

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

May 2023

SMC Fellowship News May 2023



**In the midst of darkness,
light persists.
- Mahatma Gandhi**

I write this on May 1st – May Day – the unofficial beginning of Spring. It has been over three years since the start of the pandemic but, for some reason, this feels like the first time in so long that people are moving about without restraint – traveling, returning to religious services, attending family events and larger gatherings, etc. Nothing says hope like a big green lawn covered with people (and dogs) soaking up a warm afternoon. There were times during the past few years when I wondered if we'd ever see such a thing again. This makes me appreciate it so much more.

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GENERAL SERVICE: See message from General Service on page 7.

CENTRAL OFFICE: Please note: The price of published material from NY (and also from Grapevine) has gone up. We haven't had the need to order new books yet but, when we do, they will be for sale at the new price.

There are plenty of service opportunities available. See the minutes on pp. 8-9 for more info.

If you are interested in helping to plan this year's Central Office party, consider attending the committee planning meeting May 18. See p. 2 for details.

Monthly Service Committee Meetings

BRIDGING THE GAP	May 9, 7:00 p.m. on Zoom Meeting ID: 563 554 9920 Passcode: 54321 (Note – new date and time for this meeting)
TELESERVICE	Quarterly Meeting –June 11, 7:00pm on Zoom Meeting ID: 858 4259 6364
DELEGATES TO CENTRAL OFFICE	May 9, 7:30 pm on Zoom Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
PI/CPC	May 9, 6:15 pm on Zoom Meeting ID: 841 7877 3337
GENERAL SERVICE	May 16, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833
H&I (Hospitals & Institutions)	May 23, 7:15 orientation; 8 p.m. business meeting St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo
PENYPAA (Peninsula Young People in AA)	May 14 and May 28 at 5: 30 p.m., 225 Tilton, San Mateo
CENTRAL OFFICE PARTY COMMITTEE	May 18, 7:00 pm on Zoom Meeting ID: 825 1613 6372

UPCOMING EVENTS

TRUSTED SERVANTS WORKSHOP FOR SECRETARIES – TREASURERS – LITERATURE PERSONS

HANDOUT MATERIAL WILL BE PROVIDED TO ALL ATTENDEES

CONTACT CENTRAL OFFICE FOR MORE INFORMATION

SATURDAY, MAY 6, 2023 10:00AM – 12:00PM

METHODIST CHURCH

777 MIRAMONTES ST., HALF MOON BAY

HYBRID ZOOM MEETING ID: 821 4030 0996

SATURDAY, MAY 13, 2023 1:00PM - 3:00PM

WEST BAY ALANO CLUB

216 MOSSWOOD WAY, SO. SAN FRANCISCO

11TH STEP WORKSHOP

Join us for a four-week informational and practice series on the Eleventh Step

Good Shepherd Church
Fifth and O'Neill, Belmont

May 3, 10, 17, and 25, 2022

Wednesday evenings, 7:30 – 8:30 p.m.



Bring a cushion or other floor mat if you wish; chairs will be available.

No charge. 7th Tradition contributions only. Contributions will be used to pay rent and any expenses, with the balance distributed to the San Mateo Central Office.

For more information, contact Will Holsinger, (650) 678-2259,
william.holsinger@me.com.

may 6TH
9:30 am to 3 pm
**Mental Health in AA
Workshop**

Sponsored by the "5150 Fellowship"

Topics Include:

- Being an Ally to AAs with Mental Health Issues (Sponsoring, H&I)
- Getting Diagnosed and Finding Resources
- Navigating Mental Health Crises Sober

Volunteers Needed: email: zoirecovery@gmail.com

\$5 SUGGESTED
DONATION
*Light breakfast
and snacks*

Crossroad Bible Church
1670 Moorpark Ave,
San Jose, CA 95128
Upstairs B Wing



**47th ANNUAL
NORTHERN CALIFORNIA
HOSPITAL AND INSTITUTION
CONFERENCE**

“BRINGING HOPE WHERE THERE IS NO HOPE”


May 19th & 20th, 2023

Wyndham Sacramento, 5321 Date Avenue,
Sacramento, CA, 95481

FOR REGISTRATION AND MORE INFORMATION SEE

<https://www.handIConference.org>

PENYPAA HOSTS...
KARAOKE NIGHT



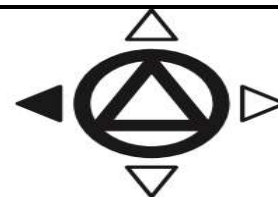
MAY 20, 2023
225 Tilton Ave, San Mateo
5-6PM: MEETING
6-10PM: KARAOKE
COHOSTED BY SCCYPAA
\$5 SUGGESTED DONATION
SNACKS PROVIDED / DINNER FOR SALE
NEWCOMERS ALWAYS FREE!
**STREET PARKING ONLY - DO
NOT USE PARKING LOT**
Questions? Rameez: (650) 745-5570

a journey through the twelve steps of AA

woodstock west

Los Angeles, CA

May 19-21, 2023



Venue

Four Points by Sheraton, LAX

9750 Airport Blvd., Los Angeles, CA 90045
310-645-4600

Complimentary shuttle to/from the airport.

Contact

web:

www.woodstockwest.biz

email:

info@woodstockwest.biz

phone:

Ralph W @ 424-229-0977

\$125
per night

*when reserving on or before May 5, 2023, and mentioning
Woodstock West*

WEST BAY ALANO CLUB MEMORIAL DAY BARBECUE**216 Mosswood Way, So. San Francisco****SUNDAY, May 28, 2023****★ 1:00 PM - AA Speaker ★****2:00 PM - Lunch ★**

Menu:

Barbeque chicken lunch (or vegan burger)
with all the fixin's – served until sold out -
\$10 suggested donation

50/50 Raffle * Fellowship and Fun!**(Event Hosted by WBAC Tuesday Morning BB Study Group)** ▲

NCCAA
 74th Annual
 Fall Conference

**Northern California Council of
 Alcoholics Anonymous**

*Oldest AA Conference Since 1947!***Fresno, CA**

DoubleTree by Hilton
 2233 Ventura St, Fresno, CA 93721
October 13, 14, 15, 2023

PRE-REGISTRATION CUT OFF DATE IS OCTOBER 1st, 2023**CONFERENCE RATE FOR HOTEL CUT OFF DATE IS September 28th, 2023****PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00****VISIT OUR WEBSITE AT --<http://www.norcalaa.org>****HAPPY BIRTHDAY**

Tom L. San Mateo 10 years

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

STEP FIVE: *Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*



Outsmarting the Jersey Devil

I was coming up on my AA anniversary recently when I flew east from Tucson to attend family reunions in Maryland and New Jersey. To get from one place to the other, I rented a car and decided to spend some time in the Pine Barrens of South Jersey, a place where I often hitchhiked as a teenager when I was growing up in New York City.

The Pine Barrens was the home of the iron industry at the time of the American Revolution, and it's the northern range of lots of interesting critters. It also has its own monster legend—the Jersey Devil. With my fellow teenaged hoodlum friends I drank warm beer, roamed the woods, got eaten up by mosquitoes and went into the town of Toms River looking for girls or trouble, and finding both. We were picked up numerous times by the local police. This trip I was not looking for trouble: I was about to be 25 years sober and felt a bit self-satisfied about it, complacent even.

I had reserved a motel room months in advance, only to be told when I got there on the 4th of July that all reservations had been cancelled and there were no rooms available. After a lot of conversation, the clerk intimated that if I was willing to pay more he might have a room. Just as I was about to give up and leave, not knowing where I might go as my options were very limited, the clerk relented and I had a room.

That evening, on the eve of my anniversary, I sought out an AA meeting in a small nearby town. I had some difficulty finding it because I left the address in the motel room, but I eventually pulled into a church

parking lot. I eased my rented car into a designated parking space with a low concrete barrier at the end of it. I didn't see the piece of steel reinforcing bar sticking up and tore off the front end of my rental car. I took a deep breath, muttered the Serenity Prayer a few times, and then I called the rental agency on the cell phone I carry for emergencies. Do the next indicated thing, I thought. In an hour and a half I had a new car. While waiting for the delivery, I managed to get in 10 minutes of the AA meeting. I felt better. I've always felt better after a meeting.

If all this was a test, I didn't drink. I had met the Jersey Devil on his turf and hadn't drunk. I then visited several places I used to frequent, couldn't find others (after 60 years!), and went to the T.G.I.F. Group's noon AA meeting in Toms River where I celebrated my anniversary with 50 strangers who were all my family.

It was a Step meeting and Step Five was the topic. I was glad to share my own experience, strength and hope about this Step ... I remember I had chiseled at it a little bit years ago when I first worked the Steps with a sponsor, leaving out the one thing I could never tell anyone, ever. My second year of sobriety, as a result, was nuts. I told another member of the Fellowship what was going on, and said I feared I was heading for a relapse. He said, "You've already had the relapse. You just haven't picked up the drink yet." I used all the tools available in and out of Alcoholics Anonymous, and I filled my sponsor in on what I had left out of my Fifth Step. I came out the other side of that changed, having had a spiritual awakening, and having a sense of connection to the human race and a Higher Power I had always felt estranged from.

Now sober 25 years, I continue to go to meetings, sponsor other recovering drunks, and try to apply the Steps to my daily life. Despite the aches and pains of age and infirmity, I still choose joy. The Jersey Devil that is my disease is still around, but, one day at a time, and with the help of the Fellowship and my Higher Power, I keep the monster at bay.

MESSAGE FROM GENERAL SERVICE

Greeting District 05, aka San Mateo County. Our April district meeting was conducted on April 18 th in an online format. Now that agenda topics are behind us for the year, we took a deep breath and began to focus on our Unity Day, July 16 th at Beresford Park, doors open at noon. What is Unity Day? It's an opportunity for our Service Committee's to showcase what they do, where they do it and best of all how you can too! Service is a vital component of the program of Alcoholics Anonymous and Unity Day is an excellent way to learn of many wonderful opportunities and enjoy some great fellowship too.

But that's not all, we will also be hearing from our Area Delegate regarding the 2023 General Service Conference (GSC). Of interest will be the results of discussions regarding if we should change any of the founder writings. The delegates to the GSC will be allowed to view an initial draft of a partially completed common language edition of Alcoholics Anonymous and we will hear our delegates opinion as to the drafts merits. Note that publication of the common language Big Book will require GSC approval. There is also a 5 th edition Big Book in the works with a targeted release date to coincide with the International Convention in Vancouver, British Columbia, Canada July 3 - 6, 2025 and I'm sure we will hear an update on that. Note if you want to see the delegates report sooner check out the Post-Conference Assembly coming up on May 13 th , details at cnca06.org.

And there's MORE!! The best free lunch in town!! Well sorta free, your groups contributions are used to fund Unity Day and we do not take donations at the event. Most of the committee chair positions were filled with members of the fellowship anxious to be of service. We had over 100 people attend our 2022 event so good planning will be needed once again. If you would like to volunteer let me know, look for a flier coming out soon.

Our district entertained a motion from our PI-CPC committee to run announcements in a local free newspaper. Draft announcements are "Have a problem with alcohol? Contact AA, we can help 24/7" to run over the summer and "Have you sometimes wished you could spend a holiday sober? AA can help 24/7" to run in October. Contact information is also included in the announcements. Please let your GSR's know your opinion of this motion.

I do want to bring to your attention that we are currently seeing less than 20% of our groups represented in our general service meeting. April's meeting was closer to 15%. Are you okay with only 15% of our groups doing the housework of Alcoholics Anonymous. Oh, but general service is boring. Housework is exciting?? I would also suggest that "bored" is a state of mind one chooses to be in. As I have heard in the rooms, "you are not bored, you are boring". **I would encourage all groups in our district; online, hybrid or in-person, to honor their obligation and responsibility to contribute to the well-being of Alcoholics Anonymous.** We are blessed in this district that our groups honor our 7th tradition and support our general service financially. AA needs something more valuable, a bit of your time.

Warmest Regards, Brent MacQ.

recoveringbrent@yahoo.com

650-918-2136

DCMC District 05 CNCA 06 Panel 73

Central Office Delegates Meeting Minutes – Tuesday, April 11, 2023

Opened Delegates Meeting – 7:30 pm & closed at 8:14 pm.

12 Traditions: Carol Y. Responsibility Statement: Susan C. New Delegates: Blair W., Saturday Morning Sandhill Hybrid, Menlo Park. A.A. Birthdays: Bob M., 12 years. Minutes-Approved. Financial Report-Approved.

Service Committee Reports:**BTG- Bridging the Gap- Charles B.**

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30PM in an online format (Zoom - Meeting ID: **563 554 9920**; Passcode: 54321). monthly meeting was April 11th

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings where available.
- We received 7 blue cards over the last month and assigned volunteers. We are working with H&I and Palm Ave Detox Center to begin presentations in a few weeks. Presentations at the VA in Menlo Park are occurring on a weekly basis, and to the San Mateo County Parole on a monthly basis- partnering with PICPC.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

General Service- Becky N.

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571
- The preconference assembly was held April 1st & 2nd, in Richmond.
- The General Service Committee will assist with registration for the Post Conference Assembly.
- Unity Day 2023: July 16th at Beresford Park, 2720 Alameda de las Pulgas, San Mateo.

H & I – Joey D

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. (Orientation at 7:15 pm and Business Meeting at 8:00 pm)
- More volunteers are needed as juvenile halls, jails, detox, and treatment centers reopen to meetings. Commitment is 1 hour a month.
- H&I is now doing zoom meetings with the women's jail.
- For most commitments, 6 months sobriety time and working the 12 Steps is all that is needed; for badged facilities, 5 years sobriety is required. For badging information contact Joey D. at joeydemar64@gmail.com. The badging process is primarily through email.

NCCAA – Brent M.

- The NCCAA 74th Annual Fall Conference: October 13 - 15th. Location will be in Fresno, CA at the Double Tree by Hilton. Address- 2233 Ventura St, Fresno, CA 93721

PENYPAA – Jonathan L.

PENYPAA represents the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery.

- Our committee meets on the 2nd and 4th Sunday at 5:30PM, location is at 225 Tilton Ave, SM.
- We have several open positions and need committee members: Website and Graphics Co-Chair, YPAA Liaison, Bylaws Chair, Archives Chair, Communications Chair, Bid Chair, Outreach Chair.
- Event: Soccer Game Event- April 30th, Greer Park, Palo Alto. Meeting from 12:00 - 1:00 pm, and Soccer Games from 1:00 - 4:00 pm.
- Event: Capture the Flag / "Banner Games" - April 15th, 326 Evergreen St, Harvey West Park, Santa Cruz. Co-hosting with CRUZYPAA (Santa Cruz). Meeting 12:00 -1:00 pm, games begin at 1:00 pm. Speakers will be from: ACYPAA, WACYPA, & AVYPAA; suggested donation, \$15.

PI-CPC- Susan C.

- Business meeting 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- PI-CPC Outreach focus:
 - One page information sheet- "What Do You Know About AA's PI-CPC?" for distribution to local AA meetings.
 - Law enforcement packets for distribution to SM CO police addresses. Next, religious packets will be offered to religious groups not previously contacted.
 - Two paid ads in the *SM Daily Journal*. "If you have a problem with alcohol, contact A.A. We can help. 650-577-1310/AA-San-Mateo.org." Timing is summer, around 4th of July and then later with Thanksgiving/November. Each ad will run for 26 consecutive days.
- Successful Business concluded: March 22- *Health and Wellness Fair*, College of San Mateo Health Fair, literature table staffing. Outreach to Al-Anon for participation.
 - March 31- Cesar Chavez Celebration. AA Spanish District 17 provided Spanish speaking volunteers to assist with the literature table.
 - April 6: Attended the PACT (Parolee Action Community Team) meeting. AA handed out AA Meeting App" instructions, various pamphlets, and Grapevines.
- Upcoming Event: May 20-24. American Psychiatry Assoc., Moscone Center, SF. GSO will pay vendor fee to fund AA participation for this literature table event.
 -

Advisory Committee – Rich F.

- The next meeting will be held May 3.

Teleservice - Erin S.

- **Open Positions:** 1st Tuesday, 12:30 am - 8:30 am; 2nd Saturday, 8:30 am - 12:30 pm; and 5th Saturday, 8:30 am -12:30 pm.
- To be of service or for more information, please contact Michelle C., Information Chair, at (650) 303-1208.

Trusted Servants Workshops- Bob M.

There are 3 upcoming workshops, scheduled on Saturdays. All workshops are in person/ hybrid. See the flyers in High Sobriety or the information on the AA website.

- April 29th- San Carlos Peninsula Fellowship, 1133 Eaton Ave, SC. Time: 1:15 pm -3:15 pm.
- May 6th- Methodist Church, 777 Miramontes Street, Half Moon Bay. Time: 10:00 am - 12:00 pm
- May 13th- West Bay Alano Club, 216 Mosswood Way, SSF. Time: 1:00 pm - 3:00 pm

Central Office Anniversary Party- Colleen G.

- We hope the party location will be secured in the next week or so. The event date may be moved to Saturday, September 30th. Stay tuned for more details.
- The Committee is being formed and needs volunteers.
- Our 1st planning meeting will be Thursday, April 20th at 7:00 pm on zoom.
 - Zoom ID: 825 1613 6372 - the room will open at 6:30 pm.
 - Meeting will last 1 hour. Please spread the word to anyone who is interested in volunteering. All are welcome. This is always a fun event and I have found it even more enjoyable to be of service. Reach out to me with your name, number & email to join the committee.
- Contact Colleen G., Chair of Central Office Party, at 510-334-7894 or cgillaspy59@gmail.com

Central Office Report - Don C.**Statistics for March 2023:**

- 1 – 12 Step Calls; 61 - Office Visits; 107 - Phone Information Calls

As I said last month the price of books from New York has gone up. We will not raise prices until we buy books at the new price. Grapevine books have also gone up and they will also go up when we order new books.

No Old Business. No New Business.

Next Meeting: Tuesday, May 9, 7:30 p.m.

FINANCIAL REPORT

APRIL 2023

	APR	Total YTD		APR	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	10.00	50.00	Accounting Services	94.00	2,081.90
Book sales	707.24	4,200.06	Books Purchased	327.63	5,061.88
Central Office Annual Party	0.00	0.00	Chips	0.00	615.30
Chip sales	100.74	1,118.44	Central Office Annual Party Exp	1,500.00	1,500.00
Delegates Collection	0.00	24.00	Central Office Insurance	161.48	641.56
Faithful Fivers	479.15	2,278.94	Credit Card Charges	35.72	110.60
Group Contributions	14,043.84	39,365.81	Employee Insurance	249.00	1,003.00
High Sobriety Subscriptions	10.00	56.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	510.88	1,231.28
Individual Contributions	14.31	1,130.50	Office supplies	204.92	331.93
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	62.75	562.75
Printing	0.00	20.00	Rent	1,501.00	6,004.00
Sales Tax on Books & Chips	86.52	573.30	Salaries	5,116.68	20,531.78
Tax Refund	115.97	315.97	Sales Tax on books	436.00	781.00
		0.00	Taxes (Payroll)	2,036.29	8,569.21
Total Income	15,567.77	49,133.02	Telephone & Tech	130.24	913.00
			Telephone Advertising	0.00	0.00
Less Expenses	12,531.59	50,434.19	Teleservice	165.00	495.00
			Travel Expenses	0.00	0.00
Net Income (loss)	3,036.18	(1,301.17)	Web Services		0.00
Starting Balance		57,823.09			
Plus Net Income/Loss		3,036.18			
Ending Balance		60,859.27	Total Operating Expenses	12,531.59	50,434.19
			Net Income (loss)	3,036.18	(1,301.17)
TOTAL PRUDENT RESERVE		50,327.99	2023 Year-to-Date Summary		
			Year-to-Date Income		49,133.02
TOTAL CASH POSITION		111,187.26	Year-to-Date Expenses		50,434.19
			Year-to-Date Net Inc/(Deficit)		(1,301.17)

SAN MATEO COUNTY APRIL 2023 GROUP CONTRIBUTIONS

	APRIL	YTD		APRIL	YTD		APRIL	YTD
ATHERTON			PACIFICA			Zoom		
Sunday Spirituality	10.02	10.02	B.Y.O.B. Group Thurs Noon		324.43	12 & 12 @ 12 SM	20.00	42.00
			Daily Reflections (Beach Mtg)	342.54	342.54	12 Step Study (Tues Noon) MIL		100.00
BELMONT			Discussion Group Fri Noon		120.00	1st Tradition MID		12.02
Day At a Time	412.43	552.76	Pacifica BB Study Mon 11:00am	143.50	334.50	Bookies SC		80.06
			Pacifica Live Wake Up	280.00	560.00	Broken Elevator Thurs. RWC	58.71	68.73
BRISBANE			Pacifica Men's Group	241.50	439.60	FC Living Sober Groups (Zoom)		534.66
Brisbane Breakfast		47.05	Page 133 Group		361.90	Friday Night Rap SB	104.81	144.68
			Pedro Valley Pacifica	268.00	422.00	Friday Noon Big Book FC	20.00	94.87
BURLINGAME			Serenity In Pacifica		47.00	Men's R4D Big Book MP		225.88
Any Length		474.27	Sharp Park 3rd & 11th Step		348.00	Off Broadway Beginners Mtg SM		263.00
Burlingame Men's Grp		688.80	Sun. Afternoon Daily Reflections	88.20	212.80	Pescadero Group PES		40.09
Burlingame Noon Men's Grp	330.00	635.00	Tues, Weds, Thurs Noon Disc		250.00	S.C. Awareness Group SC	30.00	204.94
Burlingame Read a Passage		162.00				Sharing Choices BUR	190.45	190.45
Ham & Eggers		1,177.68	PESCADERO			Sunday Sundowners SM		561.35
Hillborough Men's Group		200.00	Grass Roots		15.02	The Old & the New FC	20.00	129.93
Peninsula Prime Time		240.00				The Sewer Group RWC		179.87
Prime time Book Study		126.00	REDWOOD CITY			Tools of Recovery (Tue 6:30p) SB		115.00
Sat. Nite Disc. Group		245.00	A Vision for You	1,918.00	1,918.00	USR Men's Online Group MP		62.14
Senior Focus Group		288.28	Don't Drink Group		202.90	Wake Up Zoom PAC		49.93
Tuesday Nite Group		147.00	Horse's Ass Loving Fellowship		204.00	Women's Candlelight Grp PAC		200.48
Wednesday Night Disc Anson		274.19	San Carlos Beginners	322.70	617.85	Women's Celebrate Being Alive SM	40.00	40.00
			Sequoia Recovery Grp	200.48	200.48	Women's Happy Hour SSF		15.00
FOSTER CITY			Thumpers	274.86	613.48	Women Read & Reflect. SC	20.00	25.00
FC Men's Sharing Group		455.00	Wed. Woodside Meeting	390.62	822.23	Women who wear shoes	98.00	198.10
FC Women's Pop Up Gazebo		488.64						
Foster City Women (Sat)		10.02	PORTOLA VALLEY					
Living Sober Groups (all)		203.70	Ladera Mon Nite Group		953.25			
			Portola Valley 11th Step	275.00	655.00			
HALF MOON BAY								
7AM Coastside MeetM-S	283.98	1,375.08	SAN BRUNO					
777 Miramontes Noon Meet.M-F		175.00	12 Study Grp (Thurs)	44.40	44.40			
Coastside Talkers	192.68	332.68	Big Book Study Fri (5pm)	102.99	479.93			
Emotional Sobriety Book Study		141.23	Come as You Are		438.00			
HMB Happy Hour Group		240.00	Experience, Strength, Hope	27.00	43.80			
HMB Thurs Womens BB		25.04	Living Sober/ HH (Tues)		123.00			
Last Barn on the Block		79.28	Grupo Serenidad	15.00	30.00			
Sat Nite Step		2.11	Spkr/Disc - Happy Hour(Mon)		414.46			
Thurs. Night Men's Group		492.80						
MENLO PARK			SAN CARLOS					
Atherton Grp Wed Noon	359.67	467.35	In Step with Bill	325.71	325.71			
Cottonmouth	379.59	668.01	SCPF- all meetings	6.25	1,121.85			
Fri. Noon Women's	414.09	743.65	Sober Sundays		51.92			
Horse's Ass	766.00	766.00	SAN MATEO					
Menlo Park Men's Group	262.20	453.60	Firelake Group	177.80	539.35			
Sat Morning Sandhill	1,033.92	1,542.17	Highlanders Grp.		355.80			
Sat Sunrise Grp MP 7:30	353.68	353.68	Joy of Living		20.00			
Sunday Sober Sisters	230.00	482.00	Lunch Bunch	199.20	199.20			
Women's 12- Step Thu Noon		264.60	Mid Peninsula Women		245.97			
			Monday Night Men's 6:30		210.00			
MILLBRAE			Morning Serenity (All)	1,593.86	2,485.66			
Sobriety in the Park		142.51	The Forum Group	358.00	717.00			
			Wednesday Afternoon Group	101.00	471.00			
LA HONDA			Women's Home Grp (travelling)	451.00	701.59			
La Honda Group (Thurs)		244.30						
Misc.			SOUTH S.F.					
unknown		435.00	New Beginnings Women		140.00			
			South City Womens		257.41			
			WESTBAY ALANO					
			Colma Eye Opener		219.10			
			Men's Meeting	234.00	234.00			
			West Bay All Groups		70.00			

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