

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

March 2023

SMC Fellowship News March 2023



**To appreciate the beauty of a snowflake
it is necessary to stand out in the cold.
- Aristotle**

I don't think they get much snow in Greece, so I'm not sure how much time Aristotle actually spent "standing out in the cold." Probably not as much as the rest of us have this winter season. I pulled up last year's March edition of this newsletter and it seems we were dealing with a similar weather pattern. Once again, we are thankful for the rain (and snow!) but an hour of sunshine here and there would be eagerly welcomed.

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GENERAL SERVICE: Please see the notice on page 4 (Service Manual Study And Ask Your DCMC) as well as an important message from your District 05 General Service Committee (on page 6).

CENTRAL OFFICE: If you have a chip meeting, please let Central Office know so it can be noted in the meeting guide.

THIRD STEP PRAYER

**God, I offer myself to Thee To build with me
& to do with me as Thou wilt. Relieve me of
the bondage of self, that I may better do Thy
will. Take away my difficulties, that victory
over them may bear witness to those I
would help of Thy Power, Thy love & Thy
way of life. May I do Thy will always.**

Monthly Service Committee Meetings

BRIDGING THE GAP

March 14, 7:00 p.m. on Zoom

Meeting ID: 563 554 9920 Passcode: 54321 (**Note – new date and time for this meeting**)**TELESERVICE**

Quarterly Meeting –March 12, 7:00pm on Zoom

Meeting ID: 858 4259 6364

DELEGATES TO CENTRAL OFFICE

March 14, 7:30 pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC

March 14, 6:15 pm on Zoom

Meeting ID: 841 7877 3337

GENERAL SERVICE

March 21, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)

March 28, 7:15 orientation; 8 p.m. business meeting

St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

PENYPAA (Peninsula Young People in AA) March 12 and March 26 at 5: 30 p.m., 225 Tilton, San Mateo

UPCOMING EVENTS

PRAASA 2023

**March 3 - 5
2023**

LAX Marriott Hotel

5855 W Century Blvd, Los Angeles,
CA 90045

Phone: (310) 641-5700



For Online registration, hotel
reservations, transportation and general
event information visit

www.PRAASA.org

Thursday

Early Bird Open A.A. Mtg. 7-8:30p

Friday

PRAASA Orientation 11:45a

PRAASA Opening Session 1:00p

See [Upcoming Events \(aa-san-mateo.org\)](http://aa-san-mateo.org) for registration form and information.

OPEN CONTAINER

Coastside Recovery Fellowship's 4th Nearly-Yearly VARIETY SHOW

**COASTSIDE LUTHERAN CHURCH
900 CABRILLO HIGHWAY NORTH, HMB**

FOR MORE INFO CALL Walter @ 650-483-4458
TO PARTICIPATE CALL Douglas @ 415-516-1921

SATURDAY March 11, 2023

5:30 - ON

Mixer: Non-Alcoholic beverages will be
provided

6:00 –
8:30PM

MUSIC POETRY COMEDY JUGGLING
AND MORE



DONATIONS ACCEPTED
PROCEEDS TO GO TOWARDS
BEVERAGES and
FACILITY RENTAL



St. Patrick's Day Celebration

at the
West Bay Alano Club

216 Mosswood Way, So. San Francisco



Sunday, March 12

☘ 1PM AA Speaker

☘ 2PM Corned beef & Cabbage feast

☘ 50/50 raffle

☘ \$10.00 suggested donation



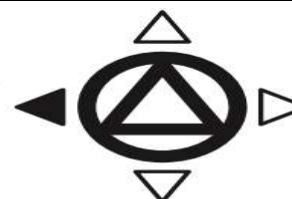
Everyone Welcome! *(hosted by 7 AM Friday Step Study Group)*

a journey through the twelve steps of AA

woodstock west

Los Angeles, CA

May 19-21, 2023



Schedule

schedule and/or speakers subject to change

Friday, May 19

5:00 PM Registration opens
7:00 PM Step 1
8:30 PM Step 2

Joe C., Palm Coast, FL
Don L., Bellingham, WA

Saturday, May 20

8:00 AM Registration opens
9:00 AM Step 3
10:30 AM Steps 4 and 5
12:00 PM Steps 6 and 7
1:00 PM BREAK
4:30 PM Steps 8 and 9
6:30 PM BANQUET
8:00 PM Speaker

Ronald W., Los Angeles, CA
Stacy S., San Antonio, TX
Jennifer H-K., Plano, TX

Sydney R., Los Angeles, CA

Linda P., Arvada, CO

Sunday, May 21

8:00 AM Breakfast
9:30 AM Step 10 and 11
11:00 AM Step 12

Matthew M., Santa Paula, CA
Steve L., Nashville, TN

Venue

Four Points by Sheraton, LAX

9750 Airport Blvd., Los Angeles, CA 90045
310-645-4600

Complimentary shuttle to/from the airport.

Contact

web:
email:
phone:

www.woodstockwest.biz
info@woodstockwest.biz
Ralph W @ 424-229-0977

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Central Office is open Monday through Friday from 8:30 am to 4:30 pm.



If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

Become a Faithful Fiver™

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make curvital services possible.™

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!™



Service Manual Study And

Ask Your DCMC

6:15pm to 6:45pm

3rd Tuesday of the Month

We will start with a review of the service manual and then open the meeting for discussion on topics of interest. If you have a question about general service, bring it here.

Meeting ID: 857 0421 3338

Passcode: 0571

One tap mobile

+16699006833,,85704213338#,,,,*0571# US
(San Jose)

I don't know a
GSC from a GSB!!

We delegate
authority?

AA comes with
a warranty??

Does GSR hurt?
Is there a cure?

Why did they
change that!!

What's a DCMC?

Why do we use
an inverted triangle?

My group drives
AA, really?

Who gets to
decide and why??

Where's the
money go?

STEP THREE: *Made a decision to turn our will and our lives over to the care of God as we understood Him.*

THE SPECTRUM OF BELIEF



The freedom of belief the program embraces has kept this agnostic sober for over three decades.

My wife came with me to my first meeting of Alcoholics Anonymous and thought I'd get up and walk out when she heard the 12 Steps and 12 Traditions read with their references to God. I was a cynical agnostic and she thought: "This won't work, it's too religious." But after my last binge a week before the meeting I'd tried to kill myself, so I was in no state to argue about "theological abstractions." I'd escaped death by a hair's breadth and that made me as "open-minded as only the dying can be." I listened with laser-like attention to what would keep me alive and filtered out things I heard that made no sense to me or with which I disagreed; I listened for the similarities, not the differences.

I took AA's first Step the morning I tried to commit suicide. I'd known for years that I had a serious drinking problem, but wouldn't admit I was powerless over alcohol. I'd tried every way I knew to bring my drinking under control; there was always "one more attempt — and one more failure," as the Big Book says. Finally, absolutely defeated, I knew I couldn't go on and decided to end it all. In a perverse way I thought it would also be best for my family; at least they wouldn't have to deal with a chaotic drunk in their lives any more. But they didn't want me to die — they just wanted me to get well, and I didn't know how to do that.

We're told that willingness, honesty and open-mindedness are the essentials of recovery, and I made a start on Steps Two and Three by going to my first AA

meeting. I came to believe that AA (a power greater than myself) could restore me to the sanity of not drinking, though at that stage it was more a desperate hope than a belief. In my own way I also decided to turn over my will and life to AA's care because I clearly couldn't care for myself when it came to stopping drinking. Bill W. said each member has the privilege of interpreting the program according to his or her own outlook and experience (As Bill Sees It). Even the pioneers who wrote the Big Book knew that none of them could 'maintain anything like perfect adherence' to the principles outlined in the Steps; they claimed progress, not perfection.

Bill W. paid tribute to atheists and agnostics in the early Fellowship who insisted on adding the crucial phrase, as we understood Him after the word God in the Third and Eleventh Steps. That ensured that all who wish to stop drinking may enter, regardless of their belief or lack of belief. The only requirement for membership is a desire to stop drinking (or, as in my case, to stay stopped); AA membership does not demand conformity to any idea, philosophy or religious faith. Certainly it does not require finding a personal God or I would have been smoke and ashes a long time ago.

After 31 continuously sober years in AA, I am still an agnostic. Whether or not a God exists is to me irrelevant; my primary purpose is to stay sober and, as far as I can, help other alcoholics to achieve sobriety. I lack the certainty to say there is no God and my non-theism is not atheism or anti-God. I pray and meditate, but I doubt very much that there is a supernatural ear listening. To me prayer is an act of humility. When I pray, I am saying I don't know all the answers and I need help.

My personal 'creed' encompasses the spectrum of belief and non-belief. I've found that the realm of the Spirit is indeed "broad, roomy and all-inclusive, never exclusive." For a one-time supercilious agnostic like me, that's good enough!

BY: ANONYMOUS | HEYBRIDGE, ESSEX

MESSAGE FROM GENERAL SERVICE:

Greetings district 05, aka San Mateo County. Agenda topics for the 2023 General Service Conference are out. The agenda topics are the vehicle by which the groups drive Alcoholics Anonymous. Concept 1 states "Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship". Our general services representative (GSR's) are a vital link in the process we use to govern AA. Our groups, through their GSR's, inform our general service conference of the desires of the fellowship as expressed by the group's responses to agenda topics, the group conscience. If a group chooses not to participate in general service that is their right. If not participating however the group has voluntarily given up its authority over the governance of the fellowship.

The experience in AA is that fewer groups are choosing to participate in general service. While this does not represent any "sky is falling" situation it does raise concerns as to if we are providing our general service conference with an accurate picture of the conscience of our "whole fellowship". There were changes made in our preamble and some of our literature recently and the feedback received by our General Service Office (GSO) indicated that many felt left out as the decision was made when some were not able to participate due to the pandemic. As a result, the changes were reviewed in 2022 and it was decided that they would remain.

This year there is an agenda item that ask AA as a fellowship to address the issue of if we should change any of the writings of our founders and if so what process should we use. This question is raised in Finance Item F and does not seek to make changes rather is seeking discussion and input to a question that many in the fellowship are very passionate about. As a reminder without group input via a GSR a group willfully chooses to let others decide the governance of Alcoholics Anonymous. I would encourage all groups to consider participating in general service and contribute to the collective conscience that drives our fellowship.

The position of District Committee Member (DCM) is one that this district, San Mateo County, has in my brief history, struggled to fill. We currently have two of nine DCM positions filled. This means our district is poorly represented at area functions and an important resource for our general service representatives is missing. The best DCM's are those who have served as a GSR and are willing to be service sponsors. We are reaching out to our previous GSR's to seek their assistance. As a note a DCM can either be elected by a subdistricts GSR's or appointed by the DCMC.

In an effort to address the immediate concerns of our representatives we will be initiating a Service Manual Study/Ask Your DCMC session starting at 6:15pm and end at approximately 6:45pm on the third Tuesday of the month. The meeting will begin with approximately 15 minutes of study from our Service Manual and then move to discussion of any issue anyone wishes to bring up, ask your DCMC. There will be no minutes kept so what is discussed is "off the record" and you need not be currently participating in general service to attend.

In closing if you are interested in serving as a DCM or your group is interested in responding to agenda topics and lacks a GSR please contact me for assistance.

Warmest Regards, Brent MacQ.

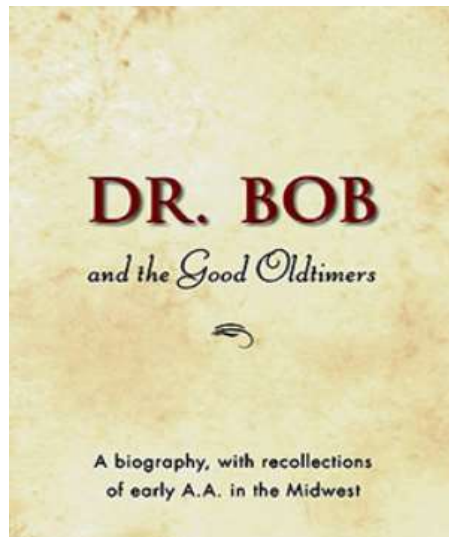
recoveringbrent@yahoo.com

650-918-2136

DCMC District 05 CNCA 06 Panel 73

Subdistrict	Area	DCM
01	Coast North of Devils Slide	
02	Daly City, Broadmoor, Colma, SSF	
03	San Bruno Milbrae	Ted B.
04	Burlingame, Hillsborough	Grant V.
05	San Mateo, Foster City	
06	Belmont, San Carlos	
07	Redwood City	
08	East Palo Alto, Atherton, Menlo Park, Portola Valley	
09	South Coast, south of Devils Slide	
10	open	

BOOK OF THE MONTH MARCH 2023



Filled with interviews with friends and family, this deeply researched biography follows A.A. co-founder Dr. Bob S. from his New England childhood to his days as a surgeon and father who couldn't stop drinking; to his transformative meeting with Bill W. and the birth of A.A. in Akron; and finally to his untimely death in 1950. The early history of Alcoholics Anonymous in the Midwest is chronicled along the way.

DR. BOB AND THE GOOD OLDTIMERS can be purchased at our Central office in March for \$10.00

TRADITION THREE

“The only requirement for AA Membership is a desire to stop drinking.”

E	C	N	E	I	T	A	P	R	H	N	P	S	D	T	M	A
E	P	M	M	T	O	L	E	R	A	N	C	E	O	S	W	B
O	A	V	E	Y	K	K	X	X	C	Z	P	P	P	V	M	C
Y	S	V	M	F	S	X	C	I	D	T	P	E	E	U	D	S
H	B	G	B	G	R	Q	N	B	E	Q	I	D	N	Q	A	K
R	N	N	E	V	T	A	T	S	C	G	E	A	F	R	M	K
V	T	E	R	Z	I	P	R	P	L	S	T	D	Q	K	F	R
X	I	R	S	F	U	M	R	N	A	T	M	C	C	L	E	G
R	Y	R	H	P	N	I	E	Z	R	J	W	H	H	Q	K	M
R	J	J	I	Q	N	G	J	E	E	E	R	R	U	L	R	L
Z	N	T	P	C	A	N	W	N	L	B	A	I	S	X	H	L
N	H	X	I	A	Q	C	B	C	F	G	R	D	T	H	G	N
Q	Z	P	K	Q	C	K	O	S	Z	E	G	T	S	A	V	Y
L	L	O	T	U	J	M	M	F	M	H	F	U	J	O	L	U
E	K	Z	A	P	E	W	H	E	D	Z	O	V	R	S	E	N
I	U	Y	Z	L	F	S	N	A	X	A	U	N	X	T	Y	X
Q	N	A	Y	B	E	T	G	S	P	G	A	V	W	D	S	U

TOLERANCE

PATIENCE

STRUGGLE

OPEN

WELCOME

MEMBERSHIP

PRINCIPLE

DECLARE

REQUIREMENT

Central Office Delegates Meeting Minutes – Tuesday, FEBRUARY 14, 2023

Opened Delegates Elections/Meeting – 7:30 pm & Closed: 8:08 pm.

12 Traditions: Gordon L. Responsibility Statement: Michael H.

New Delegates: Mike G.- Foster City Living Sober- in person meeting.

Birthdays: John B.- 9 years, Taylor C.- 6 months, Brent M.-11 years, Brian S.- 2 years, Mike G.- 19 years.

Minutes- Approved. Financial Report- Approved.

Service Committee Reports:

BTG- Bridging the Gap- Charles B.

The Bridging the Gap monthly (BTG) meeting occurs the **2nd Tuesday** of the month 7:00-7:30PM in an online format (Zoom - Meeting ID: **563 554 9920**; Passcode: 54321). *Note date and meeting ID updates.*

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings where available.
- We had our monthly meeting on February 13th in a zoom format. We received 3 blue cards over the last month and assigned volunteers. We are in communication with Palm Ave Detox Center to begin presentations. Presentations at the VA in Menlo Park are occurring on a weekly basis, and to the San Mateo County Parole on a monthly basis- partnering with PICPC.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

General Service- Becky N.

- Agenda topics are coming in March. GSR volunteers will be sharing the topics with their groups. Save April 1 & 2 for our preconference assembly in Richmond.
- We still have an opening position for the Grapevine/La Vina.
- Meeting time: 3rd Tuesday of the month, 7:00 PM Orientation/ Concepts Study; 7:30 Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571

H & I

- Contact Joey D. at (650) 207-3525 to be of service or if you have questions.
- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. (Orientation at 7:15 pm and Business Meeting at 8:00 pm)

PENYPAA – Taylor C.

PENYPAA represents the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery.

- We will be co-hosting a comedy night with EBYPAA in Dublin, on Feb. 18th and a dance with WACYPAA on March 18. See PENYPAA.ORG for upcoming events.
- Our committee meets on the 2nd and 4th Sunday at 5:30PM, location is at 225 Tilton Ave, SM.
- We have lots of open positions and need volunteers.

PI-CPC- Susan C.

- Business meeting is on 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337> This month's meeting was Feb.14th.
- Discussion is in progress on how to distribute packets for law enforcement- to local police departments. There are 5 suggested pamphlets from AA World Service. The committee agreed that AA literature as education for law enforcement seems a better alternative than leaving AA literature in the lobby of police stations.
- Discussion on how to attract more people to attend meetings, and ways to attract those Individuals who are interested in Public Information- Cooperation with Professional Community.
- Feb. 2: Brent M. and Susan C. attended the PACT (Parolee Action Community Team) meeting. Brent provided 180 pamphlets to the Parole Office. One parolee who was given a Big Book approached Brent the following Sunday, thanking us for helping him on his journey. It doesn't get any better!
- Upcoming Events:
 - March 8: Health & Wellness Fair, Skyline College.

- March 22: Health & Wellness Fair, College of San Mateo.
- May 5-6: CA Association Marriage Family Therapists, May 5-6, Hyatt Regency, Santa Clara.
- May 20-24. American Psychiatry Assoc., SF

Advisory Committee – Rich F.

- Committee met on February 1st; the next meeting will be in May.
- Don C. reported: There is a need for a Central Office on-call assistant when current staff is ill or on vacation. This would ensure that Central Office will be open during regular hours of operation.
- The central office delegates approved the motion: The Advisory Committee recommends that the delegates authorize our office manager to hire an on-call office assistant, selected from current volunteers, at rate of \$20 per hour.
- Don C. also reported: The current office printer lease is up for renewal July 1. Usage has dropped significantly since CO did not provide printing services to NCCAA due to Covid. Currently, NCCAA has not requested to use CO services for printing. Don researched a replacement printer which will meet current office needs. It is anticipated that the monthly fee will be reduced since the use level and need will be lower.
- The central office delegates approved a motion that Don C. go forward with a new printer as described to the delegates.

Teleservice

- To be of service or for more information, please contact Michelle C., Information Chair, at (650) 303-1208 or Erin S., Chair, at (408) 431-4365.

Central Office Anniversary Party- Colleen G.

- Planning is starting for the 2023 Central Office Anniversary Party.
- Date: Labor Day Weekend - Sunday, September 3.
- The Committee is being formed and needs volunteers. First meeting will be scheduled for April.
- This is a fun event, and it is even more fun when we get involved with service. You won't want to miss the experience! If you would like to join this committee, we welcome you. Please reach out to me with your name, phone number and email. You can call, text, or email me your information.
- Contact Colleen G., Central Office Party Chair, at 510-334-7894 or cgillaspy59@gmail.com

Central Office Report - Don C.**Statistics for January 2023:**

- 2 – 12 Step Calls; 68 - Office Visits; 119 - Phone Information Calls

Other information to share:

- While installing new carpets, a large amount of old Grapevine magazines was discovered. If you would like some, please stop by the office and help yourself.
- The San Mateo County website contribution page has a drop-down menu with all the meetings on it. It is outdated, and we are working on updating the information. For now, if you are contributing to a meeting that is not on the list, you can add the meeting name in the place for 'comments.'
- Is your meeting a chip meeting? Central Office is updating the list of chip meetings, email your chip meeting name to aasanmateo@gmail.com
- Central Office has received reports of hosts of zoom meetings getting knocked out of the meeting, yet they can get right back on, and the meeting doesn't stop. This may be caused by hosts of other meetings coming into the meeting through 'zoom.us' and joining through there. If you aren't the host of the meeting, please don't come through that way.

No Old Business. No New Business.

Next Meeting: Tuesday, March 14, 2023, 7:30 pm

FINANCIAL REPORT**FEBRUARY 2023**

	FEB	Total YTD		FEB	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	0.00	0.00	Accounting Services	1,736.40	1,890.40
Book sales	1,425.47	2,576.40	Books Purchased	1,980.60	3,654.15
Central Office Annual Party	0.00	0.00	Chips	268.45	473.00
Chip sales	278.50	759.52	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	0.00	24.00	Central Office Insurance	0.00	318.60
Faithful Fivers	503.23	1,162.42	Credit Card Charges	48.72	74.88
Group Contributions	7,082.79	19,512.44	Employee Insurance	249.00	505.00
High Sobriety Subscriptions	26.00	26.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	360.20	720.40
Individual Contributions	162.99	997.34	Office supplies	44.18	89.09
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	0.00	500.00
Printing	20.00	20.00	Rent	1,501.00	3,002.00
Sales Tax on Books & Chips	187.53	361.33	Salaries	5,003.81	10,007.51
Tax Refund	0.00	200.00	Sales Tax on books	345.00	345.00
		0.00	Taxes (Payroll)	2,124.37	4,345.64
Total Income	9,686.51	25,639.45	Telephone & Tech	229.24	575.72
			Telephone Advertising	0.00	0.00
Less Expenses	14,055.97	26,831.39	Teleservice	165.00	330.00
			Travel Expenses	0.00	0.00
Net Income (loss)	(4,369.46)	(1,191.94)	Web Services	0.00	0.00
Starting Balance		65,337.96			
Plus Net Income/Loss		-4,369.46			
Ending Balance		60,968.50	Total Operating Expenses	14,055.97	26,831.39
TOTAL PRUDENT RESERVE		50,234.75	Net Income (loss)	(4,369.46)	(1,191.94)
			2022 Year-to-Date Summary		
TOTAL CASH POSITION		111,203.25	Year-to-Date Income		25,639.45
			Year-to-Date Expenses		26,831.39
			Year-to-Date Net Inc/(Deficit)		(1,191.94)

SAN MATEO COUNTY FEBRUARY 2023 GROUP CONTRIBUTIONS

BELMONT	FEB	YTD	PACIFICA	FEB	YTD	Zoom	FEB	YTD
Day At a Time		140.33	B.Y.O.B. Group Thurs Noon		180.43	12 Step Study (Tues Noon) MIL	100.00	100.00
			Discussion Group Fri Noon		120.00	1st Tradition		12.02
BRISBANE			Pacifica BB Study Mon 11:00am		191.00	Bookies SC	20.04	70.04
Brisbane Breakfast		31.66	Pacifica Live Wake Up	140.00	280.00	Broken Elevator Thurs.		10.02
			Pacifica Men's Group		198.10	FC Living Sober Groups (Zoom)	359.32	534.66
BURLINGAME			Page 133 Group	361.90	361.90	Friday Night Rap SB	29.87	29.87
Any Length		474.27	Pedro Valley Pacifica		154.00	Friday Noon Big Book	9.83	49.87
Burlingame Men's Grp	688.80	688.80	Serenity in Pacifica		47.00	Men's RAD Big Book MP	225.88	225.88
Burlingame Noon Men's Grp		305.00	Sun. Afternoon Daily Reflections		124.60	Off Broadway Beginners Mtg SM	263.00	263.00
Burlingame Read a Passage	162.00	162.00	Tues. Weds. Thurs Noon Disc	250.00	250.00	S.C. Awareness Group SC	128.47	153.47
Ham & Eggs	55.00	55.00				Sunday Sundowners SM	561.35	561.35
Hillsborough Men's Group	200.00	200.00	PESCADERO			The Old & the New FC	69.93	89.93
Peninsula Prime Time		240.00	Grass Roots	10.02	10.02	The Sewer Group RWC	179.87	179.87
Prime time Book Study		126.00				USR Men's Online Group		62.14
Sat. Nite Disc. Group	245.00	245.00	REDWOOD CITY			Women who wear shoes		100.10
Senior Focus Group		145.14	Don't Drink Group	202.90	202.90			
Wednesday Night Disc Anson	274.19	274.19	San Carlos Beginners		295.15			
			Thumpers		338.62			
FOSTER CITY			Wed. Woodside Meeting		431.61			
FC Men's Sharing Group		455.00						
FC Women's Pop Up Gazebo		488.64	PORTOLA VALLEY					
Living Sober Groups (all)		203.70	Ladera Mon Nite Group	63.55	953.25			
			Portola Valley 11th Step		380.00			
HALF MOON BAY								
7AM Coastside Meet M-S	385.67	777.18	SAN BRUNO					
Emotional Sobriety Book Study	141.23	141.23	Big Book Study Fri (5pm)	75.56	208.64			
HMB Thurs Womens BB		25.04	Come as You Are	55.00	55.00			
Last Barron on the Block	79.28	79.28	Experience, Strength, Hope	16.80	16.80			
Sat Nite Step		2.11	Living Sober/ HH (Tues)		60.00			
Thurs. Night Men's Group		492.80	Grupo Serenidad	15.00	15.00			
			Spir/Disc - Happy Hour (Mon)	105.21	217.68			
MENLO PARK								
Attention Grp Wed Noon	107.68	107.68	SAN CARLOS					
Cottonmouth		288.02	SCPF- all meetings		315.60			
Fri. Noon Women's	329.56	329.56	Sober Sundays		51.92			
Menlo Park Men's Group		191.40						
Sat Morning Sandhill	55.00	508.25	SAN MATEO					
Sunday Sober Sisters		252.00	Fireside Group	273.70	273.70			
Women's 12-Step Thu Noon		264.60	Highlanders Grp.		355.80			
			Joy of Living	20.00	20.00			
MILLBRAE			Mid Peninsula Women	108.77	245.97			
Sobriety in the Park		142.51	Monday Night Men's 6:30		210.00			
			Morning Serenity (All)		841.80			
LA HONDA			The Forum Group	359.00	359.00			
La Honda Group (Thurs)		244.30	Wednesday Afternoon Group	107.00	216.00			
			Women's Home Grp (traveling)		100.23			
			SOUTH S.F.					
			New Beginnings Women		140.00			
			South City Women's	247.41	247.41			
			Misc.					
			unknown		435.00			

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