HIGH SOBRIETY

2215 S. El Camino Real, Suite 204 San Mateo, CA 94403

Monthly newsletter of the SAN MATEO COUNTY FELLOWSHIP OF AA

650-577-1310 aasanmateo.org aasanmateo@gmail.com

December 2023

SMC Fellowship News December 2023



If we are facing in the right direction, all we have to do is keep walking.

Buddhist Proverb

Merry Christmas and Happy New Year!

The New Year is a great time to contemplate a service commitment. There are plenty of volunteer openings available. Please see the minutes on p. 8, and the website at https://aa-san-mateo.org/service-opportunities for specific information on service opportunities and how you can help carry the message in the New Year.

Central office will be closed for the Holidays on December 25, 26 and January 1.

Table of Contents

Monthly Service Committee Meetings ... 2

Upcoming Events ... 2-4

Step 12 – Lives We Change ... 6

Message from General Service . . . 7

Central Office Minutes ... 8-9

Call for Contributions . . . 9

Central Office Financial Report ... 10

Group Contributions Report ... 11



SMC HOLIDAY ALKATHONS:

The 2023-2024 Holiday Alkathons are being held in-person at 5th & O'Neill in Belmont. Please see the schedule on p. 2-3 for the upcoming Christmas (Dec. 24 to 26) and New Year's (Dec. 31 to Jan. 2) Alkathons.

There are many opportunities to be of service at this year's Alkathons. If you are interested in volunteering or donating, please visit the website at alkathonsmc.org.

Monthly Service Committee Meetings

BRIDGING THE GAP December 12, 7:00 p.m. on Zoom

Meeting ID: 563 554 9920 Passcode: 54321

TELESERVICE December 10, 7:00pm on Zoom

Meeting ID: 858 4259 6364

DELEGATES TO CENTRAL OFFICE December 12, 7:30 pm on Zoom

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

PI/CPC December 12, 6:15 pm on Zoom

Meeting ID: 841 7877 3337

GENERAL SERVICE December 19, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting

Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833

H&I (Hospitals & Institutions) December 26, 7:15 orientation; 8 p.m. business meeting

St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo

PENYPAA (Peninsula Young People in AA) December 10 and December 24 at 5: 30 p.m., 225 Tilton, San Mateo

UPCOMING EVENTS





SUNDAY

- · Noon New Tuesday Night Beginners
- · 2pm The Forum Group **DEC 31**
 - · 4pm Any Lengths Group
 - 6pm Sundowners
 - · 8pm Tuesday Night Group
 - · 10pm 3rd and 11th Step Group Meeting

JAN 1ST

- MONDAY 12am Foster City Living Sober Women's Group
 - · 2am Thursday/Friday 12pm Women's Menlo Mtgs
 - · 4am Saturday Morning Sandhill
 - · 6am Mid-Peninsula Women's Group Hybrid
 - · 8am Study The Text

 - 10am Portola Valley Step 11
 Noon Women's Home Group
 - 2pm Founder's Day Meeting
 - 4pm 7am Serenity Group
 - 6pm New San Carlos Awareness
 - · 8pm Foster City Men's Sharing Group
 - 10pm Sequoia Recovery Group

JAN 2ND

- TUESDAY 12am Thursday Night Men's Group: Half Moon Bay
 - · 2am San Bruno Big Book
 - · 4am In Step With Bill
 - · 6am 7am Coastside Zoom
 - · 8am Fireside Group
 - 10am Foster City Women's Gazebo Meeting
 - · Noon Belmont Noon Group

For info or to volunteer, visit alkathonsmc.org Questions? Email alkathonsmc@gmail.com

stmas Alcathon

WEST BAY ALANO CLUB



MONDAY, DEC. 25: 6AM - 9:30PM

(AA SPEAKER MEETINGS START EVERY EVEN HOUR-LAST MEETING STARTS AT 8PM)

foliday Feast

Served 1:30 to 3:30 PM

Everyone

welcome!





WEST BAY ALANO CLUB

216 Mosswood Way - South San Francisco

Monday, Jan. 1, 2024

6AM - 9:30PM

(AA SPEAKER MEETINGS EVERY EVEN HOUR-LAST MEETING STARTS AT 8PM)

Holiday Feast

served 1:30 - 3:30PM



Sobriety By The Bay



Friday, January 12th - Sunday, January 14th 2024

Redemption Church; 105 Nortech Pkwy San Jose, California

REGISTER: SobrietyByTheBay.org \$30 before January 1st/\$35 after January 1st

Friday 1/12

4:00 pm Set-up

7:00 pm Speaker Jeffrey N. Novato, CA (Multi-Purpose Room)

Saturday 1/13

8:00 am Too Early Big Book (Multi-Purpose Room)

10:30 am Speaker Clare B. Sacramento, CA (Multi-Purpose Room)

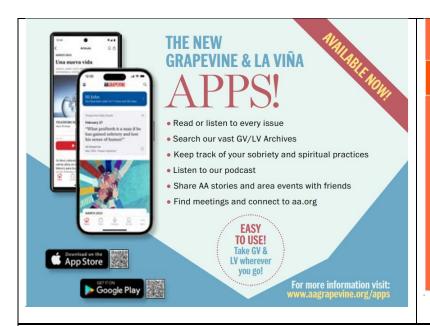
2:00 pm 4th Step Workshop (Multi-Purpose Room)

7:00 pm Speaker Wayne B. Los Angeles, CA (Main Sanctuary)

Sunday 1/14

3:30 pm Speaker Leslie K. Modesto, CA (Multi-Purpose Room)

5:00 pm Business meeting (Multi-Purpose Room)



New FEATURE on aa.org

Your Frequently Asked Questions

We've taken more than 100 of the most frequently asked questions by A.A. members, people looking for help for their drinking problem, and others and launched a central resource on aa.org where you can easily find answers and links to related information. We will continue to update and expand this list to include even more helpful information.

Visit the new FAQ feature at aa.org/faqs

Brisbane Breakfast Bunch 250 Visitacion Avenue, Brisbane CA

Sunday at 11:00 a.m. for an AA meeting and 10:45 a.m. for Arm's Length

DECEMBER SPEAKERS

December 3	Molly B.	SF Trudgers
December 10	Russ M.	Monday Madness, Petaluma
December 17	Kim P.	Pacifica Live Wake Up Group
December 24	Dave V.	SSF Men's No BS

HAPPY BIRTHDAY



Julian T. 20yrs So. San Francisco

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

$Become \cdot a \cdot Faithful \cdot Fiver \P$

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible.

Call· (650)· 577-1310· Monday-Friday· between· 8:30· and· 4:30,· or· stop· by· Central· Office· to· enroll.· · All· Fivers·receive·a·copy·of·High·Sobriety!¶



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Box 4-5-9

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STEP 12: Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.



Lives We Change

In March of 2013, I was sitting in our local church meeting room, waiting for our small-town, Friday night open-discussion meeting to begin. After the usual Preamble had been read, an elderly man walked in dressed as if he had just stepped out of the 1940s. He sat down at the table, which held about 12 people.

After the readings were finished, the chairperson introduced herself and as the basket was passed, we introduced ourselves. When we got to the elderly man, he said "My name is Hershel," he said. "I came here to thank Alcoholics Anonymous for saving my stepdaughter 22 years ago from a horrible life as an alcoholic. Her name is Linda L. She is on her deathbed from cancer right now. I just wanted to thank you all for the years she learned how to stay sober and how much this means to her mother and me."

The chairperson said she remembered Linda. I remembered her too, along with some of her early struggles in sobriety. The chairperson explained to Hershel that there is a format that AA follows and if he wanted to speak with us after the meeting, we would be glad to listen. Hershel had hearing aids in both ears and it was apparent that he did not hear what the chairperson had just said. So I took Hershel by the hand and walked him into church's kitchen.

I listened to him for a while. He told me about the turmoil Linda's drinking had caused the family all those years before she found AA. I reached over to hold his hand, since he was now tearing up as he explained how sad he felt that Linda was only 53 years old and the doctors told them she only had a few more days before she would pass on.

He shared all of the wonderful times that Linda had with us during those 22 years of her sobriety. He told me he was sure that God had answered their prayers when Linda found AA and that he really thought he should take the time to thank our home group.

I asked him for Linda's address, which he gladly gave me, also giving me his business card. I hugged him. Hershel hung onto me as if he was afraid to let go. I asked him if he would like to say the "Our Father" with me. I explained that is how we closed our AA meetings. Hershel's face brightened as he replied, "Oh, yes, will you please?"

Hershel and I joined hands and bowed our heads. I began to pray and he immediately joined in. I felt such a strong feeling of the power of AA during this moment. I felt so grateful that my Higher Power, whom I call God, allowed me to be Hershel's AA contact that night. This experience reminded me of many years ago when I first got sober in Cincinnati, Ohio, and how all the old-timers would drag us newcomers to in-home Twelfth Step calls, since there weren't as many treatment centers back then. After a while, I walked Hershel to the door and told him goodbye. When the meeting was over, the chairperson thanked me for handling the situation. I told her that I needed to thank God for this amazing opportunity.

The next day I sent a card to Linda L. I signed it "Hillsboro AA" and I also sent Hershel a card to thank him for letting us know about Linda and how much AA had touched their family. The cards were mailed on March 3. On March 17, I received a card back from Hershel. This is what it said:

"AA, I had to send you this message to tell you how nice it was of you to send Linda a card. She died Thursday, March 14 at 5:30 in the evening at her home. Let the good Lord take a liking to you. My sincere thanks, Hershel."

This is the core of AA. I want the hand of AA always to be there.

BY: BETH S | HILLSBORO, OHIO

High Sobriety	7	December 2023

MESSAGE FROM GENERAL SERVICE

Greetings San Mateo County, aka District 05 in California Northern Coastal Area 06. Our November business meeting was almost entirely devoted to our District Inventory. Our District has historically taken the opportunity at the end of odd numbered years to conduct an inventory. The inventory seeks to evaluate our efforts with respect to our twelve steps, traditions and concepts. As expressed in the 12 and 12, an inventory is not only about what needs tossed or improved, it is also about what we are doing well. For me that always brings to mind the miracle of another day of sobriety. Here by the grace of God go WE.

A recurring District inventory question has been along the lines of who is not here and why. The basis of this question being the continued decline in groups participation in general service. Currently we have perhaps 15%, at best, of the meetings represented in General Service. This means that when a motion is made to remove the word "God" from the big book it is very likely you will have no say in any such decision. Your group has no voice in the governance of Alcoholics Anonymous unless you have a General Service Representative to express your group opinions. It's that simple.

There are numerous reasons why a group declines to participate in General Service and some of them are valid. There is no mandate that requires groups to participate in General Service and some groups actively decide not to participate. There were concerns expressed during the inventory that there are likely many groups who do not participate in General Service because of a lack of knowledge, willingness, and perhaps even "contempt prior to investigation". I know I heard how boring General Service meetings are and how nothing ever gets done, we move to slowly. Then I attended my first General Service meeting and found all of those things I heard were wrong! Well almost. We do move very slowly when it comes to discussing business that pertains to AA as a whole. Would you really want AA to move quickly on anything that affects the entirety of AA? Also, the General Service meeting agenda has recently been reworked to put an emphasis on allowing our representative much more time to express their group's opinion and for open discussion on topics. The meeting has changed, check it out.

The Thanksgiving Alkathon was another memorable event, and we have two more to go! The Alkathon committee continues to look for volunteers. Alkathonsmc.org to sign up to assist with this year's effort or sign up to be part of next year's Alkathon Team. Ho Ho!

Elsewhere on the horizon we have some events in the Bay area I wanted to call out. The Western Area Conference of Young People in AA WACYPAA, see https://www.wacypaa25.com/, will in Oakland at the end of December. If you have not attended a YPAA event I strongly encourage you to do so. This mid-60's "young at heart" individual finds the energy and vibe heartwarming and it really is a very fun time.

For those service minded individuals, the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA, https://praasa.org/) will be in San Francisco March 1-3 of 2024. This meeting of "service nerds" as a past area delegate describes it, is an opportunity to express and hear opinions on a cornucopia of topics pertaining to AA. There is a plethora of breakout sessions such that literally every aspect of AA is discussed at some point during the Assembly. I sat with a group from Idaho last year at one of the banquets and found they have very different opinions on AA issues than the bubble I live in here on the peninsula has. It was an opportunity to hear their views and express my own in a calm and loving manner. Something the world could certainly use more of.

Finally, I'd like to hear from you regarding the inventory question I addressed earlier, who is not here and why as it pertains to General Service. One thing experience has taught me is that if you really want to know why people are or are not doing something it helps if you simply ask them. So, I'm asking. Oh and the "God" word thing was just an example, there is no such motion.....yet.

Warmest Regards, Brent MacQ
District 05 District Committee Member Chair, CNCA06 Panel 73
recoveringbrent@yahoo.com

Central Office Delegates Meeting Minutes - Tuesday, November 14, 2023

Opened Delegates Meeting – 7:30 pm & closed at 8:15 pm.

12 Traditions: Rich F. Responsibility Statement: John B.

New Delegate: Eric B., The Great Outdoors Meeting, HMB. Minutes- Approved. Financial Report- Approved.

Service Committee Reports:

BTG- Bridging the Gap- Charles B.

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30 pm, in an online format. Zoom - Meeting ID: 563 554 9920; Passcode: 54321. This month's meeting was November 14th.

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings.
- We had 5 people fill out yellow cards at the Anniversary Party- their names were placed on the volunteer list for matching up with individuals who are pending releases.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com if you would like to be of service.

General Service- Becky N.

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting.
 Meeting ID: 857 0421 3338 Passcode: 0571
- The Safety Workshop presented by District 4 covered meeting disruptions, discrimination, harassment, and sexual harassment.
- Grapevine has a book sale running this month, visit aa.grapevine.org.
- A variety of service positions are open with General Service; you do not need to be a GSR to be eligible: San Francisco/Marin Intergroup Liaison; Facilities Coordinator; and Archives.
- Andrew C. is filling the Archives liaison position until he can be replaced with a new volunteer. He encourages people to help at the archives in Walnut Creek, it is a great service commitment.

H & I - Dylan H.

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. Orientation at 7:15 pm and Business Meeting at 8:00 pm.
- The current list of openings for volunteers include: The Navigation Center, RWC; Safe Harbor Shelter, SSF; Hillcrest Juvenile Hall, SM; Project We Hope, EPA; Our Common Ground, EPA; Maple Street Men's Jail, RWC, Mon 4-5PM. Contact Dylan H. for information dylanhosking@gmail.com
- Reminder- please contribute if you can to the Pink Can during 7th Tradition H&I needs to purchase books and literature for meetings. Their book supply is diminishing.

PENYPAA – Jonathan L.

We represent the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger, and young at heart alcoholics get into recovery.

- Our committee meets on the 2nd and 4th Sunday at 5:30 pm, location is at 225 Tilton Ave, SM.
- We also have a website listing details of our committee meetings and other YPAA events, visit http://www.penypaa.org.
- PENYPAA is hosting a Friendsgiving event on November 18th at 225 Tilton St. in San Mateo. We will start with a Potluck Dinner at 5PM followed by a Gratitude-style meeting at 6PM. There will also be ping pong, board games, and more. Suggested donation is \$15 and feel free to bring a dish. Newcomers can eat for free.
- WACYPAA (Western Area Conference) is having a conference at the Oakland Marriott on December 28th, 2023, to January 1st. Please visit wacypaa25.com to register or for more information about the conference.
- PI-CPC- Susan C.
- Business meeting: 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or https://us02web.zoom.us/j/84178773337 This month's meeting was November 14, 2023.
- Our public library project is moving along. We propose to donate three AA books to every San Mateo County library that accepts our donation. All books will be donated (where accepted) in English and in Spanish: AA big book, AA 12

High Sobriety	9	December 2023
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- and 12, and AA Living Sober. We will make a motion to District 5 for funding, once we have the exact numbers to show which libraries need our books and will accept our donations.
- Successfully completed events include- staffing AA literature tables at the National Day of Prayer Event for Mental Health Recovery and Understanding, RWC; the Pumpkin Festival, HMB; three Health & Wellness Fairs- at Skyline, CSM, and Canada Colleges; and, the November PACT meeting, EPA.
- The ad ran October 16, 2023, for 26 consecutive days in the San Mateo Daily Journal.

Alkathon - Brent M.

- The 2023 2024 Alkathon is taking place in person at "5th & O'Neill" 1300 5th Avenue, Belmont, 94002, for Thanksgiving, Christmas, and New Year.
- Volunteers are needed for a variety of tasks, go to the Alkathon website for information on how to volunteerhttps://alkathonsmc.org/
- You are encouraged to bring prepared food to the Alkathon

Advisory Committee - Rich F.

The Advisory Committee met on Wednesday, November 5th, the following items were discussed.

- Central Office Managers Conference: Don reported on the conference for central office managers that he attended in October in Cincinnati. AA World Service made an excellent presentation. They shared that the 5th edition of the Big Book draft will be up for a vote in April 2024. Production will take about 2 years. A similar timeline is in place of the updated language version of the Big Book. There were complaints about the lack of jackets for recent copies of the Big Book. This was due to the impact of COVID. Many central offices use Venmo. Use of Venmo for our central office is something to consider soon. Don also shared that our central office would continue to benefit from the networking he is able to do at this annual conference.
- The Central Office Party winner of the trip to the Big Island Conference has not decided whether to go to the conference or take the cash allocation. After expenses, there was a positive balance of \$3,622.

Teleservice

If you are interested in being of service, contact Michelle C., at (650) 303-1208.

Trusted Servants Workshops

There will be a Trusted Servants Workshop in the first part of the new year.

Central Office Anniversary Party

• There will be a final December 10th committee meeting and discussion of the 2024 party.

Central Office Report - Don C.

Statistics for October 2023:

• 2 – 12 Step Calls; 88 - Office Visits; 112 - Phone Information Calls

Other information to share:

- I appreciate being able to go to the ICOAA conference. Connect with a lot of people. It's been slow at the
- Central Office for the last month. Not a lot to report on- there are a few books we still have at the old price so stop on by and say hi!! Central Office is looking into getting a Venmo account.
- If you would like your name added to our 12 Step List- email your name, email address, your location, and your availability to Central Office. We would like to add new names to our volunteer list.

No Old Business. No New Business.

Next Meeting: Tuesday, **December 12**, 2023 at 7:30 pm.

CALL FOR CONTRIBUTIONS

HIGH SOBRIETY IS REQUESTING CONTRIBUTIONS FROM OUR LOCAL MEMBERS

Looking for stories (approx. 200-300 words) on topics suggested below:

Your Experience, Strength & Hope in Recovery; One of the Twelve Steps, Traditions or Concepts; How sponsorship contributes to your recovery; Your first A.A. meeting; Your experience at an AA sponsored event; Service commitments, home group, sober holidays, favorite line in Big Book or any other recovery-related writing.

Send your Contribution (via .pdf or Word) to: aasanmateo@gmail.com

FINANCIAL REPORT

NOVEMBER 2023

_	NOV	Total YTD		NOV	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	50.00	420.75	Accounting Services	98.00	2,770.41
Book sales	1,080.72	12,880.94	Books Purchased	839.61	11,173.43
Central Office Annual Party	55.00	11,378.93	Chips	179.15	1,922.10
Chip sales	284.83	3,096.70	Central Office Annual Party Exp	0.00	4,651.78
Delegates Collection	0.00	24.00	Central Office Insurance	0.00	1,593.00
Faithful Fivers	483.23	5,956.99	Credit Card Charges	0.00	289.93
Group Contributions	6,080.37	94,088.50	Employee Insurance	0.00	2,497.00
High Sobriety Subscriptions	0.00	102.00	Misœllaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	250.56	2,937.08
Individual Contributions	5,112.38	13,087.10	Office supplies	0.00	1,119.31
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	0.00	980.50
Printing	0.00	170.00	Rent	1,501.00	16,507.00
Sales Tax on Books & Chips	145.85	1,711.76	Salaries	4,983.08	57,919.56
Tax Refund	0.00	315.97	Sales Tax on books	462.00	1,713.00
		0.00	Taxes (Payroll)	1,968.30	22,641.62
Total Income	13,292.36	143,233.64	Telephone & Tech	584.02	3,858.76
			Telephone Advertising	0.00	0.00
			Teleservice	165.00	1,650.00
Less Expenses	11,030.72	135,521.22	Travel Expenses	0.00	1,296.74
		7.740.40			
Net Income (loss)	2,261.64	7,712.42			
Starting Balance		67,515.77			
Plus Net Income/Loss		2,261.64			
		_	Total Operating Expenses	11,030.72	135,521.22
Ending Balance		69,777.41	Net Income (loss)	2,261.64	7,712.42
TOTAL PRUDENT RESERVE		50,741.83	2023 Year-to-Date Summary		
			Year-to-Date Income		143,233.64
			Year-to-Date Expenses	_	135,521.22
TOTAL CASH POSITION		120,519.24	Year-to-Date Net Inc/(Deficit)	_	7,712.42

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SAN MATEO COUNTY NOVEMBER 2023 GROUP CONTRIBUTIONS

JA:	• • • • • •			v —.			U. U (,,,,	1120110110		
ATHERTON	NOV	YTD	MEN LO PARK	NOV	YTD	SAN BRUNO	NOV	YTD	Zoom	NOV	YTD
Sunday Spirituality			Atherton AA			12 Study Grp (Thurs)	19.50		12 & 12 @ 12 SM		142.00
, 4,			Atherton Grp Wed Noon			Big Book Study Fri (5pm)	153.83		12 Step Study (Tues Noon) MIL		400.00
BELMONT			Beginners Menlo Park			Come as You Are	200.00		1st Tradition MID		12.02
Belmont Tues. Noon Group		143.00	Cottonmouth			Early Enders			BB 103 North FC		341.55
Day At a Time		1,146.54	Fri. Noon Women's			Experience, Strength, Hope		98.40	Bookies SC	25.00	155.06
Sunday Sundowners Live	222.92	222.92	Horses Ass	210.00		Living Sober/HH(Tues)	70.00	439.90	Broken Elevator Thurs. RWC	24.00	466.64
-			Menlo Park Men's Group		645.00	Grupo Serenidad	15.00	125.00	FC Living Sober Groups (Zoom)	20.00	654.89
BRISBANE			Menlo Weds Women's Grp		323.48	Spkn/Disc - Happy Hour(Mon)	181.52	1,301.11	Friday Night Rap SB	104.99	668.81
Brisbane Breakfast	240.15	720.66	Sat Moming Sandhill		3,065.83				Friday Noon Big Book FC	20.00	404.95
			Sat Sunrise Grp MP 7:30		871.03	SAN CARLOS			Men's R4D Big Book MP		225.88
BURLINGAME			Sunday Sober Sisters		819.00	In Step with Bill		432.05	Mon. 12:10 PM Happy Hour MP		1.99
Anson Group Disc. Mtg		408.04	Women's 12- Step Thu Noon		807.58	SCPF- all meetings		1,444.85	Morning Serenity Zoom		250.00
Any Length	383.51	857.78				Sober Sundays	4.99	56.91	Off Broadway Beginners Mtg SM	191.88	504.88
Burlingame Men's Grp		1,451.20	MILLBRAE						Pescadero Group PES		40.09
Burlingame Noon Men's Grp		1,028.00	Sobriety in the Park	156.50	412.01	SAN MATEO			Sat. Morning Eye-Opener HMB		437.00
Burlingame Read a Passage		162.00				Fireside Group	270.91	1,323.36	S.C. Awareness Group SC		266.94
Ham & Eggers		1,916.68	Misc.			Highlanders Grp.		1,019.80	Sunday Sundowners SM		586.22
Hillsborough Men's Group		500.00	unknown	105.00	540.00	Joy of Living		70.00	The Old & the New FC	20.00	299.99
Peninsula Prime Time		485.00	SpeakerJam		332.00	Lunch Bunch		385.20	The Sewer Group RWC		301.37
Prime time Book Study			West Bay Alano	206.85	322.85	Mid Peninsula Women			Tools of Recovery (Tue 6:30p) SB		115.00
Sat. Nite Spkr/Disc. Group		442.65				Monday Night Men's 6:30			USR Men's Online Group MP		152.35
Senior Focus Group	25.20	512.35	PACIFICA		YTD	Morning Serenity (AII)			Wake Up Zoom WBAC	78.32	
Tuesday Nite Group	167.30	465.68	12 @ 6 Group			The Forum Group	492.00		Women's Candlelight Grp PAC		200.48
			B.Y.O.B. Group Thurs Noon			Wednesday Afternoon Group	145.00		Women's Celebrate Being Alive SM		65.00
FOSTER CITY			Daily Reflections (Beach Mtg)			Women's Home Grp (traveling)		801.65	Women's Happy Hour SSF		15.00
FC Men's Sharing Group	317.59	-	Discussion Group Fri Noon		240.00				Women Read & Reflect. SC		125.00
FC Women's Pop Up Gazebo		-	Fri Discussion Noon Baptist			SOUTH S.F.			Women's Sharing Choices BUR		641.07
Foster City Women (Sat)			New Comers & Old Timers			Keep it Simple	20.00		Women who wear shoes		390.60
Living Sober Groups (all)			Pacifica BB Study Mon 11:00am			New Beginnings Women	140.00	280.00			
Study theText Group		539.45	Pacifica Live Wake Up	350.00		South City Womens		882.78			
UAL E MOON DAY			Pacifica Men's Group		604.80	WESTBAY ALANG					
HALF MOON BAY		E 4 E 40	Page 133 Group			WESTBAY ALANO		00.40			
3rd & 11th Step	050.40		Pedro Valley Pacifica			Brown Baggers		89.40			
7AM Coastside Meet.M-F	258.46	-	Serenity in Pacifica			Colma Eye Opener		528.50			
7AM Coastside Meditation T-TH 777 Miramontes Noon Meet M-F	68.64		Sharp Park 3rd & 11th Step	50.50		Daily Reflect. (Mon)		120.00 220.00			
Coastside Big Book			Sun. Afternoon Daily Reflections Tues, Weds, Thurs Noon Disc	59.50 452.00		Daily Reflextion Wed		177.00			
Coastside Talkers			Women's Big Book Study	432.00		Early Birds (Fri) Grapevine (Mon)		120.00			
Emotional Sobriety Book Study		436.11			30.70	Living Sober (Thur)		60.00			
Great Out Doors	275.81		PESCADERO			Men's Meeting		394.00			
HMB Happy Hour Group	210.01		Grass Roots		15.02	Oyster Point Discussion		100.00			
HMB Thurs Womens BB		35.02			10.02	Thurs Nooner BB		120.00			
Last Barn on the Block			PORTOLA VALLEY			Tues 7am Big Book	120.00	480.00			
Sat Nite Step			Ladera Mon Nite Group		953 25	West Bay All Groups	120.00	262.40			
Thurs. Night Men's Group			Portola Valley 11th Step			Women's Happy Hour		728.28			
Tues Womens 12th Step		358.76			.,	теления прутов		. 20.20			
			REDWOOD CITY								
LAHONDA			A Vision for You		1,918.00						
La Honda Group (Thurs)		244.30	Don't Drink Group		553.10						
			Horse's Ass Loving Fellowship	64.00	1,333.35						
			San Carlos Beginners		1,022.32						
			Sequoia Recovery Grp		396.01						
			Thumpers		1,049.93						
			Wed. Woodside Meeting		1,184.85						

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