

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

July 2023

SMC Fellowship News July 2023



**"Human kindness has never weakened the
stamina or softened the fiber of
a free people."
— Franklin D. Roosevelt**

The Early Enders Group in San Bruno is back!
Speaker/discussion meeting on Wednesdays at 7:30
pm. SEA Episcopal Church (formerly St. Andrews),
1600 Santa Lucia Avenue, San Bruno.

Become a Faithful Fiver!

Pledge \$5 per month (or more) to support your
Central Office. You can pay monthly, quarterly, or
annually. Your personal contributions make our
vital services possible!

Call (650) 577-1310 Monday-Friday between 8:30
and 4:30, or stop by Central Office to enroll. All
Fivers receive a copy of High Sobriety!



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GENERAL SERVICE: See message from General
Service on page 7 as well as information on
volunteering. Unity Day is scheduled for July 16 at
Beresford Park in San Mateo. See p. 4 for details.

CENTRAL OFFICE: The 59th Annual Central Office
party is scheduled for Saturday, September 30. If
you are interested in helping to plan this year's
Central Office party, consider attending the
committee planning meeting on July 13 at 7:00 p.m.
See page 5 for details.

The Central Office Party committee is also looking
for donations for the Silent Auction. Proceeds will
help to offset increased party expenses. This is a
great way to contribute, either at the group or
individual level. Please see p. 3.

Monthly Service Committee Meetings

BRIDGING THE GAP	July 11, 7:00 p.m. on Zoom Meeting ID: 563 554 9920 Passcode: 54321
TELESERVICE	July 9, 7:00pm on Zoom Meeting ID: 858 4259 6364
DELEGATES TO CENTRAL OFFICE	July 11, 7:30 pm on Zoom Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
PI/CPC	July 11, 6:15 pm on Zoom Meeting ID: 841 7877 3337
GENERAL SERVICE	July 18, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833
H&I (Hospitals & Institutions)	July 25, 7:15 orientation; 8 p.m. business meeting St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo
PENYPAA (Peninsula Young People in AA)	July 9 and July 23 at 5: 30 p.m., 225 Tilton, San Mateo
CENTRAL OFFICE PARTY COMMITTEE	July 13, 7:00 pm on Zoom Meeting ID: 825 1613 6372

UPCOMING EVENTS



AA Speaker Meeting & BBQ

West Bay Alano Club

216 Mosswood Way, So. San Francisco

*****1

Tuesday, July 4, 2023

Speaker at 1PM - Lunch served 2PM 'til sold out -

Menu: Hot dogs or sausage links, beans, mac & cheese,
coleslaw and soft drink - \$10 suggested donation

Dessert Contributions Welcome – bring your
favorite dessert to share!

Enter the **PIE EATING CONTEST** – (first 6 people
to sign up will compete – text Jennifer B.
to sign up: 650.580.7565)

Brisbane Breakfast Bunch

Invites You to Our REGULAR A.A. MEEING

250 Visitacion Avenue

Brisbane CA 94005

each Sunday, at 11:00 a.m. for an A.A. meeting
and 10:45 for arms length

Speakers for JULY 2023 are

July 2, 2023

July 9, 2023

July 16, 2023

July 23, 2023

July 30, 2023

Jan A.

Jean M.

Jerry M.

Mari C.

Charles M

Brisbane Breakfast Bunch

20th & Quintara

Home group?

High Noon (Zoom)

Franciscan Noon Discussio

Silent Auction time again

for the 59th Annual Central Office Party

Below are a few ideas...



Baskets

- Gourmet Foods
- Recovery (books, CD's, & jewelry)
- Coffee & Teas
- Sports
- Movie
- Candy



Services

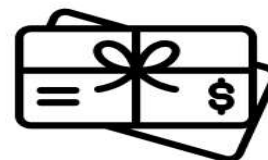
- Haircuts
- Manicures
- House cleaning
- Massages

should be provided by members



Gift Cards

- Stores: Amazon, Best Buy, or Target
- Coffee shops: Peet's, Starbucks, or Philz
- Tickets/Passes: Movies, Concerts, or Theme Parks
- Restaurants: Cold Stone, Jack's Prime, or Broiler's
- Events: Sporting Events or AA Conventions



Cash Contributions: Please note that the contribution is for "C.O. Party"

All items can be dropped at Central Office.
Please contact Central Office for further info.

HAPPY BIRTHDAY



Gordon L
Burke B

31yrs
32yrs

San Carlos
Washington

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

**UNITY DAY****July 16 2023****12:30-4:00PM**

Doors Open at Noon

Beresford Park Recreation Center
2720 Alameda de las Pulgas

**Agenda:**

12:00-12:30pm Fellowship and check out the
service committee tables

12:30-1:00pm Welcome and Service Opportunities

1:00-1:45pm Best Free* lunch in town

1:45-2:30pm Service Opportunities

2:30-3:00pm Dessert

3:00pm Delegates Report

*Thank you for your groups contributions



Fourth Step Workshop

Saturday, July 29**1 – 4 pm**

(This is the same workshop presented at the annual
Sobriety by the Bay AA conference)

West Bay Alano Club

216 Mosswood Way, South San Francisco

Lunch served Noon to 1PM**Hamburgers and French fries****\$10 suggestion donation**

For more information, please text Jennifer 650.580.7565 or Kim 650.303.4162

San Mateo County AA Campout August 17th – 20st 2023

LOCATION: Memorial Park, 9500 Pescadero Creek Rd. Loma Mar, CA 94021
Wurr Flat #2 group campsite

COST: \$25.00 per tent / per night \$6.00 per vehicle / per night

Facility: Large campfire pit, beautiful hiking trails, swimming hole, clean
modern restrooms w/showers, BBQ pits, close to beaches

Activities: This weekend is all yours...check with the park for weekend events.

We have 3 Fireside AA Meetings scheduled:

Friday 8:00pm Campfire/ get acquainted speaker meeting

Saturday 8:00pm Campfire Speaker-discussion meeting

Sunday 8:00am Daily reflections meeting

For Information and Reservations contact:

Jamie Beard 650-465-2269

Ken Kettell 650-454-6899

59th Annual San Mateo Central Office Anniversary Party

When: Saturday, Sept. 30th

Tentative Schedule: 3-9 pm

Free Parking!!

Where: S.M. County Fair Grounds - Cypress Hall

It takes a lot of people to make this event possible and we need help!!
No matter what your length of sobriety, come get involved!!

Upcoming Committee Meetings:

- June 15th
- July 13th
- Aug 10th
- Aug 31st

Zoom ID: 825-1613-6372 meeting starts at 7:00 pm

For more information contact Colleen at (510) 334-7894

NCCAA
74th Annual
Fall Conference

Northern California Council of
Alcoholics Anonymous

Oldest AA Conference Since 1947!

Fresno, CA

DoubleTree by Hilton

2233 Ventura St, Fresno, CA 93721

October 13, 14, 15, 2023

PRE-REGISTRATION CUT OFF DATE IS OCTOBER 1st, 2023

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS September 28th, 2023

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

VISIT OUR WEBSITE AT --<http://www.norcalaa.org>

STEP SIX

Answer key

Y	M	E	S	A	E	L	E	R	E	I	T	U	P	N	V	A
U	Z	G	H	E	U	J	M	J	A	F	K	O	W	A	E	W
N	U	B	Z	W	T	A	Y	D	U	K	S	V	X	S	B	U
O	T	B	P	R	D	I	G	D	R	S	P	L	S	A	L	B
I	K	H	R	A	B	I	Y	C	I	D	A	E	A	Y	D	E
T	O	A	S	F	L	C	E	B	S	I	N	H	T	Y	A	N
A	J	J	D	E	G	K	I	R	T	G	E	O	H	E	M	M
M	P	K	W	J	F	L	E	N	N	T	F	I	A	B	C	V
R	I	P	L	E	I	T	E	I	N	V	O	U	K	J	X	T
I	X	D	E	T	C	T	L	D	V	L	I	Z	T	F	C	D
F	Z	L	I	A	O	L	E	Y	T	I	R	E	C	N	I	S
F	W	E	R	P	I	R	B	R	J	M	G	V	E	A	Y	I
A	S	A	M	W	A	G	S	A	L	S	T	P	T	Y	A	A
W	H	S	P	P	W	J	E	F	A	M	N	W	O	V	D	Z
C	I	M	E	A	E	Y	O	V	E	R	C	O	M	E	Z	N
Y	Y	R	P	Z	I	E	I	B	T	V	O	E	H	H	C	D
N	P	W	W	P	M	I	J	O	D	J	T	D	M	Z	S	W

STEP 7: Humbly asked Him to remove our shortcomings.



Spiritual Recycling

I have never been able to identify with the way the "Twelve and Twelve" talks about character defects as things that need to be "removed." It just sounds so negative, like having your teeth out: what do you do when they're all gone? I'm not even entirely sure what a defect is.

So the problem for me is, How do I take Step Seven in a way that makes sense, and makes a difference in my life?

I've had to back off the idea of "Deadly Sins" and look at some of the other ways our literature describes character defects. I find it useful to identify ways in which personal change can bring my life into closer alignment with the bigger AA picture. In particular, I consider what changes in me would place me in a better position to be of maximum use to others. Before I can "humbly ask" God to remove "defects," I must have some idea of what those words mean to me, based on my experience with them.

Step Seven shows me that the misuse of natural desires makes me useless and unhappy. I've never met a truly useful person who was genuinely unhappy. As I became useful in AA, I began to move out of that awful isolation we AA's talk about. It was a long overdue experience for a person who had lived in an emotional foxhole since childhood. My initial contact with the real world meant getting active with my group, and it was an emotional roller coaster. I'd never been able to be a member of anything, and my emotional handicaps came bursting forth. The resulting conflicts made me quickly and

painfully aware of a lot of things I had been running and hiding from all my life.

Had I not learned to stop running around making things happen, I might have stayed with the old idea that getting active has to do only with what goes on around and outside me, instead of coming to see that it refers as well to what is going on inside. That calls for more calm, thoughtful reflection on human relations. Am I a worker among workers, a friend among friends? Maybe "active" means taking a night off from meetings to stay home with a good book or a friend. Maybe my group really will get along without me for one night. If my "busy-ness" is a defect, maybe it's also a part of who I am. It need not so much be removed as toned down and redirected. My defects are the boundaries of just what I am capable of and capable of becoming at any given moment. Boundaries that I am unconscious of become barriers.

Maybe I am overly concerned with how people see me. But if I didn't care what people thought at all, I would have nothing to shoot for, no spiritual objective. Maybe anger is a dubious luxury and maybe it's a real human emotion that I've always avoided because I was afraid of it. Maybe my anger needs not to be removed so much as brought into alignment with the new spiritual objective of right relations. Seen in that light I can ask for knowledge of whether to express it or let it go.

I have a more meaningful understanding of Step Seven today based on experience. I can freely and enthusiastically point others to this Step without that queasy feeling I used to have about it. I don't see Step Seven as being about removal so much as realization. I'm all God has to work with--I have to be enough. Nothing goes to waste in the spiritual recycling process we call Step Seven.

BY: JIM N.

WEST SPRINGFIELD, MASSACHUSETTS

MESSAGE FROM GENERAL SERVICE

Greetings District 05, aka San Mateo County. I have reorganized the agenda of our district meeting to shorten and focus the meeting on the business of the district. Our previous agenda had our business discussion after individual and committee reports. This meant business was not discussed until after hearing over an hour of reports. This adversely affected the patience of the participants and perhaps prevented some from expressing their opinions on matters as the meeting wore on. We have shifted the Service Committee reports to the end of the meeting which puts us into the business of the district much sooner.

Our June meeting was held on Tuesday June 20 th in an online format. Our discussion focused on our upcoming Unity Day and efforts to go to a hybrid meeting format. Our district is blessed with a long tradition of well attended Unity Days at which we highlight the service opportunities our committees make available. But that's not all. We provide the "best free lunch" in town. This year's menu is a repeat of 2022, baked ziti with vegetarian and gluten free options. But that's not all, we have a free raffle with lots of prizes, a TV being the main prize. But that's not all. We'll have sobriety BINGO and a surprise for entertainment. But that's not all, our Area Delegate Eric will be there to tell us what happened in New York City at the 73rd General Service Conference. But that's not all!!!

Our Bridging the Gap (BTG) and Public Information and Cooperating with the Professional Community (PI-CPC) committees continue to expand their activities. Recent efforts include BTG presentation at Palm Avenue detox facility and PI-CPC is now bringing literature into First Chance where non-violent DUI arrests are taken. Did you know that you do not have to be a General Service Representative (GSR) to be of service in our District? Position available include Committee Chairs (e.g., PI-CPC, BTG), District Officers (e.g., Chair, Treasurer, Registrar), District Committee Members and District Liaisons. These positions are elected at the district level by GSR's and are open to all who have the suggested requirements and a willingness to be of service. Interested? Check out our help District Help Wanted add to see the available opportunities.

Warmest Regards, Brent MacQ. recoveringbrent@yahoo.com (650-918-2136)

District Help Wanted

The following opportunities are available to be of service at the District (aka San Mateo County). These positions are available to anyone with a desire to be of service.

District Committee Members:

Assist GSR's in their efforts, prior GSR experience suggested. Positions available are:

Subdistrict	Location
01	Coast North of Devils Slide
02	Daly City, Broadmoor, Colma, SSE
04	Burlingame, Hillsborough
05	San Mateo, Foster City
06	Belmont, San Carlos
07	Redwood City
09	South Coast, south of Devils Slide

Archives Chair

Facilities Coordinator

Hospitals and Institutions Liaison

San Francisco Intergroup Liaison

Contact Brent at recoveringbrent@yahoo.com or

Central Office Delegates Meeting Minutes – Tuesday, June 13, 2023

Opened Delegates Meeting –Opened Delegates Meeting - 7:30 pm & closed at 8:10 pm. 12 Traditions: Janet Y. Responsibility Statement: John B. Minutes-Approved. Financial Report-Approved. New Delegates: Janet Y., Any Lengths, Burlingame; Cathy C., Highlanders Group, San Mateo. A.A. Birthdays: Gordon H., 31 years; Michael H., 15 years; Susan C., 15 years; Jonathan L., 6 years.

Service Committee Reports:**BTG- Bridging the Gap- Charles B.**

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30 pm, in an online format (Zoom - Meeting ID: 563 554 9920; Passcode: 54321); monthly meeting was June 13.

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings where available.
- We received 7 blue cards over the last month and assigned volunteers.
- Presentations at the VA in Menlo Park are occurring weekly, and Palm Avenue Detox is once a week.
- BTG is planning to present at First Chance Detox Center, Burlingame.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

General Service- Becky N.

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571
- Unity Day, July 16, 12:30 - 4:00 pm, doors open at noon.
 - Beresford Park Recreation Center, 2720 Alameda de las Pulgas, San Mateo, 94403.
- Volunteers are needed to fill several of the elected officials' positions. You do not need to be a GSR to volunteer in this capacity, come to the business meeting to find out more.

H & I

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. Orientation at 7:15 pm and Business Meeting at 8:00 pm
- For most commitments, 6 months sobriety time and working the 12 Steps is all that is needed; for badged facilities, 5 years sobriety is required. For badging information contact Joey D. atjoeydemar64@gmail.com. The badging process is primarily through email.

NCCAA

- The NCCAA 74th Annual Fall Conference: October 13 - 15th. Location will be in Fresno, CA at the Double Tree by Hilton. Address- 2233 Ventura St, Fresno, CA 93721

PENYPAA – Jonathan L.

We represent the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery. Website: Penypaa.org

- Our committee meets on the 2nd and 4th Sunday at 5:30 pm, location is at 225 Tilton Ave, SM.
 - There are open positions, and more committee members are needed. Come to the business meeting if you are interested in being of service.
- Slip 'n Slide Kickball event with WACYPAA in the East Bay at Ygnacio Valley Park, 901 Oak Grove Rd, Concord, CA 94518. Date is June 17th, and the time is 12:00 - 4:00 pm.
- Volleyball & Water Gun Tournament with AA meeting- June 24th, Greer Park, Palo Alto, 12:00 pm - 4 pm..

PI-CPC- Susan C.

- Business meeting 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>
- Continued outreach with the Burlingame Police Department:
 - AA literature as an educational tool to Police Officers and making progress getting AA information to officers in Patrol Cars.
- Literature will be delivered to First Chance Recovery Center.

- San Mateo Daily Journal Ad: The motion for funding from District 5 has been approved. Each ad will run 26 consecutive days. One ad will run in the July 4th holiday and the second will run later in the year, during the holiday season. The paper has a daily distribution of 87,000 papers.
- The American Psychiatry Association, at Moscone Center in San Francisco was a successful event.

Advisory Committee

- Next meeting is August 2, 2023.

Teleservice - Michelle C.

- There are 6 front line openings, and they are always in need of back up volunteers. Contact Michelle C., Information Chair, at (650) 303-1208.

Trusted Servants Workshops- Bob M.

The three workshops went well, with more in-person participants. Thank you to the volunteers who assisted with the presentations.

Alkathon - Brent M.

A financial report of the 2022-2023 Belmont Alkathon will be available in High Sobriety, done by Brent M. The chart lists expenses and amounts paid to the Church and to the AA Prudent Reserve; included are previous years' figures for comparison. The report was viewed online at the Delegates meeting.

Central Office Anniversary Party- Colleen G.

- Date: Saturday, September 30, 2023
- Location: San Mateo County Fairgrounds - Cypress Hall. Free parking.
- Time: 3:00 pm - 9:00 pm. (Help needed with setup/cleanup: noon - 3:00 pm and 9:00 -10:00 pm)
- The next planning meeting is Thursday, June 15th @ 7pm
 - Zoom ID: 825 1613 6372 - the room will open at 6:45 pm.
- Please Spread the word to anyone who would like to be of service and get involved with the planning process. All are welcome and encouraged to join the fun and share new ideas.
- Information on the Event and future Planning meetings are on the San Mateo County AA website, as well as in the High Sobriety newsletter.
- Party Flyers available at Central Office to bring to your groups.
- There will be a "Silent Auction" and they welcome any contributions from groups. This can be either a Gift Basket, Gift Cards, or monetary contributions. If sending checks for use towards Silent Auction, please note that on your check. Baskets or Gift Cards can be dropped at Central Office.
- For questions call, text, or email: Colleen G., Event Chair, at 510-334-7894 or cgillaspy59@gmail.com OR join our planning meeting. All are welcome!

Central Office Report - Don C.**Statistics for May 2023:**

- 2-12 Step Call; 53 - Office Visits; 101 - Phone Information Calls

Other information to share:

- The High Sobriety Newsletter is mailed out each month to all Treasurers, and to all the Central Office Delegates. If you are not receiving the Newsletter and you are a treasurer or delegate, email the Central Office at aasanmateo@gmail.com

No Old Business. No New Business.

Next Meeting: Tuesday, July 11, 2023, 7:30 pm.

FINANCIAL REPORT

JUNE 2023

	JUN	Total YTD		JUN	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	63.00	113.00	Accounting Services	98.00	2,275.90
Book sales	1,825.57	7,329.61	Books Purchased	474.60	5,986.16
Central Office Annual Party	100.00	100.00	Chips	134.10	848.60
Chip sales	226.82	1,596.21	Central Office Annual Party Exp	0.00	1,500.00
Delegates Collection	0.00	24.00	Central Office Insurance	161.49	964.53
Faithful Fivers	548.14	3,334.31	Credit Card Charges	0.00	137.89
Group Contributions	3,710.26	48,022.83	Employee Insurance	249.00	1,501.00
High Sobriety Subscriptions	10.00	66.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	238.45	1,708.21
Individual Contributions	134.54	1,274.35	Office supplies	183.89	545.75
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	0.00	604.75
Printing	80.00	100.00	Rent	1,501.00	9,006.00
Sales Tax on Books & Chips	219.21	958.58	Salaries	5,760.81	31,668.36
Tax Refund	0.00	315.97	Sales Tax on books	0.00	781.00
		0.00	Taxes (Payroll)	2,160.19	12,772.75
Total Income	6,917.54	63,234.86	Telephone & Tech	165.11	1,282.34
			Telephone Advertising	0.00	0.00
Less Expenses	11,291.64	72,786.24	Teleservice	165.00	825.00
			Travel Expenses	0.00	378.00
Net Income (loss)	(4,374.10)	(9,551.38)	Web Services	0.00	0.00
Starting Balance		56,983.16			
Plus Net Income/Loss		-4,374.10			
Ending Balance		52,609.06	Total Operating Expenses	11,291.64	72,786.24
TOTAL PRUDENT RESERVE		50,445.50	Net Income (loss)	(4,374.10)	(9,551.38)
TOTAL CASH POSITION		103,054.56	2023 Year-to-Date Summary		
			Year-to-Date Income		63,234.86
			Year-to-Date Expenses		72,786.24
			Year-to-Date Net Inc/(Deficit)		(9,551.38)

SAN MATEO COUNTY JUNE 2023 GROUP CONTRIBUTIONS

	JUNE	YTD		JUNE	YTD		JUNE	YTD
ATHERTON			PACIFICA			Zoom		
Sunday Spirituality		10.02	B.Y.O.B. Group Thurs Noon		444.43	12 & 12 @ 12 SM	100.00	142.00
			Daily Reflections (Beach Mtg)		342.54	12 Step Study (Tues Noon) MIL		200.00
BELMONT			Discussion Group Fri Noon		120.00	1st Tradition MID		12.02
Day At a Time		574.62	Fri Discussion Noon Baptist	55.11	55.11	Bookies SC		80.06
			Pacifica BB Study Mon 11:00am		334.50	Broken Elevator Thurs. RWC	123.87	212.64
BRISBANE			Pacifica Live Wake Up		560.00	FC Living Sober Groups (Zoom)		634.89
Brisbane Breakfast	75.37	217.78	Pacifica Men's Group	165.20	604.80	Friday Night Rap SB	119.14	263.82
			Page 133 Group		361.90	Friday Noon Big Book FC	20.00	134.91
BURLINGAME			Pedro Valley Pacifica		422.00	Men's R4D Big Book MP		225.88
Any Length		474.27	Serenity in Pacifica		114.80	Off Broadway Beginners Mtg SM		313.00
Burlingame Men's Grp		903.70	Sharp Park 3rd & 11th Step		348.00	Pescadero Group PES		40.09
Burlingame Noon Men's Grp		635.00	Sun. Afternoon Daily Reflections		212.80	S.C. Awareness Group SC	30.00	236.94
Burlingame Read a Passage		162.00	Tues, Weds, Thurs Noon Disc		453.00	Sharing Choices BUR		390.93
Ham & Eggers		1,177.68				Sunday Sundowners SM		561.35
Hillsborough Men's Group		200.00	PESCADERO			The Old & the New FC	20.00	179.95
Peninsula Prime Time		240.00	Grass Roots		15.02	The Sewer Group RWC		179.87
Prime time Book Study		126.00				Tools of Recovery (Tue 6:30p) SB		115.00
Sat. Nite Disc. Group		340.23	REDWOOD CITY			USR Men's Online Group MP		152.35
Senior Focus Group	85.95	374.23	A Vision for You	1,918.00	Wake Up Zoom PAC			49.93
Tuesday Nite Group		147.00	Don't Drink Group	403.30	Women's Candlelight Grp PAC			200.48
Wednesday Night Disc Anson		340.90	Horse's Ass Loving Fellowship		565.35	Women's Celebrate Being Alive SM		40.00
			San Carlos Beginners		617.85	Women's Happy Hour SSF		15.00
FOSTER CITY			Sequoia Recovery Grp		200.48	Women Read & Reflect. SC	100.00	125.00
FC Men's Sharing Group		710.21	Thumpers		613.48	Women who wear shoes		198.10
FC Women's Pop Up Gazebo		1,085.00	Wed. Woodside Meeting		822.23			
Foster City Women (Sat)		10.02						
Living Sober Groups (all)		203.70	PORTOLA VALLEY					
HALF MOON BAY			Ladera Mon Nite Group		953.25			
3rd & 11th Step		176.00	Portola Valley 11th Step		655.00			
7AM Coastside Meet.M-S	254.34	1,903.07	SAN BRUNO					
777 Miramontes Noon Meet.M-F	196.70	371.70	12 Study Grp (Thurs)	24.00	99.00			
Coastside Talkers		332.68	Big Book Study Fri (5pm)	26.50	607.83			
Emotional Sobriety Book Study		141.23	Come as You Are		438.00			
HMB Happy Hour Group		240.00	Experience, Strength, Hope	27.60	71.40			
HMB Thurs Womens BB		25.04	Living Sober/ HH (Tues)	60.00	183.00			
Last Barn on the Block	95.56	174.84	Grupo Serenidad	15.00	75.00			
Sat Nite Step		2.11	Spkr/Disc - Happy Hour(Mon)	280.84	831.83			
Thurs. Night Men's Group	200.73	693.53	SAN CARLOS					
Tues Womens 12th Step		157.52	In Step with Bill		325.71			
LA HONDA			SCPF- all meetings	1.00	1,434.85			
La Honda Group (Thurs)		244.30	Sober Sundays		51.92			
MENLO PARK			SAN MATEO					
Atherton Grp Wed Noon		492.40	Fireside Group		539.35			
Cottonmouth		668.01	Highlanders Grp.		667.80			
Fri. Noon Women's		743.65	Joy of Living		25.00			
Horses Ass		766.00	Lunch Bunch		199.20			
Menlo Park Men's Group		453.60	Mid Peninsula Women		192.85			
Menlo Weds Women's Grp	169.40	169.40	Monday Night Men's 6:30		240.00			
Sat Morning Sandhill		1,542.17	Morning Serenity (All)		2,490.47			
Sat Sunrise Grp MP 7:30		353.68	The Forum Group		717.00			
Sunday Sober Sisters		482.00	Wednesday Afternoon Group		143.00			
Women's 12- Step Thu Noon		264.60	Women's Home Grp (traveling)		701.59			
MILLBRAE			SOUTH S.F.					
Sobriety in the Park		255.51	Keep it Simple		298.00			
			New Beginnings Women		140.00			
Misc.			South City Womens		257.41			
unknown		435.00						
Speaker Jam	332.00	332.00	WESTBAY ALANO					
			Colma Eye Opener		219.10			
			Daily Reflexion Wed		60.00			
			Living Sober (Thur)		60.00			
			Men's Meeting		234.00			
			Tues 7am Big Book		120.00			
			West Bay All Groups		70.00			
			Women's Happy Hour		233.10			
					480.51			

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