

# HIGH SOBRIETY

2215 S. El Camino Real, Suite 204  
San Mateo, CA 94403

Monthly newsletter of the  
SAN MATEO COUNTY FELLOWSHIP  
OF AA

650-577-1310  
aasanmateo.org  
aasanmateo@gmail.com

September 2026

## SMC Fellowship News September 2026



**Be like a tree, and let the  
dead leaves drop. - Rumi**

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**CENTRAL OFFICE  
ANNIVERSARY PARTY  
Saturday October 3**

The Central Office Anniversary Party Committee continues to work on this year's event which will be held Saturday, October 3rd at the San Mateo County Event Center. Come join the fun! (See Flyer – Page 3)

Volunteer opportunities available include: set up and decorations, reception, food service, coffee service, silent auction, parking, and cleanup.

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To volunteer or for further information, please contact Trish at [aasmparty@gmail.com](mailto:aasmparty@gmail.com) or 650-392-5374. For information on donations for the Silent Auction, see page 3. Planning meetings are the first Friday of each month pm Zoom at 6:30pm. Next meetings are: Sept. 3 and Sept. 18. Zoom meeting ID: 825 1613 6372

Please stop by the office to pick up a book of raffle tickets. Last year raffle tickets sales were low, and we are aiming to get more people out there selling tickets this year. Same as last year, you get one free ticket for every book of 10 tickets that you sell.

### Central Office:

Central Office is now accepting Zelle. You can pay through your Zelle to our email [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com).

## Monthly Service Committee Meetings

|                                         |                                                                                                                              |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| BRIDGING THE GAP                        | Sept. 7, 7:00 p.m on Zoom<br>Meeting ID: 563 554 9920 Passcode: 54321                                                        |
| TELESERVICE                             | Sept. 13, 7:00 pm on Zoom<br>Meeting ID: 858 4259 6364                                                                       |
| DELEGATES TO CENTRAL OFFICE             | Sept. 8, 7:30 pm on Zoom<br>Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833                                          |
| <b>CENTRAL OFFICE ANNIVERSARY PARTY</b> | <b>Sept. 3 and Sept. 18, 6:30 p.m. on Zoom</b><br><b>Zoom Meeting ID: 825 1613 6372</b>                                      |
| PI/CPC                                  | Sept. 8, 6:45 pm on Zoom<br>Meeting ID: 475 062 9806 password 483492.                                                        |
| GENERAL SERVICE                         | Sept. 15, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting<br>Meeting ID: 820 5231 8278                     |
| H&I (Hospitals & Institutions)          | Sept. 22, 6:15 orientation; 7 p.m. business meeting<br>Central Peninsula Church, 1005 Shell Blvd. Foster City (Student Room) |
| PENYPAA (Peninsula Young People in AA)  | Sept. 13 and Sept. 27 at 5: 30 p.m., Central Peninsula Church, 1005 Shell Blvd. Foster City                                  |

## UPCOMING EVENTS

### Brisbane Breakfast Bunch

Invites You to Our

**REGULAR A.A. MEEING**  
At the community center  
(Under old library)

250 Visitacion Avenue  
Brisbane CA 94005

each Sunday, at  
11:00 a.m. for an A.A. meeting  
and 10:45 for arms' length

### September 2026 Speakers:

|          |         |                                |
|----------|---------|--------------------------------|
| Sept. 6  | Gregg   | Coastside Group<br>Pacifica    |
| Sept. 13 | John L. | Oyster Pt. Discussion<br>Group |
| Sept. 20 | Dave V. | Mens Group No BS<br>Mondays    |
| Sept. 27 | Tony    | Sunset Social Club SF          |

**Become a Faithful Fiver!**  
**Pledge \$5 per month (or more) to support**  
**Central Office. You can pay monthly, quarterly**  
**or annually. Your personal contributions**  
**make our vital services possible.**  
**Call 650/577-1310 or stop by Central Office to**  
**enroll. All fivers receive a copy of High**  
**Sobriety!**



# 62<sup>ND</sup> ANNUAL CENTRAL OFFICE ANNIVERSARY PARTY

## WHEN

**October 3<sup>rd</sup>, 2026**  
**Doors open at 3pm**

## WHERE

**San Mateo County  
Event Center**

**Cypress Building**

**FEATURING** · Great food · Live music · Silent Auction ·  
Raffle with great prizes · Sobriety countdown · Speaker

## WE CAN STILL USE YOUR HELP

A fabulous party requires a lot of work. If you'd like to be of service, please join one of the remaining planning meetings September 3<sup>rd</sup> and 18<sup>th</sup> at 6:40pm, Zoom id: 825 1613 6372 or email: [aasmparty@gmail.com](mailto:aasmparty@gmail.com)

## SCHEDULE

**3:00** Doors open  
**3-6:00** Silent Auction  
**5:30** Dinner  
**6:15** Sobriety  
Countdown  
**6:30** Speaker  
**7:30** Winners  
announced

## SILENT AUCTION

Bid on a wide variety of wonderful items! Groups or individuals wishing to contribute items, please bring them to Central Office by September 25<sup>th</sup>.

## RAFFLE TICKETS

Tickets are available for \$10 each.  
First prize: 5 night trip for 2 to the Big Island Bash  
Second prize: NCCAA Conference  
Third prize: 3 years of the Grapevine



Join Us for  
**PENYPAA**  
**SUMMER BONFIRE  
MEETINGS**  
Last Friday of every month May to  
September

There will be  
food and  
refreshments  
for sale!

111 Ottawa St., San Mateo CA  
Speaker meeting starts @ 7:00pm  
For further info: [Penypaa.com](http://Penypaa.com) / [Peninsulapaa@gmail.com](mailto:Peninsulapaa@gmail.com)

2026-2027

# HOLIDAY

*Alkathon*

GOOD SHEPHERD EPISCOPAL CHURCH  
1300 FIFTH AVENUE  
BELMONT, CALIF.

THANKSGIVING: 11/25 11/27  
CHRISTMAS: 12/24 - 12/26  
NEW YEARS: 12/31 - 1/2

Visit [alkathonsmc.org](http://alkathonsmc.org) to sign up  
your group and to volunteer!!!!

## KEEP IT SIMPLE GROUP



### Twenty Second Annual

### "SUPER FUN" INDIAN SUMMER CELEBRATION"

Potluck (Bring a Dish), BBQ, Fun & Games (everyone wins), Speaker Meeting  
Super Fun People! Bring a newcomer, old-timer or just bring yourself!  
"We absolutely insist on enjoying life"!!!

### Come join us in the Fellowship of the Spirit!

Our Guest Speaker: Mike S. from Daly City, CA sharing 44 Years of  
Experience, Strength & Hope

Orange Memorial Park (Picnic Area #4)

11 am until 5pm

Memorial Drive

Saturday, October 10th, 2026

South San Francisco, CA

Speaker Meeting at 2pm

# TRUSTED SERVANTS WORKSHOP

FOR

SECRETARIES-TREASURERS-LITERATURE PERSONS

*PRESENTED BY SAN MATEO A.A. CENTRAL OFFICE*

HANDOUT MATERIAL WILL BE PROVIDED TO ALL ATTENDEES

**SATURDAY – OCTOBER 24, 2026 1:00PM-3:00PM**

**WEST BAY ALANO CLUB**

216 MOSSWOOD WAY. SO. SAN FRANCISCO

**SATURDAY – OCTOBER 31, 2026 1:15 PM-3:15PM**

**SAN CARLOS PENINSULA FELLOWSHIP**

1133 EATON AVE., SAN CARLOS

FOR FURTHER INFORMATION ON THESE WORKSHOPS, CONTACT THE CENTRAL OFFICE

## **MEDITATION (Answer Key)**

1. OHANYMR HARMONY
2. PLECEFUA PEACEFUL
3. EIRSTNEY SERENITY
4. CIMUS MUSIC
5. TNREUA NATURE
6. FIDSEMSNLUN MINDFULNESS
7. FTILENCERO REFLECTION
8. LNIMOTCAETNOP CONTEMPLATION
9. UITQE QUIET
10. DNRGOIPNE PONDERING

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## STEP NINE



### A Second Chance

When I was first advised that I needed to put AA ahead of my children's activities and family events, that going to an AA meeting was "more important" than going to my son's soccer game, I thought, No, I can't do that. The kids will be so disappointed if I'm not there. I had believed that I was doing a good job of hiding my drinking from my children. But the truth was I had become an embarrassment to my children. They didn't know if I was going to smell like alcohol, stumble in the stands or cheer too loudly from the sidelines. By the time I truly surrendered to this disease, my children had lost all respect and wanted nothing to do with me.

The amount I drank at my children's activities evolved slowly as my disease tightened its grip. It began with sharing a bottle of wine with other parents at out-of-town events. It progressed to making sure that I hung out with the other parents who I knew drank, who wouldn't judge me for ordering a glass of wine at team mealtimes or for bringing my own vodka to my hotel room. But my disease kept progressing and in the end, I found myself hiding my liquor. I would sit in my car on the hill above the soccer field so I could drink and wait for my son to drive us home.

The bottom came for me three months after I had walked into my first AA meeting. I had not been successful with staying sober for more than a week or two at a time because I was working the program "my way." I wasn't doing the Steps or calling my sponsor. My bottom was ugly. I humiliated myself and my family by my drunken actions at Mardi Gras. I ended up in treatment and came to realize that I could not stay sober without the help of the program. It took a few weeks, but I finally surrendered. I became willing to make AA and sobriety my number one priority, placing it even above my children.

I learned that my kids would prefer to have neither of their parents at their extracurricular events as opposed to a drunk parent. I realized that I had not been successful in hiding my drinking from them, that I had hurt them and that they didn't trust me. I had ruined my relationships with them. They cut me out of their lives even as I gained some sobriety. I missed almost all my children's activities for the first nine months of my sobriety because I went from treatment to a half-way house more than 250 miles away. During this time however, I immersed myself in my program. I followed the directions of my sponsor and therapist. I trusted the oldtimers who promised me that all I needed to do was "work the Steps and do the next right thing" and that eventually my kids would want me to be a part of their lives again. At times I wasn't sure there was any hope. I wanted to give up, but I saw other families experience healing. I wanted what they had, and I had no choice other than to trust my more-experienced peers.

About a year into my sobriety, a pivotal opportunity came when my son, who was a rising senior in high school, asked me to take him on a road trip to look at several colleges. The trip was successful even though we spent many long hours in silence in the car. I honored his desire to not talk about any of our "issues"—neither my drinking nor my sobriety. This trip led to others and I worked on making living amends to him. Our relationship began to grow. It was a slow and painful process for both of us, but each trip brought us a little closer.

It took over a year for any of my children to want to spend time with me—a full year. And that was just for the first child. To fully regain the trust and respect of all four of my children took almost four years. Today I know that nothing is more important to my children than my sobriety. I know that no amount of volunteering, cheering or being the "team mom" will matter if I am not sober. I've made amends and worked the Ninth Step with each of them. I'm so grateful for this second chance with my children. Our relationships still have their challenges, but with the help of the program and my peers I am better prepared for all these milestones. I know that I would have none of this if it weren't for AA.

**By: Janice D. | Daphne, Alabama**

## MESSAGE FROM GENERAL SERVICE

Hello District 05, San Mateo:

Thank you to everyone who attended the August 8, 2026, CNCA06 summer assembly at the American Legion Hall in Redwood City. Dinner the night before (Friday August 7) was held at St. Bedes Church in Menlo Park. What a wonderful event! A great opportunity to get to know our fellows, plus the dinner (Lasagna, salad, bread and dessert) was terrific. Thank you to all who made this event possible.

Saturday August 8, 2026, was the actual assembly. Here are the highlights:

1. Old Business. That CNCA submit to the General Service Conference a motion to change the phrase "Power greater than themselves" from page 165 of the Plain Language Big Book back to the original phrase "unsuspected inner resource" from page 567 of the "Spiritual Experience" in the original Big Book — *Presented by District 11 Napa*

**Background:** The motion originates with Napa's Freethinkers Group. The original line — that members find they have tapped an unsuspected inner resource — was rendered in the Plain Language Big Book as a Power greater than themselves having helped them make the change. The group holds that this alters the original meaning and removes one of the few passages in the Big Book aligned with the experience of atheists and agnostics. Those in favor call the phrase one of the most inclusive in A.A. and note the PLBB was presented as a living document open to revision. Those opposed argue that "unsuspected inner resource" is not plain language and so works against the book's purpose, that the original wording remains available in the Big Book, and that any revisions should be considered together rather than one phrase at a time. (This background provided by Sam Gipson, San Francisco, District 06.)

**Result:** After discussion, the results of the the first vote were to return to the original BB language, "Unsuspected inner resource." After a minority opinion was called for, discussion followed that agnostics and atheists might not understand "unsuspected inner resource" and many agnostics and atheists had volunteered that the Plain Language version "Power Greater Than Themselves" allowed them to join the program as it was more specific. A third vote was taken, where the motion did not pass, and it will be considered again at the pre-conference assembly. After discussion and voting there, if it passes — it will become an agenda topic.

2. New Business: That a piece of literature be created in English, Spanish and French with culturally diverse stories of experience, strength and hope to support families in sobriety while navigating the responsibilities of parenthood and care-giving. --- Presented by District 12 Sonoma County

**Background:** This request for a Proposed Agenda Item came from a DCM who raised two children alone while in recovery. A District Accessibilities Committee survey found strong member support for childcare at meetings despite insurance and liability challenges, and the motion-maker found no unified A.A.W.S. literature addressing families in sobriety. Accounts gathered from grandparents, single fathers, and couples pointed to a need for literature on balancing family obligations with recovery, meeting attendance, and service. The motion passed with substantial unanimity at sub-district and district levels before reaching the Area. (Background information provided by Sam Gipson, San Francisco District 06.)

Please bring these topics to your groups, and if your group has any viewpoints that you would like to share, please pass your thoughts on to Susan Clancy, see contact info below.

3. Saturday October 3, 2026. CENTRAL OFFICE PARTY, San Mateo County Fairgrounds. Most enjoyable event, with catered dinner, terrific speaker and many info tables plus silent auction, games and fellowship. If you would like to volunteer, please contact Trish, party at 650-392-5374. Entsm1@pacbell.net

In service,  
Susan Clancy, CNCA06  
District 05, DCMC San Mateo  
650-515-0950, Susanclancy5@gmail.com

## Central Office Delegates Meeting Minutes – Tuesday, August 11, 2026

Jan M., opened Delegates Meeting- 7:30 pm & closed- 8:00 pm; 12 Traditions: Steve L Responsibility Statement: Gordon L  
 New Delegates: Robert H—Any Lengths; Erie M—Foster City Living Sober; Wanda; M—Sequoia Recovery Group  
 AA Birthdays: none; Minutes—Approved. Financial Report—Approved.

### SERVICE COMMITTEE REPORTS:

#### BTG- Bridging the Gap – Alex O.

No report this month.

#### General Service Liaison - Dave C.

- Our District 05 monthly business meeting was July 21, 2026, with 25 representatives.
- Summer Assembly was August 8, 2026, with representatives from Monterey county to the Oregon border. At the Assembly there were three sharing sessions:
  - The Big Book, A Sacred or Living Text? — The conference has decided to remove a culturally sensitive word from the chapter, “Working with Others”, page 101, the word, Eskimo appears and will be changed to person.
  - Grapevine/La Vina writing workshop.
- How much reserve is enough? — Exploring warranty 2 of Concept 12. The reason is that the current prudent reserve is below 5 months. Should it be between 9 & 12 months?
- In old business CNCA06 voted to change the phrase, “power greater than themselves” from p. 165 of the PLBB back to its original phrase “unsuspected inner resource” from p. 567, Spiritual Experience in the Big Book.
- In new business, there was a motion to create literature with diverse stories that support families navigating recovery and the responsibilities of parenthood.
- CNCA06 technology chair Meg B. spoke of the upcoming National AA technology workshop, September 11-13, 2026, in Concord.

#### H & I – Matheas H.

Three service opportunities to highlight:

- Project WeHOPE in East Palo Alto desperately needs volunteers on Tuesdays @ 5:30pm. They currently have about half as many volunteers as they need, so please keep spreading the word.
- RWC Men’s Jails has openings—New Requirements: 3 Years Sobriety and 3 Years Off Probation (down from 5 Years)
- Desperately seeking Men for Spanish Speaking meetings in RWC Men’s Jails—New Requirements: 3 Years Sobriety and 3 Years Off Probation (down from 5 Years)

Ways to learn more about additional openings and opportunities:

- Upcoming H&I Orientation and Business Meetings: August 25, September 22, October 22
  - Orientation @ 6:15—7:00pm || Business Meeting @ 7:00—8:00 pm
  - Location: Central Peninsula Church, 1005 Shell Blvd, Foster City
- Monthly emails that are sent out for H&I Updates and reminders. If you’d like to be included on those emails (or if you have any questions regarding H&I please reach out to hicsmcsecretary@gmail.com.

#### PENYPAA – Brooke M.

No report this month.

#### PI-CPC- (New Name: Public Information Committee) – Brend M. (for Toni A.)

- Our August Public Information Committee business meeting was held just prior to this meeting. Tim C from east-bay Public Information was our guest speaker. Tim went over suggestions on how to approach the professional community with the message of AA, Tim also described how they use artificial intelligence to locate facility contacts and to generate cover letters.
- We have several events coming up, first is an information table we are co-hosting with PENYPAA at Foster City Summer Days August 15th and 16th. The booth will be staffed from 11am to 5pm both days. Please come by to say hi and show the public we are not a gum lot. Caution there will be squirt guns, dress accordingly.

- We have events coming up in September as it is National Recovery Month and we will be at several events associated with that. San Mateo county community colleges. Skyline, Canada and CSM, health fairs are in October so stay tuned as we continue our efforts to carry the message.
- Our next Business meeting will be September 8th in an online only format <https://us02web.zoom.us/j/84178773337>  
Meeting ID: 841 7877 3337

**Alkathon – Brent M.**

- Randy V is the new chairperson for the Alkathon, and Eilish is the new communications chair
- The Website is now active for volunteers to begin signing up to help make this year's Alkathon a success.
- More details will be coming soon.

**Trusted Servants Workshops – Bob M.**

- The next Trusted Servants Workshops:
  - Saturday, October 24th at the West Bay Alano Club 1:00-2:00
  - Saturday, October 31st at the San Carlos Peninsula Fellowship.
- Look for more details to come out soon.

**Advisory Committee – Janice C.**

- The advisory committee recommends that our annual officers election meeting be changed from January to December. In January, new delegates have less familiarity with the meetings. Moving the elections to December gives them a year's experience as a delegate.
  - This action requires an amendment to the Bylaws with the delegates' approval. We delegates will consider this change over the next month and vote at the September meeting. The amended Bylaws would be in place for 2027 elections to be held in December 2026.
- Upon recommendation from the Treasurer, the committee recommends that \$30,000 be moved from the Fellowship's checking account and placed into 2 CDs within the Prudent Reserve. This will leave \$50,000 in the checking account for expenses and bring the Prudent Reserve to a total of \$110,000.

**Teleservice -Don C.**

- Shifts available, one shift per month, 4 hrs. during daytime or 8 hrs. if doing an overnight shift.
- Contact Don at [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com) or call Central Office at 650-577-1310.

**Anniversary Party –Trish E.**

- The Central Office Anniversary party is scheduled for Saturday, October 3 at the San Mateo County Event Center. Doors open at 3 pm.
- The upcoming committee meetings are via zoom on 9/3/26 and 9/18/26 at 6:30 pm. Zoom meeting ID: 825 1613 6372.
- We would appreciate groups donate themed gift baskets or smaller items like gift cards (Starbucks, Home Depot) that you maybe haven't used, services like haircuts or new items that could be raffled off.
- Please bring them to the Central Office by September 25th.
- Please email Trish at [AAsmparty@gmail.com](mailto:AAsmparty@gmail.com) if you have questions.

**Central Office Report - Don C.**

**STATS FOR JULY 2026:** 12 STEP CALLS – 1; OFFICE VISITS – 54; PHONE INFO - 82

**OTHER:**

- Don return to the office of August 24th with his new knee! Thanks to Steve L and all the volunteers for doing a great job keeping the place running.
- Please stop by the office to pick up a book of raffle tickets to sell. Last year raffle tickets sales were low, and we are aiming to get more people out there selling tickets this year. Same as last year, you get one free ticket for every book of 10 tickets that you sell.
- Delegates: To have the High Sobriety Newsletter mailed to you each month, please send an email with your name, address, and the group you represent to [aasanmateo@gmail.com](mailto:aasanmateo@gmail.com).

**Next Meeting:** Tuesday, Sept. 8 at 7:30 pm

**FINANCIAL REPORT****August 2026**

|                              | <u>AUG</u>        | <u>Total YTD</u>  |                                 | <u>AUG</u>        | <u>Total YTD</u>  |
|------------------------------|-------------------|-------------------|---------------------------------|-------------------|-------------------|
| <b>Income</b>                |                   |                   | <b>Operating Expenses</b>       |                   |                   |
| Birthday Club Contributions  | 0.00              | 254.07            | Accounting Services             | 123.00            | 3,669.00          |
| Book sales                   | 1,649.43          | 10,551.20         | Books Purchased                 | 673.60            | 9,342.65          |
| Central Office Annual Party  | 1,100.00          | 3,340.00          | Chips                           | 221.35            | 1,481.90          |
| Chip sales                   | 235.81            | 2,355.43          | Central Office Annual Pa        | 641.11            | 5,432.78          |
| Delegates Collection         | 0.00              | 0.00              | Central Office Insurance        | 164.75            | 1,338.00          |
| Faithful Fivers              | 395.63            | 3,253.55          | Credit Card Charges             | 43.79             | 348.33            |
| Group Contributions          | 4,669.87          | 78,603.71         | Employee Insurance              | 311.90            | 2,459.40          |
| High Sobriety Subscriptions  | 0.00              | 56.00             | Miscellaneous                   | 0.00              | 357.52            |
| In Memoriam                  | 0.00              | 10,000.00         | Office Equipment Lease          | 302.79            | 2,713.87          |
| Individual Contributions     | 106.49            | 18,048.93         | Office supplies                 | 78.30             | 852.75            |
| Interest Income              | 0.00              | 0.00              | Outside Services                | 0.00              | 0.00              |
| Other (Comcast refund)       | 0.00              | 0.00              | Postage                         | 437.86            | 803.00            |
| Printing                     | 0.00              | 20.00             | Rent                            | 1,501.00          | 12,008.00         |
| Sales Tax on Books & Chips   | 201.36            | 1,378.52          | Salaries                        | 3,165.25          | 41,010.48         |
| Misc. Refund                 | 0.00              | 526.52            | Sales Tax on books              | 474.37            | 1,473.37          |
|                              |                   | 0.00              | Taxes (Payroll)                 | 1,168.91          | 15,039.91         |
| <b>Total Income</b>          | <b>8,358.59</b>   | <b>128,387.93</b> | Telephone & Tech                | 266.95            | 1,833.47          |
|                              |                   |                   | Teleservice                     | 0.00              | 392.02            |
|                              |                   |                   | Travel Expenses                 | 0.00              | 768.76            |
| <b>Less Expenses</b>         | <b>9,574.93</b>   | <b>101,325.21</b> |                                 |                   |                   |
| <b>Net Income (loss)</b>     | <b>(1,216.34)</b> | <b>27,062.72</b>  |                                 |                   |                   |
| <b>Starting Balance</b>      |                   | <b>80,323.67</b>  |                                 |                   |                   |
| <b>Plus Net Income/Loss</b>  |                   | <b>-1,216.34</b>  |                                 |                   |                   |
| <b>Ending Balance</b>        |                   | <b>79,107.33</b>  | <b>Total Operating Expenses</b> | <b>9,574.93</b>   | <b>101,325.21</b> |
| <b>TOTAL PRUDENT RESERVE</b> |                   | <b>81,635.12</b>  | <b>Net Income (loss)</b>        | <b>(1,216.34)</b> | <b>27,062.72</b>  |
| <b>TOTAL CASH POSITION</b>   |                   | <b>160,742.45</b> | <b>2026 Year-to-Date Summ</b>   |                   |                   |
|                              |                   |                   | Year-to-Date Income             |                   | 128,387.93        |
|                              |                   |                   | Year-to-Date Expenses           |                   | 101,325.21        |
|                              |                   |                   | Year-to-Date Net Inc(Deficit)   |                   | 27,062.72         |

## GROUP CONTRIBUTIONS

### AUGUST 2026

| ATHERTON                      | AUG    | YTD      | MENLO PARK                           | AUG    | YTD      | SAN BRUNO                     | AUG    | YTD      | Zoom                             | AUG   | YTD    |
|-------------------------------|--------|----------|--------------------------------------|--------|----------|-------------------------------|--------|----------|----------------------------------|-------|--------|
| Horses Ass                    |        | 840.00   | Atherton AA                          |        | 377.36   | 12 Step Study Grp (Thurs)     |        | 58.32    | 12 & 12 @ 12 SM                  |       | 25.00  |
| Sunday Spirituality           |        | 99.52    | Atherton Grp Wed Noon                | 520.00 | 846.22   | Big Book Study Fri (5pm)      | 16.57  | 353.53   | 7AM Coastside Meet.M.F           |       | 657.24 |
|                               |        |          | Beginners Menlo Park                 |        | 344.40   | Come as You Are               |        | 864.47   | 7AM Wake Up Group WBAC           | 20.00 | 454.00 |
| <b>BELMONT</b>                |        |          | Cottonmouth                          |        | 769.00   | Early Enders                  |        | 168.19   | Back to the World Group BUR      |       | 221.54 |
| Belmont Tues. Noon Group      | 25.00  | 298.16   | Fri. Noon Women's                    |        | 1,648.46 | Experience, Strength, Hope    | 48.71  | 298.05   | BB 103 North FC                  | 30.00 | 215.00 |
| Day At a Time                 | 5.00   | 179.90   | Menlo Park Men's Group               |        | 492.00   | Grupo Serenidad               |        | 120.00   | Belmont Tues. Noon Group         | 5.00  | 243.76 |
| Sunday Sundowners             | 4.00   | 836.55   | Menlo Weds Women's Grp               |        | 704.47   | Living Sober/ HH (Tues)       |        | 319.75   | Bookies SC                       |       | 50.00  |
|                               |        |          | Plain Language BB Study Mon Noon     |        | 187.20   | Spkr/Disc. Happy Hour(Mon)    |        | 1,021.47 | Broken Elevator Thurs. RWC       |       | 30.00  |
| <b>BRISBANE</b>               |        |          | Sat Morning Sandhill                 |        | 2,764.06 |                               |        |          | Chips Ahoy PV                    |       | 436.46 |
| Brisbane Breakfast            |        | 240.00   | Sat Sunrise Grp MP 7:30              |        | 2,247.40 | <b>SAN CARLOS</b>             |        |          | Friday Noon Big Book FC          |       | 70.00  |
|                               |        |          | Women's 12-Step Thu Noon             |        | 341.90   | Provid Men's Meeting          |        | 95.50    | Men's R4D Big Book MP            |       | 143.52 |
| <b>BURLINGAME</b>             |        |          |                                      |        |          | SCPF- all meetings            | 11.25  | 1,912.47 | Morning Serenity Zoom            | 9.31  | 9.31   |
| Anson Group                   | 83.40  | 628.50   | <b>MILLBRAE</b>                      |        | 436.00   | Sober Sundays                 | 57.20  | 449.00   | Off Broadway Beginners Mtg SM    |       | 265.14 |
|                               |        |          | Sobriety in the Park                 | 194.00 |          |                               |        |          | Sat. Morning Eye-Opener HMB      |       | 90.64  |
| Any Length                    |        | 749.77   |                                      |        |          | <b>SAN MATEO</b>              |        |          | S.C. Awareness Group SC          | 2.00  | 79.00  |
| Burlingame Men's Grp          |        | 232.80   | <b>Misc</b>                          |        |          | Bunker Young People           |        | 524.93   | The Old & the New FC             |       | 125.00 |
| Burlingame Noon Men's Grp     |        | 903.00   | 2026 AA Campout                      | 400.00 | 400.00   | Fireside Group                | 75.37  | 592.64   | The Sewer Group RWC              |       | 80.00  |
| Courage to Change             |        | 259.00   | Gratitude Night Coastside            |        | 800.00   | Highlanders Grp.              |        | 421.25   | Walter & Bobs HH MP              |       | 20.00  |
| Ham & Eggers                  | 5.00   | 3,399.81 | HMB Talent Show                      |        | 80.00    | Joy of Living                 |        | 350.09   | Women's Candlelight Grp PAC      |       | 2.00   |
| Hillsborough Men's Group      | 260.00 | 630.00   | PENYPA                               |        | 64.20    | Lunch Bunch                   |        | 402.73   | Women's Celebrate Being Alive SM |       | 94.02  |
| Peninsula Prime Time          |        | 20.00    |                                      |        |          | Mid Peninsula Women           |        | 783.83   | Women's Sharing Choices          |       | 268.00 |
| Saturday Nite Spkr/Disc.      |        | 863.56   | <b>PACIFICA</b>                      |        |          | Monday Night Men's 6:30       |        | 400.02   | Women who wear shoes PAC         |       | 197.00 |
| Senior Focus Group            | 267.22 | 786.04   | 12 @ 6 Group                         |        | 200.13   | Morning Serenity (All)        |        | 8,954.40 |                                  |       |        |
| Tuesday Nite Group            |        | 792.90   | 12 Noon Disc. (Mon)                  |        | 44.10    | New Tuesday Nite Beginner     |        | 144.09   |                                  |       |        |
|                               |        |          |                                      |        |          | San Mateo Forum               |        | 457.22   |                                  |       |        |
| <b>FOSTER CITY</b>            |        |          | As Bill Sees It (Sat)                |        | 120.07   | The Forum Group               | 337.00 | 1,746.00 |                                  |       |        |
| FC Men's Sharing Group        |        | 709.98   | B.Y.O.B. Group Thurs Noon            |        | 505.28   | Wednesday Afternoon Group     | 79.00  | 779.25   |                                  |       |        |
| FC Women's Pop Up Gazebo      |        | 843.86   | Discussion Group Fri Library         |        | 120.00   | Women's Home Grp (travelling) | 481.32 | 1,232.02 |                                  |       |        |
| Happy Joyous and Free         |        | 217.94   | Fri Discussion Noon Baptist          | 20.00  | 321.69   | <b>SOUTH S.F.</b>             |        |          |                                  |       |        |
| Living Sober Groups Live      |        | 871.81   | Friday Night Lights Women's Big Book | 202.00 | 381.40   | Keep It Simple                | 75.64  | 305.16   |                                  |       |        |
| Foster City Women (Sat)       |        | 100.04   | New Comers & Old Timers              |        | 257.00   |                               |        |          |                                  |       |        |
| Study the Text Group          |        | 400.26   | Noon Pacifica Discussion (Mon,Weds)  |        | 322.46   | Midway Group                  |        | 140.05   |                                  |       |        |
|                               |        |          | Pacific Live Wake Up                 | 120.00 | 1,214.35 | New Beginnings Women          |        | 322.92   |                                  |       |        |
| <b>HALF MOON BAY</b>          |        |          | Pacific Men's Group                  | 147.00 | 382.00   | South City Womens             |        | 436.00   |                                  |       |        |
| 3rd & 11th Step               |        | 155.65   | Page 133 Group                       |        | 352.35   |                               |        |          |                                  |       |        |
| 7 Miles South                 | 183.40 | 488.60   | Pedro Valley Pacifica                |        | 1,074.81 | <b>WESTBAY ALANO</b>          |        |          |                                  |       |        |
| 777 Miramontes Noon Meet.M,W  | 176.86 | 496.86   | Serenity in Pacifica                 |        | 443.12   | Back to Basics                |        | 120.00   |                                  |       |        |
| Coastside Big Book Study      |        | 460.18   | Sharp Park 3rd & 11th Step           |        | 50.44    | Brown Baggers Meditation      |        | 60.00    |                                  |       |        |
| Coastside Serenity Group M-F  | 349.79 | 2,156.52 | Sharp Park Joe & Charlie BB Study    |        | 310.68   | Colma Eye Opener              |        | 876.94   |                                  |       |        |
| Coastside Talkers             |        | 244.64   | Sun Daily Reflections (Beach Mtg)    | 132.80 | 484.32   | Early Birds 12 X 12 (Fri)     |        | 120.00   |                                  |       |        |
| Coastside Young People        |        | 840.00   | Thursday Noon Disc Baptist           |        | 335.00   | Men's No 85 Meeting (Mon)     |        | 240.00   |                                  |       |        |
| Daily Reflections Women       |        | 3.00     | Tuesday Noon Disc Baptist            |        | 282.41   | Oyster Point Discussion       |        | 124.00   |                                  |       |        |
| Emotional Sobriety Book Study |        | 353.02   |                                      |        |          | Steppingstones                |        | 120.00   |                                  |       |        |
| Great Out Doors Sat, Sun      |        | 1,781.18 |                                      |        |          | Tues 7am Big Book             |        | 295.90   |                                  |       |        |
| HMB Happy Hour Group          |        | 170.22   | Women's Big Book Study               | 205.53 | 720.67   | Weds High Noon                |        | 10.50    |                                  |       |        |
| HMB Thurs Womens BB           |        | 446.42   | <b>PORTOLA VALLEY</b>                |        |          | West Bay All Groups           |        | 3.00     |                                  |       |        |
| Last Barn on the Block        |        | 138.00   | Ladera Mon Nite Group                |        | 979.61   | West Bay Alkathon 2026        |        | 230.00   |                                  |       |        |
| Thursday Night Men's Group    |        | 560.74   | Portola Valley 11th Step             |        | 1,272.65 | West Bay Memorial Day & 4th   | 120.00 | 120.00   |                                  |       |        |
| Womens 12th Step Tues         |        | 450.32   |                                      |        |          | Women's Happy Hour            |        | 31.10    |                                  |       |        |
| <b>REDWOOD CITY</b>           |        |          |                                      |        |          |                               |        |          |                                  |       |        |
| <b>LA HONDA</b>               |        |          | Don't Drink Group                    |        | 623.57   |                               |        |          |                                  |       |        |
| La Honda Group (Thurs)        |        | 322.00   | San Carlos Beginners                 |        | 155.00   |                               |        |          |                                  |       |        |
|                               |        |          | Sequoia Recovery Grp                 |        | 205.05   |                               |        |          |                                  |       |        |
|                               |        |          | Thumpers                             | 0.50   | 288.85   |                               |        |          |                                  |       |        |
|                               |        |          | Wed. Woodside Meeting                |        | 1,188.86 |                               |        |          |                                  |       |        |

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