HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

July 2026

SMC Fellowship News July 2026

"Freedom is nothing else but a chance to be better." — Albert Camus

CENTRAL OFFICE ANNIVERSARY PARTY
Saturday October 3

Putting on a successful party requires lots of volunteers and we have many opportunities for you to help! The Central Office Anniversary Party Committee is already working on this year's event which will be held Saturday, October 3rd at the San Mateo County Event Center. Come join the fun!

Volunteer opportunities available include: set up and decorations, reception, food service, coffee service, silent auction, parking, and cleanup.

Planning meetings are the first Friday of each month pm Zoom at 6:30pm. Next meeting: July 3rd. Zoom ID: 825 1613 6372.

Table of Contents

Monthly Service Committee Meetings . . . 2

Upcoming Events . . . 2-6

Step 7: Spiritual Recycling . . . 6

Message from General Service . . .7

Birthdays . . . 7

Central Office Minutes. . . 8-9

Central Office Financial Report . . . 10

Group Contributions Report . . . 11

To volunteer or for further information, please contact Trish at aasmparty@gmail.com or 650-392-5374. For information on donations for the Silent Auction, see page 3.

Raffle Tickets are here!! Available for pick up at Central Office. For every ten tickets you sell, you get one free.

Central Office:

Central Office will be closed Friday, July 3 in observance of 4th of July.

If your meeting (or any meeting you know of) closes, please have someone from the group contact Central Office so we can remove it from the meeting schedules.

Central Office is now accepting Zelle. You can pay through your Zelle to our email aasanmateo@gmail.com.

Monthly Service Committee Meetings

BRIDGING THE GAP	**July 6, 7:00 p.m. on Zoom** Meeting ID: 563 554 9920 Passcode: 54321
TELESERVICE	**July 12, 7:00pm on Zoom** Meeting ID: 858 4259 6364
DELEGATES TO CENTRAL OFFICE	**July 14, 7:30 pm on Zoom** Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
CENTRAL OFFICE ANNIVERSARY PARTY	**July 3, 6:30 p.m. on Zoom** Zoom Meeting ID: 825 1613 6372
PI/CPC	**July 14, 6:45 pm on Zoom** Meeting ID: 475 062 9806 password 483492.
GENERAL SERVICE	**July 21, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting** Meeting ID: 884 8540 6474, Passcode: 443303. To phone in: +1-669-900-6833
H&I (Hospitals & Institutions)	**July 28, 6:15 orientation; 7 p.m. business meeting** **Central Peninsula Church, 1005 Shell Blvd. Foster City (Student Room)**

PENYPAA (Peninsula Young People in AA) July 12 and July 26, at 5: 30 p.m., Central Peninsula Church, 1005 Shell Blvd. Foster City

UPCOMING EVENTS

Brisbane Breakfast Bunch

Invites You to Our

REGULAR A.A. MEEING
At the community center
(Under old library)

250 Visitacion Avenue
Brisbane CA 94005

each Sunday, at
11:00 a.m. for an A.A. meeting
and 10:45 for arms' length

July 2026 Speakers:

7/05/26	James	"There is a solution" Morgan Hill
7/12/26	Jeff B.	WBAC SSF
7/19/26	Zac	WBAC Colma Eye Opener
7/26/26	John	WBAC and Oyster Point Yacht Club

Become a Faithful Fiver!
Pledge $5 per month (or more) to support Central Office. You can pay monthly, quarterly or annually. Your personal contributions make our vital services possible.
Call 650/577-1310 or stop by Central Office to enroll. All fivers receive a copy of High Sobriety!

CENTRAL OFFICE ANNIVERSARY PARTY
Featuring our fun SILENT AUCTION
Saturday, October 3rd—San Mateo Event Center

The Anniversary Party is our Central Office's main fundraiser, and a big part of that is our very successful Silent Auction. Having a large variety of baskets and items is key to its success. Items can be contributed by groups or individuals and can be large or small.

Popular items include:

• Gift cards/Tickets/Passes to stores, movie theaters, coffee shops, restaurants, sporting events, etc.
• Gift baskets with themes like gourmet foods, recovery, relaxation, coffee/teatime, movies, sweet treats, or whatever creative ideas you can think of.
o Feel free to decorate your basket, however, don't worry if you don't – our Silent Auction Committee will be able to spruce it up for you!

• Services such as haircuts, massages, manicures (should be donated by AA members)
If you or your group will be submitting an item, please let us know by emailing us at AASMparty@gmail.com

DISTRICT 05
UNITY DAY

Sunday, July 19, 2026
12:00 PM - 4:00 PM
Beresford Recreation Center
2720 Alameda de las Pulgas
San Mateo, CA 94403

Join District 05 for an afternoon of fellowship, food, service, and unity

Lunch will be provided at 1:00 PM
Delegate Report presented by Chitra from 3:00 PM - 3:50 PM
Service Commitee Tables will be available
Coffee, water, and soda will be provided Interested in volunteering?
Please contact Denise @ 408-520-6732

A.A. Grapevine content copyright © A.A. Grapevine, Inc.
Box 4-5-9 content copyright © A.A. World Services, Inc.
Daily Reflections copyright © A.A. World Services, Inc.
Reprinted by Permission

SAN CARLOS PENINSULA FELLOWSHIP'S ANNUAL BBQ AND POTLUCK!!!

SUNDAY, AUGUST 2 11:00-3:00 PM

RED MORTON PARK, RWC

AA SPEAKER MEETING AT 1:00 PM

1120 ROOSEVELT AVE, REDWOOD CITY, 94061

FOR POTLUCK OR VOLUNTEER INFO CONTACT DAN BANCHERO 650.921.9398

GENERAL SERVICE

LOOKING FOR SUMMER ASSEMBLY VOLUNTEERS

SCAN TO VOLUNTEER

Setup
Breakfast
Coffee
Lunch Prep
Lunch Service
Parking
Accessibility
Clean Up

New to service?
Perfect.

Years of experience?
Wonderful.

Everyone is welcome!

AUG. 8 | 8 AM - 5 PM
AMERICAN LEGION CLUB
651 EL CAMINO REAL, REDWOOD CITY

Questions? Contact:
assembly@district04cnca.org

San Mateo County AA Campout

August 20th – 23st 2026

Once again, it's time for our annual campout under the beautiful redwoods at Memorial Park. For all those who have not yet had the opportunity to attend, come on out,

"to watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends-this is an experience you must not miss. We know you will not want to miss it".

LOCATION: Memorial Park, 9500 Pescadero Creek Rd. Loma Mar, CA 94021

Wurr Flat #1 group campsite

COST: $30.00 per tent / per night, includes parking for one vehicle

For More Info, see https://aa-san-mateo.org/event/san-mateo-county-aa-campout-2

Step Seven / Humbly Asked Him To Remove Shortcomings Spiritual Recycling

I have never been able to identify with the way the "Twelve and Twelve" talks about character defects as things that need to be "removed." It just sounds so negative, like having your teeth out: what do you do when they're all gone? I'm not even entirely sure what a defect is. So the problem for me is, How do I take Step Seven in a way that makes sense, and makes a difference in my life?

Step Seven shows me that the misuse of natural desires makes me useless and unhappy. I've never met a truly useful person who was genuinely unhappy. As I became useful in AA, I began to move out of that awful isolation we AA's talk about. It was a long overdue experience for a person who had lived in an emotional foxhole since childhood. My initial contact with the real world meant getting active with my group, and it was an emotional roller coaster. I'd never been able to be a member of anything, and my emotional handicaps came bursting forth. The resulting conflicts made me quickly and painfully aware of a lot of things I had been running and hiding from all my life.

Had I not learned to stop running around making things happen, I might have stayed with the old idea that getting active has to do only with what goes on around and outside me, instead of coming to see that it refers as well to what is going on inside. That calls for more calm, thoughtful reflection on human relations. Am I a worker among workers, a friend among friends? Maybe "active" means taking a night off from meetings to stay home with a good book or a friend. Maybe my group really will get along without me for one night. If my "busyness" is a defect, maybe it's also a part of who I am. It need not so much be removed as toned down and redirected. My defects are the boundaries of just what I am capable of and capable of becoming at any given moment. Boundaries that I am unconscious of become barriers.

I have a more meaningful understanding of Step Seven today based on experience. I can freely and enthusiastically point others to this Step without that queasy feeling I used to have about it. I don't see Step Seven as being about removal so much as realization. I'm all God has to work with I have to be enough. Nothing goes to waste in the spiritual recycling process we call Step Seven.

BY: **JIM N. WEST**
SPRINGFIELD, MASSACHUSETTS

MESSAGE FROM GENERAL SERVICE

Hello District 05, San Mateo:

Looking forward to the following events, and hope to see you there!

1. Sunday, July 19, 2026. Unity Day Please note that July 19 is a Sunday.
Beresford recreation center, assembly room
2720 Alameda de las Pulgas, at 28th Avenue
San Mateo, CA 94403
Chitra, our CNCA06 delegate, will be giving a presentation about 3pm at Unity Day. Lunch is provided at 1pm, doors open at noon.

2. Saturday August 8, 2026 SUMMER ASSEMBLY,
American Legion Hall, Redwood City
651 El Camino Real, Redwood City, CA 94063
Cal train station within walking distance, as parking is tight. FYI. District 04, Santa Clara and District 05, San Mateo are co-hosting this event. If you'd like to join the online planning meetings — they are the second and fourth
Sunday evenings at 5pm. The Zoom info is: Zoom ID: 894 1698 1622. Password: Service

3. Saturday October 3, 2026. CENTRAL OFFICE PARTY, San Mateo County Fairgrounds. Most enjoyable event, with catered dinner, terrific speaker and many info tables plus silent auction, games and fellowship.

4. We are seeking a volunteer to administer and maintain our Google workspace District platform, once we get it set up. Please let Susan, Denise or Caroline know if you have experience with Google Workspace and are available.

In service,

Susan Clancy, CNCA06
District 05, DCMC San Mateo
650-515-0950
Susanclancy5@gmail.com

Mary K 47 Years San Carlos

If you'd like to have your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

Central Office Delegates Meeting Minutes – Tuesday, June 9, 2026

Chair, Jan M., opened Delegates Meeting- 7:30 pm & closed- 8:00 pm

12 Traditions: Kitty V.; Responsibility Statement: Steve L.; New Delegates: Candice C., Early Enders; AA Birthdays: Gordon L. 34 years; Ted B. 12 years; Minutes- Approved. Financial Report- Approved..

Service Committee Reports:

BTG- Bridging the Gap – Alex O.

- District 5 Bridging the Gap is now conducting monthly training sessions at the beginning of the month for those who wish to give presentations at treatment centers. Email dist5btg@gmail.com if you are interested.
- We still need Volunteers to take presentations into Palm Avenue every Sunday at 7 pm, and Safe Harbor every other Friday at 7 pm. Six months of sobriety are required, and commitments are once a month. If you are interested, or interested in accompanying newcomers fresh out of treatment to meetings, please follow this link: https://forms.gle/sKyxZi4S8jKXwfiq7
- Our committee meets every first Monday of the month at 7:30 pm on Zoom. Please contact dist5btg@gmail.com for the zoom link.

General Service Liaison - Dave C.

- Our General Service meeting May 19th with 25 Representatives.
- There were no visiting Area officers because our Area has chosen not to visit Districts on months we hold our Assemblies
- District 05 Unity Day is Saturday, July 19, 2026, 12;00PM - 4:00 PM at the Beresford Recreation Center, 2720 Alameda de las Pulgas, San Mateo. 2720 Alameda de las Pulgas, San Mateo. Lunch will be provided at 1:00PM. Our Delegate, Chitra will present her report at 3:00PM. Interested in volunteering contact Denise @ 408-520-6732.
- The CNCA 06 Summer Assembly co-hosted by District 04 (Santa Clara) will be August 8, 2026, at the American Legion Club, 651 El Camino Real, Redwood City. We will have bi-monthly planning meetings, 2nd 4 th Sundays at 5pm. Contact Chris W., alternate DCMC District 04, 650-274-1978. Zoom ID: 894 1698 162 Password: Service. A dinner the night before the Assembly is scheduled at St. Bede's church in Menlo Park.
- Just a reminder: Upcoming events can be found in High Sobriety and the General Service app.

H &I – Matheas H.

Three service opportunities to highlight:

- Project WeHOPE in East Palo Alto desperately needs volunteers on Tuesdays @ 5:30pm. They currently have about half as many volunteers as they need, so please keep spreading the word.
- RWC Men's Jails has openings—New Requirements: 3 Years Sobriety and 3 Years Off Probation (down from 5 Years)
- Desperately seeking Men for Spanish Speaking meetings in RWC Men's Jails—New Requirements: 3 Years Sobriety and 3 Years Off Probation (down from 5 Years)

Ways to learn more about additional openings and opportunities:

- Upcoming H&I Orientation and Business Meetings: June 23, July 28, August 25
  - Orientation @ 6:15—7:00pm || Business Meeting @ 7:00—8:00 pm
  - Location: Central Peninsula Church, 1005 Shell Blvd, Foster City
- Monthly emails that are sent out for H&I Updates and reminders. If you'd like to be included on those emails (or if you have any questions regarding H&I please reach out to hicsmcsecretary@gmail.com.

PENYPAA – Brooke M.

- PENYPAA holds events and meetings for the young and young at heart. All are welcome to attend. We meet the 2nd and 4th Sunday of every month at 1005 Shell Blvd in Foster City at 5:30pm.
  - There are still service commitments available, and we encourage anyone interested in getting involved to consider becoming a member at large. Anyone with a desire to stop drinking is welcome to join!
- Summer Bonfire Speaker Discussion Meetings—Last Friday of every month

- Next bonfire meeting will be Friday, June 26 th at 7:00pm at 111 Ottawa Street in San Mateo. House opens at 6:00pm. There will be food and refreshments for sale. All are welcome to come!

PI-CPC- Toni A./Juliana

- PI-CPC met on June 9 th ; 4 people in attendance. All are invited to attend future meetings the second Tuesday of each month at 6PM on Zoom. https://us02web.zoom.us/j/84178773337 Meeting ID: 841 7877 3337
- We are planning logistics and will be looking for volunteers for tables at the following events:
  - Unity Day- July19- Our own table
  - Summer Assembly- Aug 8 Support Area Table
  - Foster City Summer Days booth in cooperation with PENYPAA August 15 -16, 11am-5pm Saturday and Sunday
  - Working to get tables at summer city events such as Pride in San Mateo and Summer Festival in Foster City.
- Looking ahead to the Fall
  - September is Recovery month: Coyote Point and Community College Health Fairs
  - Half Moon Bay Pumpkin Festival: Oct 17th and 18th
  - We are continuing researching best practices for connecting with the professional communities—getting contacts with HS Counselors & Faith Leaders
- We are learning more from the monthly International PI-CPC Working Group meetings, and we are looking for best methods to continue to build our team.

Alkathon – Brent M.

No report this month.

Trusted Servants Workshops – Bob M.

No report this month.

Advisory Committee – Janice C.

No report this month.

Teleservice -Don C.

- Shifts available, one shift per month, 4 hrs. during daytime or 8 hrs. if doing an overnight shift
- Contact Don at aasanmateo@gmail.com or call Central Office at 650-577-1310.

Anniversary Party –Trish E.

- The 2026 Anniversary Party will be held at the San Mateo County Event Center on Saturday, October 3, 2026.
- Volunteers are needed to make the event a success.
  - There are other volunteer opportunities available, too, including food service, silent auction, parking, decorations, etc.
  - Please reach out to Trish (Entsmit1@pacbell.net) if interested.
- The committee meets via zoom on the first Friday of the month at 6:30 pm. Zoom meeting ID: 825 1613 6372. Our next meeting is Friday, July 3rd . All are welcome.

Central Office Report - Don C.

STATS FOR MAY 2026:

12 STEP CALLS – 0; OFFICE VISITS – 56; PHONE INFO - 63

OTHER:

- We need to sell raffle tickets. Please stop by the office to pick up a book to sell. Last year raffle tickets sales were low, and we are aiming to get more people out there selling tickets this year. Feel free to stop by the office any time to pick up a book to sell. Same as last year, you get one free ticket for every book of 10 tickets that you sell.
- Delegates: To have the High Sobriety Newsletter mailed to you each month, please send an email with your name, address, and the group you represent to aasanmateo@gmail.com.

Next Meeting: Tuesday, July 14 at 7:30 pm

FINANCIAL REPORT

JUNE 2026

	JUN	Total YTD
Income		
Birthday Club Contributions	100.00	254.07
Book sales	1,181.55	7,503.65
Central Office Annual Party	600.00	600.00
Chip sales	133.50	1,611.85
Delegates Collection	0.00	0.00
Faithful Fivers	378.48	2,501.59
Group Contributions	6,669.71	62,502.15
High Sobriety Subscriptions	10.00	56.00
In Memoriam	0.00	10,000.00
Individual Contributions	1,350.25	17,561.89
Interest Income	0.00	0.00
Other (Comcast refund)	0.00	0.00
Printing	0.00	20.00
Sales Tax on Books & Chips	140.45	973.60
Misc. Refund	0.00	526.52
		0.00
Total Income	10,563.94	104,111.32
Less Expenses	11,523.73	81,837.34
Net Income (loss)	(959.79)	22,273.98
Starting Balance		75,278.38
Plus Net Income/Loss		-959.79
Ending Balance		74,318.59
TOTAL PRUDENT RESERVE		81,306.69
TOTAL CASH POSITION		155,625.28

	JUN	Total YTD
Operating Expenses		
Accounting Services	123.99	3,424.00
Books Purchased	1,072.70	8,669.05
Chips	36.55	1,012.90
Central Office Annual Pa	0.00	4,791.67
Central Office Insurance	164.75	1,008.50
Credit Card Charges	39.21	251.48
Employee Insurance	311.90	1,835.60
Miscellaneous	0.00	357.52
Office Equipment Lease	332.83	2,060.55
Office supplies	0.00	720.27
Outside Services	0.00	0.00
Postage	43.96	320.90
Rent	1,501.00	9,006.00
Salaries	5,603.80	32,763.43
Sales Tax on books	0.00	999.00
Taxes (Payroll)	2,125.98	12,022.64
Telephone & Tech	167.06	1,433.05
Teleservice	0.00	392.02
Travel Expenses	0.00	768.76
Total Operating Expens	11,523.73	81,837.34
Net Income (loss)	(959.79)	22,273.98

2026 Year-to-Date Summ	
Year-to-Date Income	104,111.32
Year-to-Date Expenses	81,837.34
Year-to-Date Net Inc/(Deficit)	22,273.98

GROUP CONTRIBUTIONS

JUNE 2026

ATHERTON	JUNE	YTD
Horses Ass		840.00
Sunday Spirituality		99.52
BELMONT		
Belmont Tues. Noon Group		225.15
Day At a Time		69.83
Sunday Sundowners		826.55
BRISBANE		
Brisbane Breakfast	240.00	240.00
BURLINGAME		
Anson Group		545.10
Any Length	20.00	729.77
Burlingame Men's Grp	232.80	232.80
Burlingame Noon Men's Grp		903.00
Courage to Change		159.00
Ham & Eggers		2,594.46
Hillsborough Men's Group		370.00
Peninsula Prime Time		20.00
Saturday Nite Spkr/Disc.		577.53
Senior Focus Group		486.82
Tuesday Nite Group		550.00
FOSTER CITY		
FC Men's Sharing Group		357.18
FC Women's Pop Up Gazebo		481.08
Foster City Women (Sat)		100.04
Happy Joyous and Free	217.94	217.94
Living Sober Groups Live		627.40
Study the Text Group		400.26
HALF MOON BAY		
3rd & 11th Step		155.65
7 Miles South		305.20
777 Miramontes Noon Meet.M,W		320.00
Coastside Big Book Study		336.00
Coastside Serenity Group M-F	317.73	1,468.95
Coastside Talkers	20.00	100.03
Coastside Young People		840.00
Emotional Sobriety Book Study		353.02
Great Out Doors Sat,Sun		1,321.24
HMB Happy Hour Group	137.82	170.22
HMB Thurs Womens BB	163.46	278.96
Last Barn on the Block		138.00
Thursday Night Men's Group		399.74
Womens 12th Step Tues	6.00	434.32
LA HONDA		
La Honda Group (Thurs)		322.00
MENLO PARK		
Atherton AA	105.36	377.36
Atherton Grp Wed Noon		326.22
Beginners Menlo Park		344.40
Cottonmouth		769.00
Fri. Noon Women's		1,210.76
Menlo Park Men's Group		281.40
Menlo Weds Women's Grp		704.47
Plain Language BB Study Mon Noon		187.20
Sat Morning Sandhill		2,361.29
Sat Sunrise Grp MP 7:30		2,247.40

MILLBRAE	JUNE	YTD
Sobriety in the Park		242.00
Misc.		
Gratitude Night Coastside		800.00
HMB Talent Show		80.00
PENYPAA		64.20
PACIFICA		
12 @ 6 Group		200.13
12 Noon Disc. (Mon)		44.10
As Bill Sees It (Sat)		120.07
B.Y.O.B. Group Thurs Noon	112.00	505.28
Discussion Group Fri Library		120.00
Fri Discussion Noon Baptist	28.25	272.29
Friday Night Lights Women's Big Book		179.40
New Comers & Old Timers		257.00
Noon Pacifica Discussion (Mon,Weds)	322.46	322.46
Pacifica Live Wake Up	310.90	1,032.15
Pacifica Men's Group		235.00
Page 133 Group	352.35	352.35
Pedro Valley Pacifica		696.00
Serenity in Pacifica		347.33
Sharp Park 3rd & 11th Step		50.44
Sharp Park Joe & Charlie BB Study		211.68
Sun Daily Reflections (Beach Mtg)	198.13	351.52
Thursday Noon Disc Baptist		335.00
Tuesday Noon Disc Baptist		282.41
Women's Big Book Study		515.14
PORTOLA VALLEY		
Portola Valley 11th Step		734.09
REDWOOD CITY		
Don't Drink Group		623.57
San Carlos Beginners		155.00
Sequoia Recovery Grp		205.05
Thumpers	13.62	288.35
Wed. Woodside Meeting		862.64

SAN BRUNO	JUNE	YTD
12 Step Study Grp (Thurs)		23.64
Big Book Study Fri (5pm)	71.81	301.65
Come as You Are	226.40	773.47
Early Enders		84.19
Experience, Strength, Hope	60.96	239.34
Grupo Serenidad	20.00	120.00
Living Sober/ HH (Tues)	51.15	271.75
Spkr/Disc - Happy Hour(Mon)		723.71
SAN CARLOS		
Brovid Men's Meeting		95.50
SCPF- all meetings	302.25	1,581.22
Sober Sundays		391.80
SAN MATEO		
Fireside Group	96.25	461.89
Highlanders Grp.	2.00	209.12
Joy of Living	95.03	310.07
Lunch Bunch		115.73
Mid Peninsula Women		700.78
Monday Night Men's 6:30	200.00	400.02
Morning Serenity (All)	600.05	8,620.05
San Mateo Forum	457.22	457.22
The Forum Group	271.00	1,164.00
Wednesday Afternoon Group	75.00	598.25
Women's Home Grp (traveling)		750.70
SOUTH S.F.		
Keep it Simple		229.52
Midway Group	75.05	140.05
New Beginnings Women	184.92	322.92
South City Womens		225.00
WESTBAY ALANO		
Back to Basics		120.00
Brown Baggers Meditation		60.00
Colma Eye Opener		876.94
Early Birds 12 X 12 (Fri)		120.00
Men's No BS Meeting (Mon)	240.00	240.00
Oyster Point Discussion		124.00
Steppingstones		120.00
Tues 7am Big Book	147.28	295.90
Weds High Noon		10.50
West Bay All Groups		3.00
West Bay Alcathon 2026		230.00
Women's Happy Hour		31.10

Zoom	JUNE	YTD
12 & 12 @ 12 SM		25.00
7AM Coastside Meet.M,F		657.24
7AM Wake Up Group WBAC	120.00	374.00
Back to the World Group BUR		155.51
BB 103 North FC	20.00	160.00
Belmont Tues. Noon Group	45.00	218.76
Bookies SC	50.00	50.00
Broken Elevator Thurs. RWC		10.00
Friday Noon Big Book FC	25.00	50.00
Men's R4D Big Book MP		143.52
Off Broadway Beginners Mtg SM	188.88	265.14
Sat. Morning Eye-Opener HMB	90.64	90.64
S.C. Awareness Group SC	50.00	66.00
The Old & the New FC		85.00
The Sewer Group RWC	10.00	80.00
Women's Candlelight Grp PAC		2.00
Women's Celebrate Being Alive SM		74.02
Women's Sharing Choices	25.00	253.00
Women who wear shoes PAC	70.00	113.00

2215 El Camino Real, Ste. 204
San Mateo, CA 94403-1898

NON-PROFIT ORG
US POSTAGE PAID
Burlingame, CA
Permit 9411

Would you like to receive your own Newsletter every month?

Mail Subscriptions to:

Central Office

2215 S. El Camino Real, Suite 204

San Mateo, CA 94403-1898

Individual Subscriptions $6.00/year or 2 years for $10

Enclosed find: New _____ Renewal _____ Gift _____

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip code: _____