

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

August 2022

SMC Fellowship News



Remember to be gentle with yourself
and others. We are all children of
chance, and none can say why some
fields will blossom while others lay brown
beneath the August sun.

– Kent Nerburn.

PENYPAA: PenyPaa (Peninsula Young People in AA) is now up and running again. For meeting information, see page 2. Big thanks to all those who helped to get this started again.

Central Office News: Printed meeting schedules are now available at Central Office. The **Meeting Guide In Person And Zoom** on the website continues to be updated regularly.

Central Office needs volunteers. Morning and afternoon shifts are available. For more information contact the office directly.

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ANNIVERSARY PARTY

The Central Office Anniversary Party is scheduled for Sunday, September 4 at 5:00 p.m. at the State Room in South San Francisco.

RSVP: Please see the QR code on page 2 (also on the website at [https://aa-san-mateo.org/events / Central Office Party Invite](https://aa-san-mateo.org/events/CentralOfficePartyInvite)).

Raffle Tickets: There are two ways to buy raffle tickets: (1) A link to a QR code on the home page of the website (<https://aa-san-mateo.org/>) (make sure to put your name and phone number when you buy the ticket); and (2) Available at Central Office. If you'd like to sell some tickets, please come by and pick them up.

Volunteers: Volunteers for the party are still needed. Please email aasanmateo@gmail.com or call 650-577-1310.

Monthly Service Committee Meetings

BRIDGING THE GAP

August 1, 7:30pm on Zoom

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

TELESERVICE

Quarterly Meeting – September 4, 7:00pm on Zoom

Meeting ID: 971 3141 3389

DELEGATES TO CENTRAL OFFICE

August 9, 7:30 pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC

August 9, 6:15 pm on Zoom Meeting ID: 841 7877 3337

GENERAL SERVICE

August 16, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)

August 23, 7:15 orientation; 8 p.m. business meeting

St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

PENYPAA (Peninsula Young People in AA) Aug. 14 and Aug. 28, 5:30 p.m., 225 Tilton, San Mateo

UPCOMING EVENTS



San Mateo Central Park
50 E. 5th Ave. · San Mateo
Parking available on 5th Ave.

Picnic Areas 1, 3, 4

San Mateo County Fellowship 57th Annual Anniversary Party



Sunday, September 4th, 2022

The State Room

306 Baden Avenue, South San Francisco



SCAN TO RSVP

5:00 PM **Arm's Length Fellowship**

6:00 PM **Dinner**

7:30 PM **Speaker Meeting**

9:15 PM **Raffle**

GRAND PRIZE: Trip for two (6 days / 5 nights) to The 2023 BIG ISLAND BASH

Individual & Group cash donations are appreciated!
(Children under 14 must be supervised at all times!!)

HYBRID VENUE: IN-PERSON AND ZOOM

TRUSTED SERVANTS WORKSHOP

FOR

SECRETARIES-TREASURERS-LITERATURE PERSONS

PRESENTED BY SAN MATEO A.A. CENTRAL OFFICE

MATERIAL WILL BE PROVIDED TO ALL ATTENDEES

SATURDAY, OCTOBER 8, 2022 1:15 PM - 3:15PM

SAN CARLOS PENINSULA FELLOWSHIP 1133 EATON AVE., SAN CARLOS
ZOOM MEETING ID: 850 1162 1948

SATURDAY, OCTOBER 15, 2022 1:15P M - 3:15PM

SAN CARLOS PENINSULA FELLOWSHIP 1133 EATON AVE., SAN CARLOS
ZOOM MEETING ID: 831 1129 6309

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.



Happy Birthday

Jeff M - San Mateo - 19yrs

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

**New High Sobriety Subscription:
John B - Burlingame**

**New Faithful Fiver:
John M - South San Francisco**

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



STEP EIGHT: Made a list of all persons we had harmed and became willing to make amends to them all.



Mended Hearts

BY: MARK E. | CHESAPEAKE, OHIO

My recovery began with my third wife, Josephine. We were drinking partners and we were each particular about our drink of choice. Her drink was Scotch and mine was bourbon. Josephine was my collaborator, so to speak. She helped to get me into a detox and then off to a 28-day rehabilitation facility.

One Sunday, while I was at the rehab, I was sitting on a couch in the large meeting room. Sunday was the day for family to visit patients. At the top of the wall, posted all around the room, were AA's Twelve Steps.

When my wife arrived, she walked up to me where I was sitting. She looked at me, then she looked up at the top of the wall, and then back to me. "Well?" she asked.

I had no idea what she meant. She looked up at the Steps and back to me again. Finally I leaned around and took a look at the words over my head—Step Eight. I was quite new to the program and I had no idea what that Step really meant, so I said nothing.

As time went on, I attended AA meetings daily, talked with and visited my sponsor regularly and continued working the Steps. Josephine was not impressed with what I was doing in recovery and saw no reason to change her lifestyle just because I couldn't drink anymore. We grew apart and two years into my recovery, the marriage ended in divorce.

Since we had both been married previously and had arrived in our marriage with children (two for me and one for her), the divorce was not only hard on us, but also

hard on our children. Once the divorce action began, Josephine managed to disappear with her son from the lives of my children and me. Over the years, the kids grew up and found each other through friends and managed to stay quietly in touch.

I went for over 30 years not knowing how to find Josephine. I had an Eighth Step list of all the people I had harmed, and I had become willing to make amends to them all, including Josephine. I just didn't know how to find her.

Then one day about three years ago, I was using my computer to look into what sort of information I could find about myself on the internet. I found one entry with some erroneous information about me, but it included a notation with her name and a link to some information on her. I followed that link and located a mailing address. I prayed about what to do and decided to write a letter to the person at that address.

I was not sure the woman at the address was my ex-wife, so I opened the letter with an explanation of who I was and why I was writing and my hopes of reaching the right person. I discussed my desire to mend the pains I had inflicted on my ex-wife and her son, and invited her, if it was her, to write, phone or email me at the information I included with the note.

A week or so later, my phone rang, and to my great surprise, it was Josephine. We had a very pleasant talk and I did what I could to talk about my remorse over my actions. I also thanked her for helping me get into recovery. We each talked about our current lives and agreed that our individual lives were just as God would have them be. From that day on, I was comforted that the Eighth and Ninth Steps once again were a key part of our program.

But wait, there's more to tell. Just last week, I got a call from my daughter. She told me she had heard from Josephine's son. He told her that Josephine had died from brain cancer. Josephine's son wanted my daughter to tell me that his mother had very much appreciated my note and our subsequent conversation. The pains in both hearts had been mended thanks to the gift of our program and the blessings of God's time, not mine.

TRADITION EIGHT: *Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.*



Paper Jam

BY: WOODY R. | STOCKTON, CALIFORNIA

I want to share with you about the Eighth Tradition. This Tradition, in its simplest terms, says AA should not become professionalized and that our Twelfth Step work ought never be paid for.

Yet, sometimes well-meaning AAs look for loopholes in the spirit of this Tradition. A recent example involved the purchase of an industrial copier by an AA service body, in order to produce copies of its newsletter. The vendor, an AA member, offered to save the service body money. He said members could choose not to purchase a maintenance service agreement, and he would perform the required servicing as a personal contribution. The service body agreed and all went well for a while.

However, the copier began to have problems and the AA member became increasingly difficult to contact, much less perform the maintenance. The end result was that the copier became inoperative and had to be scrapped at the expense of the service body. The purchase of a service agreement, though an additional expense up front, would have prevented the unexpected expenses involved when the copier broke down.

In my personal life, I need to be reminded that I am not a professional in AA. My service to AA is my ability to transmit a message of hope. That means I ought not play doctor, marriage counselor, banker, lawyer, or pharmacist.

HUMOR



Actually, I HAVE been here before. I just don't remember any of it.

What's the difference between a heavy drinker and an alcoholic?

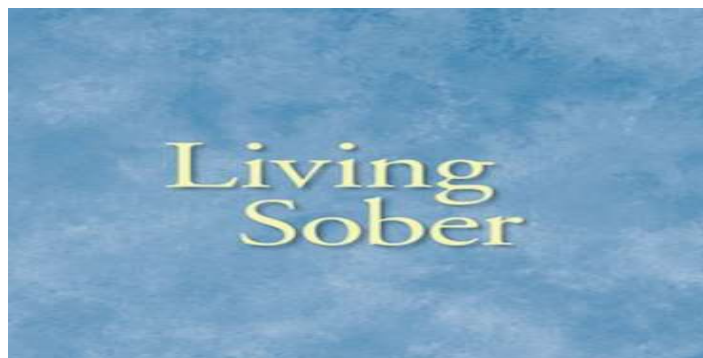
When a heavy drinker gets arrested for a DUI he says "ugh, I shouldn't have had that last shot."

When an alcoholic gets arrested for a DUI he says "ugh, I should have taken a different street home."

A woman walks into a store and asks for half a pound of ham, one pound of turkey, and 5 oranges. The clerk responds by saying "ah, you must be the town drunk." Taken aback the woman says "why would you think that?" The clerk looks at her and says, "because this is a hardware store."

Step Seven (answer key)

1. SSLGNSBEI blessings
2. CTRIUESY security
3. ICTAEPCR practice
4. TMCEHNEAEVI achievement
5. SREIVT strive
6. TISIENONTN intentions
7. MLITSOENE milestone
8. RSSOERGP progress
9. RSETPVPCEEI perspective
10. ISOISCNFTTAA satisfaction

**BOOK OF THE MONTH
AUGUST**

Living Sober is an extremely informative book that offers us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states, "Anyone can get sober. . .the trick is to live sober."

Regularly \$6.25 – Can be purchased at Central Office this month for \$5.00

STEP EIGHT

Y	V	T	P	K	K	I	P	R	A	Y	E	R	Y	H	H	Z
B	J	T	W	H	T	F	Y	Y	U	Y	C	H	I	W	Q	Y
A	A	Y	I	L	F	R	U	N	F	O	L	D	G	G	Y	T
D	M	J	K	R	E	A	I	P	C	I	T	H	B	Y	T	T
M	M	N	C	V	W	U	P	T	O	G	Z	S	J	H	S	S
U	O	A	O	T	T	D	H	H	M	B	L	E	E	X	E	P
H	O	C	Y	V	V	P	G	L	M	X	X	Y	O	O	N	I
P	E	M	T	S	W	I	L	L	I	N	G	S	C	R	O	H
R	N	I	O	N	G	C	A	I	T	A	D	R	S	T	H	S
Y	J	D	N	T	G	A	P	X	M	N	P	X	L	X	G	N
J	B	F	Q	V	I	S	G	P	E	O	V	C	O	C	N	O
E	G	F	A	R	E	V	T	M	N	B	P	K	M	Z	I	I
Z	P	I	P	N	B	N	A	X	T	P	T	H	Q	T	L	T
U	A	Z	S	D	K	K	T	T	J	M	Z	P	S	O	B	A
L	K	A	Y	X	J	W	K	O	I	K	C	I	P	J	M	L
Y	E	Q	Y	V	K	S	I	C	R	O	L	F	X	M	U	E
Y	R	B	H	Y	J	P	G	E	Z	Y	N	D	R	F	H	R

honesty
unfold
inventory
relationships

commitment
willing
list
amends

motivation
prayer
recovery
humbling

Central Office Delegates Meeting Minutes – Tuesday, July 12, 2022, 2022

Opened Delegates Meeting – Opened Delegates Meeting – 7:31 pm & Closed- 8:10 pm. 12 Traditions: Susan D. Responsibility Statement: Denise S. A.A. Birthdays: Corrine B., 34 years; Joy M., 2 ½ years. New delegates: Carol Y., Foundation Stone Meeting, RWC; Mary Ann D., Saturday Morning Sandhill (St Bede's), MP; Denise S., Fireside Group, SM; John B., Burlingame Men's Group, Burlingame. Minutes- approved. Financial Report-approved.

BTG- Bridging the Gap- Grant V.

- The BTG monthly business meeting occurs the 1st Monday of the month 7:30-8 pm in an online format. (Zoom - Meeting ID: 639 547 0157; Passcode: 54321). July 11th meeting had 1 attendee.
- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in SMC and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online meetings and in-person meetings where available. We refresh the volunteer list on an ongoing basis.
- We received 2 blue cards in the last month and assigned volunteers.
- One of our main facilities, Palm Avenue remains closed until further notice (potential fall opening). Mills Peninsula has closed their detox/treatment program. Alta-Bates (Sutter Health) requested a presentation this month and this will be passed to the Alameda District.
- We continue to attempt to arrange a presentation at Kaiser South San Francisco. We are in the process of contacting the VA and offer a presentation and/or literature.
- BTG will be giving a presentation at Unity Day on July 17th.
- Contact Grant Vincent at (415) 279-1188 or grant.vincent@gmail.com.

General Service- Karen A.

- Unity Day: Sunday, Jul 17, 2022, 12:00-4:00 pm, Beresford Recreation Center, San Mateo
- District Business Housekeeping Motion: 05 Unity Day planning committee proposed raising budget for event from \$ 1500 to \$1800. Previous budget based on 2019 food costs and food coordinator was unable to find viable food options at this price.
- CNCA Recording Secretary Amy M. presented on service commitments: eligibility (suggested guidelines) vs. availability (self-determined, possibly after discussion with service sponsor).
- District Conscience on Area Finance Committee Motion: that CNCA purchase a P.O. Box through the UPS Store in Petaluma at the current cost of \$ 480 per year for future incoming mail. If approved CNCA will maintain the former PO Box for a duration of at least one year. District was overwhelmingly in favor with no minority opinion presented.
- Discussion Topic: Possibility of updating Appendix III: the medical opinion on AA vs. medical opinions on alcoholism. Quotes are from a medical conference held in 1944 identifying AA as a religious organization and implied recovery rate of 50-60%.

H & I – Lori C.

- The H & I (Hospitals and Institutions) meeting was held on Tuesday, June 28, 2022, at St. Andrews Lutheran Church in San Mateo. Most H & I facilities are still closed due to COVID. There are four meetings currently operating virtually on Zoom.
- Eric C. is looking for secretaries for the Friday night "Our Common Ground" Zoom meetings for East Palo Alto at 7:00 pm. You may contact Eric for details at 415-432-0816 or his email is: ercjcrrm@gmail.com.
- The coordinators are in direct contact with H & I facilities to let them know we are ready to go back in-person when they are comfortable with it. Per a conversation I had with the H & I recording secretary, they are currently looking for a Central Office Delegate Recorder. This person attends the monthly H & I meeting (4th Tuesday of each month at 8:00 pm) and provides the meeting notes and acts as liaison to the Central Office Delegates meeting (2nd Tuesday of each month at 7:30 pm).

PICPC- Brent M.

- Business meeting is on 2nd Tuesday of the month. Next business meeting: August 9th, 6:15 pm. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- Our July 12th business meeting had 6 attendees.
- The committee has service opportunities available: to identify locations to deliver packets of AA pamphlets, and to deliver the packets in person to organizations.

- The Summer of Pamphlets continues. These are being delivered to educational and religious organizations with Health facilities targeted for later this summer
- Discussion: Upcoming Unity Day; the SCPF picnic and for September, County sponsored vents. Also, we discussed a contact with a labor union, they requested literature and we are exploring opportunities
- Coordinators still needed: Public Relations (Radio, TV and Social Media)
- Research Assistants (Assist Coordinators)
- We presented at the monthly meeting for parolees coming out in San Mateo County (PACT). This presentation is again scheduled in the next 30 days, August 5th.
- If you are interested in participating, contact Brent at dist05.picpc@gmail.com

Alkathons

- Most of the Alkathon supplies are still good that are stored at the Good Shepherd Church, 5th and O'Neill, Belmont. Communications with church are ongoing as we go forward with hopefulness of the Alkathon this year.

Advisory Committee – Colleen G.

- Advisory Committee will meet on August 3rd, 6:30 pm; the meetings are scheduled quarterly.
- Anniversary Party being planned.

Teleservice

To be of service or for more information, please contact Michelle C., Information Chair at (650) 303-1208 or Erin S., Chair at (408) 431-4365.

Sunshine Club – Karen A.

- The Club needs a new chairperson. They take meetings to A.A. members who are temporarily hospitalized or homebound due to illness or injury. Email Don C. at aasanmateo@gmail.com.

Anniversary Party – Don C.

- The Central Office Party plans to be in person this year, the location will be The State Room Banquet Hall- 306 Baden Ave, S.S.F, 94080.
- Date: September 4th, Sunday. There is a flyer on the website page for the Central Office Party, with a QR code to RSVP.
- Groups or individuals may make donations to the party- please write "Central Office Party" on check donations.
- Raffle tickets- see below in the Central Office report.
- Volunteers are needed for: planning the event, cooking, decorating on day of party, and the raffle. Contact Becky N.: 415-706-3460 or rnassarre@ymail.com

PENYPAA – Dennis D. -

- Business meetings are now held in person, on the 2nd and 4th Sundays of the month, 5:30 pm, at 225 Hilton Ave, SM. Elections are coming up.

Trusted Servants Workshop - Bob M.

- There will be 2 Trusted Servants Workshops in October at San Carlos Peninsula Fellowship:
 - Saturday, October 8th and Saturday, October 15th, each at 1:15 pm- meetings will be hybrid. Finalizing flyer for distribution.

Central Office Report - Don C.

Statistics for June 2022: 2 - 12th Step Call; 65- Office Visits; 154 - Phone Information Calls; 9,793-Website Hits

Other Information to Share: The raffle tickets for the C/O party are here. We need people to help sell the tickets. We are a little late in getting this going so anyone that can help sell some raffle tickets, it will be truly appreciated. I will have them at the office, and I will bring them to meetings that I go to. The book sale in June was Ok. We received more foot traffic in the office, which is one thing we are trying to do, and the sales were pretty good. The building that the Central Office is in has officially been sold. The new owner is Bay Area Floors- we have a great relationship with them, so I think we are ok as far as our rent going up!

No Old Business. No New Business.

Next meeting: Tuesday, August 9, 2022 at 7:30 p.m.

JULY 2022

FINANCIAL REPORT

	JUL	Total YTD		JUL	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	95.00	274.75	Accounting Services	94.00	2,122.75
Book sales	638.46	7,086.57	Books Purchased	18.00	5,057.40
Central Office Annual Party	50.00	50.00	Chips	96.25	761.90
Chip sales	228.81	1,378.24	Central Office Annual Party Exp	151.28	151.28
Delegates Collection	0.00	12.00	Central Office Insurance	155.50	1,083.36
Faithful Fivers	473.17	3,712.84	Credit Card Charges	22.54	109.91
Group Contributions	10,603.25	57,091.99	Employee Insurance	271.00	1,897.00
High Sobriety Subscriptions	10.00	46.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	50.00	Office Equipment Lease & Maint	342.63	2,398.41
Individual Contributions	309.60	5,626.13	Office supplies	333.11	928.21
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	175.55	Postage	0.00	500.00
Printing	20.04	80.04	Rent	1,386.00	9,702.00
Sales Tax on Books & Chips	92.63	903.09	Salaries	4,500.71	31,081.81
Tax Refund	0.00	100.00	Sales Tax on books	418.00	1,209.10
		0.00	Taxes (Payroll)	1,933.77	13,458.99
Total Income	12,520.96	76,587.20	Telephone & Tech	134.65	1,385.50
			Telephone Advertising	0.00	0.00
Less Expenses	10,022.44	73,002.62	Teleservice	165.00	1,155.00
			Travel Expenses	0.00	0.00
Net Income (loss)	2,498.52	3,584.58	Web Services	0.00	0.00
Starting Balance		65,711.88			
Plus Net Income/Loss		2,498.52	Total Operating Expenses	10,022.44	73,002.62
Ending Balance		68,210.40	Net Income (loss)	2,498.52	3,584.58
TOTAL PRUDENT RESERVE		50,145.05	2022 Year-to-Date Summary		
			Year-to-Date Income		76,587.20
			Year-to-Date Expenses		73,002.62
TOTAL CASH POSITION		118,355.45	Year-to-Date Net Inc/(Deficit)		3,584.58

SAN MATEO COUNTY FELLOWSHIP JULY 2022 GROUP CONTRIBUTIONS

ATHERTON	JULY	YTD	HALF MOON BAY	JULY	YTD	PACIFICA	JULY	YTD	SAN CARLOS	JULY	YTD
Horses Ass	304.00	2,263.00	7AM Coastside Meet.M-F	162.38	2,159.63	12 @ 6 Group			92.00	Bookies	38.22
Sunday Spirituality		335.82	Coastside Big Book		592.00	12 Noon Disc. (Mon)			42.35	Growing Stronger	8.00
			Coastside Talkers		221.38	B.Y.O.B. Group			150.00	In Step with Bill	115.00
			Friday Nite Group		288.97	Daily Reflections (Beach Mtg)			711.88	S.C. Awareness Group	375.87
BELMONT						313.80	Fri Discussion Noon		180.00	San Carlos Beginners	18.02
Belmont Tues. Noon Group		825.26	HMB Happy Hour Group		395.10	Pacifica BB Study Mon 11:00am	310.00	747.25	SCPF- all meetings		698.30
Day At a Time		326.50	HMB Thurs Womens BB	140.00	386.62	Pacifica Coastside		240.10	Sequoia Recovery Grp	300.54	300.54
The Forum Group		220.35	Last Barn on the Block		112.80	Pacifica Discussion (Fri)		90.00	Sober Sundays		286.86
One Line at a Time	10.00	60.00	Sat Night Step	112.80	496.00	Pacifica Men's Group		413.70			
Singleness of Purpose	100.00	140.08	Sat. Morning Eye-Opener		4.81	Page 133 Group	42.51	150.51	SAN MATEO ETC.		
			Saturday Nite Spkr/Disc		509.29	Pedro Valley Pacifica	211.00	481.00	Women's Home Grp (traveling)		70.04
BRISBANE			777 Miramontes Noon Meet.M-F ¹	140.00	303.74	Serenity in Pacifica	105.80	173.80	Women's Online Meeting		50.00
Brisbane Breakfast		517.50	Tues Womens 12th Step	140.00		Sharp Park 3rd & 11th Step		892.15	Baseball Diamond Daily Reflection	90.00	539.00
						Sun. Afternoon Daily Reflections		384.52			
BURLINGAME			MENLO PARK			Thurs Noon Disc		295.00	SAN MATEO		
Any Length	449.08	1,353.68	Atherton AA		335.94	Tues Noon Disc. Grp	100.00	200.00	Bunker Young People		491.87
Burlingame Men's Grp	177.60	565.20	Atherton Grp Wed Noon	50.11	50.11	Wake Up Wake Up	20.00	35.00	Fireside Group		684.85
Burlingame Noon Men's Grp	35.00	507.00	Beginners Menlo		10.00	Weds Noon Discussion Baptist Church		200.00	Lunch Bunch	330.00	642.20
Burlingame Read a Passage		126.00	Cottonmouth	250.20	529.20	Women's Big Book Study		130.53	Mid Peninsula Women		448.73
Ham & Eggers	14.64	1,513.14	Fri. Noon Women's		292.60	Women's Candlelight Grp		265.42	Monday Night Men's 6:30		281.00
Hillsborough Men's Group		350.00	Men's R4D Big Book		182.05	Women who wear shoes	111.63	451.28	Morning Serenity (All)	1,139.72	2,991.92
Rap Group	20.00	20.00	Menlo Park Men's Group	254.40	471.00				Off Broadway Beginners Mtg		147.63
Reason to Come to AA	206.30	544.45	Mon. 12:10 PM Happy Hour		23.03	PESCADERO			San Mateo Forum	20.00	20.00
Senior Focus Group	64.20	223.59	Sat Morning Sandhill	1,163.17	2,341.12	Grass Roots	1,581.85		Sunday Sundowners		4.81
Sharing Choices		194.54	Sat Sunrise Grp MP 7:30	300.54	995.18				Wednesday Afternoon Group	106.00	850.00
Tuesday Nite Group		615.67	Sunday Sober Sisters	565.00	1,105.00	PORTOLA VALLEY					
Wednesday Night Disc		162.09	Tues Noon Book Worm		105.07	Portola Valley 11th Step	300.00	1,162.00	SOUTH S.F.		
			Women's 12- Step Thu Noon		280.00				New Beginnings	100.00	200.00
FOSTER CITY						REDWOOD CITY			South City Womens		215.00
BB 103 North		318.04	MILLBRAE			Broken Elevator Thurs.		15.02			
FC Men's Sharing Group	10.00	30.00	12 Step Study (Tues Noon)	35.00	285.00	Don't Drink Group		226.17	WESTBAY ALANO		
FC Women's Pop Up Gazebo	841.59	1,982.15	Sobriety in the Park		248.60	Freedom Group		489.56	Colma Eye Opener	58.10	669.55
Foster City Women (Sat)		275.00				Horse's Ass Loving Fellowship	194.00	493.00	Daily Reflect. (Mon)		60.00
Friday Noon Big Book		152.06				Thumpers	398.30	1,341.20	Early Birds (Fri)	185.00	185.00
Living Sober Groups (all)	200.00	2,177.45				Wed. Woodside Meeting	287.00	672.78	Monday Night Men's WBAC		248.50
Study theText Group		220.40							Tues 7am Big Book		105.00
The Old & the New	20.00	220.00				SAN BRUNO			West Bay All Groups		158.27
						12 Study Grp (Thurs)	37.38	229.41	Women's Happy Hour	20.00	575.66
						Big Book Study Fri (5pm)	46.74	309.33			
						Come as You Are	135.00	850.00			
						Early Enders		157.31			
						Experience, Strength, Hope	27.50	211.30			
						Friday Night Rap		120.00			
						Grupo Serenidad	20.00	70.00			
						Living Sober/ HH (Tues)		129.98			
						Spkr/Disc - Happy Hour(Mon)		802.38			
						Tools of Recovery (Tue 6:30p)		20.00			
						Women Step Together		9.83			

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