

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

October 2023

SMC Fellowship News October 2023



**The end of the summer is not
the end of the world. –
A. A. Milne**

Become a Faithful Fiver™

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.™

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!™



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The 2023-2024 Holiday Alkathons will be held in-person this year at 5th & O'Neill. If your Home Group is interested in hosting a meeting, please find the meeting participation form on the website alkathonsmc.org. Your submission must be received by Saturday, October 14, 2023 at 8 a.m.. A random drawing of all group submissions will take place on Sunday, October 15, 2023.

There are also many opportunities to be of service at this year's Alkathon. If you are interested, please complete the Service Participant form on the website. See page 4 for more information. Thanks!

Monthly Service Committee Meetings

BRIDGING THE GAP	October 10, 7:00 p.m. on Zoom Meeting ID: 563 554 9920 Passcode: 54321
TELESERVICE	October 8, 7:00pm on Zoom Meeting ID: 858 4259 6364
DELEGATES TO CENTRAL OFFICE	October 10, 7:30 pm on Zoom Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
PI/CPC	October 10,, 6:15 pm on Zoom Meeting ID: 841 7877 3337
GENERAL SERVICE	October 17, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833
H&I (Hospitals & Institutions)	October 24, 7:15 orientation; 8 p.m. business meeting St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo
PENYPAA (Peninsula Young People in AA)	October 8 and October 22 at 5: 30 p.m., 225 Tilton, San Mateo

UPCOMING EVENTS

Alcoholics Anonymous KEEP IT SIMPLE GROUP, SSF



Nineteenth Annual "SUPER FUN" INDIAN SUMMER CELEBRATION"

Potluck (Bring a SIDE DISH\DESSERT if you can),
BBQ (HOTDOGS & HAMBURGERS PROVIDED),
Fun & Games (everyone wins), Speaker Meeting
Super Fun People! Bring a newcomer, old-timer or just bring yourself!
"We absolutely insist on enjoying life"!!!

Come join us in the Fellowship of the Spirit!

Our Guest Speaker: Tony V, 37 years

Orange Memorial Park (Picnic Area #4)

Memorial Drive

South San Francisco, CA

11 am until 5pm

Saturday, October 7TH, 2023

Speaker Meeting at 2pm

NCCAA
74th Annual
Fall Conference

**Northern California Council of
Alcoholics Anonymous**

Oldest AA Conference Since 1947!

Fresno, CA

DoubleTree by Hilton

2233 Ventura St, Fresno, CA 93721

October 13, 14, 15, 2023

PRE-REGISTRATION CUT OFF DATE IS OCTOBER 1st, 2023

CONFERENCE RATE FOR HOTEL CUT OFF DATE IS September 28th, 2023

PRE-REGISTRATION - \$20.00 (per person) - AT THE CONFERENCE - \$25.00

VISIT OUR WEBSITE AT --<http://www.norcalaa.org>

PENYPAA PRESENTS...

BAYWIDE

HALLOWEEN DANCE

Saturday, October 28, 2023

6-11 PM

1400 ROOSEVELT AVE., REDWOOD CITY, CA

PRE-REG AVAILABLE NOW!

\$20

VENMO: KEVINOEL

PLEASE PUT BAYWIDE AND YOUR FIRST & LAST
NAME IN THE DESCRIPTION

COHOSTED BY: WACYPAA, SCCYPAA

SPECIAL GUESTS: SANJYPAA, MCYPAA, CRUZYPAA



PENYPAA.ORG


Halloween
at The WBAC
Sunday, October 29

1 PM: AA Speaker
2 PM: Spook-getti

Feast with sides, dessert & beverage
(Food served till sold out)
\$10 suggested donation
Costumes Welcome! 50/50 Raffle Drawing!
West Bay Alano Club
216 Mosswood Way, So. San Francisco - Hosted by 7 AM Tuesday Morning Big Book Study Group

Greetings to the San Mateo County Alcoholics Anonymous community.

We are excited to announce our upcoming 2023-2024 A.A. Alkathon. The San Mateo County Alkathon was started 49 years ago to provide round the clock meetings at the end of the year during the holidays of Thanksgiving, Christmas, and New Year's. Meetings start every even hour on the following days:

Thanksgiving A.A. Alkathon	Wed, Nov 22, 12PM - Fri, Nov 24, 12PM
Christmas A.A. Alkathon	Sun, Dec 24, 12PM - Tue, Dec 26, 12PM
New Year's A.A. Alkathon	Sun, Dec 31, 12PM - Tue, Jan 2, 12PM

This year's Alkathon will be held in-person at 5th and O'Neill (1300 5th Ave, Belmont). Each meeting is for 90mins. The first meeting starts at Noon on the first day and the last meeting starts at Noon on the last day.

All information for the 2023-2024 A. A. Alkathon can be found on alkathonsmc.org.

If your Home Group is interested in hosting a meeting, please find the meeting participation form on the website alkathonsmc.org. Your submission must be received by **Saturday, October 14, 2023 at 8AM**. A random drawing of all group submissions will take place on **Sunday, October 15, 2023**. There are also many opportunities to be of service at this year's Alkathon. If you are interested, please complete the Service Participant on the website. Service positions include, but are not limited to, greeters, coffee makers, decorating, clean up support, etc.

If you have questions about the A.A Alkathon - please email AlkathonSMC@gmail.com.

11th Step Workshop

“Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Join us for a four-week informational and practice series on the Eleventh Step.

Wednesday evenings, 7:30 – 8:30 p.m.

Good Shepherd Church

Fifth and O'Neill, Belmont

November 8, 15, and 29, 2023

Online/Zoom

November 22, 2023

Bring a cushion or other floor mat if you wish; chairs will be available.

No charge. 7th Tradition contributions only. Contributions will be used to pay rent and any expenses, with the balance distributed to the San Mateo Central Office.

For Zoom meeting and more information, contact Will Holsinger, (650) 678-2259, william.holsinger@me.com.

STEP TEN

J T M Y N R H Y W Z B G R Q P U N
 R O E S O P R U P K F E G R D R U
 E L I H L V V Y U W S G J O X X U
 P E J S B Q E P R E H P U E J E G
 R I U Z R E P X N O R U C U Y U H
 I G S W L B Y T P O T N B T H W S
 N Y T S K S M Y G E E N I N D E N
 C S I H M E A R T T R L E L I N O
 I C F B N C E H S U A I J V I B I
 P S I T D S L I B U X L E N N X T
 L N C C S Z S Z T E E Y D N S I A
 E O A N K R Y I V C B W V X C D T
 S I T O E Q R K Q N X G O S O E C
 O T I P M I Y V E A Z Q X M Y S E
 I O O Q P K V H X L Y Z U N K Q P
 M M N S V T N W G A C T P D I E X
 E E T P M E M K X B X K W O B Q E

PURPOSE

EXPECTATIONS

PROGRESS

JUSTIFICATION

RESENTMENT

SPIRITUALITY

PRINCIPLES

EXPERIENCE

EMOTIONS

PERSISTENCE

BALANCE

INVENTORY

STEP 10: Continued to take personal inventory and when we were wrong, promptly admitted it.



LETTING GO

Last Sunday night, we had a discussion in my home group about remembering those times we wanted to escape into alcohol. We talked about what we do instead of drinking when the urge comes. I sat there wondering how I was ever going to share that I've never had that moment of wanting to escape into alcohol. People might think I was a "goody two shoes" or "better than" them. Then I had a flash of insight.

As I listened to other people's comments, I was reminded of what I was like when I came into AA. I was a resentful, self-pitying, fearful, dishonest woman. I rationalized and justified my attitudes and actions so that being a drunk was absolutely not my fault. I fed and watered real or imagined resentments to make it OK for me to drink. I lived in fear always, always that fear.

I had come to AA after a considerable amount of time being a really good quitter, always promising to quit drinking. But I was an even better starter, as I was always starting up again. I was so very sick physically, but I didn't realize how sick I was mentally. I took great umbrage at the suggestion in the Second Step that I needed to be restored to sanity. I had come to AA after spending 30 days in a locked psych ward and I was sure you put that part in the Steps to single me out and embarrass me.

The good news was that my home group had a three-week rotation of topics: a Step, a Tradition and a topic. The topic meetings were, almost without fail, on character defects. When I heard other people talk about their resentments and fear and self-pity it was like winning the jackpot of insight. I could immediately identify with those defects and how I used them. After

weeks of meetings, I heard that resentment and self-pity are two sides of the same coin, that I would not have one without the other. Here was the magic key to staying away from the first drink. I didn't need to nourish resentments anymore.

The more sober days I strung together, the less fear I had. I was able to do the things I needed to do every day for me and my family.

In the Tenth Step, I learned that I needed to watch out for "FRED," which is an acronym for fear, resentment, ego and dishonesty. I no longer need to encourage these defects. What I do need to do is to listen to my thoughts. My defects go off the rails in my head long before I'm slamming a door or kicking the dog. If I don't stop the dishonest thinking, the resentment and self-pity will do me in. When I harbored resentments, I fell prey to what I heard described later in AA: "I drank poison expecting the other person to die." That was me. I was fuming, muttering, moaning, not sleeping, while the object of my anger went through their day smiling and peacefully sleeping all night. As funny as it seems now, I did think, Well, if they don't know why I'm mad, I'm not going to tell them. I just punished myself instead.

So after years in AA observing my ego and keeping it in a safe place, with the grace of God, during a flash of insight I discovered that I now was putting my self-centeredness to a new purpose. I do not need these character defects to justify my drinking, and through the grace of God and the Fellowship of AA, I'm not going to give up my freedom to anyone. I have a whole new toolbox of positive remedies when I find myself trying to drum up a good case of self-pity or when I'm convinced that someone has trampled on my feelings.

I remember that this, too, shall pass, that I'm living one day at a time and that things could always be worse. I call my sponsor and I always remember that I need to focus on the three Ss: smile, step back and shut up.

BY: CAROL K. | SARASOTA

MESSAGE FROM GENERAL SERVICE

Greetings District 05, aka San Mateo County. Our September meeting was held on Tuesday September 19th in an online format. In my report the approaching end of the year was noted and with it the need to prepare for next year. That means it's time for inventory and budget. The inventory questions listed in the pamphlet The AA Group were shared as were the inventory questions from the past two district inventories. 2023 inventory questions will be selected at our October meeting. We also briefly reviewed the budgetary process going over how budgets were generated last year. In this year's budget I have requested we establish a set amount of funds to take the district's business meeting hybrid. District 05 may have a surplus of funds and the unknown cost of going hybrid has been an impediment to estimating if there is and the actual amount. We intend to resolve this issue such that any excess funds can be promptly distributed.

In preparation for the budget process our visiting officer was asked to review the fiscal well-being of AA. They utilized the "Picnic Table" presentation prepared from an internal audit by our Class A trustee Kevin Prior. The big picture view is that the financial status of AA is sound. Revenue is steady however expenses in some categories has risen dramatically and AA has responded accordingly. For example, increased printing costs have resulted in an increase in the cost of AA literature. In the presentation they emphasized the need for prudence when dealing with budgetary excess or shortfalls. Contact your GSR or me if you would like to see a copy of the financial presentation.

Our business items included a housekeeping motion presented by PENYPAA requesting funds in the amount of \$500.00 to support the Baywide Halloween dance coming up on October 28th 6-11pm at 1400 Roosevelt Ave, Redwood City. There was an objection based on a security issue so this item will be discussed in our October 17th business meeting. We established an ad hoc committee to generate our 2024 budget with, as was noted earlier, an emphasis on better quantifying our surplus such that it can be promptly distributed.

There are a number of opportunities to be of service with the district. If you have an interest in being of service in District 05 please contact me.

Warmest Regards,
Brent MacQ,
District 05 Committee Member Chair
recoveringbrent@yahoo.com

Central Office Delegates Meeting Minutes – Tuesday, September 12, 2023

Opened Delegates Meeting – 7:30 pm & closed at 8:15 pm.; 12 Traditions: Janice C. Responsibility Statement: Rich F. New Delegates: Kishore, Living Sober, Foster City, in person; Jarvis W., Thumpers, Redwood City. AA Birthdays: Harry Z., 33 years. Minutes- Approved. Financial Report- Approved.

Service Committee Reports:

BTG- Bridging the Gap- Charles B.

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30 pm, in an online format - Zoom - Meeting ID: 563 554 9920; Passcode: 54321.

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings.
- We received 7 blue cards over the last month and assigned volunteers.
- Presentations at the VA in Menlo Park are occurring weekly, and the SM County Parole meeting is occurring monthly.
- We are working with H & I to restart BTG meetings in Palm Avenue detox on Saturdays, starting in the next few weeks. We will then look to expand our meeting offerings.
- Presentations at the VA in Menlo Park are occurring on a weekly basis, and monthly at the San Mateo County Parole, partnering with PICPC. We are receiving preliminary interest for more jail presentations.

- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com -if you would like to be of service.

General Service- Becky N.

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571
- Both Grapevine and La Viña have App subscriptions available- either as an online App only or combined with a print subscription. For more information visit- aa.grapevine.org
- The Accessibilities Committee meets on Zoom, the 2nd Monday of the month, 7-8:30pm, which is 4-5:30 PST. Zoom ID 690-393-7360 PW AAC2020 "The Accessibilities Committees explore, develop, and offer resources to alcoholics with significant barriers to receiving the Alcoholics Anonymous message and to participating in our program of recovery."
- A variety of service positions are open with General Service; you do not need to be a GSR to be eligible.
- PRAASA 2024, March 1 - 3, will be held in San Francisco, hosted by California Northern Coastal Area 06..

H & I – Brent M.

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. Orientation at 7:15 pm and Business Meeting at 8:00 pm.
- Live meetings are now back in the men's jail and the new Maple Street complex. Volunteers are needed at Maple Street for Monday, Wednesday, and Friday meetings- from 4:00 - 5:00 pm.
- The current online process for badging is more efficient, and the requirements are 5 years sobriety and 5 years off probation
- List of commitments needed & coordinator phone numbers: Camp Kemp, SM, Laura Hernandez 650-722-7742. Project WeHope, EPA, Janice Pasqualotto 650-283-1074. Hillcrest Juvenile Hall, SM, Joey DeMartini 650-207-3525. RWC Men's Jail, Dylan Hosking 650-281-5440. Safe Harbor Shelter, S.S.F., Brian Joslyn 650-834-7649. RWC Navigation Center (replaces Maple Street Shelter), Michael B. 650-222-4362..

NCCAA

- The NCCAA 74th Annual Fall Conference: October 13 - 15th. Location will be in Fresno, CA at the Double Tree by Hilton. Address- 2233 Ventura St, Fresno, CA 93721. High Sobriety announcement, page 5.

PENYPAA – Jonathan

We represent the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger alcoholics get into recovery. Website: Penypaa.org

- Our committee meets on the 2nd and 4th Sunday at 5:30 pm, location is at 225 Tilton Ave, SM.
- Halloween Baywide Dance on Saturday October 28th at 1400 Roosevelt Ave. in Redwood City. Meeting at 6pm and Dance and other activities from 7-11pm. If you would like to pre-register the suggested donation is \$20- please venmo @kevinoel. YPAA committees from East Bay, South Bay, San Joaquin County, and Santa Cruz will be attending this event.

PI-CPC- Susan C.

- Business meeting: 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337> This month's meeting was August 8th.
- PI-CPC attended the Parolees PACT meeting on Sept. 7th, in East Palo Alto- it was a very good meeting.
- In-Person Resource Fair: Tues, Sept. 12th at County Center Plaza, RWC, literature table. Lots of foot traffic.
- Upcoming events:
 - Voices of Recovery has two events in September where we can provide AA literature tables. One event: Annual Recovery Happens Picnic: Wed, Sept. 20th at Coyote Point, San Mateo.
 - September 16, 2023: PI-CPC Workshop: Foothill Covenant Church at the "ARK" Building, 1555 Oak Ave. at Truman Ave., Los Altos, 94022, 2:00- 5:00 pm. Six speakers – 3 Spanish speakers and 2-3 English speakers. Translation available, hybrid meeting.

Alkathon – Payal

- The 2023 - 2024 Alkathon will be taking place at "5th & O'Neill" - 1300 5th Avenue, Belmont, 94002, for Thanksgiving, Christmas, and New Year.

- The meetings will run around the clock, last 90 minutes, and begin on the even hours. This year the meetings will be in person only.
- Groups are needed to sign up to host a meeting. Submit your group's information on the online form by 8AM on Saturday, Oct. 14th. The lottery drawing of all group submissions will be made on Sunday, Oct. 15th, on zoom. Your group will be responsible for the time slot selected in the drawing. That includes providing a secretary, speaker, literature volunteer, and 2-3 greeters.
- Individuals are also needed to volunteer.
- To sign up to volunteer, to submit your group's name, and for information, visit the Alkathon website: alkathonsmc.org
- Flyers are available and in High Sobriety.

Advisory Committee – Richard F.

- Our next meeting is Wednesday, November 1st..

Teleservice

- We have back-line positions and need more volunteers.
- Contact Michelle C., at (650) 303-1208.

Central Office Anniversary Party- Colleen G.

- Date: Saturday, September 30, 2023
- Location: San Mateo County Fairgrounds – Cypress Hall. FREE PARKING.
- Time: 3:00 pm – 9:00 pm. (Set up from Noon-3 and Cleanup 9-10pm)
- Next Planning Meetings: Thurs 9/14 and Thurs 9/21 Time: 7pm
 - Zoom ID: 825 1613 6372 Zoom room opens @ 6:45
- Silent Auction can use your support. If your group would like to contribute a Themed basket or Gift Cards, please drop off to Central Office by Friday, Sept 22nd.
- Raffle Tickets: 1st Prize- Trip to The Big Island Bash in Hawaii. \$10 per ticket. Tickets are sold by members and available at Central Office OR you can use the QR code in High Sobriety or on the San Mateo County Central Office Website.
- If you have any questions or want to get involved, please give Colleen G a call, text, or email. All are welcome and we hope to see you there!! 510-334-7894 cgillaspy59@yahoo.com

Central Office Report - Don C.**Statistics for August 2023:**

- 2 – 12 Step Calls
- 67 - Office Visits
- 148 - Phone Information Calls
- Other information to share:
- Our Big Books are now at the new price (\$13.25) along with the big print Big Books (\$13.25) and both the hard and soft cover 12&12s (\$12.25 & \$11.00). Those are tax included.
- Our new internet is up and running and the phones are due to be installed tomorrow.
- Want to remind everyone that all delegates and treasurers get the High Sobriety, so if you're not getting one, or a treasurer for a meeting you go to isn't getting one please let me know at aasanmateo@gmail.com.
- Anyone who is a zoom host for a meeting, check ahead of time that you can open the meeting. Zoom has updated recently and may ask for verification. Contact Don at Central Office if you are having a problem, and he will assist. Office hours to call: 8:30 am – 4:30 pm. (650) 577-1310

No Old Business. No New Business.

Next Meeting: Tuesday, October 10, 2023, 7:30 pm.

FINANCIAL REPORT

SEPTEMBER 2023

	SEPT	Total YTD		SEPT	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	0.00	248.00	Accounting Services	98.00	2,574.41
Book sales	1,501.71	10,565.27	Books Purchased	0.00	9,027.77
Central Office Annual Party	4,098.56	5,766.52	Chips	327.90	1,742.95
Chip sales	556.78	2,703.00	Central Office Annual Party Exp	652.97	3,350.46
Delegates Collection	0.00	24.00	Central Office Insurance	161.48	1,448.98
Faithful Fivers	464.15	4,984.57	Credit Card Charges	0.00	252.62
Group Contributions	7,526.45	79,047.95	Employee Insurance	249.00	2,248.00
High Sobriety Subscriptions	10.00	96.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	206.53	2,448.55
Individual Contributions	39.32	6,931.43	Office supplies	328.07	938.94
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	65.75	980.50
Printing	70.00	170.00	Rent	1,499.00	13,505.00
Sales Tax on Books & Chips	219.86	1,422.38	Salaries	5,219.86	47,252.70
Tax Refund	0.00	315.97	Sales Tax on books	0.00	1,251.00
	0.00	0.00	Taxes (Payroll)	1,958.61	18,552.62
Total Income	14,486.83	112,275.09	Telephone & Tech	1,295.93	3,175.74
			Telephone Advertising	0.00	0.00
Less Expenses	12,228.10	110,448.24	Teleservice	165.00	1,320.00
			Travel Expenses	0.00	378.00
Net Income (loss)	2,258.73	1,826.85			
Starting Balance		61,728.56			
Plus Net Income/Loss		2,258.73			
Ending Balance		63,987.29	Total Operating Expenses	0.00	110,448.24
TOTAL PRUDENT RESERVE		50,623.39	Net Income (loss)	2,258.73	1,826.85
			2023 Year-to-Date Summary		
TOTAL CASH POSITION		114,610.68	Year-to-Date Income		112,275.09
			Year-to-Date Expenses		110,448.24
			Year-to-Date Net Inc/(Deficit)		1,826.85

SAN MATEO COUNTY SEPTEMBER 2023 GROUP CONTRIBUTIONS

ATHERTON	SEPT	YTD	MENLO PARK	SEPT	YTD	SAN BRUNO	SEPT	YTD	Zoom	SEPT	YTD
Sunday Spirituality		29.13	Atherton AA		200.00	12 Study Grp (Thurs)	64.73	200.33	12 & 12 @ 12 SM		142.00
			Atherton Grp Wed Noon		848.21	Big Book Study Fri (5pm)	73.97	923.91	12 Step Study (Tues Noon) MIL	200.00	400.00
BELMONT			Cottonmouth		976.41	Come as You Are	557.20	1,070.20	1st Tradition MID		12.02
Belmont Tues. Noon Group	123.00	143.00	Fri. Noon Women's		1,058.22	Experience, Strength, Hope	27.00	98.40	BB 103 North FC		341.55
Day At a Time		885.27	Horses Ass	633.00	1,794.70	Living Sober/HH (Tues)	98.70	369.90	Bookies SC		130.06
			Menlo Park Men's Group		645.00	Grupo Serenidad		90.00	Broken Elevator Thurs. RWC	200.00	442.64
BRISBANE			Menlo Weds Women's Grp		169.40	Spkr/Disc - Happy Hour(Mon)	239.61	1,119.59	FC Living Sober Groups (Zoom)		634.89
Brisbane Breakfast	50.02	480.51	Sat Morning Sandhill		2,729.89				Friday Night Rap SB	100.00	563.82
			Sat Sunrise Grp MP 7:30		353.68	SAN CARLOS			Friday Noon Big Book FC	200.00	374.95
BURLINGAME			Sunday Sober Sisters	157.00	819.00	In Step with Bill		432.05	Men's R4D Big Book MP		225.88
Anson Group Disc. Mtg		408.04	Women's 12- Step Thu Noon		787.58	SCPF- all meetings		1,444.85	Mon. 12:10 PM Happy Hour MP		1.99
Any Length		474.27				Sober Sundays		51.92	Morning Serenity Zoom		250.00
Burlingame Men's Grp		903.70	MILLBRAE						Off Broadway Beginners Mtg SM		313.00
Burlingame Noon Men's Grp		1,028.00	Sobriety in the Park		255.51	SAN MATEO			Pescadero Group PES		40.09
Burlingame Read a Passage		162.00				Fireside Group		1,052.45	Sat. Morning Eye-Opener HMB		437.00
Ham & Eggers		1,916.68	Misc.			Highlanders Grp.		1,019.80	S.C. Awareness Group SC	10.00	266.94
Hillsborough Men's Group		500.00	unknown		435.00	Joy of Living		70.00	Sharing Choices BUR		510.99
Peninsula Prime Time		485.00	Speaker Jam		332.00	Lunch Bunch	186.00	385.20	Sunday Sundowners SM		586.22
Prime time Book Study		126.00	West Bay Alano	116.00	116.00	Mid Peninsula Women		438.82	The Old & the New FC	70.02	279.99
Sat. Nite Spkr/Disc. Group		442.65				Monday Night Men's 6:30		450.00	The Sewer Group RWC	71.50	301.37
Senior Focus Group		451.45	PACIFICA		YTD	Morning Serenity (All)	4.99	8,743.36	Tools of Recovery (Tue 6:30p) SB		115.00
Tuesday Nite Group		298.38	12 @ 6 Group		105.00	The Forum Group	327.00	1,406.00	USR Men's Online Group MP		152.35
			B.Y.O.B. Group Thurs Noon		444.43	Wednesday Afternoon Group	119.00	1,151.00	Wake Up Zoom PAC		169.82
FOSTER CITY			Daily Reflections (Beach Mtg)		342.54	Women's Home Grp (traveling)	100.06	801.65	Women's Candlelight Grp PAC		200.48
FC Men's Sharing Group		710.21	Discussion Group Fri Noon		240.00				Women's Celebrate Being Alive SM	25.00	65.00
FC Women's Pop Up Gazebo		1,587.39	Fri Discussion Noon Baptist	221.95	277.06	SOUTH S.F.			Women's Happy Hour SF		15.00
Foster City Women (Sat)		54.00	NewComers & Old Timers	1,400.00	1,400.00	Keep it Simple		298.00	Women Read & Reflect. SC		125.00
Living Sober Groups (all)		203.70	Pacifica BB Study Mon 11:00am		534.50	NewBeginnings Women		140.00	Women who wear shoes		285.60
Study theText Group		539.45	Pacifica Live Wake Up	210.00	910.00	South City Womens		10.00			
			Pacifica Men's Group		604.80						
HALF MOON BAY			Page 133 Group	290.00	651.90	WESTBAY ALANO					
3rd & 11th Step		545.13	Pedro Valley Pacifica		766.00	Brown Baggers	89.40	89.40			
7AM Coastsides Meet.M-W-F	118.15	2,514.08	Serenity in Pacifica		172.40	Colma Eye Opener	129.50	528.50			
777 Miramontes Noon Meet.M-F		371.70	Sharp Park 3rd & 11th Step		560.80	Daily Reflect. (Mon)	60.00	120.00			
Coastside Big Book		376.77	Sun. Afternoon Daily Reflections		251.86	Daily Reflexion Wed		60.00			
Coastside Meditation T-TH	58.81	58.81	Tues, Weds, Thurs Noon Disc		453.00	Early Birds (Fri)		177.00			
Coastside Talkers	1.47	141.47	Women's Big Book Study	96.76	96.76	Grapevine (Mon)		120.00			
Emotional Sobriety Book Study		337.93				Living Sober (Thur)		60.00			
HMB Happy Hour Group		387.70	PE SCADERO			Men's Meeting	160.00	394.00			
HMB Quarry Park Sat, Sun	216.99	216.99	Grass Roots		15.02	Oyster Point Discussion	100.00	100.00			
HMB Thurs Womens BB	4.99	35.02				Thurs Nooner BB	120.00	120.00			
Last Barn on the Block		255.31	PORTOLA VALLEY			Tues 7am Big Book		360.00			
Sat Nite Step		2.11	Ladera Mon Nite Group		953.25	West Bay All Groups		262.40			
Thurs. Night Men's Group	342.84	1,036.37	Portola Valley 11th Step		1,100.00	Women's Happy Hour		480.51			
Tues Womens 12th Step		291.84									
			REDWOOD CITY								
LA HONDA			A Vision for You		1,918.00						
La Honda Group (Thurs)		244.30	Don't Drink Group	149.80	553.10						
			Horse's Ass Loving Fellowship		1,143.35						
			San Carlos Beginners	1.99	947.44						
			Sequoia Recovery Grp		396.01						
			Thumpers		828.03						
			Wed. Woodside Meeting		1,184.85						

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