

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

September 2023

SMC Fellowship News September 2023



**September settles in the way an old friend
will settle into your favorite chair and take
out his pipe and light it and then fill the
afternoon with stories of places he has been
and things he has done since last he saw you.
-Stephen King**

CENTRAL OFFICE: The AA website has a new tab for **Chip Meetings**. If your meeting is a chip meeting and you would like it on our list, please email us at aasanmateo@gmail.com and let us know the meeting.

Table of Contents

Upcoming Events ...	2-5
Monthly Service Committee Meetings ...	5
Birthdays ...	6
Message from General Service ...	6
Step 9 – Finding Forgiveness ...	7
Central Office Minutes ...	8-9
Central Office Financial Report ...	10
Group Contributions ...	11

REMINDER!!!

The 59th Annual Central Office party is scheduled for Saturday, September 30 at the San Mateo Fairgrounds. If you are interested in volunteering or contributing an item for the Silent Auction, please see page 2 (and the Minutes on page 9) for more information. Raffle tickets can be purchased via the QR code on p. 2 (and on the home page of the website (www.aa-san-mateo.org)). Thanks for your support.

The 2023-2024 Holiday Alkathons will be held in-person this year at 5th & O'Neill. See the post on p. 5. For more information, go to alkathonssmc.org.

UPCOMING EVENTS

59th Annual San Mateo Fellowship Anniversary Party

Saturday, Sept. 30th

S.M. Fair Grounds - Cypress Hall
2495 S. Delaware St. San Mateo, CA (Gate 13)

Free Parking!!

Schedule

3:30 PM Fellowship/Silent Auction

5:00 PM Dinner

6:15 PM Sobriety Countdown

6:30 PM Speaker Meeting

8:00 PM Raffle



QR Code for Raffle Tickets

\$10 ea

In the "Add a Note" section please put
"For Raffle Ticket"

Raffle

1st Prize: 6 Day, 5 Night Trip for two to The Big Island Bash

(Airfare, Hotel, & Registration included)

2nd Prize: Weekend Accommodation to a NCCAA Conference

(Hotel & Registration included)

3rd Prize: 1st Edition Big Book

Your homegroup can help by:

contributing a basket, individual items, or cash contributions

Please have baskets to C.O. by **Sept 23rd**

(For cash contributions, please note that contribution is for C.O. Party)

It takes a lot of people to make this event possible and we need help!!

No matter what your length of sobriety, come get involved!!

Upcoming Committee Meetings: Aug 10th & 31st

Zoom ID: 825-1613-6372 meeting starts at 7:00 pm

For more information contact:

Colleen at (510) 334-7894, or cgillaspy59@yahoo.com

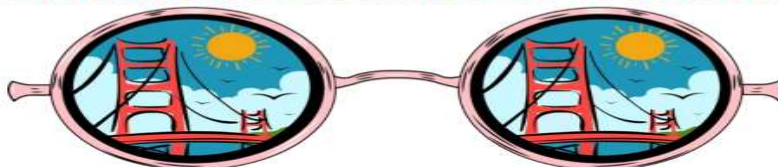
Become a Faithful Fiver

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!



Watch Loneliness Vanish



The 63rd ICYPAA

International Conference of Young People
in Alcoholics Anonymous

Labor Day Weekend

Friday – Monday

September 1 – 4, 2023

San Francisco Marriott Marquis
780 Mission Street
San Francisco

www.ICYPAA.org

Pre-reg and book your room now!



AA Speaker & BBQ Event



at the **West Bay Alano Club**

216 Mosswood Way, So. San Francisco

Monday, September 4

1 p.m. AA Speaker

2 p.m. Barbeque lunch

50/50 Raffle

\$10 suggested donation

Hosted by WBAC Tuesday Morning BB Study Group



PI-CPC WORKSHOP

PUBLIC INFORMATION, COOPERATION WITH PROFESSIONAL COMMUNITY



**SATURDAY
SEPTEMBER 16
2-5PM**

FRAIGINE B. DISTRICT 04/40, SANTA CLARA
BRENT M. DISTRICT 05, SAN MATEO
FERNANDO R. DISTRICT 17, SPANISH SPEAKING
GENIRO D. DISTRICT 18, SPANISH SPEAKING
NANCY R. DISTRICT 40, SPANISH SPEAKING
QUESTIONS & ANSWERS

**Zoom ID: 548 047 843
Password: 1935**

**Foothill Covenant Church (ARK Building)
1555 Oak Avenue Los Altos, CA 94022**

Translation available. Please bring your am/fm radio
to be added to PI-CPC contact list send
name, phone & email to: susanclancy5@gmail.com or
text 650-511-0950

**Brisbane Breakfast Bunch
Invites You to Our REGULAR A.A. MEETING
At the community center
(Under old library)
250 Visitacion Avenue
Brisbane CA 94005
each Sunday, at 11:00 a.m. for an A.A. meeting
and 10:45 for arms length**

Speakers for SEPTEMBER 2023 are:

September 3
September 10
September 17
September 24

Sally L.
Mary Ann B.
Mike C.
George A.

San Bruno Church Nazarene
Wit's End Step Study
San Bruno Book Study
Ham & Eggers, Burlingame

**NCCAA
74th Annual
Fall Conference**

**Northern California Council of
Alcoholics Anonymous**

Oldest AA Conference Since 1947!

Fresno, CA

DoubleTree by Hilton

2233 Ventura St, Fresno, CA 93721

October 13, 14, 15, 2023

PRE-REGISTRATION CUT OFF DATE IS OCTOBER 1st, 2023

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS September 28th, 2023

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

VISIT OUR WEBSITE AT --<http://www.norcalaa.org>

Greetings to the San Mateo County Alcoholics Anonymous community.

We are excited to announce our upcoming 2023-2024 A.A. Alkathon. The San Mateo County Alkathon was started 49 years ago to provide round the clock meetings at the end of the year during the holidays of Thanksgiving, Christmas, and New Year's. Meetings start every even hour on the following days:

Thanksgiving A.A. Alkathon Wed, Nov 22, 12PM - Fri, Nov 24, 12PM

Christmas A.A. Alkathon Sun, Dec 24, 12PM - Tue, Dec 26, 12PM

New Year's A.A. Alkathon Sun, Dec 31, 12PM - Tue, Jan 2, 12PM

This year's Alkathon will be held in-person at 5th and O'Neill (1300 5th Ave, Belmont). Each meeting is for 90mins. The first meeting starts at Noon on the first day and the last meeting starts at Noon on the last day.

All information for the 2023-2024 A. A. Alkathon can be found on alkathonsmc.org.

Monthly Service Committee Meetings

BRIDGING THE GAP

September 12, 7:00 p.m. on Zoom
Meeting ID: 563 554 9920 Passcode: 54321

TELESERVICE

September 10, 7:00pm on Zoom
Meeting ID: 858 4259 6364

DELEGATES TO CENTRAL OFFICE

September 12, 7:30 pm on Zoom
Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC

September 12, 6:15 pm on Zoom
Meeting ID: 841 7877 3337

GENERAL SERVICE

September 19, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting
Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions)

September 26, 7:15 orientation; 8 p.m. business meeting
St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

PENYPAA (Peninsula Young People in AA) Sept. 10 and Sept. 24 at 5: 30 p.m., 225 Tilton, San Mateo

HAPPY BIRTHDAY**Julie F MV 13yrs**

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

MESSAGE FROM GENERAL SERVICE

Greetings District 05, aka San Mateo County. Our August District meeting was held on Tuesday August 15 th in an online format. A housekeeping motion was presented by our Public Information - Cooperating with the Professional Community (PI-CPC) Committee Chair Susan C. requesting \$100.00 to provide coffee and refreshments at the upcoming Area PI-CPC workshop on September 16 th . There were no objections and the motion passed. Our business meeting discussions centered around the recently completed Summer Assembly. We were fortunate to have members from our district attend and all shared their experience with the various breakout sessions. These reports generated a spirited discussion about safety. This discussion pointing out the many aspect of safety in the rooms of AA and the need for members of the fellowship to be able to openly present safety issues as they see them.

In my report I recounted a comment by our Area Chair, Chitra, as to the absence of new business being presented at our Area Assemblies. It was pointed out that district 05 faces a similar circumstance, our district could perhaps be more active in our discussions regarding how our groups and we feel about the state of affairs in AA. If we are cool with the how AA is operating that is good, if we are unsure how to bring issues forward or are concerned about rocking the boat, not so cool. Utilization of our "What's on your mind" portion in our district meeting was encouraged to sound out thoughts and ideas. If you have concerns regarding the state of affairs in AA reach out to your groups General Service Representative (GSR). Don't have a GSR? Become one, it's an awesome ay to be of service.

We continue to have a number of service positions available. As a reminder you do not need to be a current (or past) GSR to fill some of them. A vital position that has remained open is that of facilities coordinator. The District has created an ad-hoc committee to investigate moving the District meeting into a hybrid format from the current online only one. It's likely the facilities position will also involve facilitating the hybrid meeting. It has been suggested that this position not be filled by a currently active GSR as facilitating a hybrid meeting will be a hinderance to also effectively participating in the meeting. Without a facilities coordinator any transition is unlikely. Previous GSR experience is suggested only for the open District Committee Member (DCM) positions. DCM's are a vital link in the inverted triangle and with only 2 of 9 positions filled our District GSR's are not getting the support they need and our District is not being properly represented in California Northern Coastal Area 06, CNCA06, business.

There are other opportunities to be of service. If you have an interest in being of service in District 05 please contact me.

Warmest Regards,
Brent MacQ,
District 05 Committee Member Chair
recoveringbrent@yahoo.com

STEP 9: Made direct amends to such people wherever possible, except when to do so would injure them or others.



FINDING FORGIVENESS

The Ninth Step has us clean “our side of the street,” so I did. And by the end of the Twelfth Step I felt more spiritually sound and more emotionally stable. But I still struggled, however, with one clinging resentment, which had become a real obstacle. It was toward my father.

In the Eighth Step, our literature talks about forgiveness. I had intellectually forgiven my father, but not emotionally. My resentment toward him would periodically surface and claw at my serenity. But how do you forgive a man who repeatedly beat, belittled and demeaned an innocent child and did so for years? To be free of my resentment, I had to answer these questions, deep in my heart, or that resentment would keep damaging my serenity.

My father wasn’t a good man, but he wasn’t all bad either. He had his issues, although none of them can be used as an excuse to abuse a child. I was punched and kicked and told how stupid I was. Even after I was awarded Scholar/Athlete of the Year in high school, my father’s nickname for me was “Dopeus.”

Unsurprisingly, I exhibited self-destructive traits and developed self-esteem issues.

But now I had 14 years of sobriety under my belt. I went to AA meetings, worked with others, prayed and wrote a gratitude list every day. But despite all that, I still carried around my resentment toward him. Once I learned about acceptance in AA, I accepted that I would carry this resentment to my grave. Damn him, I thought.

One afternoon, I got a call from my brother saying our father was in the hospital. He’d been found on the floor in his apartment unconscious with an empty half-gallon bottle of vodka next to him. When he fell to the floor, he’d banged his head, causing bleeding on his brain. The doctor informed us that he would not be pulling out of this.

My wife and I drove the three hours to the hospital. It was midnight when we arrived at his bed. My sisters had left about an hour earlier. He looked pale, thin, weak, as if the sheets alone anchored him down. He was still breathing but his eyes were closed. My wife asked if I wanted time alone with him.

Our book Twelve Steps and Twelve Traditions tells us that “in all these situations we need self-restraint, honest analysis of what is involved, a willingness to admit when the fault was ours, and an equal willingness to forgive when the fault is elsewhere.” With that in mind, I stood looking at my father in silence. Sadness was all I could feel, not for his current condition, but for his life—decades of disconnection from God and without any extended community to enrich his life.

I told him I was there. No reaction. To be a good son and a good human, I wanted to ease his way. I bent down close to his face and quietly said, “I forgive you.” He opened one eye and saw me. His arm rose to extend his hand to me, and I held it for a while. That was the last time in his 85-year life that he opened his eyes or moved.

For the first time in my life, my resentment left my heart. I felt free. I owe that to AA. Today, I have no resentments, not that I won’t encounter some in the future. But now I have the tools to work through resentments and the confidence that I can—as long as I stay sober.

BY: STEVE T. | BEAVERTON, OR

Central Office Delegates Meeting Minutes – Tuesday, August 8, 2023

Opened Delegates Meeting – Opened Delegates Meeting – 7:30 pm & closed at 8:13 pm. 12 Traditions: Denise S. Responsibility Statement: Colleen G. New Delegates: Megan S., Mid-Peninsula Women's Group, SM; Patty D., Friday Noon Women's Group, MP; Dylan H., H & I; Cass Y., Bunker Hill Young People, SM.
Minutes- Approved. Financial Report- Approved.

Service Committee Reports:**BTG- Bridging the Gap- Charles B.**

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30 pm, in an online format - Zoom - Meeting ID: 563 554 9920; Passcode: 54321.

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings.
- We received 6 blue cards over the last month and assigned volunteers.
- Presentations at the VA in Menlo Park are occurring weekly, and the SM County Parole meeting is occurring monthly. We are waiting to resume at Palm Avenue Detox, which had been going well.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

General Service- Becky N.

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571
- A variety of service positions are open with General Service; you do not need to be a GSR to be eligible.
- PRAASA 2024, March 1 - 3, will be held in San Francisco, hosted by California Northern Coastal Area 06.

H & I – Dylan H.

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. Orientation at 7:15 pm and Business Meeting at 8:00 p.m.
- Facilities are opening for meetings and volunteers are needed for badged facilities; requirements are 5 years sobriety and 5 years off probation.
- List of commitments needed & coordinator phone numbers: Camp Kemp, SM, Laura Hernandez 650-722-7742. Project WeHope, EPA, Janice Pasqualotto 650-283-1074. Hillcrest Juvenile Hall, SM, Joey DeMartini 650-207-3525. RWC Men's Jail, Dylan Hosking 650-281-5440. Safe Harbor Shelter, S.S.F., Brian Joslyn 650-834-7649. RWC Navigation Center (replaces Maple Street Shelter), Michael B. 650-222-4362.

NCCAA

- The NCCAA 74th Annual Fall Conference: October 13 - 15th. Location will be in Fresno, CA at the Double Tree by Hilton. Address- 2233 Ventura St, Fresno, CA 93721. High Sobriety announcement, page 5.

PENYPAA – Cass Y.

We represent the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery. Website: Penypaa.org

- Our committee meets on the 2nd and 4th Sunday at 5:30 pm, location is at 225 Tilton Ave, SM.
- August 19, PENYPAA Olympics- Greer Park, 1098 Amarillo Ave., Palo Alto. 12 noon – 4 pm.
- The 63rd ICYPAA (International Conference of Young People in AA) is Labor Day Weekend, September 1-4. Location: San Francisco Marriott Marquis. For more information: EastBayaa.org

PI-CPC- Susan C.

- Business meeting 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337>. This month's meeting was August 8th.
- Our ad, that ran in the San Mateo Journal (funded by District 5), is now running (at no charge) in the Brisbane Star, a monthly newsletter. It will be on the back page with general community announcements and is delivered to every postal address in Brisbane. Our ad will also appear on the billboard at the entrance to the City of Brisbane, near the park.

- Our flyer, which is our ad, with pull-off contact info (phone for AA central office and website) has been posted at coffee houses in Half Moon Bay. We are informing the general public that AA exists. Flyers are in English and Spanish. Distributed at the following places in Half Moon Bay: Cuna Country Store, HMB Pride Center, Coastside Lutheran Church West Wing, and Pacifica Community Center on Crespi Drive.
- Unity Day, July 16, 2023: This event was a blast! And, we heard from our CNCA06 Delegate, Eric Lee, about the New York General Service AA Conference. Eric thoughtfully provided his report "The Best Ten Things that came out of the general service conference."

Advisory Committee – Richard F.

- The Advisory Committee met on August 2nd. The committee made a recommendation to Don for a speaker for the upcoming Central Office Party. The committee discussed the Central Office Party. The planning committee is doing an excellent job in preparing the party. Raffle tickets are being sold and a QR code has been posted on the website for purchasing raffle tickets.
- Don reviewed the financials which will be shared with the delegates.
- The committee supported Don's request to explore options for a new carrier for our phone system.
- Our next meeting is Wednesday, November 1st.

Teleservice

- We have back-line positions and need more volunteers.
- Contact Michelle C., at (650) 303-1208.

Central Office Anniversary Party- Colleen G.

- Date: Saturday, September 30, 2023
- Location: San Mateo County Fairgrounds - Cypress Hall. FREE PARKING
- Time: 3:00 pm – 9:00 pm. (Help needed for Setup Noon - 3:00 pm; and Cleanup 9:00 -10:00 pm)
- NEXT PLANNING MEETINGS: Thursday, August 10th @ 7pm and August 31st @ 7pm.
 - Zoom ID: 825 1613 6372 Zoom room opens @ 6:45
- It takes a lot of people to make this event a success. Please join us in the planning. No matter your length of sobriety we urge you to get involved.
- Silent Auction can use your support. If your group would like to contribute a Themed basket or Gift Cards, please drop off to Central Office by September 15th.
- There is also a raffle done by Central Office every year. The 1st Prize is a trip to The Big Island Bash in Hawaii. \$10 per ticket. Tickets are sold by members OR you can use the QR code in High Sobriety or on the Central Office Website.
- If you have any questions, please give Colleen G. a call, text, or email: 510-334-7894 and cgillaspy59@yahoo.com

Central Office Report - Don C.

Statistics for July 2023:

- 1-12 Step Call; 60 - Office Visits; 112- Phone Information Calls

Other information to share:

- The AA website has a new tab called "Chip Meetings" and we have a list of chip meetings. If your meeting is a chip meeting and you would like it on our list, please email us at aasanmateo@gmail.com and let us know the meeting.
- We are going to change our phone and internet provider. It will be less costly and hopefully we will be able to make Teleservice better and less costly.

No Old Business. No New Business.

Next Meeting: Tuesday, **September 12**, 2023, 7:30 p.m.

FINANCIAL REPORT

AUGUST 2023

	AUG	Total YTD		AUG	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	13.00	248.00	Accounting Services	102.51	2,476.41
Book sales	954.68	9,063.56	Books Purchased	59.97	9,027.77
Central Office Annual Party	1,389.13	1,667.96	Chips	245.65	1,415.05
Chip sales	277.15	2,146.22	Central Office Annual Party Exp	153.46	2,697.49
Delegates Collection	0.00	24.00	Central Office Insurance	161.48	1,287.50
Faithful Fivers	537.25	4,520.42	Credit Card Charges	64.05	252.62
Group Contributions	6,986.85	71,521.50	Employee Insurance	249.00	1,999.00
High Sobriety Subscriptions	10.00	86.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	254.61	2,242.02
Individual Contributions	5,158.31	6,892.11	Office supplies	37.92	610.87
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	0.00	914.75
Printing	0.00	100.00	Rent	1,499.00	12,006.00
Sales Tax on Books & Chips	131.57	1,202.52	Salaries	5,144.63	42,032.84
Tax Refund		315.97	Sales Tax on books	0.00	1,251.00
		0.00	Taxes (Payroll)	1,862.64	16,594.01
Total Income	15,457.94	97,788.26	Telephone & Tech	327.30	1,879.81
			Telephone Advertising	0.00	0.00
Less Expenses	10,327.22	98,220.14	Teleservice	165.00	1,155.00
			Travel Expenses	0.00	378.00
Net Income (loss)	5,130.72	(431.88)	Web Services		0.00
Starting Balance		56,597.84			
Plus Net Income/Loss		5,130.72			
Ending Balance		61,728.56	Total Operating Expenses	10,327.22	98,220.14
TOTAL PRUDENT RESERVE		50,563.35	Net Income (loss)	5,130.72	(431.88)
TOTAL CASH POSITION		112,291.91	2023 Year-to-Date Summary		
			Year-to-Date Income		97,788.26
			Year-to-Date Expenses		98,220.14
			Year-to-Date Net Inc/(Deficit)		(431.88)

SAN MATEO COUNTY AUGUST 2023 GROUP CONTRIBUTIONS

ATHERTON	AUG	YTD	MENLO PARK	AUG	YTD	SAN BRUNO	AUG	YTD	Zoom	AUG	YTD
Sunday Spirituality	19.11	29.13	Atherton AA	200.00	200.00	12 Study Grp (Thurs)		135.60	12 & 12 @ 12 SM		142.00
			Atherton Grp Wed Noon	9.31	848.21	Big Book Study Fri (5pm)	134.91	849.94	12 Step Study (Tues Noon) MIL		200.00
BELMONT			Cottonmouth		976.41	Come as You Are		313.00	1st Tradition MID		12.02
Belmont Tues. Noon Group	20.00	20.00	Fri. Noon Women's		1,058.22	Experience, Strength, Hope		71.40	BB 103 North FC	341.55	341.55
Day At A Time		885.27	Horses Ass	395.70	1,161.70	Living Sober! HH (Tues)		271.20	Bookies SC	50.00	130.06
			Menlo Park Men's Group		645.00	Grupo Serenidad	15.00	90.00	Broken Elevator Thurs. RVIC	30.00	242.64
BRISBANE			Menlo Veds Wbmen's Grp		169.40	Spkr/Disc - Happy Hour(Mon)	48.15	879.98	FC Living Sober Groups (Zoom)		634.89
Brisbane Breakfast		430.49	Sat Morning Sandhill		2,729.89				Friday Night Rap SB	100	463.82
			Sat Sunrise Grp MP 7:30		353.68	SAN CARLOS			Friday Noon Big Book FC	20.00	174.95
BURLINGAME			Sunday Sober Sisters		662.00	In Step with Bill		432.05	Men's R4D Big Book MP		225.88
Anson Group Disc. mtg	67.14	408.04	Women's 12- step Thu noon	322.38	787.38	SCPF- all meetings	10.00	1,444.35	Mon. 12:10 PM Happy Hour MP	1.39	1.39
Any Length		474.27				Sober Sundays		51.92	Morning Serenity Zoom		250.00
Burlingame Men's Grp		903.70	MILLBRAE						Off Broadway Beginners Mtg SM		313.00
Burlingame Noon Men's Grp	393.00	1,028.00	Sobriety in the Park		255.51	SAN MATEO			Pescadero Group PES		40.09
Burlingame Read a Passage		162.00				Fireside Group	292.60	1,052.45	Sat. Morning Eye-Opener HMB		437.00
Ham & Eggers	739.00	1,916.68	Misc.			Highlanders Grp.	352.00	1,019.80	S.C. Awareness Group SC	10.00	256.94
Hillsborough Men's Group	300.00	500.00	unknown		435.00	Joy of Living		70.00	Sharing Choices BUR		510.99
Peninsula Prime Time		485.00	Speaker Jam		332.00	Lunch Bunch		199.20	Sunday Sundowners SM	24.87	586.22
Prime time Book Study		126.00				Mid Peninsula Women		438.82	The Old & the New FC	20.00	209.97
Sat Nite Spkr/Disc. Group	102.42	442.65	PACIFICA	AUG	YTD	Monday Night Men's 6:30		450.00	The Sewer Group RVIC		229.87
Senior Focus Group	77.22	451.45	12 @ 6 Group	105.00	105.00	Morning Serenity (All)		8,738.37	Tools of Recovery (Tue 6:30p) SB		115.00
Tuesday Nite Group		298.38	B.Y.O.B. Group Thurs Noon		444.43	The Forum Group		1,079.00	USR Men's Online Group MP		152.35
			Daily Reflections (Beach Mtg)		342.54	Wednesday Afternoon Group	162.00	1,032.00	Wake Up Zoom PAC	35.02	169.82
FOSTER CITY			Discussion Group Fri Noon		240.00	Women's Home Grp (travelling)		701.59	Women's Candlelight Grp PAC		200.48
FC Men's Sharing Group		710.21	Fri Discussion Noon Baptist		55.11				Women's Celebrate Being Alive SM		40.00
FC Women's Pop Up Gazebo		1,597.39	Pacifica BB Study Mon 11:00am		534.50	SOUTH S.F.			Women's Happy Hour SBF		15.00
Foster City Women (Sat)	24.87	54.00	Pacifica Live Wake Up	140.00	700.00	Keep it Simple		298.00	Women Read & Reflect SC		125.00
Living Sober Groups (all)		203.70	Pacifica Men's Group		604.80	New Beginnings Women		140.00	Women who wear shoes	87.50	285.60
Study the Text Group		539.45	Page 133 Group		361.90	South City Womens		10.00			
			Pedro Valley Pacifica	344.00	766.00						
HALF MOON BAY			Serenity in Pacifica		172.40	WESTBAY ALAMO					
3rd & 11th Step	369.13	545.13	Sharp Park 3rd & 11th Step	212.80	560.80	Colma Eye Opener		399.00			
7AM Coastside Meet-M-S	193.18	2,395.93	Sun. Afternoon Daily Reflections		251.86	Daily Reflect (Mon)		60.00			
777 Miramonte's Noon Meet-M-F		371.70	Tues, Weds, Thurs Noon Disc		453.00	Daily Reflection Wed		60.00			
Coastside Big Book	184.09	376.77				Early Birds (Fri)	177.00	177.00			
Coastside Talkers		140.00	PESCADERO			Grapevine (Mon)	120.00	120.00			
Emotional Sobriety Book Study		337.93	Grass Roots		15.02	Living Sober (Thur)		60.00			
HMB Happy Hour Group		387.70				Men's Meeting		234.00			
HMB Thurs Womens BB	4.99	30.03	PORTOLA VALLEY			Tues 7am Big Book	120.00	360.00			
Last Barn on the Block	80.47	255.31	Ladera Mon Nite Group		953.25	West Bay All Groups		262.40			
Sat Nite Step		2.11	Portola Valley 11th Step		1,100.00	Women's Happy Hour		480.51			
Thurs. Night Men's Group		693.53									
Tues Womens 12th Step	134.32	291.84	REDWOOD CITY								
			A Vision for You		1,918.00						
LA HONDA			Don't Drink Group		403.30						
La Honda Group (Thurs)		244.30	Horse's Ass Loving Fellowship		1,143.35						
			San Carlos Beginners		945.45						
			Sequoia Recovery Grp	195.53	396.01						
			Thumpers		828.03						
			Wed. Woodside Meeting		1,184.85						

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