

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aasanmateo.org  
aasanmateo@gmail.com

April 2023

## SMC Fellowship News April 2023



**Every storm runs out of rain.**

**-Maya Angelou**

Be careful what you wish for. The first day of Spring has come and gone and we are still waiting for the sun to come out. The last few years have been so dry that we have been conditioned to treat even a passing shower that disrupts our commute as a divine event. Repeat after me: "It's ok. . . We need the rain. . ." I don't know about everyone else, but for me, that statement has now been adjusted to "It's ok. . . We need the rain. . . to stop." I am truly grateful for the snow and rain and the likelihood that it will shorten our fire season this year. In the meantime, we wait and hope that maybe some day soon we will be able to rotate our down jackets to the back of the closet.

**HAPPY EASTER, JOYOUS PASSOVER and . . .  
WELCOME SPRING!**

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**GENERAL SERVICE:** See message from General Service on page 7.

### Service Manual Study

And

### Ask Your DCMC

6:15pm to 6:45pm

3<sup>rd</sup> Tuesday of the Month

We will start with a review of the service manual and then open the meeting for discussion on topics of interest. If you have a question about general service, bring it here.

Meeting ID: 857 0421 3338

Passcode: 0571

One tap mobile

+16699006833,,85704213338#,,,,\*0571# US

(San Jose)

I don't know a  
GSC from a GSB!!

We delegate  
authority?

AA comes with  
a warranty??

Does GSR hurt?  
Is there a cure?

Why did they  
change that!!!

What's a DCMC?

Why do we use  
an inverted triangle?

My group drives  
AA, really?

Who gets to  
decide and why??

Where's the  
money go?

## Monthly Service Committee Meetings

BRIDGING THE GAP	April 11, 7:00 p.m. on Zoom Meeting ID: 563 554 9920 Passcode: 54321 <u>(Note – new date and time for this meeting)</u>
TELESERVICE	Quarterly Meeting –June 11, 7:00pm on Zoom Meeting ID: 858 4259 6364
DELEGATES TO CENTRAL OFFICE	April 11, 7:30 pm on Zoom Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
PI/CPC	April 11, 6:15 pm on Zoom Meeting ID: 841 7877 3337
GENERAL SERVICE	April 18, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833
H&I (Hospitals & Institutions)	April 25, 7:15 orientation; 8 p.m. business meeting St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo
PENYPAA (Peninsula Young People in AA)	April 9 and April 23 at 5: 30 p.m., 225 Tilton, San Mateo

## UPCOMING EVENTS

### TRUSTED SERVANTS WORKSHOP FOR SECRETARIES – TREASURERS – LITERATURE PERSONS

*HANDOUT MATERIAL WILL BE PROVIDED TO ALL ATTENDEES*

**CONTACT CENTRAL OFFICE FOR MORE INFORMATION**

**SATURDAY, APRIL 29, 2023      1:15 PM - 3:15PM**

**SAN CARLOS PENINSULA FELLOWSHIP**

**1133 EATON AVE., SAN CARLOS**

**HYBRID ZOOM MEETING ID: 879 4426 5725**

**SATURDAY, MAY 6, 2023      10:00AM – 12:00PM**

**METHODIST CHURCH**

**777 MIRAMONTES ST., HALF MOON BAY**

**HYBRID ZOOM MEETING ID: 821 4030 0996**

**SATURDAY, MAY 13, 2023      1:00PM - 3:00PM**

**WEST BAY ALANO CLUB**

**216 MOSSWOOD WAY, SO. SAN FRANCISCO**

*may 6TH*  
*9:30 am to 3 pm*  
**Mental Health in AA**  
**Workshop**

*Sponsored by the "5150 Fellowship"*

**Topics Include:**

- Being an Ally to AAs with Mental Health Issues (Sponsoring, H&I)
- Getting Diagnosed and Finding Resources
- Navigating Mental Health Crises Sober

**Volunteers Needed:** email: [zoirecovery@gmail.com](mailto:zoirecovery@gmail.com)

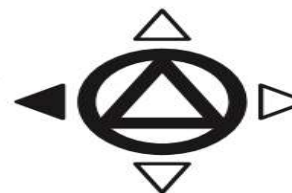
**\$5** SUGGESTED  
DONATION

*Light breakfast  
and snacks*

**Crossroad Bible Church**  
**1670 Moorpark Ave,**  
**San Jose, CA 95128**  
**Upstairs B Wing**

a journey through the twelve steps of AA

**woodstock west**  
**Los Angeles, CA**  
**May 19-21, 2023**



**Schedule**

schedule and/or speakers subject to change

**Friday, May 19**

5:00 PM Registration opens  
 7:00 PM Step 1  
 8:30 PM Step 2

Joe C., Palm Coast, FL  
 Don L., Bellingham, WA

**Saturday, May 20**

8:00 AM Registration opens  
 9:00 AM Step 3  
 10:30 AM Steps 4 and 5  
 12:00 PM Steps 6 and 7  
 1:00 PM **BREAK**  
 4:30 PM Steps 8 and 9  
 6:30 PM **BANQUET**  
 8:00 PM Speaker

Ronald W., Los Angeles, CA  
 Stacy S., San Antonio, TX  
 Jennifer H-K., Plano, TX

Sydney R., Los Angeles, CA

Linda P., Arvada, CO

**Sunday, May 21**

8:00 AM **Breakfast**  
 9:30 AM Step 10 and 11  
 11:00 AM Step 12

Matthew M., Santa Paula, CA  
 Steve L., Nashville, TN

**Venue**

**Four Points by Sheraton, LAX**

9750 Airport Blvd., Los Angeles, CA 90045  
 310-645-4600  
*Complimentary shuttle to/from the airport.*

**Contact**

*web:*  
*email:*  
*phone:*

[www.woodstockwest.biz](http://www.woodstockwest.biz)  
[info@woodstockwest.biz](mailto:info@woodstockwest.biz)  
 Ralph W @ 424-229-0977

## BRISBANE BREAKFAST BUNCH

INVITES YOU TO THE REGULAR

### AA MEETING

AT THE COMMUNITY CENTER  
(UNDER THE LIBRARY)  
250 Visitation Ave, Brisbane CA.

EACH SUNDAY, AT

**11:00 A.M. FOR AN A. A. MEETING**

AND 10:45 A.M. FOR ARMS LENGTH

### SPEAKERS FOR APRIL 2023 ARE:

April	2nd	<b>Cecilia</b>	WBAC Wom.
Happy Hr.			
April	9th	<b>Susan C.</b>	WBAC Wom. Happy Hr.
April	16th	<b>Johny</b>	SSF 7am BB Study
April	23rd	<b>Melinda H.</b>	WBAC Wom. Happy Hr.
April	30th	<b>Tina</b>	Hollister, CA.

PENYPAA INVITES YOU TO...



# COME PLAY

## SOCCER

**APRIL 23, 2023**

**GREER PARK IN  
PALO ALTO**

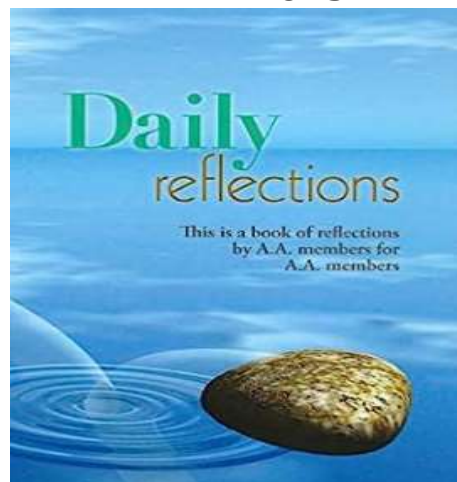
**FROM 12PM - 4PM**

**MEETING 12-1PM**

**CONTACT RAMEEZ: (650) 745-5570  
FOR ANY QUESTIONS**



## BOOK OF THE MONTH APRIL 2023



Daily Reflections was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year—one day at a time. Each page contains a reflection on a quotation from AA Conference-approved literature, such as Alcoholics Anonymous, Twelve Steps and Twelve Traditions, As Bill Sees It and other books.

**DAILY REFLECTIONS** can be purchased at our Central office in April for \$10.00

## What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, [aa-san-mateo.org](http://aa-san-mateo.org), with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

**Central Office is open Monday through Friday from 8:30 am to 4:30 pm.**

## HAPPY BIRTHDAY



**Will H.**

**San Mateo**

**39 years**

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

### Become a Faithful Fiver!

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible!

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



**STEP FOUR: *Made a searching and fearless moral inventory of ourselves.***



**ON A MISSION**

I walked through the doors of AA on September 19, 2011. I remember the date clearly. The night before I had blacked out once again, making a fool of myself, hurting those closest to me. I woke up that morning with incomprehensible demoralization. I knew I had to stop drinking.

I got a sponsor, a home group and a Big Book. People in meetings suggested that I go to 90 meetings in 90 days and read the book. And that's exactly what I did. I worked the first three Steps and felt great. Work was better, my relationship with my wife was better, life was better. It was the first time in a long time that I could remember being OK with being alive.

That's when my sponsor suggested I do my Fourth Step. It looked scary to me, not because of what I would have to write down, but because I was terrified I'd do it wrong and look stupid. I couldn't face sharing those fears with anyone, so I just didn't do my Fourth Step. I figured I'd just go to meetings and try to be a good person. I convinced myself that I'd remain sober. My sponsor warned me that if I didn't do the Fourth and Fifth Steps I would possibly relapse. I thought he was being a jerk.

One Saturday I left my AA meeting with no thought at all of drinking. Within two blocks the thought that a beer would be nice suddenly came into my mind. The next thing I knew it was Friday night and I was driving to my hometown with a handgun to shoot my little brother in the head. He had called me and was upset that I had gone to our parents' house and created a drunken scene there that caused a lot of pain and heartache. He said I had broken my dad's heart and created such a scene that

my mom had to go to the ER with intense chest pains. I'm so thankful that I did not make it back to my hometown that night to "deal" with my brother.

When I woke the next morning, I was once again a broken man, crying into the arms of my wife. I pleaded with God to take my life. Instead, God gave me the courage to pick up the phone and call the man who had foretold my future—the man who told me I might relapse. He was someone with a real answer. That man dropped everything that Saturday morning and came to my apartment. He walked with me through the hell I was going through.

As I look back over that relapse, I realize how divinely ordered my life is. I know that God is working everything out. I was afraid of going back to AA because I felt like a phony. I had let everyone down. I was afraid that I'd be judged a failure. But when I walked back into my home group, I was received with open arms, without judgment. I learned from my sponsor and the oldtimers—and now from my own experience—how vitally important the Steps are, all of them.

One of the most beautiful moments in my life followed that relapse. The day I walked back into AA I learned an important lesson: AA members are loving and kind, and they don't shoot their wounded. They carry you through the pain and wounds until you can walk again.

The man I called sponsor dropped everything that morning and came and sat with me and talked me from the ledge. He never asked me for anything. As he left my apartment that morning, he gave me a hug. He said he was glad I called and that he loved me. Through my painful relapse I got to learn the most important lesson ever: Love heals the broken

BY: BILL B. | TAHLEQUAH, OKLA



## MESSAGE FROM GENERAL SERVICE

Greetings District 05. Our district conducted its agenda topics workshop on February 26 th describing the origins of the agenda topics, the process of informing the group and obtaining group conscience and the art of distilling down group discussion notes into a report without distortion of the message. We utilized the “juicy” agenda item Finance F that asked if we should discuss changing our founders’ writings. This led to some great discussion and as with every agenda topic session I have ever attended, I learned something.

First weekend in March is the Pacific Region AA Service Assembly, PRASSA. The pacific region consists of AK, AZ, CA, HI, ID, NV, OR, UT and WA with BC/Yukon participating as an honorary member. PRAASA is 1,200 or so AA service nerds discussing agenda topics and other matters pertaining to the governance of Alcoholics Anonymous. This year was at a hotel next to LAX and the warm sunny weather I was hoping for was not to be. It was a great opportunity to hear what folks in other states are thinking about on matters pertaining to AA. Next year, 2024, PRASSA will be in San Francisco on March 1 st -3 rd so mark your calendar, it’s an experience you will not want to miss.

In our March business meeting we discussed the details of reporting our group conscience at the pre-conference assembly coming up April 1 st and 2 nd in Richmond, see CNCA06.org for details. This was preceded by an excellent presentation from our visiting area officer. They expressed the rewards that being of service has brought them and their experience in the agenda topics process. Trust was a word that came up often. That from humble beginnings they learned to trust others. As they learned to trust they begin to earn the trust of their fellows. The result being the opportunity to be a part of the miracle that is alcoholics anonymous. Our business meeting then discussed how one distills down the notes from an agenda topics session into a coherent report. Concept three, the right to decision, was invoked to describe the rights and responsibility GSR’s have in reporting a group conscience.

Also, in our March business meeting we discussed the format of our meeting currently held online only, hybrid or not to hybrid was the question. As a result, we have formed an ad-hoc committee to evaluate the options and requirements of moving our business meeting to a hybrid format. We are fortunate to have great area committees that we will be contacting for technical support. We do not have to reinvent the internet.

As a reminder we have started a Service Manual study group that meets at 6:15pm to 6:45pm on the third Tuesday, same log in as our district meeting that starts at 7:30pm. In March we went over the Forward, in April we will be going over the Introduction. The time is also intended as an “Ask the District Committee Member Chair (DCMC)” and is an opportunity for anyone with questions regarding general service in AA to ask them.

Warmest Regards,

Brent MacQ.

recoveringbrent@yahoo.com

650-918-2136

DCMC District 05 CNCA 06 Panel 73

**ANSWER KEY - TRADITION THREE****TOLERANCE****PATIENCE****STRUGGLE****OPEN****WELCOME****MEMBERSHIP****PRINCIPLE****DECLARE****REQUIREMENT****Central Office Delegates Meeting Minutes – Tuesday, March 14, 2023****Opened Delegates Elections/Meeting – 7:32 pm & Closed, 8:03 pm.**

12 Traditions: Marian P. Responsibility Statement: Janice C.; New Delegates: Jonathan L., PENYPAA Service Liaison; Harry Z., The Old & The New Meeting, FC; Marian P., Mid-Peninsula Women's Group, Belmont.

Minutes- Approved. Financial Report- Approved.

**Service Committee Reports:****BTG- Bridging the Gap- Charles B.**

The Bridging the Gap monthly (BTG) meeting occurs the **2nd Tuesday** of the month 7:00-7:30PM in an online format (Zoom - Meeting ID: **563 554 9920**; Passcode: 54321).

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings where available.
- We had our monthly meeting on March 14 in a zoom format. We received 4 blue cards over the last month and assigned volunteers. We are in communication with Palm Ave Detox Center to begin presentations. Presentations at the VA in Menlo Park are occurring on a weekly basis, and to the San Mateo County Parole on a monthly basis-partnering with PICPC.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

**General Service- Becky N.**

- Agenda topics are coming in March. GSR volunteers will be sharing the topics with their groups. Save April 1 & 2 for our preconference assembly in Richmond.
- District 5 has 9 sub-districts and GSR volunteers are needed for sub-district chair-people.
- Meeting time: 3rd Tuesday of the month, 7:00 PM Orientation/ Concepts Study; 7:30 Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571

**H & I**

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. (Orientation at 7:15 pm and Business Meeting at 8:00 pm)

- Volunteers are taking meetings into Palm Avenue Detox.

#### **PENYPAA – Jonathan L.**

PENYPAA represents the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery.

- We will be co-hosting a dance with WACYPAA on March 18. See PENYPAA.ORG for upcoming events.
- Our committee meets on the 2nd and 4th Sunday at 5:30PM, location is at 225 Tilton Ave, SM.
- We have lots of open positions and need volunteers.

#### **PI-CPC- Susan C.**

- Business meeting is on 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337> This month's meeting was March 14th.
- The committee needs Spanish speaking volunteers to join PI-CPC for upcoming events.
- Literature Distribution: Law enforcement packets were distributed to SM CO police addresses. Next, religious packets will be offered to groups outside the Judeo-Christian communities.
- PI-CPC Outreach: Continued discussion on placing a small paid ad, in the SM Daily Journal. "If you have a problem with alcohol, contact A.A. We can help. 650-577-1310/AA-San- Mateo.org."
- Mar. 2: Attended the PACT (Parolee Action Community Team) meeting. AA handed out instructions for the 'AA Meeting App' on phones, Grapevines, and pamphlets. Mar. 3-4: attended PRASSA- joined workshops on remote communities and CPC. Brent and Susan will provide information to interested people. March 8: Health & Wellness Fair, Skyline College, with literature table. They invited Alanon to participate at an adjacent table. Skyline invited PI-CPC to return.
- Upcoming Events: March 22: Health & Wellness Fair, College of San Mateo.
  - March 31: Cesar Chavez Celebration, EPA Academy, 1050 Myrtle St., EPA. 4-8 pm.
  - May 5-6: CA Association Marriage Family Therapists, Hyatt Regency, Santa Clara
  - May 20-24. American Psychiatry Assoc., Moscone Center, SF

#### **Advisory Committee – Rich F.**

- The next meeting will be in May.

#### **Teleservice**

- To be of service or for more information, please contact Michelle C., Information Chair, at (650) 303-1208 or Erin S., Chair, at (408) 431-4365.

#### **Central Office Anniversary Party- Colleen G.**

- Date: Sunday, September 3 - Labor Day Weekend.
- In process of confirming the Location. Stay tuned!
- The Committee is being formed and needs volunteers. First meeting will be Saturday, April 22. Location – TBA at the April Central Office Delegates Meeting.
- This is a fun event, and it is even more fun when we get involved with service. You won't want to miss the experience! If you would like to join this committee, we welcome you. Please reach out to me with your name, phone number and email. You can call, text, or email me your information.
- Contact Colleen G., Central Office Party Chair, at 510-334-7894 or [cgillaspy59@gmail.com](mailto:cgillaspy59@gmail.com)

#### **Central Office Report - Don C.**

##### **Statistics for February 2023:**

- 1 – 12 Step Calls; 60 - Office Visits; 100 - Phone Information Calls

##### **Other information to share:**

There is going to be a price increase on all books from AAWS in April. We will not raise our prices until we need to buy books at the new price. As of now we are well set for a while. The big book is going up \$2.50 a book. It will make our price for the book at \$13.75. We add the tax to all our items and pay the tax quarterly.

No Old Business. No New Business.

Next Meeting: Tuesday, April 11, 2023, 7:30 p.m.

## FINANCIAL REPORT

### MARCH 2023

	MAR	Total YTD		MAR	Total YTD
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	40.00	40.00	Accounting Services	97.50	1,987.90
Book sales	916.42	3,492.82	Books Purchased	1,080.10	4,734.25
Central Office Annual Party	0.00	0.00	Chips	142.30	615.30
Chip sales	258.18	1,017.70	Central Office Annual Party Exp	0.00	0.00
Delegates Collection	0.00	24.00	Central Office Insurance	161.48	480.08
Faithful Fivers	637.37	1,799.79	Credit Card Charges	0.00	74.88
Group Contributions	5,809.53	25,321.97	Employee Insurance	249.00	754.00
High Sobriety Subscriptions	20.00	46.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	0.00	720.40
Individual Contributions	118.85	1,116.19	Office supplies	37.92	127.01
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	0.00	500.00
Printing	0.00	20.00	Rent	1,501.00	4,503.00
Sales Tax on Books & Chips	125.45	486.78	Salaries	5,407.59	15,415.10
Tax Refund	0.00	200.00	Sales Tax on books	0.00	345.00
		0.00	Taxes (Payroll)	2,187.28	6,532.92
<b>Total Income</b>	<b>7,925.80</b>	<b>33,565.25</b>	Telephone & Tech	207.04	782.76
			Telephone Advertising	0.00	0.00
<b>Less Expenses</b>	<b>11,071.21</b>	<b>37,902.60</b>	Teleservice	0.00	330.00
			Travel Expenses	0.00	0.00
<b>Net Income (loss)</b>	<b>(3,145.41)</b>	<b>(4,337.35)</b>	Web Services	0.00	0.00
<b>Starting Balance</b>		<b>60,968.50</b>			
<b>Plus Net Income/Loss</b>		<b>-3,145.41</b>			
<b>Ending Balance</b>		<b>57,823.09</b>	<b>Total Operating Expenses</b>	<b>11,071.21</b>	<b>37,902.60</b>
<b>TOTAL PRUDENT RESERVE</b>		<b>50,234.75</b>	<b>Net Income (loss)</b>	<b>(3,145.41)</b>	<b>(4,337.35)</b>
<b>TOTAL CASH POSITION</b>		<b>108,057.84</b>	<b>2022 Year-to-Date Summary</b>		
			Year-to-Date Income		33,565.25
			Year-to-Date Expenses		37,902.60
			Year-to-Date Net Inc/(Deficit)		<b>(4,337.35)</b>

## SAN MATEO COUNTY MARCH 2023 GROUP CONTRIBUTIONS

	MARCH	YTD	PACIFICA	MARCH	YTD	Zoom	MARCH	YTD
BELMONT								
Day At a Time		140.33	B.Y.O.B. Group Thurs Noon	144.00	324.43	12 & 12 @ 12.5M	22.00	22.00
			Discussion Group Fri Noon		120.00	12 Step Study (Tues Noon) MIL		100.00
BRISBANE			Pacifica BB Study Mon 11:00am		191.00	1st Tradition MID		12.02
Brisbane Breakfast	15.39	47.05	Pacifica Live Wake Up		280.00	Bookies SC	10.02	80.06
			Pacifica Men's Group		198.10	Broken Elevator Thurs. RWC		10.02
BURLINGAME			Page 133 Group		361.90	FC Living Sober Groups (Zoom)		534.66
Any Length		474.27	Pedro Valley Pacifica		154.00	Friday Night Rap SB	10.00	39.87
Burlingame Men's Grp		688.80	Serenity in Pacifica		47.00	Friday Noon Big Book FC	25.00	74.87
Burlingame Noon Men's Grp		305.00	Sharp Park 3rd & 11th Step	348.00	348.00	Men's R4D Big Book MP		225.88
Burlingame Read a Passage		162.00	Sun. Afternoon Daily Reflections		124.60	Off Broadway Beginners Mtg SM		263.00
Ham & Eggers	1122.68	1177.68	Tues, Weds, Thurs Noon Disc		250.00	Pescadero Group PES	40.09	40.09
Hillsborough Men's Group		200.00				S.C. Awareness Group SC	21.47	174.94
Peninsula Prime Time		240.00	PESCADERO			Sunday Sundowners SM		561.35
Prime time Book Study		126.00	Grass Roots	5.00	15.02	The Old & the New FC	20.00	109.93
Sat. Nite Disc. Group		245.00				The Sewer Group RWC		179.87
Senior Focus Group	143.14	288.28	REDWOOD CITY			Tools of Recovery (Tue 6:30p) SB	115.00	115.00
Tuesday Nite Group	147.00	147.00	Don't Drink Group		202.90	USR Men's Online Group MP		62.14
Wednesday Night Disc Anson		274.19	Horse's Ass Loving Fellowship	204.00	204.00	Wake Up Zoom PAC	49.93	49.93
			San Carlos Beginners		295.15	Women's Candlelight Grp PAC	200.48	200.48
FOSTER CITY			Thumpers		338.62	Women's Happy Hour SSF	15.00	15.00
FC Men's Sharing Group		455.00	Wed. Woodside Meeting		431.61	Women Read & Reflect. SC	5.00	5.00
FC Women's Pop Up Gazebo		488.64				Women who wear shoes		100.10
Foster City Women (Sat)	10.02	10.02	PORTOLA VALLEY					
Living Sober Groups (all)		203.70	Ladera Mon Nite Group		953.25			
			Portola Valley 11th Step		380.00			
HALF MOON BAY								
7AM Coastside Meet.M-S	313.92	1091.10	SAN BRUNO					
777 Miramontes Noon Meet.M-F	175.00	175.00	Big Book Study Fri (5pm)	83.30	376.94			
Coastside Talkers	140.00	140.00	Come as You Are	383.00	438.00			
Emotional Sobriety Book Study		141.23	Experience, Strength, Hope		16.80			
HMB Happy Hour Group	240.00	240.00	Living Sober / HH (Tues)	63.00	123.00			
HMB Thurs Womens BB		25.04	Grupo Serenidad		15.00			
Last Barn on the Block		79.28	Splr/Disc - Happy Hour(Mon)	196.78	414.46			
Sat Nite Step		2.11						
Thurs. Night Men's Group		492.80	SAN CARLOS					
			SCPF- all meetings	800.00	1115.60			
MENLO PARK			Sober Sundays		51.92			
Atherton Grp Wed Noon		107.68						
Cottonmouth		288.42	SAN MATEO					
Fri. Noon Women's		329.56	Fireside Group	87.85	361.55			
Menlo Park Men's Group		191.40	Highlanders Grp.		355.80			
Sat Morning Sandhill		508.25	Joy of Living		20.00			
Sunday Sober Sisters		252.00	Lunch Bunch		0.00			
Women's 12- Step Thu Noon		264.60	Mid Peninsula Women		245.97			
			Monday Night Men's 6:30		210.00			
MILLBRAE			Morning Serenity (All)	50.00	891.80			
Sobriety in the Park		142.51	The Forum Group		359.00			
			Wednesday Afternoon Group	154.00	370.00			
LA HONDA			Women's Home Grp (traveling)	150.36	250.59			
La Honda Group (Thurs)		244.30						
Misc.			SOUTH S.F.					
unknown		435.00	New Beginnings Women		140.00			
			South City Womens	10.00	257.41			
			WESTBAY ALANO					
			Colma Eye Opener	219.10	219.10			
			West Bay All Groups	70.00	70.00			

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