

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

January 2024

SMC Fellowship News January 2024



Every moment is a fresh beginning.

- T.S. Eliot

Happy New Year!

Hope everyone had a great sober holiday season. The staff at Central Office would like to thank the San Mateo County Fellowship for another wonderful year. Blessings and good health to everyone in 2024!

A special thank you to the Holiday Alkathon committee and all of those who volunteered to help make that happen.

Central Office will be closed on Monday Jan. 15 for MLK day.

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SERVICE: The New Year is a great time to contemplate a service commitment. There are plenty of volunteer openings available. Please see the minutes on p. 8, and the website at <https://aa-san-mateo.org/service-opportunities> for specific information on service opportunities and how you can help carry the message in the New Year.

If you think you might be interested in taking on a specific commitment (secretary, literature, treasurer), **Trusted Servants Workshops** are being held in March and April (see p. 3).

Monthly Service Committee Meetings

BRIDGING THE GAP	January 9, 7:00 p.m. on Zoom Meeting ID: 563 554 9920 Passcode: 54321
TELESERVICE	January 14, 7:00pm on Zoom Meeting ID: 858 4259 6364
DELEGATES TO CENTRAL OFFICE	January 9, 7:30 pm on Zoom Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
PI/CPC	January 9, 6:15 pm on Zoom Meeting ID: 841 7877 3337
GENERAL SERVICE	January 16, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting Meeting ID: 857 0421 3338, Passcode: 0571. To phone in: +1-669-900-6833
H&I (Hospitals & Institutions)	January 23, 7:15 orientation; 8 p.m. business meeting St. Andrews Lutheran Church, 1501 S. El Camino Real, San Mateo
PENYPAA (Peninsula Young People in AA)	January 14 and January 28 at 5: 30 p.m., 225 Tilton, San Mateo

UPCOMING EVENTS



Sobriety By The Bay



Friday, January 12th - Sunday, January 14th 2024

Redemption Church; 105 Nortech Pkwy
San Jose, California

[REGISTER: SobrietyByTheBay.org](https://SobrietyByTheBay.org)

\$30 before January 1st/ \$35 after January 1st

Friday 1/12

4:00 pm Set-up

7:00 pm Speaker
Jeffrey N. Novato, CA
(Multi-Purpose Room)

Saturday 1/13

8:00 am Too Early Big Book
(Multi-Purpose Room)

10:30 am Speaker
Clare B. Sacramento, CA
(Multi-Purpose Room)

2:00 pm 4th Step Workshop
(Multi-Purpose Room)

7:00 pm Speaker
Wayne B. Los Angeles, CA
(Main Sanctuary)

Sunday 1/14

3:30 pm Speaker
Leslie K. Modesto, CA
(Multi-Purpose Room)

5:00 pm Business meeting
(Multi-Purpose Room)

Brisbane Breakfast Bunch

Invites You to Our

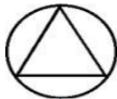
REGULAR A.A. MEETING
At the community center
(Under old library)

250 Visitacion Avenue
Brisbane CA 94005

each Sunday, at
11:00 a.m. for an A.A. meeting
and 10:45 for arms length

Speakers for JANUARY 2024 are:

<i>Date</i>	<i>Speaker</i>	<i>Home Group</i>
January 7	Nick S.	San Bruno Men's Meeting
January 14	Brian B.	A Way Out daily 9 am online
January 21	Yvonne D.	San Francisco
January 28	Jackie B.	San Francisco, Women's daily 9 a.m



TRUSTED SERVANTS WORKSHOP

FOR

SECRETARIES-TREASURERS-LITERATURE PERSONS

HANDOUT MATERIAL WILL BE PROVIDED TO ALL ATTENDEES



SATURDAY, MARCH 23, 2024 1:15 PM - 3:15PM

SAN CARLOS PENINSULA FELLOWSHIP

1133 EATON AVE., SAN CARLOS

HYBRID ZOOM MEETING ID: 816 9790 3125

SATURDAY, APRIL 6, 2024 1:00PM - 3:00PM

WEST BAY ALANO CLUB

216 MOSSWOOD WAY, SO. SAN FRANCISCO

SATURDAY, APRIL 13, 2024 10:00AM – 12:00PM

METHODIST CHURCH

777 MIRAMONTES ST., HALF MOON BAY

HYBRID ZOOM MEETING ID: 881 2927 7355

FOR FURTHER INFORMATION ON THESE WORKSHOPS,
PLEASE CONTACT THE CENTRAL OFFICE

What does *our* Central Office do?

The San Mateo County Fellowship's Central Office belongs to the A.A. groups of San Mateo County. We help carry A.A.'s message in the following ways (and more):

- ❖ Maintain a 24/7 telephone line which responds to inquiries from still-suffering alcoholics seeking help, A.A. members in need of information, and from members of the professional community and the general public. After office hours, this line is staffed by Teleservice volunteers.
- ❖ Maintain a Twelfth Step volunteer list.
- ❖ Maintain and publish group meeting schedules, in print, on our website, and in the Meeting Guide App.
- ❖ We stock a large selection books and pamphlets for sale (many are available in Spanish).
- ❖ We offer sobriety chips for sale, for both individuals and groups.
- ❖ We work closely with local A.A. service committees: Bridging the Gap, Hospitals and Institutions, Public Information/Cooperation with the Professional Community, as well as with San Mateo County General Service District 5 and the Northern California Council of Alcoholics Anonymous
- ❖ We support and participate in many local A.A. events such as Unity Day and the holiday Alkathons.
- ❖ We maintain our web site, aa-san-mateo.org, with up-to-date meeting listings, a schedule of A.A. events, the *High Sobriety* newsletter, and links to other A.A. web sites,
- ❖ We maintain a library of A.A. speaker CDs which are available for rent for a nominal fee.
- ❖ We publish the newsletter, *High Sobriety*, sent at no charge to all registered San Mateo County A.A. groups and available by subscription to all A.A. members. Faithful Fivers receive a free copy as well.

Who pays for our Central Office? We, the members of A.A., do. Our Seventh Tradition states that we are self-supporting through our own contributions. Central Office also receives donations from individual alcoholics (such as through our Faithful Fivers program). Other sources include our annual anniversary party and income from the sale of A.A. literature.

Become a Faithful Fiver!!

Pledge \$5 per month (or more) to support your Central Office. You can pay monthly, quarterly, or annually. Your personal contributions make our vital services possible!!

Call (650) 577-1310 Monday-Friday between 8:30 and 4:30, or stop by Central Office to enroll. All Fivers receive a copy of High Sobriety!!



HAPPY BIRTHDAY



Ringit 3yrs SM
Donna S 10yrs SM
Bob D 40yrs RWC

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

HUMOR Car Trouble

An alert policeman catches a drunk getting into his parked car one night.

"Sir, please step out of the car," the cop tells him.

"No, I am too drunk," he replies, "You get in."

- Michael M. - Oshkosh

CALL FOR CONTRIBUTIONS**HIGH SOBRIETY IS REQUESTING CONTRIBUTIONS FROM OUR LOCAL MEMBERS****Looking for stories (approx. 200-300 words) on topics suggested below:**

Your Experience, Strength & Hope in Recovery; One of the Twelve Steps, Traditions or Concepts; How sponsorship contributes to your recovery; Your first A.A. meeting; Your experience at an AA sponsored event; Service commitments, home group, sober holidays, favorite line in Big Book or any other recovery-related writing.

Send your Contribution (via .pdf or Word) to: aasanmateo@gmail.com

THE NEW GRAPEVINE & LA VIÑA APPS!

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- Listen to our podcast
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- Find meetings and connect to aa.org

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GET IT ON Google Play

For more information visit:
www.aagrapevine.org/apps

New FEATURE on aa.org**Your Frequently Asked Questions**

We've taken more than 100 of the most frequently asked questions by A.A. members, people looking for help for their drinking problem, and others and launched a central resource on aa.org where you can easily find answers and links to related information. We will continue to update and expand this list to include even more helpful information.

Visit the new FAQ feature at aa.org/faqs

SERVICE

U B I I B H K M W N O O X P N U U
 R T P R J J E X I N N P Q F G V B
 E W N R K E C R A V I P W B L S H
 S Y H E T J N U S I M O V L F E S
 P O T I M M S S H G B R O F U V W
 O S N I A T E J B B L T V N L T I
 N G Z Y N L I W D M E U M T F B F
 S F G W F U P M Q J N N F L I E K
 I R H L R W M B M O U I H P L L Q
 B I E V R C J M I O U T P L L G L
 I S A B Z L Q T O E C Y O M M E S
 L Q Z N O B A N Q C O W U U E D H
 I W B Y Y C J N S R S D D L N F P
 T I R E I R A A T H I U Q F T H E
 Y N Q D I J E Z I J T Z D P B Y K
 E V E E I C Q P A Y R O B H X F B
 Q D N O I T C A F S I T A S N F Y

duty
meetings
selfless

satisfaction
fulfillment
helpful

dedication
opportunity
fellowship

community
responsibility
commitment

SERVICE



A Job Well Done

When I first started coming to AA I was peppered with all sorts of suggestions. One that really stuck out was to do a “90 in 90.” But being an alcoholic, I needed to overdo the hell out of that, so I sometimes attended three to five meetings a day.

At every meeting I went to, people spoke about the importance of service work. One day I was at my third meeting. It was called the “Noon Oldtimers” meeting and the topic was about service work being a vital part of recovery. The chairperson talked about how that group had not had a GSR for nine months. At the end of the meeting I approached the chairperson and said, “I don’t know what a GSR is but I’ll do it.” He asked me what my sobriety date was. “What’s that?” I replied. “Well, how long has it been since your last drink?” he asked. “I don’t know exactly,” I answered. “Something like 10 days.” He then asked me, “How serious are you about this program?” My response was one simple word with a tone of the utmost seriousness. “Deadly,” I said.

The oldtimer looked up and said to the room, “Motion to make this guy our GSR. All those in favor?” Two old guys raised their hands and said, “Aye,” in unison. The chairperson congratulated me on becoming the GSR and told me the date and address for the next district meeting.

When the day came to go to the district meeting, I was ready to give up on AA. The man who I had been calling every day hoping that he would sponsor me had stopped taking my calls. I hadn’t heard back from him in three whole days. In this case the hand of AA was not there, and for that I was resentful. I was so angry I headed for the nearest liquor store. On my way I found myself driving past some stupid church with a sign board that had some corny message on it. But a street number on that sign for some reason jumped out at me.

I immediately pulled over and searched through my things looking for clues as to why that number meant something to me. Then I found it. In my calendar I saw that in about five minutes at that very church I was scheduled to attend my first district meeting as a new GSR. Immediately I abandoned the liquor store idea and went inside the church.

After the meeting, one of the women asked me how I was doing. “Funny you should ask,” I replied, “I was on my way to the liquor store before I stopped here for this meeting.” “Why did you stop?” she asked. “Because I want nothing more than to stop drinking,” I replied. “But it seems like nobody will help me.”

“Well, take out your AA coin,” she said. “I want to show you something.” I did as she asked. “See that triangle?” she said, pointing at the coin. “Recovery is the Twelve Steps. Unity is going to meetings and making friends. Service is what you just did as the GSR. Now, let’s look at unity, service and recovery as three legs to a stool.” “But I’m missing a sobriety leg,” I said. “Nobody will help me with the Steps.” “Yes, but think for just a second about how long you can stand on one leg.” she said. “Not very long,” I answered. “How about two legs? How long can you stand on two legs?” she asked. “All day,” I replied. “That’s perfect,” she said. “Because this is a 24-hour program. Just for today you don’t have to drink. If you stick with the unity and service long enough, you will find your sponsor.”

So I kept being the GSR. I also stepped up for district corrections chair, said yes to every service commitment that was asked of me. Those district chairs took me through the Twelve Concepts and Twelve Traditions. Eventually, I found my sponsor, who took me through the Twelve Steps and the Big Book line by line and explained to me what everything meant. Last Sunday I celebrated my fifth year of sobriety. I will forever be grateful for those oldtimers and nice women who saved my life. I stayed sober by being honest and thorough in the face of fear and uncertainty. And what do you know? I actually got sober going to AA business meetings!

BY: MATT L. | DENVER, COLORADO

MESSAGE FROM GENERAL SERVICE

Greetings District 05 of California Northern Coastal Area 06 of AA, aka San Mateo County. First up HAPPY NEW YEAR. I pray that WE all enjoy a safe, sane and prosperous 2024.

In our district's General Service efforts, the new year means time to get busy preparing for Agenda Topics that will be released in February. Agenda Topics are an opportunity for the members to express their opinions on matters pertaining to how AA operates. Through this process we transform personal, group, district and area opinions into a fellowship conscious. As such, Agenda Topics are the vehicle that our AA groups use to drive the fellowship of Alcoholics Anonymous. Agenda topics are a request that our General Service Conference take some sort of action. Agenda topics can be initiated by anyone in AA by completing a request form that asks the applicant to address some questions regarding the request. It is suggested that the applicant attempt to get group, district and if possible, area support for potential agenda items.

Agenda Topics cover a wide range. They can involve planning, such as a request for topics for future workshops. An Agenda Topic can be a request to review existing service material, such as a review of the Public Information Workbook, or a review of existing literature, such as a request to revise the pamphlet "Do You Think Differently". Agenda Topics can also be a request to generate new literature, such as the request to generate a "Plain Language" Big Book that was passed several years ago.

How does one make their opinion heard on a Topic? General Service Representatives will be collecting group conscious on selected Topics in late February and through March. Don't have a GSR? Your opinion can still be heard by attending the Pre-Conference Assembly April 6 and 7 in Petaluma. Anyone can go to the microphone and express their opinions. The Agenda Topics will be released in February, stay tuned.

I did want to bring to everyone's attention that there will be an Informational Session regarding the drafting of a Common Language Big Book that will be hosted by our area delegate Eric. It is an online only event, zoom id: 842 6106 1894 pass code:1935. A completed draft of the Common language BB will be reviewed at the 2024 General Service Conference in late April. A portion of the draft was reviewed by Area Delegates in 2023 and the response was a favorable one. The draft Common Language BB will not be published without approval of the General Service Conference.

Lastly there has been a request by our General Service Board (aka Trustee's) regarding how we should consider our founder's writings. There is a letter and a suggested list of questions seeking a response that was sent out, contact your GSR or myself for a copy. There is a voice within AA that seeks to modify our founder's writings to upgrade historical references to more current ones and to revise some of the language whose meaning has changed over time. This voice seeking change, in my observation, is a small but growing voice in the fellowship at the moment. As a result of this growing voice the Trustee's are requesting input on how the fellowship would implement any changes should that voice become the majority. It is a bit of future tripping in that the Trustee's are asking for input about a "what if" situation. What if the majority suddenly decides they want to change the literature?? Is there acceptance or is there "I'm taking my toys and going home"?? Is there a plan or is there chaos? In my discussions with members about this I encourage all to engage in the process. For those in favor I suggest engaging to ensure the process is not too tedious, for those against it's the opposite, I encourage them to consider how to make the process as difficult as possible. For example, there is a process to change our Traditions, It requires written approval from two thirds of all groups worldwide. Not impossible but about as close as you can get. In any event one thing is clear, WE must talk about this, it's an elephant that needs released.

Warmest Regards,

Brent MacQ

District 05 District Committee Member Chair

CNCA06 Panel 73

recoveringbrent@yahoo.com

Central Office Delegates Meeting Minutes – Tuesday, December 12, 2023

Opened Delegates Meeting – 7:30 pm & closed at 8:06 pm.

12 Traditions: John B. Responsibility Statement: Mary K.; A.A. Birthdays: Charlie B., 5 years; Rich F., 15 years; Don C., 36 years. Minutes- Approved. Financial Report- Approved.

Service Committee Reports:

BTG- Bridging the Gap- Charles B.

The Bridging the Gap monthly (BTG) meeting occurs the 2nd Tuesday of the month 7:00-7:30 pm, in an online format. Zoom - Meeting ID: 563 554 9920; Passcode: 54321. This month's meeting was November 12th.

- Our program provides phone reach-out to pending releases who request it from detox/treatment centers/facilities in San Mateo Co. and those attending facilities outside the county who live here. We assign BTG volunteers to introduce and guide them to online and in-person meetings.
- There were 3 blue cards filled out by pending releases for contact, in the last month.
- More volunteers are needed as blue card contacts- women are connected with women, and men with men.
- Contact Charles Bolton, (415) 722-7253, dist5btg@gmail.com - if you would like to be of service.

General Service- Becky N.

- Monthly Meeting: 3rd Tuesday of the month, 7:00 pm Orientation/ Concepts Study; 7:30 pm for the Business meeting. Meeting ID: 857 0421 3338 Passcode: 0571
- At the last business meeting, a group inventory was held which was very informative. The Archives liaison position is currently in need of a new volunteer. Andrew C. is filling the position until he can be replaced.
- If you are interested in being of service, come to the next business meeting..

H & I – Brent M.

- The H & I (Hospitals and Institutions) business meeting is held on the 4th Tuesday of the month. Orientation at 7:15 pm and Business Meeting at 8:00 pm.
- Volunteers are currently needed for two 'wet' facilities: The Navigation Center, RWC; and Safe Harbor Shelter, SSF. Contact Dylan H. for information - dylanhosking@gmail.com
- Reminder- please contribute if you can to the Pink Can during 7th Tradition – H&I is in need of funds for purchasing books and literature for meetings. The NORCAL monthly budget is approximately \$45,000 and they are currently \$85,000 in the red for 2023.

NCCAA – Becky N.

- The 75th Annual Conference in San Jose will be held March 15 – 17, 2024. For more information, for the flyer, and to pre-register, go to the website. <https://norcalaa.org/>

PENYPAA – Jonathan L.

We represent the Peninsula's young people of Alcoholics Anonymous. Our goal is to spread the word of young people in AA, with the hope of helping younger, and young at heart alcoholics get into recovery.

- Our committee meets on the 2nd and 4th Sunday at 5:30 pm, location is at 225 Tilton Ave, SM.
- We also have a website listing details of our committee meetings and other YPAA events, visit <http://www.penypaa.org>.
- WACYPA (Western Area Conference) is having a conference at the Oakland Marriott on December 28th, 2023, to January 1st. Please visit wacypaa25.com to register or for more information about the conference.

PI-CPC- Susan C.

- Business meeting: 2nd Tuesday of the month. Zoom Meeting ID: 841 7877 3337 or <https://us02web.zoom.us/j/84178773337> This month's meeting was December 12, 2023.
- *Our public library project* is moving along. We had previously proposed to donate three AA books to every San Mateo County library that accepts our donation. All books will be donated (where accepted) in English and in Spanish: AA big book, AA 12 and 12, and AA Living Sober.

- Tonight's meeting discussion points included: not everyone is in favor of including the Living Sober book; an estimate of \$1,350 would probably be the amount asked from District 5 for funding; also, creating a specific list of how many books, and which libraries will be included. We will make a motion to District 5 for funding, once statistics are confirmed.
- Discussion about the policy of the City of SF, which is funding "free recovery books" made available at public libraries. The list includes AA BB, NA BB, Buddhist recovery books, the idea of 'harm reduction', and more. PI-CPC's interest is only AA literature. As a result of the article, the Pacifica library has contacted the committee about AA books.
- Volunteers are needed to assist with removing staples from old Grapevine issues and replacing them with other binding. This can be done at home. The re-assembled books would be of enormous help to H&I volunteers and provide Grapevines. The current stapled issues are banned at H&I locations, as they can be turned into weapons. Interested volunteers should contact Brent M. directly at recoveringbrent@yahoo.com

Alkathon – Brent M.

- The Thanksgiving Alkathon went well. The Belmont Alkathons are taking place in person at "5th & O'Neill" - 1300 5th Avenue, Belmont, 94002, for Christmas and New Year.
- Volunteers continue to be needed for a variety of tasks at all the meetings, please go to the Alkathon website for information on how to volunteer- <https://alkathonsmc.org/>
- You are encouraged to bring prepared food to the Alkathon.

Advisory Committee – Rich F.

The Advisory Committee will meet early next year, 2024.

Teleservice – Michelle C.

- Openings are currently available for front line volunteers: The 1st Sunday of the month, 8:30 – 12:30; 2nd Sunday, 4:30 – 8:30, and more.
- The Teleservice answering service is being updated with a new App.
- The committee needs support; if you can be of service please contact Michelle C., at (650) 303-1208.

Trusted Servants Workshops - Bob M.

- There will be a Trusted Servants Workshop on March 23 and in the first two weeks of April.
- Locations: San Carlos Peninsula Fellowship (Eaton); West Bay Alano Club; and Half Moon Bay- times are being confirmed.

Central Office Report - Don C.

Statistics for November 2023:

- 1 – 12 Step Call; 41 - Office Visits; 109 - Phone Information Calls

Other information to share:

- The elections will be held next month for the Chair of the Delegates Committee, Vice Chair of the Committee, Secretary, 2 Advisory Committee Members, and this year we elect a Treasurer. We will send the requirements and descriptions to all Delegates and post them on the website.
- If you're interested in the Treasurer position, please contact Don at Central Office by email aasanmateo@gmail.com or call him at 650.577.1310. There is a hiring type of process we go through so you will need a resume.
- On the SM website, we now have the links to all the service entities for making a contribution to them. H&I is the only one I don't have. We just received District 5's link.

No Old Business. No New Business.

Next Meeting: Tuesday, **January 9, 2024**, 7:30 pm.

FINANCIAL REPORT

DECEMBER 2023

	DEC	Total YTD		DEC	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	53.00	473.75	Accounting Services	98.00	2,888.41
Book sales	998.73	13,879.67	Books Purchased	0.00	11,173.43
Central Office Annual Party	0.00	11,378.93	Chips	254.80	2,178.90
Chip sales	347.40	3,444.10	Central Office Annual PartyExp	0.00	4,851.78
Delegates Collection	0.00	24.00	Central Office Insurance	0.00	1,593.00
Faithful Fivers	410.01	6,367.00	Credit Card Charges	59.52	444.90
Group Contributions	9,836.61	103,925.11	Employee Insurance	249.00	2,995.00
High Sobriety Subscriptions	30.00	132.00	Miscellaneous	0.00	0.00
In Memoriam	500.00	500.00	Office Equipment Lease & Maint	227.50	3,164.58
Individual Contributions	277.40	13,364.50	Office supplies	440.78	1,560.09
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	0.00	980.50
Printing	0.00	170.00	Rent	1,501.00	18,008.00
Sales Tax on Books & Chips	143.77	1,855.53	Salaries	5,200.12	63,119.68
Tax Refund	0.00	315.97	Sales Tax on books	0.00	1,713.00
		0.00	Taxes (Payroll)	1,952.27	24,593.89
Total Income	12,596.92	155,830.56	Telephone & Tech	119.88	3,978.64
			Telephone Advertising	0.00	0.00
Less Expenses	10,267.87	146,133.54	Teleservice	165.00	1,815.00
			Travel Expenses	0.00	1,296.74
Net Income (loss)	2,329.05	9,697.02			
Starting Balance		69,528.41			
Plus Net Income/Loss		2,329.05			
Ending Balance		71,857.46	Total Operating Expenses	10,267.87	146,133.54
TOTAL PRUDENT RESERVE		50,813.35	Net Income (loss)	2,329.05	9,697.02
TOTAL CASH POSITION		122,670.81	2023 Year-to-Date Summary		
			Year-to-Date Income		155,830.56
			Year-to-Date Expenses		146,133.54
			Year-to-Date Net Inc/(Deficit)		9,697.02

SAN MATEO COUNTY DECEMBER 2023 GROUP CONTRIBUTIONS

ATHERTON	DEC	YTD	MENLO PARK	DEC	YTD	SAN BRUNO	DEC	YTD	Zoom	DEC	YTD
Sunday Spirituality		29.13	Atherton AA		200.00	12 Study Grp (Thurs)	44.79	264.62	12 & 12 @ 12 SM		142.00
			Atherton Grp Wed Noon		1,135.91	Big Book Study Fri (5pm)		1,204.42	12 Step Study (Tues Noon) MIL		400.00
BELMONT			Beginners Menlo Park		249.30	Come as You Are		1,270.20	1st Tradition MID		12.02
Belmont Tues. Noon Group		143.00	Cottonmouth	895.57	1,871.98	Early Enders	116.66	221.73	BB 103 North FC		341.55
Day At a Time		1,146.54	Fri. Noon Women's		1,362.76	Experience, Strength, Hope		98.40	Bookies SC	1,500.00	1,655.06
Sunday Sundowners Live	41.02	263.94	Horses Ass	483.00	2,487.70	Living Sober/ HH (Tues)		439.90	Broken Elevator Thurs. RWC		466.64
			Menlo Park Men's Group		645.00	Grupo Serenidad		125.00	FC Living Sober Groups (Zoom)		654.89
BRISBANE			Menlo Weds Women's Grp		323.48	Spkr/Disc - Happy Hour(Mon)	87.72	1,388.83	Friday Night Rap SB	100.00	768.81
Brisbane Breakfast		720.66	Sat Morning Sandhill		3,065.83				Friday Noon Big Book FC	10.00	414.95
			Sat Sunrise Grp MP 7:30		871.03	SAN CARLOS			Men's R4D Big Book MP		225.88
BURLINGAME			Sunday Sober Sisters		819.00	In Step with Bill		432.05	Mon. 12:10 PM Happy Hour MP		1.99
Anson Group Disc. Mtg		408.04	Women's 12- Step Thu Noon		807.58	SCPF- all meetings	64.25	1,509.10	Morning Serenity Zoom		250.00
Any Length		857.78				Sober Sundays		56.91	Off Broadway Beginners Mtg SM		504.88
Burlingame Men's Grp		1,451.20	MILLBRAE		412.01	SAN MATEO			Pescadero Group PES		40.09
Burlingame Noon Men's Grp	720.00	1,748.00	Sobriety in the Park			Bunker Young People	258.26	258.26	Sat. Morning Eye-Opener HMB	74.00	511.00
Burlingame Read a Passage		162.00				Fireside Group	182.00	1,505.36	Sat Nite Daily Reflex Disc HMB	10.00	10.00
Ham & Eggers		1,916.68	Misc.			Highlanders Grp.	379.00	1,398.80	S.C. Awareness Group SC		266.94
Hillsborough Men's Group		500.00	unknown		540.00	Joy of Living	20.00	90.00	Sunday Sundowners SM		586.22
Peninsula Prime Time		485.00	Speaker Jam		332.00	Lunch Bunch		385.20	The Old & the New FC	20.00	319.99
Prime time Book Study		231.00	West Bay Alano		322.85	Mid Peninsula Women		438.82	The Sewer Group RWC	20.00	321.37
Sat. Nite Spkr/Disc. Group		442.65				Monday Night Men's 6:00	140.09	580.09	Tools of Recovery (Tue 6:30p) SB		115.00
Senior Focus Group	111.30	623.65	PACIFICA		135.01	Morning Serenity (All)	32.00	9,605.44	USR Men's Online Group MP		152.35
Tuesday Nite Group		465.68	12 @ 6 Group		566.90	The Forum Group	341.00	2,239.00	Wake Up Zoom WBAC		248.14
			B.Y.O.B. Group Thurs Noon	122.47	342.54	Wednesday Afternoon Group	111.00	1,513.00	Women's Candlelight Grp PAC		200.48
FOSTER CITY			Daily Reflections (Beach Mtg)		240.00	Women's Home Grp (traveling)		801.65	Women's Celebrate Being Alive SM		65.00
FC Men's Sharing Group		1,027.80	Discussion Group Fri Noon		843.46				Women's Happy Hour SSF		15.00
FC Women's Pop Up Gazebo		2,003.68	Fri Discussion Noon Baptist	566.40	293.54	SOUTH S.F.		318.00	Women Read & Reflect. SC		125.00
Foster City Women (Sat)		54.00	Friday Night Lights Women's Big B	293.54	1,400.00	Keep it Simple		280.00	Women's Sharing Choices BUR		641.07
Living Sober Groups (all)		1,105.13	New Comers & Old Timers		634.50	New Beginnings Women		882.78	Women who wear shoes		390.60
Study theText Group		539.45	Pacifica BB Study Mon 11:00am		621.00	South City Womens					
			Pacifica Coastside	621.00	1,260.00						
HALF MOON BAY			Pacifica Live Wake Up		1,278.80	WESTBAY ALANO					
3rd & 11th Step		545.13	Pacifica Men's Group	674.00	651.90	Brown Baggers		89.40			
7AM Coastside Meet.M-F	148.50	2,977.55	Page 133 Group		1,222.00	Colma Eye Opener		528.50			
7AM Coastside Meditation T-TH	199.94	383.90	Pedro Valley Pacifica	456.00	268.10	Daily Reflect. (Mon)		120.00			
777 Miramontes Noon Meet.M-F	140.00	638.84	Serenity in Pacifica		560.80	Daily Reflexion Wed		220.00			
Coastside Big Book		376.77	Sharp Park 3rd & 11th Step		546.09	Early Birds (Fri)		177.00			
Coastside Talkers		410.25	Sun. Afternoon Daily Reflections		905.00	Grapevine (Mon)		120.00			
Emotional Sobriety Book Study		576.11	Tues, Weds, Thurs Noon Disc		96.76	Living Sober (Thur)	153.00	213.00			
Great Out Doors	102.61	816.22	Women's Big Book Study			Men's Meeting		384.00			
HMB Happy Hour Group		387.70				Oyster Point Discussion		100.00			
HMB Thurs Womens BB	260.69	295.71	PESCADERO		15.02	Thurs Nooner BB		120.00			
Last Bam on the Block		255.31	Grass Roots			Tues 7am Big Book		480.00			
Sat Nite Step		2.11				West Bay All Groups		262.40			
Thurs. Night Men's Group		1,036.37	PORTOLA VALLEY		953.25	Women's Happy Hour		728.28			
Tues Womens 12th Step		358.76	Ladera Mon Nite Group		1,540.55						
			Portola Valley 11th Step								
LA HONDA			REDWOOD CITY								
La Honda Group (Thurs)		244.30	A Vision for You		1,918.00						
			Don't Drink Group		553.10						
			Horse's Ass Loving Fellowship	99.00	1,432.35						
			San Carlos Beginners		1,022.32						
			Sequoia Recovery Grp		396.01						
			Thumpers		1,049.93						
			Wed. Woodside Meeting		1,184.85						

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