

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

February 2023

SMC Fellowship News February 2023



Happy February and Happy Valentine's Day to all. The icy temperatures we are experiencing this week remind us that we have a ways to go before we can put our heavy jackets and rain gear away for the season.

Central Office held annual elections in January. See the Minutes on p. 7 for results and other info.

A reminder that PENYPAA is once again up and running. Their goal is to spread the word and help younger alcoholics get into recovery. More info on upcoming events and open committee positions in the Minutes on p. 8.

In the spirit of Valentine's day, check out the Book of the Month on p. 7, "Forming True Partnerships."

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SERVICE OPPORTUNITIES: Start out the year by getting into service. See the Minutes on p. 7-9 (or the website at aa-san-mateo.org/service-opportunities) for information on volunteer opportunities.



Monthly Service Committee Meetings

BRIDGING THE GAP**February 13, 7:30pm on Zoom**

Meeting ID: 639 547 0157 Passcode: 54321 Dial in: 1-669-900-9128

TELESERVICE**Quarterly Meeting – April 2, 2023 7:00pm on Zoom**

Meeting ID: 858 4259 6364

DELEGATES TO CENTRAL OFFICE**February 14, 7:30 pm on Zoom**

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC**February 14, 6:15 pm on Zoom**

Meeting ID: 841 7877 3337

GENERAL SERVICE**February 21, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting**

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)**February 28, 7:15 orientation; 8 p.m. business meeting****St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo****PENYPAA (Peninsula Young People in AA) Feb. 12 and Feb. 26 at 5: 30 p.m., 225 Tilton, San Mateo**

UPCOMING EVENTS

AA RECOVERY BOWL SPEAKER JAM AND POTLUCK!!!

SATURDAY, FEBRUARY 11th 10:30 AM - 1:00 PM**SAN MATEO CENTRAL PARK****55 EAST 5TH AVE, SAN MATEO; PARKING ON E. 5TH AVE AND EL CAMINO REAL****THE LINE UP:****11:00 AM ARTHUR P. ON HUMILITY****11:30 AM MAYA S. ON COURAGE****12:00 PM ROBERT B. ON HONESTY****12:30 PM HELEN F. ON INTEGRITY****BBQ HOT DOGS AND NACHOS WILL BE PROVIDED****VENMO CONTRIBUTIONS: @Dan-Banchero****INFO - 650.921.9398 DAN BANCHERO**

PRAASA 2023

**March 3 - 5
2023**

LAX Marriott Hotel

5855 W Century Blvd, Los Angeles,
CA 90045

Phone: (310) 641-5700



For Online registration, hotel
reservations, transportation and general
event information visit

www.PRAASA.org

Thursday

Early Bird Open A.A. Mtg. 7-8:30p

Friday

PRAASA Orientation 11:45a

PRAASA Opening Session 1:00p

See [Upcoming Events \(aa-san-mateo.org\)](http://aa-san-mateo.org) for registration information.

a journey through the twelve steps of AA

woodstock west

Los Angeles, CA
May 19-21, 2023



Schedule

schedule and/or speakers subject to change

<i>Friday, May 19</i>	5:00 PM	Registration opens	
	7:00 PM	Step 1	Joe C., Palm Coast, FL
	8:30 PM	Step 2	Don L., Bellingham, WA
<i>Saturday, May 20</i>	8:00 AM	Registration opens	
	9:00 AM	Step 3	Ronald W., Los Angeles, CA
	10:30 AM	Steps 4 and 5	Stacy S., San Antonio, TX
	12:00 PM	Steps 6 and 7	Jennifer H-K., Plano, TX
	1:00 PM	BREAK	
	4:30 PM	Steps 8 and 9	Sydney R., Los Angeles, CA
	6:30 PM	BANQUET	
	8:00 PM	Speaker	Linda P., Arvada, CO
<i>Sunday, May 21</i>	8:00 AM	Breakfast	
	9:30 AM	Step 10 and 11	Matthew M., Santa Paula, CA
	11:00 AM	Step 12	Steve L., Nashville, TN

Venue

Four Points by Sheraton, LAX

9750 Airport Blvd., Los Angeles, CA 90045
310-645-4600

Complimentary shuttle to/from the airport.

Contact

web: www.woodstockwest.biz
email: info@woodstockwest.biz
phone: Ralph W @ 424-229-0977

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office is open Monday through Friday from 8:30 am to 4:30 pm.



Happy Birthday

Ringit G SM 2 years
Bob D RWC 39 years

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make curvital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



STEP TWO: *Came to believe that a Power greater than ourselves could restore us to sanity.*



MY PRAYER WAS ANSWERED

I would say out loud in meetings that, “God let me down. I went to church and was praying to stop drinking and now I’m stuck here in AA.” Finally a guy cross-talked me.

Like most of us, I knew I was in trouble with alcohol long before I came to AA. During the last two years of my drinking, I went back to church to pray my drinking away. I’d go to church and just pray about my drinking. Then I’d get home from church and I’d be drinking again. It just wasn’t working.

I crashed and burned and finally took that longest walk of my life to the door of an AA meeting. When I got through the door, I found the people inside were praying and talking all this God stuff. I just wanted to run, but I stuck it out.

I would say out loud in meetings that, “God let me down. I went to church and was praying to stop drinking and now I’m stuck here in AA.” Finally a guy cross-talked me and told me that my prayer had been answered because I had arrived at the place where I could stop drinking.

That hit me like a brick wall. His comment gave me hope that my prayer had indeed been answered and that I truly was somewhere where I could stop drinking. He was right. My prayer was answered.

About two years later I was at a Roundup in the mountains of Virginia. At a workshop after the AA speaker meeting, we were all asked to share about “When and how I came to believe”

As soon as that question was posed, I flashed back to that meeting in early sobriety when that guy told me my prayer had been answered. That was the moment I came to believe in a power greater than myself. Turns out the Second Step was working me before I even knew it was working me. That memory has sustained me and gives me hope and strength to stay sober to this day.

BY: CHARLEY C. | ARLINGTON, VA.



ANSWER KEY TRADITION ONE

1. TNIYU UNITY
2. LICNPIPSR PRINCIPLES
3. FAWEERL WELFARE
4. PORGU GROUP
5. CPESRET RESPECT
6. ECCSRAIFI SACRIFICE
7. EOMRPOIMSC COMPROMISE
8. URSEUTRCT STRUCTURE
9. LTMIUYHI HUMILITY
10. ISCUISOSDN DISCUSSION

Tradition Two: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.



ONE HOT TEXAS SUMMER

One of my favorite AA jokes is: What's the difference between a group conscience meeting and the Cub Scouts? The answer: The Cub Scouts have adult supervision! Another is: What's the biggest problem with a group business meeting? Answer: It's run by a bunch of drunks!

It was pointed out to me many years ago by an old-timer that the key word in Tradition Two is "may." "... there is but one ultimate authority—a loving God as He may express Himself in our group conscience." Being taught early on that service to my home group is an obligation, not an option, I have been involved in business meetings almost from the beginning. But it hasn't always been an easy road for me to trudge.

What's always amazed me is that in most cases, we can be diametrically opposed on an issue, express those opinions during a business meeting, then hold hands and pray and exchange hugs afterward. That's been the case in almost every issue I've experienced, with one major exception: I had to watch my first home group die due to a break in this and other Traditions.

At that business meeting a well-respected old-timer found it necessary to attack another member. He felt she was abusing her use of the key to the meeting room by taking advantage of the air conditioning during the hot Texas summer. Rather than resolve the issue one-on-one, he chose to demand that something be done. The "discussion" turned quite ugly. What happened after that was painful.

Our group, which often had 30 to 40 members, split in two. Quite quickly, our group, which had a reputation in the area as one of the strongest around, imploded. People resigned offices and began attending other groups. Attendance went down and it began to become harder and harder to pay the bills. In a matter of months, the decision became very clear—it was time to close the doors. Locking the door for the last time was one of the hardest things I had to endure in my early sobriety.

Two other groups sprang from the ashes of that one, but neither could regain the lost momentum. After much struggling, they closed. The irony of the whole incident is that the two members of the original group had long made their amends to each other and had rebuilt their friendship.

In the years hence I've had three other home groups. Through it all, our members for the most part have experienced the unity we so desperately need through the Traditions. In the appendices of the Big Book, the introduction to the AA Tradition reads:

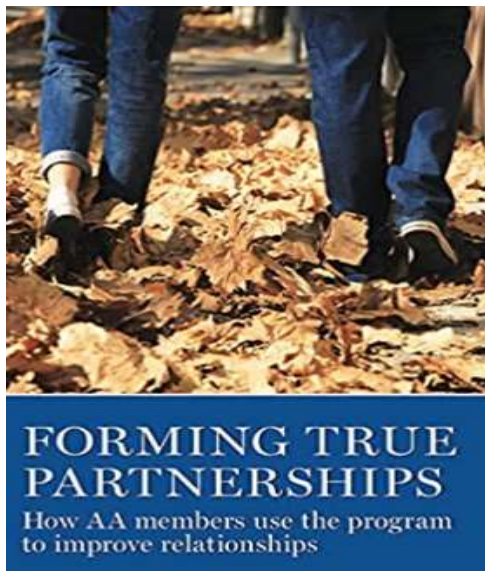
"... no society of men and women ever had a more urgent need for continuous effectiveness and permanent unity. We alcoholics see that we must work together and hang together, else most of us will finally die alone."

During any controversy at a group conscience meeting, I always try to keep in mind what that old-timer told me so long ago, that the key word in Tradition Two is "may." But whether God expresses himself or the decision is made because of a handful of "bleeding deacons," my home group is still my family.

My prayer is that I never again have to experience what I went through in my first home group. But if I do, I hope we can resolve those differences with the help of God and continue to hang together. We must, because the option our co-founder pointed out is to die alone, and by incorporating the program in our daily lives, that should not have to be an option for any of us.

BY: ANONYMOUS

BOOK OF THE MONTH FEBRUARY 2023



Be inspired by authentic and personal contributions from sober alcoholics who've discovered how to form true partnerships, in part by applying the principle of Step Eight as found in the Twelve Steps and Twelve Traditions: "Having thus cleaned away the debris of the past, we consider how, with our newfound knowledge of ourselves, we may develop the best possible relations with every human being we know."

FORMING TRUE PARTNERSHIPS can be purchased at our Central office in February for \$10.00

Central Office Delegates Meeting Minutes – Tuesday, JANUARY 10, 2023

Opened Delegates Elections/Meeting – 7:30 pm & Closed: 8:54 pm.

- Election results for 2023 Meeting Positions: Chairperson- Becky N., Vice-Chair- Harry Z., Secretary- Janice C., Advisory Committee- Susan D., Advisory Committee- Cody S.

12 Traditions: Linda L. Responsibility Statement: Denise S.

New Delegates: Mike G.- Foster City Living Sober; Cody S.- Thumpers, RWC; Brigitte T.- San Mateo Morning Serenity; Donna B.- Big Book 103 North, FC; Connie G.- Thursday Morning Womens Traveling Mtg.; Haileyrae P.- Bunker Hill Young People, SM; Sara S.- Saturday Morning Sandhill, MP.

Birthdays: Joy M.- 3 years, Janice C.- 38 years, Donna B.- 16 years.

Minutes- Approved. Financial Report- Approved.

Service Committee Reports:

BTG- Bridging the Gap- Grant V.

- The Bridging the Gap monthly (BTG) meeting occurs the 2nd Monday of the month 7:00-7:30PM in an online format (Zoom - Meeting ID: 639 547 0157; Passcode: 54321).
- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings where available.
- We had our monthly meeting on January 10th in a zoom format. We received 2 blue cards over the last month and assigned volunteers. We are in communication with Palm Ave Detox Center to begin presentations. Presentations at the VA in Menlo Park are occurring on a weekly basis, and to the San Mateo County Parole on a monthly basis- partnering with PICPC.
- Contact Grant Vincent, grant.vincent@gmail.com -if you would like to be of service or have questions.

General Service- Becky N.

- Sara B. reported that she has final 2022 Conference Reports and if you would like one, let her know- she will get one to you.
- The implementation of the new jacket-less Big Book and the 12 X 12 will be out and shipped in late December.
- Agenda topics are coming soon. Save April 1 and 2 for our preconference assembly in Richmond.
- We were able to finish our district elections for all positions- except for the Grapevine/La Vina Representative and a facilities Coordinator.
- AA Grapevine is collecting audio stories up to 7-minutes long from members of our fellowship. The share would be done as it were in a meeting, or you can pick your own topic including working on a particular step. If your story is selected, it will be published in a YouTube playlist or other media platform. If interested, please send your recordings to webcoord@aagrapevine.org. You can also record live using their voicemail system by calling 559-726-1216.
- District 05 DCMC- Andy C., gave a presentation of oral History

H & I

- Contact Joey D. at (650) 207-3525 to be of service or if you have questions.
- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. (Orientation at 7:15 pm and Business Meeting at 8:00 pm)

PENYPAA – Taylor C.

PENYPAA represents the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery. We put on many events:

- We will be co-hosting a comedy night with EBYPAA on Feb. 18th and a dance with WACYPAA on March 18. ACYPAA is coming up on the weekend of Feb. 3, and PENYPAA has a marathon meeting slot on Feb. 4, from 12-1pm. PENYPAA.ORG for upcoming events.
- Our committee meets on the 2nd and 4th Sunday of the month at 225 Tilton Ave, San Mateo.
- We have open positions and need committee members. Open positions- the ones in bold are the most important to fill: Events Co-Chair; **Programs Chair**; Programs Co-Chair; **Prayer Chair**; Website and Graphics Co-Chair; **YPAA Liaison**; Bylaws Co-Chair; **Archives Chair**; Communications Co-Chair; **Bid Chair**; Fellowship Co-Chair; **Hospitality Chair**; Hospitality CoChair; **Outreach Chair**; Outreach Co-Chair.

PICPC- Susan C.

- Business meeting is on 2nd Tuesday of the month. Next meeting is February 14, 6:15 pm. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- January meeting notes: New PICPC Chair- Susan Clancy, 73 PI-CPC chair. The CNCA06 Area PICPC meeting is January 21, 2023, 9:00 am- online format only. Interest in a liaison with both BTG and H&I. Build up Panel 73 mailing list.
- Upcoming Events: Sobriety by the Bay, January 27-29- literature table.
 - CSM Health Fair- March 22- literature table.
 - Association Marriage Family Therapists, May 5-6, Hyatt Regency, Santa Clara. American Psychiatry Assoc., SF- May 20-24. We are checking if we will receive GSO support this year, as we have in the past.
- Quiet Car developed a list of Police addresses for San Mateo County and sent these to Brent M. Suggests we provide packets directed to law enforcement, and hand deliver these packets to the addresses she's provided. Group was agreeable to this plan.

Advisory Committee – Rich F.

- The next meeting of the Advisory Committee will be Wednesday, February 1, at 6:30 pm.- on zoom. Don C. will send the agenda and zoom link prior to the meeting to committee members

Teleservice

- To be of service or for more information, please contact Michelle C., Information Chair, at (650) 303-1208 or Erin S., Chair, at (408) 431-4365.

Central Office Report - Don C.**Statistics for December 2022:**

- 47 Office Visits
- 104 - Phone Information Calls
- Other information to share: We are going to be keeping track of contributions from zoom meetings. The 1 requirement for having a zoom meeting from C/O is that the group makes a contribution to C/O. If you are making a personal contribution to a meeting, make sure you put the name of the meeting on the check or PayPal. Carpets are in everything is back and up and running.

No Old Business. No New Business.

Next Meeting: Tuesday, February 14, 2023, 7:30 pm

REVISED FINANCIAL REPORT

DECEMBER 2022

	DEC	Total YTD		DEC	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	291.60	1,008.35	Accounting Services	94.00	2,607.75
Book sales	894.37	11,919.45	Books Purchased	701.40	10,844.34
Central Office Annual Party	0.00	7,222.92	Chips	0.00	1,456.80
Chip sales	127.62	2,555.95	Central Office Annual Party Exp	0.00	7,043.28
Delegates Collection	0.00	20.00	Central Office Insurance	0.00	1,533.20
Faithful Fivers	493.23	6,401.01	Credit Card Charges	101.23	258.33
Group Contributions	5,927.17	96,663.33	Employee Insurance	271.00	3,252.00
High Sobriety Subscriptions	10.00	72.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	50.00	Office Equipment Lease & Maint	360.20	4,398.00
Individual Contributions	525.92	10,109.94	Office supplies	435.79	2,759.66
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	225.55	Postage	59.75	834.75
Printing	40.00	170.10	Rent	1,499.00	17,197.00
Sales Tax on Books & Chips	109.15	1,545.04	Salaries	3,931.20	53,382.73
Tax Refund	0.00	100.00	Sales Tax on books	0.00	1,533.10
		0.00	Taxes (Payroll)	1,850.87	23,036.70
Total Income	8,419.06	138,063.64	Telephone & Tech	277.57	2,214.36
			Telephone Advertising	0.00	0.00
Less Expenses	9,747.01	134,332.00	Teleservice	165.00	1,980.00
			Travel Expenses	0.00	0.00
Net Income (loss)	(1,327.95)	3,731.64	Web Services	0.00	0.00
Starting Balance		63,488.39			
Plus Net Income/Loss		-1,327.95	Total Operating Expenses	9,747.01	134,332.00
Ending Balance		62,160.44	Net Income (loss)	-1,327.95	3,731.64
TOTAL PRUDENT RESERVE		50,170.81	2022 Year-to-Date Summary		
			Year-to-Date Income		138,063.64
TOTAL CASH POSITION		112,331.25	Year-to-Date Expenses		134,332.00
			Year-to-Date Net Inc/(Deficit)		3,731.64

FINANCIAL REPORT

JANUARY 2023

	JAN	Total YTD		JAN	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	0.00	0.00	Accounting Services	154.00	154.00
Book sales	1,150.93	1,150.93	Books Purchased	1,673.55	1,673.55
Central Office Annual Party	0.00	0.00	Chips	204.55	204.55
Chip sales	481.02	481.02	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	24.00	24.00	Central Office Insurance	318.60	318.60
Faithful Fivers	659.19	659.19	Credit Card Charges	26.16	26.16
Group Contributions	12,429.65	12,429.65	Employee Insurance	256.00	256.00
High Sobriety Subscriptions	0.00	0.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	360.20	360.20
Individual Contributions	834.35	834.35	Office supplies	44.91	44.91
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	500.00	500.00
Printing	0.00	0.00	Rent	1,501.00	1,501.00
Sales Tax on Books & Chips	173.80	173.80	Salaries	5,003.70	5,003.70
Tax Refund	200.00	200.00	Sales Tax on books	0.00	0.00
	0.00	0.00	Taxes (Payroll)	2,221.27	2,221.27
Total Income	15,952.94	15,952.94	Telephone & Tech	346.48	346.48
			Telephone Advertising	0.00	0.00
Less Expenses	12,775.42	12,775.42	Teleservice	165.00	165.00
			Travel Expenses	0.00	0.00
Net Income (loss)	3,177.52	3,177.52	Web Services		0.00
Starting Balance		62,160.44			
Plus Net Income/Loss		3,177.52			
Ending Balance		65,337.96	Total Operating Expenses	12,775.42	12,775.42
TOTAL PRUDENT RESERVE		50,201.90	Net Income (loss)	3,177.52	3,177.52
TOTAL CASH POSITION		115,539.86	2022 Year-to-Date Summary		
			Year-to-Date Income		15,952.94
			Year-to-Date Expenses		12,775.42
			Year-to-Date Net Inc/(Deficit)		3,177.52

SAN MATEO COUNTY JANUARY 2023 GROUP CONTRIBUTIONS

BELMONT	JAN	YTD	PACIFICA	JAN	YTD	Zoom	JAN	YTD
Day At a Time	140.33	140.33	B.Y.O.B. Group Thurs Noon	180.43	180.43	1st Tradition	12.02	12.02
			Discussion Group Fri Noon	120.00	120.00	Bookies SC	50.00	50.00
BRISBANE		0.00	Pacifica BB Study Mon 11:00am	191.00	191.00	Broken Elevator Thurs.	10.02	10.02
Brisbane Breakfast	31.66	31.66	Pacifica Men's Group	198.10	198.10	Living Sober Groups (Zoom)	175.34	175.34
			Pedro Valley Pacifica	154.00	154.00	Friday Noon Big Book	40.04	40.04
BURLINGAME			Serenity in Pacifica	47.00	47.00	S.C. Awareness Group SC	25.00	25.00
Any Length	474.27	474.27	Sun. Afternoon Daily Reflections	124.60	124.60	The Old & the New FC	20.00	20.00
Burlingame Noon Men's Grp	305.00	305.00	Wake Up Wake Up (Live)	140.00	140.00	USR Men's Online Group	62.14	62.14
Peninsula Prime Time	240.00	240.00				Women who wear shoes	100.10	100.10
Prime time Book Study	126.00	126.00	REDWOOD CITY					
Senior Focus Group	145.14	145.14	San Carlos Beginners	295.15	295.15			
			Thumpers	338.62	338.62			
FOSTER CITY			Wed. Woodside Meeting	431.61	431.61			
FC Men's Sharing Group	455.00	455.00						
FC Women's Pop Up Gazebo	488.64	488.64	PORTOLA VALLEY					
Living Sober Groups (all)	203.70	203.70	Ladera Mon Nite Group	889.70	889.70			
			Portola Valley 11th Step	380.00	380.00			
HALF MOON BAY								
7AM Coastsid Meet.M-S	391.51	391.51	SAN BRUNO					
HMB Thurs Womens BB	25.04	25.04	Big Book Study Fri (5pm)	218.08	218.08			
Sat Nite Step	2.11	2.11	Living Sober/ HH (Tues)	60.00	60.00			
Thurs. Night Men's Group	492.80	492.80	Spkr/Disc - Happy Hour(Mon)	112.47	112.47			
MENLO PARK			SAN CARLOS					
Cottonmouth	288.42	288.42	SCPF- all meetings	315.60	315.60			
Menlo Park Men's Group	191.40	191.40	Sober Sundays	51.92	51.92			
Sat Morning Sandhill	453.25	453.25						
Sunday Sober Sisters	252.00	252.00	SAN MATEO					
Women's 12- Step Thu Noon	264.60	264.60	Highlanders Grp.	355.80	355.80			
			Mid Peninsula Women	137.20	137.20			
MILLBRAE			Monday Night Men's 6:30	210.00	210.00			
Sobriety in the Park	142.51	142.51	Morning Serenity (All)	841.80	841.80			
			Wednesday Afternoon Group	109.00	109.00			
LA HONDA			Women's Home Grp (traveling)	100.23	100.23			
La Honda Group (Thurs)	244.30	244.30						
			SOUTH S.F.					
			New Beginnings Women	140.00	140.00			
			Misc.					
			unknown	435.00	435.00			

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Mailing Address: _____

City: _____ State: _____ Zip code: _____