

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
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June 2023

## SMC Fellowship News June 2023



**Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time.**  
— John Lubbock, *The Use Of Life*

The rain is finally over so I am looking forward to being able to get outside again and enjoy green lawns (for the time being, at least), long days and warm evenings. Whether you choose to rest or to be active, I hope the summer brings you everything you wish for.  
- Joan F.

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**GENERAL SERVICE:** See message from General Service on page 7. Unity Day is scheduled for July 16 at Beresford Park in San Mateo. See p. 4 for details.

**CENTRAL OFFICE:** The 59<sup>th</sup> Annual Central Office party is scheduled for Saturday, September 30. If you are interested in helping to plan this year's Central Office party, consider attending the committee planning meeting on June 15 at 7:00 p.m. See page 2 for details.

The Central Office Party committee is also looking for donations for the Silent Auction. Proceeds will help to offset increased party expenses. This is a great way to contribute, either at the group or individual level. Please see p. 4.

## Monthly Service Committee Meetings

### BRIDGING THE GAP

June 13, 7:00 p.m. on Zoom

Meeting ID: 563 554 9920 Passcode: 54321 **(Note – new date and time for this meeting)**

### TELESERVICE

Quarterly Meeting –June 11, 7:00pm on Zoom

Meeting ID: 858 4259 6364

### DELEGATES TO CENTRAL OFFICE

June 13, 7:30 pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

### PI/CPC

June 13, 6:15 pm on Zoom

Meeting ID: 841 7877 3337

### GENERAL SERVICE

June 20, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

### H&I (Hospitals & Institutions)

June 27, 7:15 orientation; 8 p.m. business meeting

St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

PENYPAA (Peninsula Young People in AA) June 11 and June 25 at 5: 30 p.m., 225 Tilton, San Mateo

**CENTRAL OFFICE PARTY COMMITTEE June 15, 7:00 pm on Zoom**

Meeting ID: 825 1613 6372

## UPCOMING EVENTS



PENYPAA BRINGS YOU...

# Volleyball & Water Gun Tournament

JUNE 24, 2023

GREER PARK - PALO ALTO, CA  
Noon - 4 PM

12 PM  
**MEETING**

1 PM  
**Volleyball Tournament**  
Strategic shooters to mess you up!

3 PM  
**WATERGUN FIGHT**  
30+ people!



## AA Speaker Meeting & BBQ

West Bay Alano Club

216 Mosswood Way, So. San Francisco

\*\*\*\*\*1

**Tuesday, July 4, 2023**

Speaker at 1PM - Lunch served 2PM 'til sold out -

Menu: Hot dogs or sausage links, beans, mac & cheese,  
coleslaw and soft drink - \$10 suggested donation

**Dessert Contributions Welcome** - bring your  
favorite dessert to share!

Enter the **PIE EATING CONTEST** - (first 6 people  
to sign up will compete - text Jennifer B.  
to sign up: 650.580.7565)



## Silent Auction time again for the 59th Annual Central Office Party

We will be holding a silent auction to offset increased party expenses. We are asking groups to contribute items to be auctioned off during the party.

Below are a few ideas...

### ✦ Baskets

- |                                     |          |
|-------------------------------------|----------|
| • Gourmet Foods                     | • Sports |
| • Recovery (books, CD's, & jewelry) | • Movie  |
| • Coffee & Teas                     | • Candy  |



### ✦ Services

- |             |                  |
|-------------|------------------|
| • Haircuts  | • House cleaning |
| • Manicures | • Massages       |

\*\*should be provided by members\*\*



### ✦ Gift Cards

- Stores: Amazon, Best Buy, or Target
- Coffee shops: Peet's, Starbucks, or Philz
- Tickets/Passes: Movies, Concerts, or Theme Parks
- Restaurants: Cold Stone, Jack's Prime, or Broiler's
- Events: Sporting Events or AA Conventions



### ✦ Cash Contributions: Please note that the contribution is for "C.O. Party"

All items can be dropped at Central Office.  
Please contact Central Office for further info.



**UNITY DAY**  
**July 16 2023**

12:30-4:00PM  
Doors Open at Noon

Beresford Park Recreation Center  
2720 Alameda de las Pulgas



### Agenda:

- 12:00-12:30pm Fellowship and check out the service committee tables
- 12:30-1:00pm Welcome and Service Opportunities
- 1:00-1:45pm Best Free\* lunch in town
- 1:45-2:30pm Service Opportunities
- 2:30-3:00pm Dessert
- 3:00pm Delegates Report
- \*Thank you for your groups contributions



# 59th Annual San Mateo Central Office Anniversary Party

**When: Saturday, Sept. 30th**

Tentative Schedule: 3-9 pm

Free Parking!!

**Where: S.M. County Fair Grounds - Cypress Hall**

It takes a lot of people to make this event possible and we need help!!  
No matter what your length of sobriety, come get involved!!

## Upcoming Committee Meetings:

- June 15th
- July 13th
- Aug 10th
- Aug 31st

Zoom ID: 825-1613-6372 meeting starts at 7:00 pm

For more information contact Colleen at (510) 334-7894

**NCCAA  
74th Annual  
Fall Conference**

**Northern California Council of  
Alcoholics Anonymous**

*Oldest AA Conference Since 1947!*

**Fresno, CA**

**DoubleTree by Hilton**

2233 Ventura St, Fresno, CA 93721

**October 13, 14, 15, 2023**

**PRE-REGISTRATION CUT OFF DATE IS OCTOBER 1<sup>st</sup>, 2023**

**CONFERENCE RATE FOR HOTEL CUT OFF DATE IS September 28<sup>th</sup>, 2023**

**PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00**

**VISIT OUR WEBSITE AT --<http://www.norcalaa.org>**

## STEP SIX

Y M E S A E L E R E I T U P N V A  
U Z G H E U J M J A F K O W A E W  
N U B Z W T A Y D U K S V X S B U  
O T B P R D I G D R S P L S A L B  
I K H R A B I Y C I D A E A Y D E  
T O A S F L C E B S I N H T Y A N  
A J J D E G K I R T G E O H E M M  
M P K W J F L E N N T F I A B C V  
R I P L E I T E I N V O U K J X T  
I X D E T C T L D V L I Z T F C D  
F Z L I A O L E Y T I R E C N I S  
F W E R P I R B R J M G V E A Y I  
A S A M W A G S A L S T P T Y A A  
W H S P P W J E F A M N W O V D Z  
C I M E A E Y O V E R C O M E Z N  
Y Y R P Z I E I B T V O E H H C D  
N P W W P M I J O D J T D M Z S W

affirmation

prepared

character

potential

possibilities

release

overcome

sincerity

willingness

**TRADITION SIX:** *An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.*

## Raising The Roof

A few years ago, I learned a lesson about how misguided my good intentions could be. My troubled Tuesday night Step meeting had elected me secretary. The relationship with our landlord, a church, seemed the most pressing of the troubles. I met with the church's new administrator, who did not mince words about her frustration with us. She led me through our meeting space, which turned out to be a kind of AA "walk of shame" ... stains on the carpeting from overturned coffee cups, broken chairs, a pile of cigarette butts outside a side door, kitchen cupboards with open boxes of sugar and cookies, snacks for mice and bugs. According to what the previous administrator had told her, we were known to leave the lights on or the room unlocked.

I said I had no problem speaking for my group: We would literally clean up our act. She had heard such promises before; we were not the first AA group that she'd had to deal with in her career. Ouch.

My group had a special business meeting to address the church's complaints. I called the administrator a month later to check on how we were doing. This time she seemed, if not happy to hear from me, less unhappy. She acknowledged our improvements and hoped they would continue.

A few months later, a large poster appeared on the wall outside our meeting space. It announced a capital improvement campaign to pay for a new roof for the church. This gave me an idea. Our group could pass a second basket to make a contribution to the effort. I saw this as an opportunity to generate some good will with the administrator. I wish I could report that I had the good sense to talk to my sponsor first.

I brought my proposal up at the next business meeting. My sponsor's hand rocketed into the air. He made an impassioned plea to nix my idea: The Sixth Tradition

says we "ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise." It would be fine if members contributed as private individuals, but not on behalf of AA or this AA group. For us to become involved in the church's finances risked confusing our message with theirs. I immediately regretted bringing this up.

However, the group did not agree with my sponsor's concerns. Member after member spoke in favor of making a contribution to the church. One member made a motion, another seconded. The motion passed overwhelmingly. Each week we passed a second basket. At the end of the month, our treasurer sent the church administrator a check for about \$75. The administrator sent it back with a note. She feared our contribution would put us into the mindset that failing to meet our obligations as tenants would be more tolerated. (She also mentioned to me that she didn't think AA groups were supposed to be doing this!) So we stopped passing the second basket.

At the end of the day, the Traditions are suggestions. There is no AA police force to ensure compliance. Groups are autonomous. Some groups will make decisions that seem very out-of-step with the Traditions simply because they don't understand them or even know they exist. I've had to recognize that some groups consider the Traditions, but have different interpretations from my own. I can leave a meeting that (I think) ignores the Traditions, although it's a freedom that I try not to exercise often. I typically will trust in the idea that AA is ultimately self-correcting. My group who voted to contribute to the landlord's roof fund eventually voted to stop it.

Back to the roof incident that started this conversation. I remember getting in my sponsor's car after the business meeting where I proposed contributing to the church. I remember expecting him to be disappointed in me, but he wasn't. We went for pie and coffee, as usual. He said, "It'll work out. Or it won't. Just stay sober."

-Anonymous

## MESSAGE FROM GENERAL SERVICE

Greetings District 05, AKA San Mateo County Fellowship of Alcoholics Anonymous. The 73rd General Service Conference (GSC) has recently concluded, and the results are currently being disseminated to the groups by their General Service Representatives (GSR's). If your group does not have a GSR you still have the opportunity to be informed of the 73rd GSC results. Our area delegates report that they presented at the post conference assembly was taped and is available at [cnca06.org](http://cnca06.org). Our you can see our area delegate present their report at Unity Day on July 16th. This presentation includes a description of the first drafts of a plain language Big Book. As explained this new volume is not intended to replace any existitg literature, rather the intent is to create a new resource consistent with the current reading skills and language used in the US. Our area delegate reports that he and many other delegates were very skeptical prior to investigation of the draft. Their opinion's now?? Join us at Unity Day on July 16th where this and much much more will be presented.

At our district meeting on May 16th that was held in an online format part of what we discussed was the importance of keeping reports to the group short, preferably a minute and never over 90 seconds, was emphasized as our GSR's begin to inform their groups of the outcome of the 73rd General Service Conference. Short and often reporting was encouraged. We did spend some time going over how to interpret the wonderfully informative spreadsheet our area delegate provided that contains a very brief summary of conference results. Our visiting area officer assisted in this effort with a presentation, inappropriately titled by the district DCMC, "In AA, Floor Action is Not Dirty Dancing" describing what the terms, Advisory Action, Floor Action, and Committee Consideration mean and how we anticipate our General Service Board will respond to these items.

Also of local interest a request to fund two announcements in a local free newspaper was approved at out May district meeting. The announcements will run in June/July and in October and informs readers of our contact information while posing the question, Have you ever wanted to spend a Holiday sober? Our Public Information and Cooperating with the Professional Community (PI-CPC) group assisted in staffing an AA booth at the recent American Psychiatric Associations annual conference in San Francisco. The booth was staffed for four days as over 25,000 psychiatrists inhabited the Moscone Center in SF. The recognition we received was a joy to be a part of. It is encouraging that so many stopped by the booth and acknowledged that AA is a long-term solution for a cunning, baffling, and powerful disease. A number of the participants were friends of Bill and were very thankful for the oasis we provide in the middle of a huge conference.

See you on July 16th a Unity Day!!

Warmest Regards,  
Brent MacQ.  
[recoveringbrent@yahoo.com](mailto:recoveringbrent@yahoo.com)  
650-918-2136

**Central Office Delegates Meeting Minutes – Tuesday, May 9, 2023**

**Opened Delegates Meeting** –Opened Delegates Meeting - 7:30 pm & closed at 8:13 pm. 12 Traditions: Denise S. Responsibility Statement: Rich F. Minutes-Approved. Financial Report-Approved.

**Service Committee Reports:****BTG- Bridging the Gap- Charles B.**

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30 pm, in an online format (Zoom - Meeting ID: 563 554 9920; Passcode: 54321); monthly meeting was May 9th.

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings where available.
- We received 6 blue cards over the last month and assigned volunteers. We have worked with H&I and Palm Ave Detox Center to begin presentations on May 13th.
- Presentations at the VA in Menlo Park are occurring on a weekly basis, and to the San Mateo County Parole on a monthly basis- partnering with PICPC.
- BTG has initiated a dialog with First Chance Detox Center, Burlingame - to deliver literature May 10th.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

**General Service- Brent M.**

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571
- The Post Conference Assembly will be May 13th- Donworth Events Center, 473 Eucalyptus Dr, SF. The Area Delegate will give a presentation. Learn information on progress with the 5th edition of the Big Book, on the common language Big Book, should we change any of the founders' writings, and more.

**H & I**

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. Orientation at 7:15 pm and Business Meeting at 8:00 pm
- For most commitments, 6 months sobriety time and working the 12 Steps is all that is needed; for badged facilities, 5 years sobriety is required. For badging information contact Joey D. atjoeydemar64@gmail.com. The badging process is primarily through email.

**NCCAA**

- The NCCAA 74th Annual Fall Conference: October 13 - 15th. Location will be in Fresno, CA at the Double Tree by Hilton. Address- 2233 Ventura St, Fresno, CA 93721

**PENYPAA –**

We represent the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery.

- Our committee meets on the 2nd and 4th Sunday at 5:30 pm, location is at 225 Tilton Ave, SM.

**PI-CPC- Susan C.**

- Business meeting 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- Our outreach with the Burlingame Police Department:
  - AA literature as an educational tool to Police Officers and making progress getting AA information to officers in Patrol Cars.
  - AA Meeting schedules delivered to First Chance Recovery Center.
- We contacted Buddhist and Hindu Temples in San Mateo County to find out if they'd be open to receiving AA literature. The Buddhists are open to receiving information, although Buddhists do not drink alcohol. The Hindu's said "No" - Hindus do not drink alcohol.
- Continue discussion on how to educate AA members on the topic of "what PI is and is not."
  - AA is an anonymous organization, not a secret organization. We provide information that AA exists and what it does and does not do. This does not break any AA traditions.
- San Mateo Daily Journal Ad: Our motion for funding from District 5 continues.



- May 20-24, 2023: American Psychiatry Association, Moscone Center in San Francisco. AA literature table.

#### **Advisory Committee – Rich F.**

- New York raised prices on all AA books effective April 3rd. Unlike most Central Offices, we do not rely on income from book sales to a significant degree. We add tax to our total cost and pay taxes quarterly. Our practice has been to purchase 200 Big Books and receive an 18% discount which becomes our profit. We have 160 Big Books in stock with the current price of \$10.50. The new price for a Big Book plus tax is \$13.25. We agreed to continue selling Big Books and all AA books, at their current price until stock is depleted. New purchases will be at the increased prices.

#### **2023 ICOAA Conference**

- This annual conference is for Central Office Managers. Managers can attend sessions which assist them in their role and network with other managers.
- Recommendation: Approve sending Don C. to the ICOAA (Intergroup Central Office of AA) Conference in October and allocate \$1800 for expenses. Delegates approved the recommendation.

#### **Computer/Website IT Volunteer for Central Office**

- There is a need for help with our website which uses WordPress- specifically there is a need to make immediate changes to our contributions page. Delegates are asked to announce at their meetings the need for IT website assistance. Interested individuals should contact Don C. at [asaanmateo@gmail.com](mailto:asaanmateo@gmail.com) or 650-577-1310.

Next meeting is August 2nd.

#### **Teleservice - Michelle C.**

- Open Positions: 1st Tuesday, 12:30 am - 8:30 am; 2nd Wednesday, 4:30 pm - 8:30 pm; and 2nd Sunday, 4:30 pm - 8:30 pm. Contact Michelle C., Information Chair, at (650) 303-1208.

#### **Trusted Servants Workshops- Bob M.**

The two previous workshops have gone well, with more in-person participants. Thank you to the volunteers who have assisted with the presentations. We have one more upcoming workshop, format is in-person/ hybrid.

- Saturday, May 13th- West Bay Alano Club, 216 Mosswood Way, SSF. Time: 1:00 pm - 3:00 pm

#### **Central Office Anniversary Party- Colleen G.**

- Date: Saturday, September 30, 2023
- Time: 3:00 pm - 9:00 pm. (Help needed with setup/cleanup: noon - 3:00 pm and 9:00 -10:00 pm)
- The next planning meeting will be Thursday, May 18th, at 7:00 pm via zoom. We have started the planning but could use more help and ideas to make this a successful event.
  - Zoom ID: 825 1613 6372 - the room will open at 6:45 pm.
- Spread the word to anyone who would like to be of service and get involved. All are welcome and encouraged to join the fun. Information is on the San Mateo County AA website & there are "SAVE THE DATE" flyers available at Central Office to bring to your groups.
- For questions call, text, or email: Colleen G., Chair of Central Office Party, at 510-334-7894 or [cgyllaspy59@gmail.com](mailto:cgyllaspy59@gmail.com)

#### **Central Office Report - Don C.**

##### **Statistics for April 2023:**

- 3-12 Step Call; 46 - Office Visits; 88 - Phone Information Calls

##### **Other information to share:**

- I have had some people inquire why their group is not on the Group Contribution page in the High Sobriety! If your group is not listed, it means we have not received any 7th Tradition contribution. If your group passes the basket and you don't see your group on the Group Contribution page, ask for a treasurer's report to find out where your money is going.
- Currently, there are two Churches willing to hold new AA meetings- the Universal Unitarian Church, 2124 Brewster St., RWC, and the Central Peninsula Church, 1005 Shell Blvd, FC. If you know of a meeting that wants to get off zoom or start up again, have them call or email me at Central Office.
- Also, we can get insurance for a group if the building you're meeting in, needs it.
- We are looking for an IT person that can help me with the website.

No Old Business. No New Business. Next Meeting: Tuesday, June 13, 2023, 7:30 pm.

**FINANCIAL REPORT****MAY 2023**

	MAY	Total YTD		MAY	Total YTD
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	0.00	50.00	Accounting Services	96.00	2,177.90
Book sales	1,303.98	5,504.04	Books Purchased	449.68	5,511.56
Central Office Annual Party	0.00	0.00	Chips	99.20	714.50
Chip sales	250.95	1,369.39	Central Office Annual Party Exp	0.00	1,500.00
Delegates Collection	0.00	24.00	Central Office Insurance	161.48	803.04
Faithful Fivers	507.23	2,786.17	Credit Card Charges	27.29	137.89
Group Contributions	4,946.76	44,312.57	Employee Insurance	249.00	1,252.00
High Sobriety Subscriptions	0.00	56.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	238.48	1,469.76
Individual Contributions	9.31	1,139.81	Office supplies	29.93	361.86
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	42.00	604.75
Printing	0.00	20.00	Rent	1,501.00	7,505.00
Sales Tax on Books & Chips	166.07	739.37	Salaries	5,375.77	25,907.55
Tax Refund	0.00	315.97	Sales Tax on books	0.00	781.00
		0.00	Taxes (Payroll)	2,043.35	10,612.56
<b>Total Income</b>	<b>7,184.30</b>	<b>56,317.32</b>	Telephone & Tech	204.23	1,117.23
			Telephone Advertising	0.00	0.00
<b>Less Expenses</b>	<b>11,060.41</b>	<b>61,494.60</b>	Teleservice	165.00	660.00
			Travel Expenses	378.00	378.00
<b>Net Income (loss)</b>	<b>(3,876.11)</b>	<b>(5,177.28)</b>	Web Services	0.00	0.00
<b>Starting Balance</b>		60,859.27			
<b>Plus Net Income/Loss</b>		-3,876.11			
<b>Ending Balance</b>		56,983.16	<b>Total Operating Expenses</b>	<b>11,060.41</b>	<b>61,494.60</b>
<b>TOTAL PRUDENT RESERVE</b>		50,385.73	<b>Net Income (loss)</b>	<b>(3,876.11)</b>	<b>(5,177.28)</b>
<b>TOTAL CASH POSITION</b>		107,368.89	<b>2023 Year-to-Date Summary</b>		
			Year-to-Date Income		56,317.32
			Year-to-Date Expenses		61,494.60
			Year-to-Date Net Inc/(Deficit)		<b>(5,177.28)</b>

## SAN MATEO COUNTY MAY 2023 GROUP CONTRIBUTIONS

	MAY	YTD		MAY	YTD		MAY	YTD
<b>ATHERTON</b>			<b>PACIFICA</b>			<b>Zoom</b>		
Sunday Spirituality		10.02	B.Y.O.B. Group Thurs Noon	120.00	444.43	12 & 12 @ 12 SM		42.00
			Daily Reflections (Beach Mtg)		342.54	12 Step Study (Tues Noon) MIL	100.00	200.00
<b>BELMONT</b>			Discussion Group Fri Noon		120.00	1st Tradition MID		12.02
Day At a Time	21.86	574.62	Pacifica BB Study Mon 11:00am		334.50	Bookies SC		80.06
			Pacifica Live Wake Up		560.00	Broken Elevator Thurs. RWC	20.04	88.77
<b>BRISBANE</b>			Pacifica Men's Group		439.60	FC Living Sober Groups (Zoom)	100.23	634.89
Brisbane Breakfast	95.36	142.41	Page 133 Group		361.90	Friday Night Rap SB		144.68
			Pedro Valley Pacifica		422.00	Friday Noon Big Book FC	20.04	114.91
<b>BURLINGAME</b>			Serenity in Pacifica	67.80	114.80	Men's R4D Big Book MP		225.88
Any Length		474.27	Sharp Park 3rd & 11th Step		348.00	Off Broadway Beginners Mtg SM	50.00	313.00
Burlingame Men's Grp	214.90	903.70	Sun. Afternoon Daily Reflections		212.80	Pescadero Group PES		40.09
Burlingame Noon Men's Grp		635.00	Tues, Weds, Thurs Noon Disc	203.00	453.00	S.C. Awareness Group SC	2.00	206.94
Burlingame Read a Passage		162.00				Sharing Choices BUR	200.48	390.93
Ham & Eggers		1,177.68	<b>PESCADERO</b>			Sunday Sundowners SM		561.35
Hillsborough Men's Group		200.00	Grass Roots		15.02	The Old & the New FC	30.02	159.95
Peninsula Prime Time		240.00				The Sewer Group RWC		179.87
Prime time Book Study		126.00	<b>REDWOOD CITY</b>			Tools of Recovery (Tues 6:30p) SB		115.00
Sat. Nite Disc. Group	95.23	340.23	A Vision for You		1,918.00	USR Men's Online Group MP	90.21	152.35
Senior Focus Group		288.28	Don't Drink Group	200.40	403.30	Wake Up Zoom PAC		49.93
Tuesday Nite Group		147.00	Horse's Ass Loving Fellowship	361.35	565.35	Women's Candlelight Grp PAC		200.48
Wednesday Night Disc Anson	66.71	340.90	San Carlos Beginners		617.85	Women's Celebrate Being Alive SM		40.00
			Sequoia Recovery Grp		200.48	Women's Happy Hour SSF		15.00
<b>FOSTER CITY</b>			Thumpers		613.48	Women Read & Reflect SC		25.00
FC Men's Sharing Group	255.21	710.21	Wed. Woodside Meeting		822.23	Women who wear shoes		198.10
FC Women's Pop Up Gazebo	596.36	1,085.00						
Foster City Women (Sat)		10.02	<b>PORTOLA VALLEY</b>					
Living Sober Groups (all)		203.70	Ladera Mon Nite Group		953.25			
			Portola Valley 11th Step		655.00			
<b>HALF MOON BAY</b>								
3rd & 11th Step	176.00	176.00	<b>SAN BRUNO</b>					
7AM Coastside Meet.M-S	273.65	1,648.73	12 Study Grp (Thurs)	30.60	75.00			
777 Miramonte Noon Meet.M-F		175.00	Big Book Study Fri (Spm)	101.40	581.33			
Coastside Talkers		332.68	Come as You Are		438.00			
Emotional Sobriety Book Study		141.23	Experience, Strength, Hope		43.80			
HMB Happy Hour Group		240.00	Living Sober/ HH (Tues)		123.00			
HMB Thurs Womens BB		25.04	Grupo Serenidad	30.00	60.00			
Last Barn on the Block		79.28	Spkr/Disc - Happy Hour(Mon)	136.53	550.99			
Sat Nite Step		2.11						
Thurs. Night Men's Group		492.80	<b>SAN CARLOS</b>					
Tues Womens 12th Step	157.52	157.52	In Step with Bill		325.71			
			SCPF- all meetings	312.00	1,433.85			
<b>LA HONDA</b>			Sober Sundays		51.92			
La Honda Group (Thurs)		244.30						
			<b>SAN MATEO</b>					
<b>MENLO PARK</b>			Fireside Group		539.35			
Atherton Grp Wed Noon	25.05	492.40	Highlanders Grp.	312.00	667.80			
Cottonmouth		668.01	Joy of Living	25.00	45.00			
Fri. Noon Women's		743.65	Lunch Bunch		199.20			
Horses Ass		766.00	Mid Peninsula Women		245.97			
Menlo Park Men's Group		453.60	Monday Night Men's 6:30		210.00			
Sat Morning Sandhill		1,542.17	Morning Serenity (All)	4.81	2,490.47			
Sat Sunrise Grp MP 7:30		353.68	The Forum Group		717.00			
Sunday Sober Sisters		482.00	Wednesday Afternoon Group	98.00	569.00			
Women's 12- Step Thu Noon		264.60	Women's Home Grp (travelling)		701.59			
<b>MILLBRAE</b>			<b>SOUTH S.F.</b>					
Sobriety in the Park	113.00	255.51	New Beginnings Women		140.00			
			South City Womens		257.41			
<b>Misc.</b>								
unknown		435.00	<b>WESTBAY ALANO</b>					
			Colma Eye Opener		219.10			
			Daily Reflection Wed	60.00	60.00			
			Living Sober (Thur)	60.00	60.00			
			Men's Meeting		234.00			
			Tues 7am Big Book	120.00	120.00			
			West Bay All Groups		70.00			

**2215 S. El Camino Real, Ste. 204  
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