

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aasanmateo.org  
aasanmateo@gmail.com

June 2022

## SMC Fellowship News



**"I wonder what it would be like to live in  
a world where it was always June."  
— L.M. Montgomery**

Hope everyone had a great Memorial Day Weekend. Looking forward to a summer where we can actually get out and about again. Lots of events and activities are coming up.

**Central Office News:** Printed meeting schedules are now available at Central Office. The **Meeting Guide In Person And Zoom** on the website continues to be updated regularly.

**Book Sale:** Central Office is having a book sale: 20% off all books for the month of June, so it is a good time to stop in and pick up some new reading material for yourself or your group.

**General Service News:** As detailed in last month's newsletter, there is a call for stories for the 5<sup>th</sup> edition of the Big Book. Please see Minutes on p. 8 for more information, as well as upcoming events and service opportunities.

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**Service Opportunities:** Service is a great way to connect with others in the fellowship.

**Anniversary Party:** The Anniversary Party is scheduled for Sunday, September 4 at the State Room in So. San Francisco. Volunteers are needed for planning, cooking, decorating and more. See Minutes on p. 9 for more information.

**Central Office** needs volunteers. Morning and afternoon shifts are available. For more information contact the office directly.

For more available service opportunities, see the Minutes on pp. 8-9 and the website at [aa-san-mateo.org/service-opportunities](http://aa-san-mateo.org/service-opportunities).

## Monthly Service Committee Meetings

### BRIDGING THE GAP

June 6, 7:30pm on Zoom

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

### TELESERVICE

Quarterly Meeting Sunday, June 5, 7:00pm on Zoom

Meeting ID: 971 3141 3389

### DELEGATES TO CENTRAL OFFICE

June 14, 7:30 pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

### PI/CPC

June 14, 6:15 pm on Zoom Meeting ID: 841 7877 3337

### GENERAL SERVICE

June 21, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

### H&I (Hospitals & Institutions)

June 28, 7:15 orientation; 8 p.m. business meeting

St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

### PENNYPA (Peninsula Young People in AA)

cxl'd until further notice

## UPCOMING EVENTS



**LIVE!! \* LIVE!! \* LIVE!!**



**AA Meeting And  
Barbeque...**

**Speaker: Paul A.**



**West Bay Alano Club  
216 Mosswood Way, So. San Francisco**



**Monday, July 4, 2022**



**Speaker starts at 12:00 PM;**

**BBQ Lunch served 1:00 PM 'til sold out –**

**\$10 suggested donation**

**(Choice of polish sausage, hot links or ribs, beans,  
potato salad, dessert and soft drink)**

\*\*\*\*\*

**Fellowship \* Fun \* Good Food \* 50/50 Raffle**

**Hosted by WBAC Friday Noon Meditation/Discussion Meeting**



# JULY 8 - 10, 2022

## UNITY & SERVICE

An A.A. Conference Focused on  
Applying the 12 Traditions & 12  
Concepts in All Our Affairs

**ATTEND IN PERSON - \$45 REGISTRATION  
OR ONLINE - \$35 SUGGESTED REGISTRATION**

**THE HILTON - CONCORD, CA  
SPECIAL HOTEL ROOM RATES**

For more information, go to [www.unityandserviceconference.org](http://www.unityandserviceconference.org)

**For the first time in person since before the pandemic  
began...**

# Unity Day

*Tradition One: Our common welfare should come first; personal recovery depends upon A.A. unity.*

**A fun-filled day to unite and learn more  
about A.A. as a whole.**

**JOIN US**

**Sunday, July 17<sup>th</sup>, 2022**

**12:00pm – 4:00pm**

**Beresford Recreation Center**

**2720 Alameda De Las Pulgas, San Mateo**

**BROUGHT TO YOU BY YOUR GENERAL SERVICE  
DISTRICT 05 – SAN MATEO COUNTY**



**Become a Faithful Fiver!**

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible!

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!

**BIRTHDAY CLUB****Happy Birthday****Don R - SF – 31 years****Gordon L – SC – 30 years**

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

“Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time.”

- JOHN LUBBOCK

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**STEP SIX:** *Were entirely ready to have God remove all these defects of character.*



### When No One's Watching

**Little routine things that cost him nothing and clear his conscience begin when he parks the car**

When we are satisfied that we've given Steps One through Five our best effort and have identified our most glaring defects and shortcomings, it's time to affect the changes in our thoughts and behaviors by addressing them in Steps Six and Seven.

To be successful, we must first get honest with ourselves and begin to establish some credibility. In other words, doing what we say we're going to do.

Then, if we're sure that we are committed to the program, we will want to set in place principles to live by. These principles cut off our own escape when we want to revert back to our old way of thinking. Most of us do this with the help of a sponsor or a mentor, if you like, and go by the book as best we can.

I did what I thought was a pretty thorough job of it. Then one day about 20 years ago, I was trying to park my car in a crowded parking lot. I found the parking spot I wanted, but there was a shopping cart blocking my way. I got out of my car and moved the cart aside. I parked my car and pushed the shopping cart back up to the store entrance. Then I went about my shopping.

From that day on, when parking at any market I search for a stray shopping cart and take it back to the store just to make up for all the times I shoved one into a flower bed and drove away. After telling this story at AA meetings over the years, members often mention to me

how very uncomfortable it is for them to leave a cart adrift in the parking lot and we all get a big laugh out of it.

As best I can tell, the word "neglect" is only mentioned a couple of times in the Big Book and the "Twelve and Twelve." And seldom, if ever, has neglect been the topic of a meeting that I can recall. It's like the proverbial elephant in the room.

Do I do what's right even when there's no one watching? If credibility means I always do what I say I'm going to do, then integrity, to me, is a whole bunch of credibility. To cut off my own escape, I do routine things every day that cost me nothing and give me a clear conscience. If I am doing the little things that I should, I find it much easier to give the big things that same level of attention. I never throw trash out of the car window, for example. I pick up after myself, and I never walk away from my bed in the morning without making it.

I liken this way of living to an unspoken prayer. The prayer says that I will be responsible, I will be orderly, I will be neat, I will not be neglectful, I will be respectful and I will stay on the unselfish side of the ledger in all of my decisions. I sometimes revisit those pages in the Big Book and the "Twelve and Twelve," and I try my best not to ignore the elephant in the room.

RICK R. | POWAY, CALIF

A good deed  
brightens  
a dark world.

**TRADITION SIX:** *An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.*

### **TRADITION SIX: I Don't Work Here**

**While taking meetings into a hospital detox, a member finds it's important to say that he's just another drunk**

I was a little over a year sober when I began answering phones with my sponsor at our local intergroup. During one shift, he overheard a conversation in which I waxed poetic about the virtues of AA and then tried to help the caller with other problems. After the call, he calmly asked, "Have you ever read the Traditions in the 'Twelve and Twelve'?" My only exposure to the Traditions had been grumbling attendance at a few Traditions meetings. "No," I answered.

"Well, if you are going to do more service," he said, "you might want to read about them. They're kind of...important."

Although I was insulted and defensive—my first reaction to many of his suggestions—I realized that he had about 20 more years of experience than me, so I'd better take the suggestion. I'm so glad I did. I loved reading about the trials, errors and misadventures that the early AAs had while developing the Traditions that guide our Fellowship today. I realized that early AAs were just as fallible, and occasionally as misguided, as anyone else. But by returning to a primary purpose, obstacles could be overcome, and the Fellowship would survive.

One Tradition that I've grown grateful for is the Sixth Tradition. At first, it took me a while to see how a Tradition that deals with specific issues—money, endorsement, lending out the AA name—could apply to my own recovery. But the more service I've done over the years, the more I've come to realize how this

Tradition really helps our Fellowship to keep it simple.

For a number of years, I took an AA meeting into a detox every other Friday night. The detox is part of a hospital and is run, like many hospital detoxes, by a trained professional staff.

Early on in my commitment, a patient showed up after the meeting started. She apologized profusely and began telling me why she was late. I realized that because I was leading the meeting, some detox patients might assume that I work for the hospital.

I told her that I appreciated the apology, but it wasn't necessary. From that point on, I made sure I explained at the beginning of each meeting that I was neither a member of the hospital staff, nor a professional in the field of alcoholism treatment. I told them that I was simply a drunk just like them, who found a solution in Alcoholics Anonymous. The speaker and I were there to share our experience in the hopes that it might help another alcoholic—we wanted to give back what had been so freely given to us. We had nothing to do with the hospital, we weren't there to enforce any rules, make money or sell anything. I found it helpful to make this clear from the beginning, both for the patients and for myself. It helped define the meeting's primary purpose, and it also, perhaps, made it easier for the patients in the detox to see me as a peer, not as a counselor or a doctor.

In my own recovery, Tradition Six reminds me not to overstep my bounds. As my sponsor witnessed that day at intergroup, there are times I get excited and try to fix things I have no business fixing. Whether I'm answering phones, talking to a newcomer at a meeting or working with a sponsee, my only purpose is to share my experience, strength and hope, and to carry the message to the alcoholic who still suffers. There are plenty of competent professionals more qualified than me, who can handle everything else.

JOHN G. | NEW YORK, NEW YORK



## STEP FIVE



SPONSOR  
UNDERSTANDING  
RELIEF  
SEARCHLIGHT

KINSHIP  
TRUSTWORTHY  
RESOLVE  
MEMORIES

CANDOR  
FLAWS  
ADMISSION  
DEFECTS

## STEP SIX

1. FETCDES \_\_\_\_\_
2. SENRIOARESTV \_\_\_\_\_
3. LINIGWL \_\_\_\_\_
4. EALERSE \_\_\_\_\_
5. EDFRMEO \_\_\_\_\_
6. ECACHTRRA \_\_\_\_\_
7. HBLMUE \_\_\_\_\_
8. CIAEPENT \_\_\_\_\_
9. COINAT \_\_\_\_\_
10. CUIHEEA \_\_\_\_\_

## **Central Office Delegates Meeting Minutes – Tuesday, May 10, 2022**

**Opened Delegates Meeting** – 7:30 p.m. & Closed- 8:15 p.m. 12 Traditions: Steve B. Responsibility Statement: Susan D. A.A. Birthdays: Linda, 36 years. New delegates: Susan D., Friday Night Highlanders, SM. Minutes: approved; Financial Report: approved

### **BTG- Bridging the Gap- Grant V.**

- The BTG monthly business meeting occurs the 1st Monday of the month 7:30-8PM in an online format. (Zoom - Meeting ID: 639 547 0157; Passcode: 54321). The May meeting had 1 attendee.
- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in SMC and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online meetings and in-person meetings where available. We refresh the volunteer list on an ongoing basis.
- We received 3 blue cards in the last month and assigned volunteers.
- Mills Peninsula has requested a presentation in May, and PICPC will be joining us. Palm Avenue remains closed until further notice. We have contacted Kaiser SSF about BTG, and plan to contact the VA regarding a presentation and/or literature
- BTG will have a table at the Post-Conference Assembly, Saturday, May 14th
- Contact Grant Vincent at (415) 279-1188 or [grant.vincent@gmail.com](mailto:grant.vincent@gmail.com)

### **General Service- Karen A.**

- Men incarcerated in San Quentin need outside sponsors. We currently have 12 men on our waitlist. Requirements: 5 years sobriety, previous experience sponsoring men through the 12 steps, a 1-hour Zoom orientation, and a willingness to visit the sponsee in the prison once a month. Contact: Maxie V. at (510) 461-6611 or [sanquentin.ivss@gmail.com](mailto:sanquentin.ivss@gmail.com)
- The Post-Conference Assembly will be held in person at the Newark Pavilion on May 14. Registration begins at 8:00 A.M. and the day concludes at 5:00 P.M.
- Richard, our Area Literature/Grapevine/La Vina Chair, presented a call for stories for the 5th edition of the Big Book from members in the US and Canada: 3500 words, double spaced, 12-point font, or 5-6 handwritten pages. Deadline Oct 31, 2022.
- Stories are requested in English, Spanish, or French, for the 4th edition of Alcoholicos Anonimos. Deadline: Dec. 15 (Only 200 stories were submitted for the 3rd edition.)
- Unity Day: The Event hasn't been held in person since 2019- last year's was virtual. The purposes are: to build unity among our fellowship, to get information from the various San Mateo service entities, and to provide another chance to hear the delegate's conference report.
- SF Central Office Founders' Day Open House: June 11, from 1:00-4:00 p.m. Location is on Van Ness Ave., SF

### **H & I – Lori C.**

- The H & I (Hospitals and Institutions) meeting was held on Tuesday, April 26, 2022, at St. Andrews Lutheran Church, SM. There were 10 attendees, and 2 new people participated in the orientation.
- Most H & I facilities are still closed due to COVID.
- There are 5 meetings currently available on Zoom and 1 facility is open, which is the Margaret J. Kemp Girls Juvenile Facility. The coordinators are in direct contact with H & I facilities to let them know we are ready to go back in-person when they are comfortable with it.

### **PICPC- Brent M.**

- Business meeting is on 2nd Tuesday of the month. Next business meeting: June 14th, 6:15 p.m. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- Our May business meeting was held on the 10th in an online format, with 4 participants.
- We have generated 90 packets of pamphlets for educational facilities
  - Current focus is on facilities that teach grades 9-12



- 69 facilities identified
- 25 packets have been delivered!
- Next are colleges and trade schools
- Packets of pamphlets for religious organizations will be assembled next
  - Current list of religious organization exceeds the 100 packets budgeted
  - Package preparation assembly tentatively scheduled for week of May 23rd
- Coordinators still needed):
  - Public Relations, Radio, TV and Social Media
- Research Assistants
  - Assist Coordinators
- We gave one presentation in the past month, our monthly presentation to parolees being released in San Mateo County. We have one presentation scheduled for the next 30 days, June 2nd with the CA parolees (PACT).
- If you are interested in participating, contact Brent at dist05.picpc@gmail.com

**Alkathons – Becky N.**

- Most of the Alkathon supplies are still good that are stored at the Good Shepherd Church, 5th and O'Neill, Belmont. Communications with church are ongoing as we go forward with hopefulness of the Alkathon this year,

**Advisory Committee – Colleen G.**

- Advisory Committee met on May 4th; the meetings are scheduled quarterly.
- Central Office Book Sale- month of June, 20% off all books (not including pamphlets).
- Anniversary Party being planned.

**Teleservice – Erin S.**

We have a new round of coordinators, and we have no shifts available. To be of service or for more information, please contact Michelle C., Information Chair at (650) 303-1208 or Erin S., Chair at (408) 431-4365

**Sunshine Club – Karen A.**

- The Club needs a new chairperson, contact Central Office to be of service.

**Anniversary Party – Becky N. & Colleen G.**

- The Central Office Party plans to be in person this year, the location will be The State Room Banquet Hall- 306 Baden Ave, S.S.F, 94080.
- Date: September 4th, Sunday
- Volunteers are needed for: planning the event, cooking, decorating on day of party, the raffle and auction donations. Contact Becky N.: 415-706-3460 or [rnassarre@ymail.com](mailto:rnassarre@ymail.com)

**Central Office Report - Statistics for April 2022 – Don C.**

- 1- 12th Step Call
- 48 - Office Visits
- 125 - Phone Information Calls
- 10,639 Website Hits
- Other Information to Share: The printed schedule is still in progress. There are a couple of meetings that are starting up and I'm waiting until they open.

No Old Business; No New Business

**Next meeting:** Tuesday, June 14, 7:30 p.m.

## MAY 2022

### FINANCIAL REPORT

	MAY	Total YTD		MAY	Total YTD
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	30.00	179.75	Accounting Services	94.00	1,934.75
Book sales	1,445.33	5,294.25	Books Purchased	153.20	4,210.80
Central Office Annual Party	0.00	0.00	Chips	182.05	608.05
Chip sales	170.99	990.87	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	2.00	10.00	Central Office Insurance	175.09	772.76
Faithful Fivers	482.31	2,703.42	Credit Card Charges	13.71	87.37
Group Contributions	4,210.74	39,925.76	Employee Insurance	271.00	1,355.00
High Sobriety Subscriptions	0.00	20.00	Miscellaneous	0.00	0.00
In Memoriam	50.00	50.00	Office Equipment Lease & Maint	190.53	1,713.15
Individual Contributions	871.11	5,007.13	Office supplies	110.19	550.37
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	175.55	Postage	0.00	500.00
Printing	20.00	40.00	Rent	1,386.00	6,930.00
Sales Tax on Books & Chips	172.63	670.28	Salaries	4,765.21	21,836.34
Tax Refund	0.00	100.00	Sales Tax on books	0.00	437.00
		0.00	Taxes (Payroll)	1,987.99	9,541.40
<b>Total Income</b>	<b>7,455.11</b>	<b>55,167.01</b>	Telephone & Tech	134.65	939.38
			Telephone Advertising	0.00	0.00
<b>Less Expenses</b>	<b>9,628.62</b>	<b>52,241.37</b>	Teleservice	165.00	825.00
			Travel Expenses	0.00	0.00
<b>Net Income (loss)</b>	<b>(2,173.51)</b>	<b>2,925.64</b>	Web Services	0.00	0.00
<b>Starting Balance</b>		<b>69,724.97</b>			
<b>Plus Net Income/Loss</b>		<b>-2,173.51</b>	<b>Total Operating Expenses</b>	<b>9,628.62</b>	<b>52,241.37</b>
<b>Ending Balance</b>		<b>67,551.46</b>	<b>Net Income (loss)</b>	<b>(2,173.51)</b>	<b>2,925.64</b>
<b>TOTAL PRUDENT RESERVE</b>		<b>50,139.19</b>	<b>2022 Year-to-Date Summary</b>		
			Year-to-Date Income		55,167.01
<b>TOTAL CASH POSITION</b>		<b>117,690.65</b>	Year-to-Date Expenses		52,241.37
			Year-to-Date Net Inc/(Deficit)		2,925.64

## SAN MATEO COUNTY FELLOWSHIP MAY 2022 GROUP CONTRIBUTIONS

ATHERTON	MAY	YTD	HALF MOON BAY	MAY	YTD	PACIFICA	MAY	YTD	SAN CARLOS	MAY	YTD
Horses Ass	289.00	1,693.00	7AM Coastside Meet.M-F		1,293.00	12 @ 6 Group		92.00	Bookies		38.22
Sunday Spirituality	4.81	335.82	Coastside Big Book		280.00	12 Noon Disc. (Mon)	42.35	42.35	Growing Stronger	8.00	40.00
			Coastside Talkers		81.38	B.Y.O.B. Group		150.00	In Step with Bill	424.53	738.42
<b>BELMONT</b>			Friday Nite Group	288.97	288.97	Daily Reflections (Beach Mtg)		418.34	S.C. Awareness Group	80.11	345.87
Belmont Tues. Noon Group	118.86	784.26	HMB Happy Hour Group	93.00	313.80	Fri Discussion Noon	120.00	180.00	San Carlos Beginners	8.00	323.11
Day At a Time	150.80	326.50	HMB Thurs Womens BB		255.10	Pacifica BB Study Mon 11:00am		437.25	SCPF- all meetings	4.99	638.30
The Forum Group		29.35	Last Barn on the Block		386.62	Pacifica Men's Group		413.70	Sober Sundays	8.00	98.73
One Line at a Time		40.00	Sat. Morning Eye-Opener		496.00	Page 133 Group		108.00			
Singleness of Purpose		40.08	Saturday Nite Splr/Disc		4.81	Pedro Valley Pacifica		270.00	<b>SAN MATEO ETC.</b>		
			777 Miramontes Noon		229.29	Serenity in Pacifica	68.00	68.00	Women's Home Grp (traveling)	20.04	70.04
<b>BRISBANE</b>			Tues Womens 12th Step		163.74	Sharp Park 3rd & 11th Step		616.68	Women's Online Meeting		50.00
Brisbane Breakfast		355.41				Sun. Afternoon Daily Reflections		225.62	Baseball Diamond Meeting	243.00	449.00
			<b>MENLO PARK</b>			Thurs Noon Disc		195.00			
<b>BURLINGAME</b>			Atherton AA	259.85	335.94	Tues Noon Disc. Grp		100.00	<b>SAN MATEO</b>		
Any Length		884.60	Beginners Menlo		10.00	Wake Up Wake Up		15.00	Bunker Young People		491.87
Burlingame Men's Grp		387.60	Cottonmouth		279.00	Weds Noon Discussion Baptist		200.00	Fireside Group	299.00	684.85
Burlingame Noon Men's Grp		452.00	Men's R4D Big Book		182.05	Women's Big Book Study	60.00	130.53	Lunch Bunch		292.20
Burlingame Read a Passage		126.00	Menlo Park Men's Group		216.60	Women's Candlelight Grp		265.42	Mid Peninsula Women		283.13
Ham & Eggers		1,398.45	Mon. 12:10 PM Happy Hour		23.03	Women who wear shoes		239.65	Monday Night Men's 6:30		100.00
Hillsborough Men's Group	250.00	350.00	Sat Morning Sandhill		1,177.95				Morning Serenity (All)		1,563.09
Reason to Come to AA		338.15	Sat Sunrise Grp MP 7:30		694.64	<b>PESCADERO</b>			Off Broadway Beginners Mtg	97.52	147.63
Senior Focus Group		159.39	Sunday Sober Sisters		540.00	Grass Roots		1,581.85	Sunday Sundowners		4.81
Sharing Choices		97.02	Tues Noon Book Worm		105.07				Wednesday Afternoon Group	56.00	612.00
Tuesday Nite Group	128.67	615.67	Women's 12- Step Thu Noon		280.00	<b>PORTOLA VALLEY</b>					
						Portola Valley 11th Step		862.00	<b>SOUTH S.F.</b>		
<b>FOSTER CITY</b>			<b>MILLBRAE</b>						New Beginnings		100.00
FC Men's Sharing Group	20.00	20.00	12 Step Study (Tues Noon)		250.00	<b>REDWOOD CITY</b>			South City Womens	140.00	215.00
FC Women's Pop Up Gazebo		1,140.56	Shelter in Place		105.00	Don't Drink Group		92.70			
Foster City Women (Sat)		275.00				Freedom Group		489.56	<b>WESTBAY ALANO</b>		
Friday Noon Big Book	22.00	132.06				Horse's Ass Loving Fellowship	118.00	244.00	Colma Eye Opener		611.45
Living Sober Groups (all)	193.03	1,977.45				Thumpers		942.90	Daily Reflect. (Mon)	60.00	60.00
Study theText Group		220.40				Wed. Woodside Meeting		385.78	Monday Night Men's WBAC		108.50
The Old & the New	20.00	160.00							Tues 7am Big Book	60.00	105.00
						<b>SAN BRUNO</b>			West Bay All Groups		77.77
						12 Study Grp (Thurs)	37.13	192.03	Women's Happy Hour		331.70
						Big Book Study Fri (5pm)	36.88	207.47			
						Come as You Are	160.00	715.00			
						Early Enders	157.31	157.31			
						Experience, Strength, Hope		161.30			
						Friday Night Rap		120.00			
						Grupo Serenidad		30.00			
						Living Sober/ HH (Tues)		64.98			
						Splr/Disc - Happy Hour(Mon)	62.89	570.06			
						Tools of Recovery (Tue 6:30p)		20.00			
						Women Step Together		9.83			



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