

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

October 2022

SMC Fellowship News



There are three things I have learned never to discuss with people: religion, politics and the Great Pumpkin.
-Linus Van Pelt

Halloween is baaack!! It has always been my favorite holiday. I will never outgrow it. For the first time in two years, I crawled under the house and dragged out the big box of decorations. Another happy reminder that the pandemic is in the rear view mirror (at least for now). Happy Halloween to Trick-or-Treaters, young and old - Joan F.

Central Office News: The Central Office Anniversary party was a big success. Great feedback on the food, speaker and location. Thanks to all the volunteers and those who donated and attended.

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As more facilities are starting to reopen, there are plenty of service opportunities available. Teleservice currently has four open shifts. If you are looking to get more involved or volunteer, check out the minutes on pages 8 - 9 and/or the website at: <https://aa-san-mateo.org/service-opportunities>

Printed meeting schedules are now available at Central Office. The **Meeting Guide In Person And Zoom** on the website continues to be updated regularly.

Note: The back door at Central Office is now permanently locked. If you need to get in the back door, call (650-577-1310) and we'll let you in. The front door is still unlocked during business hours.

Monthly Service Committee Meetings

BRIDGING THE GAP**October 3, 7:30pm on Zoom**

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

TELESERVICE**Quarterly Meeting – January 8, 2023 7:00pm on Zoom**

Meeting ID: 858 4259 6364

DELEGATES TO CENTRAL OFFICE**October 11, 7:30 pm on Zoom**

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC**October 11, 6:15 pm on Zoom** Meeting ID: 841 7877 3337**GENERAL SERVICE****October 18, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting**

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)**October 25, 7:15 orientation; 8 p.m. business meeting**

St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

PENYPAA (Peninsula Young People in AA) October 9 and October 23, 5:30 p.m., 225 Tilton, San Mateo

UPCOMING EVENTS

HYBRID VENUE: IN-PERSON AND ZOOM

TRUSTED SERVANTS WORKSHOP

FORSECRETARIES-TREASURERS-LITERATURE PERSONS*PRESENTED BY SAN MATEO A.A. CENTRAL OFFICE***SATURDAY, OCTOBER 8, 2022 1:15 PM - 3:15PM**

SAN CARLOS PENINSULA FELLOWSHIP 1133 EATON AVE., SAN CARLOS

ZOOM MEETING ID: 850 1162 1948

SATURDAY, OCTOBER 15, 2022 1:15P M - 3:15PM

SAN CARLOS PENINSULA FELLOWSHIP 1133 EATON AVE., SAN CARLOS

ZOOM MEETING ID: 831 1129 6309

KEEP IT SIMPLE GROUP



Eighteenth Annual "SUPER FUN" INDIAN SUMMER CELEBRATION

Potluck (Bring a Dish), BBQ, Fun & Games (everyone wins), Speaker Meeting
Super Fun People! Bring a newcomer, old-timer or just bring yourself!
"We absolutely insist on enjoying life"!!!

Come join us in the Fellowship of the Spirit!

Our Guest Speaker: Marcel E., 34 years

Orange Memorial Park (Picnic Area #4)

11 am until 5pm

Memorial Drive

Saturday, October 22nd, 2022

South San Francisco, CA

Speaker Meeting at 2pm

HALLOWEEN AT THE WBAC

Sunday, October 30



1 PM: **AA Speaker**

2 PM: **Spook-getti**



Feast with sides, dessert & beverage

(Food served till sold out)

\$10 suggested donation

Costumes Welcome! 50/50 Raffle Drawing!

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office has resumed regular hours Monday through Friday from 8:30 am to 4:30 pm.



Happy Birthday

Mary K. - San Carlos - 43 years
Serenity Prayer Ralph – Pacifica – 45 years
Pat K. – Belmont – 33 years

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

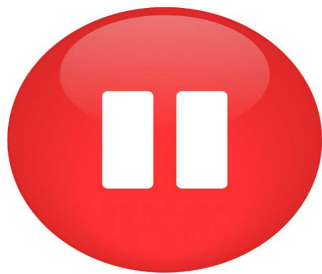
Become a Faithful Fiver!

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible!

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



STEP TEN: *We continued to take personal inventory, and when we were wrong, promptly admitted it.*



PAUSE BUTTON

BY: DOROTHY G - Staten Island, N.Y

I recently went on a sober vacation in a beautiful paradise-like setting. And yet, despite the wonderful surroundings, I found myself in the position of having to practice the Tenth Step not once, but twice.

First, I had to apologize to a woman whom I'd never even met before because I was quite rude to her almost as soon as I arrived. I was talking with the trip organizer about the fact that I had been assigned the wrong room. This woman joined the conversation. As we had who no idea who she was, I said in a voice just dripping with sarcasm, "And you are?" She promptly answered that she was the organizer's wife. She then stormed off, calling back to her husband that she would see him later.

I gave her no thought in the moment. My focus was on getting the right room because that trip was all about me. It was my vacation.

But as the day wore on, my behavior wore on me. I didn't like what I saw or felt myself doing. I saw the woman alone that night waiting for the meeting to begin. I took a deep breath and made my Tenth Step move. I reminded her who I was, which turned out to be unnecessary. She remembered exactly who I was. I apologized to her for my earlier rude behavior. Her whole face changed, as did her demeanor, and she said that my apology meant a lot to her. In that moment, I could see that I had really hurt her feelings. Who knew I had that much power over a stranger? But words can wound both stranger and friend.

Thinking all was now well, I held out my hand. I said, "So, friends?" To which she replied, after a long pause, "It's a start." That was all I could ask for.

The second Tenth Step opportunity that I created occurred at the airport on the way home. The trip was hot and hectic from the start. By the time we got to our flight connection, everyone's nerves were frayed.

Two women were in front of me at the customs desk, but I interrupted to ask a brief question of the customs agent. The women took offense at my interruption. I nastily replied, "Oh, so what." This time I immediately felt bad. Still, I kept walking. But wouldn't you know it, we met again on the line for our connecting flight. I apologized, they graciously accepted and we began talking like we were old friends.

For me, the Tenth Step is really two parts. First, I ask whether I was wrong. Back when I was drinking, my default when in the wrong was to lash out with angry words and place the blame anywhere but with me. It was a way I used to let off steam when under pressure. I realize now, in sobriety, there are better ways to let off steam.

Second, I admit I was wrong. In sobriety, I find I am indeed wrong sometimes, and it's not the end of the world as I know it. This amend can be tricky because I'm never sure how the person will react to an apology. Will they be gracious and forgiving like the women in the airport? Will they be unforgiving and cold? I've decided it doesn't really matter how the person reacts. I've done my part by apologizing. That's all I can do.

I may try to justify my actions by saying I had good reason to do what I did. But do my motives and reasons for what I did really matter when I know my actions have hurt someone? If I step on someone's toe and say I'm sorry, their toe still hurts and needs attention.

In practicing Step Ten, I learn behavior that can prevent the need for future apologies. I begin to cultivate a pause button, so to speak, and allow for a pause between the thought and the action or words.

After seeing that woman's face change so much that day, I do believe there's magic in the Tenth Step—for everyone involved.

TRADITION TEN: *Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.*

NONE OF MY BUSINESS

BY: B.L. | Madison, Wisconsin

One day last October, as my turn to speak at my Traditions home group business meeting neared, I groaned as I realized I was about to talk about someone's car bumper stickers for yet a third or fourth year in a row. A sinking sensation came over me. What was wrong with me? Why couldn't I let this matter go?

I had noticed a car in the parking lot of our meeting recently with bumper stickers that I found very offensive. I was hoping I would never find out who the driver was, as I didn't want my view of their politics to affect what I thought of their recovery. Since AA has no opinion on outside issues, and individual AA members rarely express such opinions in meetings, I had come to the comfortable if not necessarily wise belief that if I liked a person's program, we most likely had the same political views. This worked well enough for me, until one day I accidentally discovered whose car had the offensive stickers. It was a friend. By then, she'd added more stickers that also annoyed me! Meanwhile, here I was talking in my home group about how we have to practice the Tenth Tradition in the parking lots as well as the meeting rooms.

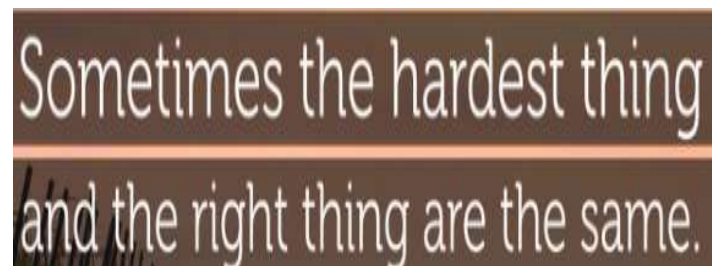
On a personal level my primary "tool" was to ignore the bumper stickers, but instead I found myself bringing it up again and again at our meetings. Ignoring wasn't working for me. So here's the tool I used ... I prayed for open-mindedness. Over time, I realized that I was the one with the problem. Because of my prayers, I've been freed from obsessing about the stickers, and I can now listen to this woman as I did of old. So far it's worked.

I even noticed recently that she's driving a different car, and I didn't even look to see what bumper stickers, if any, the new one is sporting.



Step Nine (answer key)

1. NDGEMTUJ JUDGMENT
2. INTMGI TIMING
3. UCEGORA COURAGE
4. UEECNPRD PRUDENCE
5. FCoreETLIN REFLECTION
6. OUTIRESNITT RESTITUTION
7. AOINMSSDI ADMISSION
8. TECIIDNSOR DISCRETION
9. OPLAYOG APOLOGY
10. SOCRLUESID DISCLOSURE



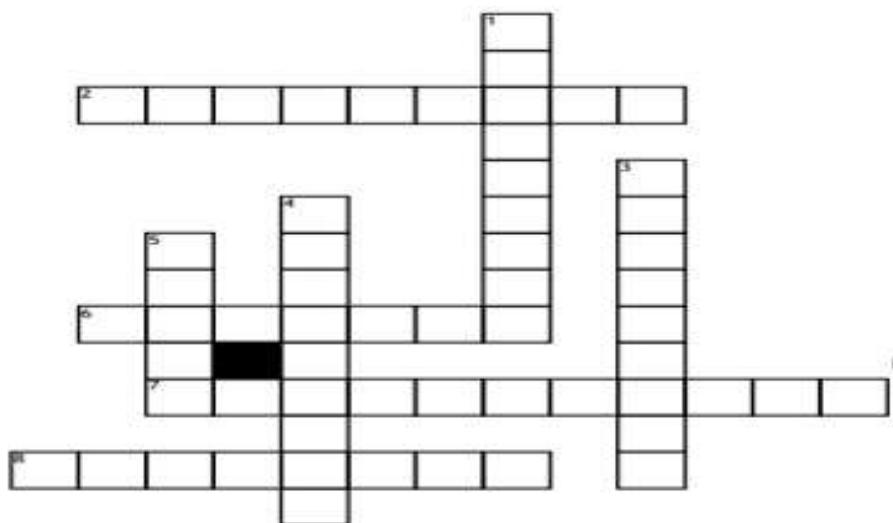
STEP TEN

Across

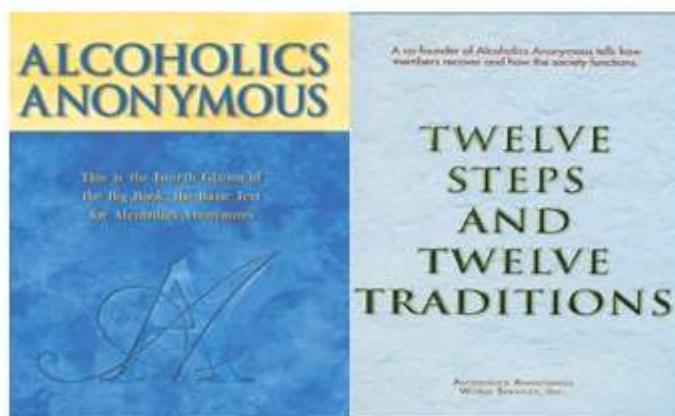
2. Love and _____ of others is our code.
 6. It is easy to let up on the spiritual program of action and rest on our _____.
 7. Are these _____ promises? We think not.
 8. We continue to set right any new _____ as we go along.

Down

1. To some extent, we have become God-_____.
 3. To grown in understanding and effectiveness is not an _____ matter.
 4. We have a daily reprieve contingent on the maintenance of our _____ condition.
 5. If tempted by alcohol, we will recoil from it as from a hot _____.



BOOK OF THE MONTH OCTOBER



SPECIAL "COMBO" BOOK OF THE MONTH OFFER – OCTOBER

Central Office is offering a combo pack – hardcover copies of the Big Book and 12 X 12 for the one-time price of \$16.00. (This is a \$5.00 discount.)

*Books must be purchased together. No discount for individual copies.

Central Office Delegates Meeting Minutes – Tuesday, September 13, 2022

Opened Delegates Meeting – 7:30 pm & Closed- 8:03 pm. 12 Traditions: Carrol Y. Responsibility Statement: John B. A.A. Birthdays: Harry Z., 32 years; Dennis D., 4 years; Denise S., 3 years. New delegates: Brenda, Pacifica; Mary K., Sober Sunday, San Carlos. Minutes-Approved. Financial Report-Approved.

Service Committee Reports**BTG- Bridging the Gap- Grant V.**

- The BTG monthly business meeting occurs the 1st Monday of the month 7:30-8 pm in an online format. (Zoom Meeting ID: 639 547 0157; Passcode: 54321). Monthly business meeting was September 12.
- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in SMC and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online meetings and in-person meetings where available. We refresh the volunteer list on an ongoing basis.
- We received 3 blue cards in the last month and assigned volunteers.
- One of our main facilities, Palm Avenue remains closed (potential fall opening). Mills Peninsula has closed their detox/treatment program.
- We will be starting presentations at the VA this fall and continue to pursue Kaiser.
- To be of service, contact Grant Vincent at (415) 279-1188 or grant.vincent@gmail.com.

General Service- Karen A.

- Sep. 16-18, The Pacific Regional Forum 2022- event takes place in Salt Lake City.
- Fall Election Assembly: November 5th, in Vacaville.

H & I – Joey D.

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. (Orientation at 7:15 pm and Business Meeting at 8:00 pm)
- Camp Kemp, the San Mateo County camp for juvenile girls, needs young women of AA, to take meetings into the facility on Friday nights, for 6PM meetings. Sobriety requirement, 6 months.
- One SMC jail has opened for meetings, and commitments are needed.
- To be of service or if you have questions, contact Joey D. at (650) 207-3525

PENYPAA – Kevin L.

- Business meetings are now held in person, on the 2nd and 4th Sundays of the month, 5:30 pm, at 225 Tilton Ave, SM. Service positions are available, no age requirement for participating with PENYPAA.

PICPC- Brent M.

- Business meeting is on 2nd Tuesday of the month. Next meeting: October 11, 6:15 pm.
 - Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- The September meeting was not held on the 9th, due to online security code issues.
- The Summer of Pamphlets continues. The committee has service opportunities available: to identify locations to deliver packets of AA pamphlets; and, to deliver the packets in person to organizations described.
- Packets of pamphlets are currently being delivered to educational and religious organizations with health facilities targeted for later this year. Religious packets are assembled, and we are moving forward with getting those addressed and delivered.
- Future Discussion topics:
 - Taking pamphlets to your doctor's office for placing in waiting rooms.
 - Staffing informational tables at upcoming events:

- Recovery Month Picnic September 28th 10am-2pm sponsored by VORSMC
- National Alliance for Mental Illness (NAMI) Walk (10am-1 pm) and Health Fair (noon to 5pm) Saturday Oct 8th Seal Point Park
- College of San Mateo Health Fair 10am-2pm Wed Oct 26th
 - Coordinators still needed: Public Relations: Radio, TV, and social media. Research Assistants & Assistant Coordinators are also needed.
- We provided an information table at the SCPF picnic and presented at the monthly release meeting for paroles coming out in San Mateo County.
- If you are interested in participating, contact Brent at dist05.picpc@gmail.com

Alkathons – Becky N.

Alkathons need help, to participate contact Becky at rnassare@ymail.com or call her at (415) 706-3460.

Advisory Committee – Colleen G.

- Advisory Committee meets quarterly, the next meeting is November 2nd.

Teleservice – Erin S.

Available Openings:

- The 1st Tuesday from 12:30 a.m. to 8:30 a.m.
- The 2nd Tuesday from 4:30 p.m. to 8:30 p.m.
- The 1st Wednesday from 12:30am-8:30am
- The 2nd Wednesday from 8:30pm - 12:30am

To be of service or for more information, please contact Michelle C., Information Chair at (650) 303-1208 or Erin S., Chair at (408) 431-4365.

Trusted Servants Workshop.

- There will be 2 Trusted Servants Workshops in October at San Carlos Peninsula Fellowship:
 - Saturday, October 8th and Saturday, October 15th, each at 1:15 pm- meetings will be hybrid.

Central Office Party – Becky N.

- Thank you to everyone who volunteered to make the party a success, and to everyone who attended.

Central Office Report - Don C.

Statistics for August 2022:

- 2-12th Step Calls; 58 - Office Visits; 178- Phone Information Calls; 10,840 Website Hits

Other information to share: The Central Office Party turned out very good! I received a lot of compliments on the food, the speaker, and the place. If it wasn't for this little thing called covid, it would have been great! Last I heard, there were 7 people that have tested positive- that were at the party. I haven't got all the numbers done for the party, but what I have done, it looks like we are going to break even. Due to getting a late start, the raffle ticket sales were down. We didn't have the silent auction, and although we got what I thought a good turn out, it was less than average. We also had to pay for our 2 security guards! I will have a complete breakdown on it next month. The office has been closed since Thursday of last week and will reopen on Monday, September 19th, as I still haven't had a negative test and Steve had surgery last week. He's doing well, he just got home, and he needs recovery time.

No Old Business. No New Business.

Next Meeting: Tuesday, October 11, 7:30

SEPTEMBER 2022

FINANCIAL REPORT

	SEPT	Total YTD		SEPT	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	158.00	492.75	Accounting Services	94.00	2,310.75
Book sales	707.76	8,949.69	Books Purchased	1,779.20	8,952.94
Central Office Annual Party	6,972.92	7,222.92	Chips	161.65	1,146.50
Chip sales	388.73	1,977.26	Central Office Annual Party Exp	4,000.00	6,636.28
Delegates Collection	2.00	16.00	Central Office Insurance	155.50	1,393.96
Faithful Fivers	652.23	4,911.32	Credit Card Charges	0.00	109.91
Group Contributions	5,143.32	67,450.82	Employee Insurance	271.00	2,439.00
High Sobriety Subscriptions	0.00	52.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	50.00	Office Equipment Lease & Maint	404.21	3,314.92
Individual Contributions	69.35	6,215.47	Office supplies	1,037.42	1,968.36
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	175.55	Postage	0.00	775.00
Printing	50.06	130.10	Rent	1,499.00	12,700.00
Sales Tax on Books & Chips	117.11	1,166.05	Salaries	4,256.64	40,043.30
Tax Refund	0.00	100.00	Sales Tax on books	0.00	1,209.10
	0.00	0.00	Taxes (Payroll)	1,867.34	17,290.31
Total Income	14,261.48	98,909.93	Telephone & Tech	138.22	1,661.94
			Telephone Advertising	0.00	0.00
Less Expenses	15,829.18	103,437.27	Teleservice	165.00	1,485.00
			Travel Expenses	0.00	0.00
Net Income (loss)	(1,567.70)	(4,527.34)	Web Services		0.00
Starting Balance		61,666.18			
Plus Net Income/Loss		-1,567.70			
Ending Balance		60,098.48	Total Operating Expenses	0.00	103,437.27
TOTAL PRUDENT RESERVE		50,149.03	Net Income (loss)	(1,567.70)	(4,527.34)
			2022 Year-to-Date Summary		
TOTAL CASH POSITION		110,247.51	Year-to-Date Income		98,909.93
			Year-to-Date Expenses		103,437.27
			Year-to-Date Net Inc/(Deficit)		(4,527.34)

SAN MATEO COUNTY SEPTEMBER 2022 GROUP CONTRIBUTIONS

ATHERTON	SEPT	YTD	HALF MOON BAY	SEPT	YTD	PACIFICA	SEPT	YTD	SAN CARLOS	SEPT	YTD
Horses Ass	387.00	2,858.00	3rd & 11th Step		0.00	12 @ 6 Group		92.00	Bookies		38.22
Sunday Spirituality		506.27	7AM Coastside Meet.M-F	281.68	2,746.56	12 Noon Disc (Mon)		42.35	Growing Stronger	8.00	72.00
			Coastside Big Book		582.00	B.Y.O.B. Group	162.00	432.00	In Step with Bill		853.42
BELMONT			Coastside Talkers		221.38	Daily Reflections (Beach Mtg)	156.33	868.21	S.C. Awareness Group	32.00	444.87
Belmont Tues. Noon Group	51.25	876.51	Friday Nite Group		288.97	Fri Discussion Noon		180.00	San Carlos Beginners	8.00	384.90
Day At a Time		635.55	HMB Happy Hour Group		313.80	Pacifica BB Study Mon 11:00am		747.25	SCPF- all meetings	230.95	930.24
The Forum Group	374.00	584.35	HMB Thurs Womens BB	5.00	400.10	Pacifica Coastside		240.10	Sequoia Recovery Grp		300.54
One Line at a Time	10.00	80.00	Last Barn on the Block	100.23	486.85	Pacifica Discussion (Fri)		90.00	Sober Sundays		286.86
Singleness of Purpose	31.25	171.33	Sat Night Step		112.80	Pacifica Men's Group		413.70	Womens Read & Reflect.	31.25	31.25
			Sat. Morning Eye-Opener		496.00	Page 133 Group		150.51			
BRISBANE			Saturday Nite Spkr/Disc		4.81	Pedro Valley Pacifica	315.00	796.00	SAN MATEO ETC.		
Brisbane Breakfast		650.12	777 Miramontes Noon Meet.M-F*	140.00	649.29	Serenity in Pacifica		370.80	Women's Home Grp (traveling)	68.12	365.93
			Tues Womens 12th Step		303.74	Sharp Park 3rd & 11th Step		892.15	Women's Online Meeting		50.00
BURLINGAME						Sun. Afternoon Daily Reflections		384.52	Baseball Diamond Daily Reflection		626.00
Any Length	500.74	1,854.42	MENLO PARK			Thurs Noon Disc		295.00			
Burlingame Men's Grp		565.20	Atherton AA		335.94	Tues Noon Disc. Grp	100.00	300.00	SAN MATEO		
Burlingame Noon Men's Grp	20.00	917.00	Atherton Grp Wed Noon		50.11	Wake Up Wake Up	100.23	255.23	Bunker Young People		769.31
Burlingame Read a Passage		126.00	Beginners Menlo		10.00	Wake Up Zoom	20.00	20.00	Fireside Group		1,240.01
Ham & Eggers	9.31	1,980.20	Cottonmouth		529.20	Wed's Noon Discussion Baptist Church		320.00	Joy of Living		20.00
Hillsborough Men's Group		350.00	Fri. Noon Women's		252.60	Women's Big Book Study		130.53	Lunch Bunch	20.00	662.20
Rap Group		20.00	Men's R4D Big Book		182.05	Women's Candlelight Grp		265.42	Mid Peninsula Women	183.87	632.60
Reason to Come to AA		544.45	Menlo Park Men's Group		471.00	Women who wear shoes		451.28	Monday Night Men's 6:30		291.00
Senior Focus Group		223.59	Mon. 12:10 PM Happy Hour		23.03				Morning Serenity (All)		2,391.92
Sharing Choices		194.54	Sat Morning Sandhill		2,341.12	PE SCADERO			Off Broadway Beginners Mtg		147.63
Tuesday Nite Group		615.67	Sat Sunrise Grp MP 7:30		985.18	Grass Roots	1,581.85	San Mateo Forum		20.00	
Wednesday Night Disc		162.09	Sunday Sober Sisters		1,105.00			Sunday Sundowners		4.81	
			Tues Noon Book Worm	154.00	259.07	PORTOLA VALLEY			Wednesday Afternoon Group	119.00	1,082.00
FOSTER CITY			Women's 12- Step Thu Noon	331.40	611.40	Portola Valley 11th Step	1,162.00				
BB 103 North		318.04							SOUTH S.F.		
FC Men's Sharing Group		30.00	MILLBRAE			REDWOOD CITY			New Beginnings		200.00
FC Women's Pop Up Gazebo		1,982.15	12 Step Study (Tues Noon)	200.00	485.00	Broken Elevator Thurs.	231.25	246.27	South City Womens		215.00
Foster City Women (Sat)	20.04	295.04	Sobriety in the Park		248.60	Don't Drink Group		365.82			
Friday Noon Big Book	250.06	441.98				Freedom Group		489.56	WESTBAY ALANO		
Living Sober Groups (all)		2,185.00	MOSS BEACH			Horse's Ass Loving Fellowship		493.00	Colma Eye Opener	76.30	745.85
Study theText Group		220.40	Men's Language of the Heart		535.30	The Sewer Group		19.11	Daily Reflect. (Mon)		60.00
The Old & the New	40.00	280.00				Thumpers		1,341.20	Early Birds (Fri)		185.00
						Wed. Woodside Meeting		672.78	Men's no BS		57.38
									Monday Night Men's WBAC	100.00	348.50
						SAN BRUNO			Tues 7am Big Book		105.00
						12 Study Grp (Thurs)	16.80	246.21	West Bay All Groups		225.47
						Big Book Study Fri (5pm)	37.83	451.90	Women's Happy Hour		575.66
						Come as You Are	100.00	950.00			
						Early Enders		157.31			
						Experience, Strength, Hope	24.00	235.30			
						Friday Night Rap		120.00			
						Grupo Serenidad	20.00	110.00			
						Living Sober/ HH (Tues)		204.98			
						Spkr/Disc - Happy Hour(Mon)	76.43	1,074.28			
						Tools of Recovery (Tue 6:30p)		20.00			
						Women Step Together		9.83			

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