happy Hour(Mon)		507.17			
						Tools of Recovery (Tue 6:30p)		20.00			
						Women Step Together	9.83	9.83			



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