

# HIGH SOBRIETY

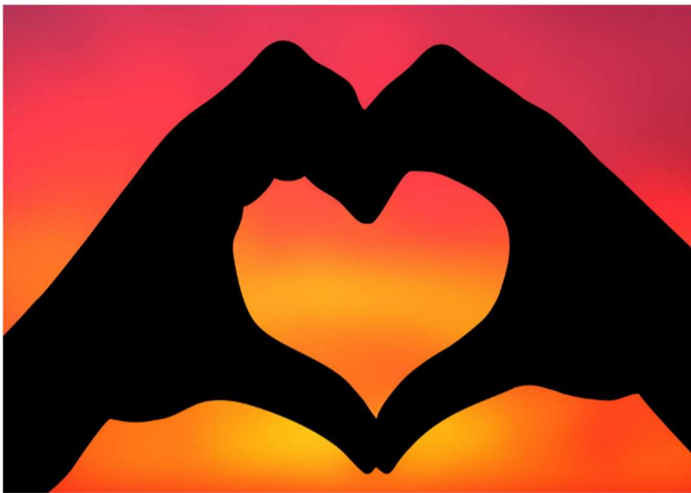
2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aasanmateo.org  
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February 2026

## SMC Fellowship News February 2026



**The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.**  
- Helen Keller

January has come and gone. I don't know about you, but I am always relieved when the calendar page turns and the incessant chatter about "Dry January" finally comes to an end. While it's a nice idea to take a break after the Christmas reverie, I am weary of patting these folks on the back for a full thirty-one days (if they even make it that far).

Now, if they can get past Super Bowl, that's a different story.  
- Joan F.

## Table of Contents

Monthly Service Committee Meetings . . .	2
Upcoming Events . . .	2 -3
Message from General Service . . .	5
Birthdays . . .	5
Step Two: My Prayer Was Answered . . .	6
My Messy Valentine . . .	7
Central Office Minutes . . .	8 - 9
Central Office Financial Report . . .	10
Group Contributions Report . . .	11

### News from Central Office:

If you are looking for service opportunities, see the Minutes on p. 8-9 or contact Central Office for more information on where help is currently needed.

Reminder that book prices have been raised as of Feb. 1. Central Office has a supply of books which were ordered prior to Feb. 1, so they'll be sold at the original price until they run out.

**Central Office will be closed for the Presidents' Day Monday, Feb. 16, 2026 .**

## Monthly Service Committee Meetings

**BRIDGING THE GAP****February 2, 7:00 p.m. on Zoom**

Meeting ID: 563 554 9920 Passcode: 54321

**TELESERVICE****February 8, 7:00pm on Zoom**

Meeting ID: 858 4259 6364

**DELEGATES TO CENTRAL OFFICE****February 10, 7:30 pm on Zoom**

Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833

**PI/CPC****February 10, 6:45 pm on Zoom**

Meeting ID: 475 062 9806 password 483492.

**GENERAL SERVICE****February 17, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting**

Meeting ID: 884 8540 6474, Passcode: 443303. To phone in: +1-669-900-6833

**H&I (Hospitals & Institutions)****February 24, 6:15 orientation; 7 p.m. business meeting**

Central Peninsula Church, 1005 Shell Blvd. Foster City (Student Room)

**PENYPAA (Peninsula Young People in AA) February 8 and February 22, 5: 30 p.m., Central Peninsula Church, 1005 Shell Blvd. Foster City**

## UPCOMING EVENTS

### Brisbane Breakfast Bunch

Invites You to Our

**REGULAR A.A. MEETING**  
At the community center  
(Under old library)

250 Visitation Avenue  
Brisbane CA 94005

each Sunday, at  
11:00 a.m. for an A.A. meeting  
and 10:45 for arms' length

### Feb. 2026 Speakers:

February 1	Chuck G.	Monday Monday
February 8	Jerry M.	28th and Castro SF
February 15	Leslie M.	28th and Castro SF
February 22	Mike M.	Brisbane Breakfast Bunch



#### It's Time to Claim Your Seat

February 12-15, 2026

The 62nd International Women's Conference is almost here, and online participation is still available!

**In less than 60 days**, women from around the world will gather in sisterhood to share their experience, strength, and hope. We hope you'll be part of it.

In person attendance is sold out, but virtual attendance still available.

For schedule, information and on-line registration, see: <https://internationalwomensconference.org/>

**59th Anniversary!****BRISBANE BREAKFAST BUNCH****SUNDAY MARCH 1, 2026****10:00 A.M. FOR POTLUCK****11:00 A.M. FOR AN AA MEETING****PLENTY OF FOOD AND ARMS-LENGTH SOBRIETY!!****COMMUNITY CENTER (UNDER THE OLD LIBRARY) 250 VISITACION AVENUE BRISBANE, CA****Speaker: Tom W., Oakland****Come join us!****Sobriety by the Bay****Friday, March 6th - Sunday, March 8th, 2026****Hilton Garden Inn Sunnyvale; Orchard Ballroom****767 N Mathilda Avenue, Sunnyvale, CA 94085****REGISTER: [SobrietyByTheBay.org](https://SobrietyByTheBay.org)****\$35 before March 1st | \$40 after March 1st****\*For Information On Hotel Reservations Please See Back Of Flyer****See their website or <https://aa-san-mateo.org/event/sobriety-by-the-bay-6>****NCCAA  
77th Annual  
Spring Conference****Northern California Council of  
Alcoholics Anonymous***"Carrying the Message" Since 1947!***San Ramon, CA****San Ramon Marriott****2600 Bishop Dr. San Ramon, CA 94583****March 20, 21 & 22, 2026****PRE-REGISTRATION CUT OFF DATE IS MARCH 7th, 2026****CONFERENCE RATE FOR HOTEL CUT OFF DATE IS FEBRUARY 26th, 2026****PRE-REGISTRATION - \$30.00 (per person) - AT THE CONFERENCE - \$35.00****VISIT OUR WEBSITE AT --<http://www.norcalaa.org>**

**TRADITION ONE**

**ANSWER KEY**



- |              |            |             |
|--------------|------------|-------------|
| TOGETHERNESS | FELLOWSHIP | EXPERIENCE  |
| PRINCIPLES   | GROUP      | COMMONALITY |
| RECOVERY     | WELFARE    | UNITY       |

**Become a Faithful Fiver!**

**Pledge \$5 per month (or more) to support Central Office. You can pay monthly, quarterly or annually. Your personal contributions make our vital services possible.**

**Call 650/577-1310 or stop by Central Office to enroll. All fivers receive a copy of High Sobriety!**



May I always remember that the power within me is far greater than any fear before me. May I always have patience, for I am on the right road.

Alcoholics Anonymous

## Message From General Service

Greetings, District 05 of California Northern Coastal Area 06 of AA (San Mateo County)!

District 05 is hitting the ground running this year with a productive agenda and a clear focus on fiscal responsibility. We've officially decided to fund two representatives—the Alternate DCMC and one GSR—to attend PRAASA 2026 in Hawaii instead of three to better manage our upcoming expenses. We also approved a \$300 contribution to the local Bridging the Gap Committee for the 2026 calendar year. We are moving forward with plans for a joint Agenda Topics Workshop with District 06 San Francisco, which will be held in March. Additionally, we are co-hosting with District 04 Santa Clara for the 2026 Summer Assembly on August 8 th 2026 at the American Legion Hall in Redwood City. We are off to a great start and look forward to a fantastic year ahead!

### District 05 Updates from January 2026 Meeting

- Selection of GSRs to fund travel to PRAASA 2026 in Hawaii- one GSR and the alternate DCMC.
- Motion to fund facility rental and Spanish translation services for the joint District 05 and 06 Agenda Topics Workshop, which passed.
- Motion to increase financial allocation to the San Mateo Bridging the Gap Committee for 2026, which passed.
- The Area is discussed the following:
  - That CNCA06 create an ongoing, regularly scheduled Sharing Session on Safety and Inclusion. (Motion Failed after lengthy discussion)
  - That CNCA06 I& T Committee will provide ASL interpretation at the yearly Post-Conference Assembly as a standard practice. (Discussion continuing next month)
  - That CNCA06 request that A.A. produce a public information service piece with a simple and consistent message, including QR codes, that could be used across the United States/Canada service structure
  - That CNCA 06 support Area 93'd Proposed Agenda Item to make their Alcoholics Anonymous Safety Training Video, in both English and Spanish, for consideration in the process of Conference-approved service material.

Thank you for allowing me to be of service!

Jonathan L

District 05 DCMC

CNCA06 Panel 75



**Andrea S 39yrs San Mateo**

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

## STEP TWO

**Came to believe that a power greater than ourselves could restore us to sanity.**



### **My Prayer Was Answered**

Like most of us, I knew I was in trouble with alcohol long before I came to AA. During the last two years of my drinking, I went back to church to pray my drinking away. I'd go to church and just pray about my drinking. Then I'd get home from church and I'd be drinking again. It just wasn't working.

I crashed and burned and finally took that longest walk of my life to the door of an AA meeting. When I got through the door, I found the people inside were praying and talking all this God stuff. I just wanted to run, but I stuck it out.

I would say out loud in meetings that, "God let me down. I went to church and was praying to stop drinking and now I'm stuck here in AA." Finally a guy cross-talked me and told me that my prayer had been answered because I had arrived at the place where I could stop drinking.

That hit me like a brick wall. His comment gave me hope that my prayer had indeed been answered and that I truly was somewhere where I could stop drinking. He was right. My prayer was answered.

About two years later I was at a Roundup in the mountains of Virginia. At a workshop after the AA speaker meeting, we were all asked to share about "When and how I came to believe"

As soon as that question was posed, I flashed back to that meeting in early sobriety when that guy told me my prayer had been answered. That was the moment I came to believe in a power greater than myself. Turns out the Second Step was working me before I even knew it was working me. That memory has sustained me and gives me hope and strength to stay sober to this day.

**By: Charlie C. / Arlington VA**



## My Messy Valentine



In the winter of '77, I was born into a blue collar, drinking family. We lived in the suburbs of New York City. Being the youngest of four, I had everything I needed. Looking back, I can say that I was born an alcoholic, but that had nothing to do with my upbringing. My diseased thinking brought me to suicidal thoughts even before I started drinking. When I picked up that first drink at 13, all those thoughts and feeling went away. Despite drinking through high school, I did well academically and athletically. I excelled in baseball, which helped me get into a good university. I moved to New York City with high hopes. My drinking took off as I found a group of friends who drank like I did. I managed to graduate, but I threw away a potential career in baseball, and squandered an ivy league education. After school, I took a job in real estate. That only lasted a year before I fell into the family business as an ironworker.

A regular routine of drinking entered my life at this point. I would go to work hungover, sweat it out on the job site, then go to the bar after work and drink. There were some good times to speak of, but this was the main cycle of my life in my early 20s. Many of these nights ended with the common phrase, "I'm not going to drink tomorrow." But by 11 in the morning I would start feeling better, and my thinking would shift yet again. This cycle continued for about four years. With the help of some other substances, I landed in an outpatient rehab facility. But I was there for drugs, so my drinking never stopped. When my mandate was finished, I acted like nothing had ever happened.

This was the winter of 2004, and as Valentine's Day approached, I made sure I stayed on good behavior so as to not upset my girlfriend. I made a reservation at a romantic Moroccan restaurant in the East Village. It was chilly, so we took a cab down to 1st Street. We entered lounge, and it was a perfect scene for the occasion. Rose petals covered the tiled floor. A belly dancer swayed to the Middle-Eastern music. The bartender offered us some crimson concoction as we sat waited for our table. It was the beginning of what could have been a perfect night. At dinner, I ordered a bottle of wine. My girlfriend drank half of one glass. I proceeded to drink the rest of the bottle quickly as we ate. By the main course, I was starting to grey out. I remember hanging at the bar, drinking the red cocktails we were offered earlier. That's the last thing I remember about dinner. When I came out of the blackout, I was standing in front of my apartment building—by myself. I called and called, but my girlfriend did not answer her cell phone, so I tried her at home. She was living with her parents at the time. One of her parents picked up the phone and they were rightfully distraught to find out that I did not know where their daughter was on a Saturday night at 11 p.m. Apparently we had gotten into an argument and taken two separate cabs. Hers had not arrived yet. When it did, she was furious. She took whatever belongings she had in my apartment and left, potentially for good. Instead of sleeping it off, I proceeded to change my shirt and head out to drink with my friends. I blacked out again. This time, when I came to, I was in my bed and it was the next morning. This morning was not unlike many others. I had been this hungover countless times before. I had broken up with this girl many times, and had ruined evenings and caused wreckage over and over again. But this morning was different, although I did not see it right away. I knew I could not go on like this, and for the first time in my life I asked for help. I got to the edge of my bed and asked my Higher Power to simply "help me."

This tiny surrender was the beginning of my new life. I went back to that rehab and started following suggestions. They told me to go to AA, so I did. With the help of this program, not only have I been continuously sober since that night, but I have become a new man altogether. I have been given a wonderfully huge life that consists of camping, surfing, snowboarding, scuba diving, running marathons, and participating in triathlons. All of these things and more I have learned in sobriety. Before, my actions proved that all I cared about was myself. Today, I have become a man of integrity who shows up for his family and friends.

For me, Valentine's Day is not for buying flowers and candies. It is a memorial to an old life that was filled with fear and sadness, and a celebration of a new life that is happy, joyous and free.

**By: Doug M. | New York, New York**

## Central Office Delegates Meeting Minutes – Tuesday January 13, 2026

Opened 2026 Elections Meeting – 7:30 pm.; Newly elected positions: Chairperson- Jan M.; Vice Chairperson- Rich F.; 2-year Advisory members- John and Martha B.; Secretary- Cathy C.

Chair, Jan M., opened Delegates Meeting- 8:30 pm & closed- 9:01 pm

12 Traditions: Susan D.; Responsibility Statement: Todd S.

New Delegates: Andrea from Belmont Noon; Todd S. from HMB Great Outdoors; Anne R. Friday Night Pedro Valley; Clara C. from San Bruno Friday Happy Hour; Mila from Sequoia Recovery Speaker Mtg in RWC; Pat from Ham and Eggers

AA Birthdays: Andrea 39 years; Clara C. 10 years; Minutes- Approved. Financial Report- Approved.

### Service Committee Reports:

#### BTG- Bridging the Gap – Alex O.

There are no updates for Bridging the Gap. We still need volunteers, and we are still bringing presentations in to Palm Ave every Sunday at 7 PM, and to Safe Harbor every other Friday at 7 PM. Our regular meetings are every first Monday at 7:30 PM on zoom. Please email me [dist5btg@gmail.com](mailto:dist5btg@gmail.com) for more info or for the zoom link. Thank you.

#### General Service Liaison - Dave C.

Our District 05 General Service meeting was held on December 16, 2025 with about 24 members attending.

PRAASA (Pacific Region Alcoholics Anonymous Service Assembly) is February 27 - March 1, 2026 at the Hilton Hawaiian Village, Waikiki Beach, Oahu. District 05 voted to fund 3 members to attend, with names to be drawn January 20, 2026.

There will be a GSR School this January 25, 2026 from 11:00 AM - 1:00 PM on ZoomID: 811 3079 8301 - Password : 1935. The focus will be on the role of the GSR, the Service Manual, and effective reporting to the groups

CNCA 06 presents the Pre-Conference Assembly 2026 April 11 & 12, 2026 at the Petaluma Veterans Memorial Building 1094 Petaluma Blvd S, Petaluma, Ca., 94952 and on Zoom ID: 632 553 607 Password: 1935.

#### H & I – Matheas H.

Three Opportunities to highlight:

1 - Project WeHOPE is desperate for Volunteers

Time: Tuesdays @ 5:30pm || Location: East Palo Alto

2 - RWC Men's Jails has openings

New Requirements: 3 Years Sobriety and 3 Years Off Probation (*down from 5 Years*)

3 - Seeking Men for Spanish Speaking meetings in RWC Men's Jails

New Requirements: 3 Years Sobriety and 3 Years Off Probation (*down from 5 Years*)

\*\* In addition to these three opportunities, there are additional openings. \*\*

The upcoming H& I Orientation and Business Meetings are:

**(Tues) January 27, 2026 || (Tues) February 24, 2026 || (Tues) March 24, 2026**

Meeting Times:

**Orientation @ 6:15pm - 7:00pm || Business Meeting @ 7:00pm. - 8:00 pm**

Meeting Location:

**Central Peninsula Church** (1005 Shell Blvd, Foster City, CA 94404)

There are Monthly emails sent out for H&I Updates and reminders. If you'd like to be included on those emails (or if you have any questions regarding H&I) please reach out to [hicsmcsecretary@gmail.com](mailto:hicsmcsecretary@gmail.com)

#### PI-CPC- Brent M.

Our January business meeting was held on January 13 th at 6:00pm in an online only format. We had 10 in attendance. We started the meeting with the Serenity prayer. After introduction we had a description past events that included the various resources available to the committee.

**Past Events:**

- American Psychiatric Association International Table in SF
- United Women's Fair informational table (no longer happening)
- Voices of Recovery facilitated events in San Mateo County
- Foster City Homeless Veterans Stand Down
- Community College information table
- Indigenous People's day

**Resources:**

- Inventory of Presentations – modified from information from AA.org
- Pamphlets and take aways
- Suggestions on how to inform the public
- Multi-lingual information

We then reviewed the responsibilities of the Committee Chair, setting the agenda and herding cats. The floor was then opened for nominations or volunteers for the Chair position. There were no nominations for the outstanding chair position, there were two nominations as Co-Chairs. We are excited to announce that Toni A and Juliana will be presented as candidates at the district meeting to be held on January 20th .

To contact the committee please email us at [dist05.picpc@gmail.com](mailto:dist05.picpc@gmail.com).

Our next business meeting will be on Tuesday February 10th at 6:00 pm in an online only format Online Meeting ID: 841 7877 3337. The committee will be discussing the many opportunities to inform those who wish to know of solution that AA provides.

Warmest Regards, Brent M.

PI-CPC Committee Liaison, 650-918-2136, [recoveringbrent@yahoo.com](mailto:recoveringbrent@yahoo.com)

**Advisory Committee – No report****Alkathon – No report****Teleservice -Don C.**

-shifts available, one shift per month, 4 hrs during day time or 8 hrs if doing an overnight shift; contact Don at [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com) or call Central Office at 650-577-1310

**Trusted Servants Workshops – No Report****Anniversary Party – No Report****Central Office Report - Don C.**

Statistics for November 2025

- 1 - 12th Step Calls
- 581- Office Visits
- 86 - Phone Information (during regular Central Office Hours)
- Other: AAWS has notified us that there is going to be a price hike on all books starting February 1st . \$3.00 a book, on all books. We've ordered a lot of books so we will hold off on the price increase for a couple of months. We will let everyone know when our prices are going up. We had a couple people ask us about their meeting contributions saying that they didn't see their group in the High Sobriety. If you don't see your group in the High Sobriety, it means we didn't receive any money from your group. We don't publish groups with no money contributed. It may mean they just didn't have any left over for contributions.

No Old Business. No New Business

**Next Meeting:** Tuesday, February 10, 2026, at 7:30 pm.

**FINANCIAL REPORT****JANUARY 2026**

	<u>JAN</u>	<u>Total YTD</u>		<u>JAN</u>	<u>Total YTD</u>
<b>Income</b>			<b>Operating Expenses</b>		
Birthday Club Contributions	120.07	120.07	Accounting Services	284.55	284.55
Book sales	1,471.21	1,471.21	Books Purchased	4,670.90	4,670.90
Central Office Annual Party	0.00	0.00	Chips	326.00	326.00
Chip sales	330.91	330.91	Central Office Annual Party Exp	2,500.00	2,500.00
Delegates Collection	0.00	0.00	Central Office Insurance	0.00	0.00
Faithful Fivers	438.44	438.44	Credit Card Charges	0.00	0.00
Group Contributions	14,169.42	14,169.42	Employee Insurance	294.00	294.00
High Sobriety Subscriptions	30.00	30.00	Miscellaneous	0.00	0.00
In Memoriam	0.00	0.00	Office Equipment Lease & Maint	0.00	0.00
Individual Contributions	1,737.52	1,737.52	Office supplies	222.73	222.73
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	43.93	43.93
Printing	0.00	0.00	Rent	1,501.00	1,501.00
Sales Tax on Books & Chips	192.48	192.48	Salaries	5,295.64	5,295.64
Tax Refund	0.00	0.00	Sales Tax on books	457.00	457.00
			Taxes (Payroll)	2,207.79	2,207.79
			Telephone & Tech	242.17	242.17
			Teleservice	0.00	0.00
			Travel Expenses	0.00	0.00
<b>Total Income</b>	<b>18,490.05</b>	<b>18,490.05</b>			
<b>Less Expenses</b>	<b>18,045.71</b>	<b>18,045.71</b>			
<b>Net Income (loss)</b>	<b>444.34</b>	<b>444.34</b>			
<b>Starting Balance</b>		52,044.61			
<b>Plus Net Income/Loss</b>		444.34			
<b>Ending Balance</b>		52,488.95	<b>Total Operating Expenses</b>	18,045.71	18,045.71
<b>TOTAL PRUDENT RESERVE</b>		80,454.73	<b>Net Income (loss)</b>	444.34	444.34
<b>TOTAL CASH POSITION</b>		132,943.68	<b>2026 Year-to-Date Summary</b>		
			Year-to-Date Income		18,490.05
			Year-to-Date Expenses		18,045.71
			Year-to-Date Net Inc/(Deficit)		<u>444.34</u>

## GROUP CONTRIBUTIONS

### JANUARY 2026

	JAN	YTD	Misc.	JAN	YTD	SAN BRUNO	JAN	YTD	Zoom	JAN	YTD
<b>ATHERTON</b>											
Horses Ass	840.00	840.00	Gratitude Night Coastside	800.00	800.00	Big Book Study Fri (5pm)	3.00	3.00	7AM Coastside Meet.M.F	461.71	461.71
Sunday Spirituality	89.03	89.03				Come as You Are	120.40	120.40	7AM Wake Up Group WBAC	95.00	95.00
			<b>PACIFICA</b>			Experience, Strength, Hope	33.03	33.03	Back to the World Group BUR	89.48	89.48
<b>BELMONT</b>			B.Y.O.B. Group Thurs Noon	166.13	166.13	Grupo Serenidad	20.00	20.00	BB 103 North FC	30.00	30.00
Day At a Time	69.83	69.83	Fri Discussion Noon Baptist	70.70	70.70	Living Sober/ HH (Tues)	55.00	55.00	Belmont Tues. Noon Group	31.96	31.96
			Pacifica Live Wake Up	334.00	334.00	Spkr/Disc - Happy Hour(Mon)	279.00	279.00	Off Broadway Beginners Mtg SM	76.26	76.26
<b>BURLINGAME</b>			Pedro Valley Pacifica	276.00	276.00				The Old & the New FC	20.00	20.00
Any Length	283.20	283.20	Serenity in Pacifica	127.20	127.20	<b>SAN CARLOS</b>			The Sewer Group RWC	20.00	20.00
Ham & Eggers	59.21	59.21	Sharp Park 3rd & 11th Step	50.44	50.44	Brovid Men's Meeting	95.50	95.50	Women's Celebrate Being Alive SM	25.01	25.01
Saturday Nite Spkr/Disc.	281.16	281.16	Sharp Park Joe & Charlie BB Study	91.68	91.68	SCPF- all meetings	307.45	307.45	Women's Sharing Choices	18.00	18.00
Senior Focus Group	250.00	250.00	Tuesday Noon Disc Baptist	33.81	33.81	Sober Sundays	196.80	196.80	Women who wear shoes PAC	43.00	43.00
			Women's Big Book Study	281.23	281.23						
<b>FOSTER CITY</b>						<b>SAN MATEO</b>					
Living Sober Groups Live	182.78	182.78	<b>PORTOLA VALLEY</b>			Fireside Group	36.60	36.60			
			Portola Valley 11th Step	342.54	342.54	Joy of Living	40.00	40.00			
<b>HALF MOON BAY</b>						Mid Peninsula Women	344.91	344.91			
3rd & 11th Step	155.65	155.65	<b>REDWOOD CITY</b>			Monday Night Men's 6:30	200.02	200.02			
777 Miramontes Noon Meet.M,W	5.00	5.00	Sequoia Recovery Grp	205.05	205.05	Morning Serenity(All)	500.00	500.00			
Coastside Serenity Group M-F	217.46	217.46	Thumpers	274.73	274.73	The Forum Group	418.00	418.00			
Coastside Talkers	79.03	79.03	Wed. Woodside Meeting	415.62	415.62	Wednesday Afternoon Group	83.00	83.00			
Emotional Sobriety Book Study	5.00	5.00				Women's Home Grp (traveling)	294.70	294.70			
Great Out Doors Sat,Sun	653.00	653.00									
HMB Happy Hour Group	32.40	32.40				<b>SOUTH S.F.</b>					
HMB Thurs Womens BB	115.50	115.50				Keep it Simple	25.00	25.00			
Last Barn on the Block	138.00	138.00									
Thursday Night Men's Group	222.64	222.64				<b>WESTBAY ALANO</b>					
						Colma Eye Opener	876.94	876.94			
<b>MENLO PARK</b>						Early Birds 12 X 12 (Fri)	120.00	120.00			
Atherton AA	270.00	270.00				Oyster Point Discussion	124.00	124.00			
Atherton Grp Wed Noon	326.22	326.22				Tues 7am Big Book	148.62	148.62			
Fri. Noon Women's	620.21	620.21				Weds High Noon	3.00	3.00			
Menlo Park Men's Group	111.60	111.60				West Bay All Groups	3.00	3.00			
Women's 12- Step Thu Noon	195.38	195.38				West Bay Alcathon 2026	230.00	230.00			
						Women's Happy Hour	29.60	29.60			

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