

HIGH SOBRIETY

2215 S. El Camino Real, Suite 204
San Mateo, CA 94403

Monthly newsletter of the
SAN MATEO COUNTY FELLOWSHIP
OF AA

650-577-1310
aasanmateo.org
aasanmateo@gmail.com

October 2026

SMC Fellowship News October 2026



**“Autumn is the season that teaches us
that change can be beautiful.”
– Unknown**

STEP TEN

*“Continued to take personal inventory and when
we were wrong promptly admitted it.”*

**If you could kick the person in the pants
responsible for most of your trouble, you
wouldn't sit for a month.
– Theodore Roosevelt**

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Reminder: If sending checks to Central Office,
please make sure they are payable as follows:
"San Mateo County Fellowship," and note what
the donation is for in the memo line. Thanks

Central Office is now accepting Zelle. You can
pay through Zelle to our email
aasanmateo@gmail.com.

Trusted Servants Workshops will be held this
month on October 24 and October 31. These
workshops focus on service at the group level –
meeting secretary, treasurer or literature person.
For more information, see page 3.

There are plenty of other service opportunities as
well. Please see the Minutes or the Central
Office Website for more information.

Monthly Service Committee Meetings

BRIDGING THE GAP	Oct. 5, 7:30 p.m on Zoom Meeting ID: 850 1740 9368
DELEGATES TO CENTRAL OFFICE	Oct. 13, 7:30 pm on Zoom Meeting ID: 812 5236 9897, To phone in: +1-669-900-6833
PUBLIC INFORMATION	Oct. 13, 6:00 pm on Zoom Meeting ID: 841 3337 7877
GENERAL SERVICE	Oct. 20, on Zoom, 7:00 orientation/concept study, 7:30 pm business meeting Meeting ID: 820 5231 8278
H&I (Hospitals & Institutions)	Oct. 27, 6:45 orientation; 7:30 p.m. business meeting (New Time) Central Peninsula Church, 1005 Shell Blvd. Foster City (Student Room)
PENYPAA (Peninsula Young People in AA) Oct. 11 and Oct. 25 at 5: 30 p.m., Central Peninsula Church, 1005 Shell Blvd. Foster City	

UPCOMING EVENTS

Brisbane Breakfast Bunch

Invites You to Our

REGULAR A.A. MEEING
At the community center
(Under old library)

250 Visitacion Avenue
Brisbane CA 94005

each Sunday, at
11:00 a.m. for an A.A. meeting
and 10:45 for arms' length

October 2026 Speakers:

October 4 - McKenzie - Franciscan noon

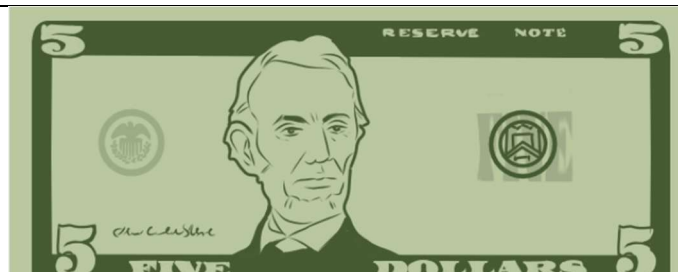
October 11 - Brenda

October 18 - James

October 25 - Tony

Become a Faithful Fiver!

Pledge \$5 per month (or more) to support Central Office. You can pay monthly, quarterly or annually. Your personal contributions make our vital services possible. Call 650/577-1310 or stop by Central Office to enroll. All fivers receive a copy of High Sobriety!



KEEP IT SIMPLE GROUP



Twenty Second Annual

"SUPER FUN" INDIAN SUMMER CELEBRATION

Potluck (Bring a Dish), BBQ, Fun & Games (everyone wins), Speaker Meeting
Super Fun People! Bring a newcomer, old-timer or just bring yourself!
"We absolutely insist on enjoying life"!!!

Come join us in the Fellowship of the Spirit!

Our Guest Speaker: Mike S. from Daly City, CA sharing 44 Years of
Experience, Strength & Hope

Orange Memorial Park (Picnic Area #4)

11 am until 5pm

Memorial Drive

Saturday, October 10th, 2026

South San Francisco, CA

Speaker Meeting at 2pm

TRUSTED SERVANTS WORKSHOP

FOR

SECRETARIES-TREASURERS-LITERATURE PERSONS

PRESENTED BY SAN MATEO A.A. CENTRAL OFFICE

HANDOUT MATERIAL WILL BE PROVIDED TO ALL ATTENDEES

SATURDAY – OCTOBER 24, 2026 1:00PM-3:00PM

WEST BAY ALANO CLUB

216 MOSSWOOD WAY. SO. SAN FRANCISCO

SATURDAY – OCTOBER 31, 2026 1:15 PM-3:15PM

SAN CARLOS PENINSULA FELLOWSHIP

1133 EATON AVE., SAN CARLOS

FOR FURTHER INFORMATION ON THESE WORKSHOPS, CONTACT THE CENTRAL OFFICE

Halloween at The WBAC



West Bay Alano Club, 216 Mosswood Way, SSF

AA Speaker & Spookgetti Feast Saturday, October 31

🎃 1PM Speaker

🎃 2PM Spaghetti lunch— includes sides, dessert
& beverage - served till sold out

50/50 raffle

\$15 suggested donation**

**Club members in good standing eat free! Join or renew your

THREE LEGACIES CONFERENCE

NOVEMBER 6-7, 2026

HOPE Center Church, 2275 Morello Ave.

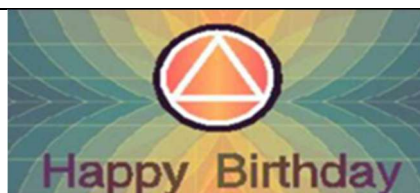
Pleasant Hill, CA

www.3legacyconference.org



"Each person carries within himself the world in which he must live."

Grapevine – June 1981



Serenity Prayer	Ralph	49yrs	Pacifica
Jim S		64yrs	San Mateo

If you'd like to your birthday listed in High Sobriety (some members contribute an amount for each year of sobriety), please send your donation, with your name and city, number of years of sobriety, sobriety date, and phone number (optional) to Central Office.

THE GHOSTS OF HALLOWEEN PAST



Every October, I think about ghosts. They are happy ghosts, most of them, wispy memories of holidays and joyful times. When the first gusts of fall come, I'm uplifted, amazed by a world as beautiful today as it was in my youth.

It has not always been so. For the past 10 years, my thoughts have been in a darker place. But this October, I awoke with a mind clear as air, my senses heightened, the sight, the smell, the feel of everything wonderfully intensified. It's hard to explain the depths of depression that accompany alcoholism to someone who has never experienced the lethargy, the hopelessness. It's a world where the laundry goes unfolded, the cats unfed, a world where even the slightest movement is a chore. Unless someone else performs them, the rituals that celebrate the seasons go undone. The Thanksgiving turkey goes uncooked, and the Christmas tree stays in its box, the ornaments unhung.

As for the Halloween decorations—the jack-o'-lanterns and my personal favorite, the ghost decorations for the yard, they remain in a box at the top of a closet, waiting.

There are four ghosts in there, cloaked in sheer white polyester with lighted heads that change color and bendable arms made of foam. They remind me of everything I love about Halloween—the thrill of the paranormal, the mystery of the unknown, the joy of giving candy to strangers and seeing them smile. Most of all, they remind me of my children playing in the yard. Every year, come Halloween my ghosts welcomed trick or treaters to our door, until one October 10 years ago when they didn't. The box became too heavy and the shelf much too high to reach. And so, the task of putting them up went undone,

Little by little, it became too much trouble to put them out. They became flimsy and old, difficult to move when it came time to cut the grass. They were, in my husband's words, "a pain in the rear end," and he was right. Over time, those words became true for everything. Everything was just too much trouble because we lived beneath a 10-ton cloud filled with alcohol. Even though I was the only one drinking, it touched us both. Card-carrying alcoholic that I am, I blamed him for it unjustly. I blamed him for everything—the fact that the ghosts no longer appeared in my yard like October magic, the fact that the joy had gone out of my life. The magic was gone. Over time, my ambitions withered at my feet as I stood watching, drink in hand.

After a year or two, the children quit asking to put the ghosts out. It did not take long for them to feel my lethargy, a force-field holding us all fast to the ground. Over time, it just didn't matter. It was only Halloween, after all.

But this year, things were different. I was in AA now. After a few months of real sobriety, the 10-ton cloud began to disperse. I began to feel again and to feel like doing things again. Come October, the dust on the box at the top of the closet began to stir, along with my memories of the ghosts themselves, their smiles frozen beneath wisps of fabric.

I began to see the ghosts as something greater, the physical manifestation of an intense desire to change. Why did I feel it necessary for my husband to be the one to get the ball rolling? Couldn't I be the one to get things started for a change? This year the children were no longer children but young men. It was nothing for them now to scale the closet shelves in search of a box as light as air. All it would take was my request. And so, the ghosts came out.

The box opened to reveal the passage of time. The flimsy plastic stakes were now cracked and brittle, the switches for the lights corroded with age. But at the top of each ghost's head was something I had never noticed before, a

clear plastic filament from which they could be hung. Hung. From the trees. From the tulip poplar, now a 30-foot-tall tree.

But what about ghosts to display in the yard? Back home, my kitchen became a workstation, and my kids were suddenly curious. "Whatcha' doin,' Mom?" they asked. It had been a while since they'd seen me doing anything, and with a smile on my face at that. And lo and behold, they wanted to help. My oldest drew ghost faces with a permanent marker while my youngest taped trash bag bodies to a frame. They even complimented each other. "This is awesome," they said. And it was.

We carried the ghosts to the yard in the late afternoon light and arranged them in a circle. It reminded me of the circle we form at the end of every AA meeting at my home group when we say the Lord's Prayer. And I wondered just for a moment if the ghosts were not really ghosts but angels, waiting for wings. Telling my sons to stand side by side, I took a picture. I wanted proof of this moment. I wanted the memory made real.

Just then, my husband came downstairs from his office. He had been working all day and had missed the commotion. "What's that?" he asked. "Ghosts," I replied. "We made them." He looked at me and smiled. "You made them? Really? Wow," he said. "You like them?" I asked. "Yeah, I love them," he replied, "They look ... they look great." He crossed the yard to give me a hug. It was a hug from 20 years earlier, long and strong and warm.

In a few days, there'll be a turkey to cook and a tree to assemble, ornaments to sort through, blessings to be said. There'll be presents to wrap and put under the tree, not in a last-minute rush, but slowly, lovingly, well before Christmas day. This year life will happen, and I will remember it. I will be there—body, mind and spirit—when the gifts are opened and the memories are made. But this year the greatest gift won't be opened or held or even seen. This year time itself is the gift and God the giver.

Because of AA I have been given back my life, myself, my soul. I've been given days yet to come and memories to mark them, moments in time solely my own. I've been given one more chance to set things right, a chance to make peace with the past and make way for the future. A chance, at last, to see things not as they were, but as they are, blue skies that are limitless and ghosts that are angels after all.

By: Jill R. | Tyler, Texas

MESSAGE FROM GENERAL SERVICE

Hello District 05 San Mateo:

Thank you to everyone who attended the Central Office Party October 3, 2026 at the San Mateo Fairgrounds Event Center, Cypress Hall. We had a wonderful party with a most enjoyable dinner (thank you Susan D and friends), soothing music that allowed for conversation (thank you Dave C.), and silent auction plus raffle. Someone won the trip for two to the Big Island in Hawaii, to attend the annual Big Island Bash. This prize included flight, hotel and registration. Wow. Our decor (thank you Joy M.) focused on black and orange balloons, carved pumpkins etc., due to proximity of Halloween. The cake was delicious (thank you Virginia S. And Clara C. for collecting from Costco, and serving).

Many people contributed to this year's success, plus we had a most interesting speaker (thank you Joan from Foster City). Unity is the most important quality our fellowship has and our San Mateo Central Office party made high marks for unity. Thank you to everyone who participated!

In service,
Susan Clancy, CNCA06
District 05, DCMC San Mateo
650-515-0950, Susanclancy5@gmail.com

Central Office Delegates Meeting Minutes – Tuesday, September 8, 2026

Chair, Jan M., opened Delegates Meeting- 7:30 pm & closed- 8:20 pm; 12 Traditions: Lee W Responsibility Statement: Ed V; New Delegates: Lee W—Monday Happy Hour San Bruno; Robert H—Any Lengths Burlingame; Ed V—Foster City Living Sober; AA Birthdays: Harry Z—36 years; Ann P—16 years; Cathy C—19 years; Kathleen—7 years; Maureen G—2 years; Todd S—18 years; Lee W—21 months; Alex O—2 years; Minutes—Approved. Financial Report—Approved..

SERVICE COMMITTEE REPORTS:**BTG- Bridging the Gap – Alex O.**

- Bridging the Gap needs help. We need to find new treatment centers to bring presentations in to (we are not currently giving presentations anywhere).
- We also need volunteers willing to commit to do service once a month for 6 months.
- If you have any suggestions, and/or want to help, please email us at dist5btg@gmail.com.

General Service Liaison - Dave C.

- Our General Service meeting was August 28 th at 7:30 with about 20 representatives.
- Area 72 will host the “28th Annual National Archives Workshop September 10-13, 2026, in Tacoma, Washington. Contact: naaw2026chair@gmail.com.
- The 13th Annual National AA Technology Workshop is in Hybrid Format September 11-13, 2026, in Concord, California co-hosted by Area 06 tech committee and SF/Marin Intergroup. For more info visit NAATW.org.
- The 22nd Summer Fun Indian Summer Celebration is October 10, 2026, at the Orange Memorial Park, South San Francisco from 11am- 5pm. In new business, there was a motion to create literature with diverse stories that support families navigating recovery and the responsibilities of parenthood.
- CNCA presents the CNCA Election Assembly Saturday, November 14, 2026 at the Richmond Memorial Auditorium, 403 Civic Center Plaza, Richmond, California, 94804. Zoom ID: 632 553 607 | Password: 1935.

H & I – Matheas H.

Three service opportunities to highlight:

- Project WeHOPE in East Palo Alto desperately needs volunteers on Tuesdays @ 5:30pm. They are making progress on getting a full slate of volunteers, but please keep spreading the word.
- RWC Men’s Jails has openings—New Requirements: 3 Years Sobriety and 3 Years Off Probation (down from 5 Years)
- Desperately seeking Men for Spanish Speaking meetings in RWC Men’s —New Requirements: 3 Years Sobriety and 3 Years Off Probation (down from 5 Years)

Ways to learn more about additional openings and opportunities:

- Upcoming H& I Meetings: September 22, October 27, November 24
 - Orientation @ 6:15—7:00pm || Business Meeting @ 7:00—8:00 pm
 - Location: Central Peninsula Church, 1005 Shell Blvd, Foster City
- Monthly emails that are sent out for H&I Updates and reminders. If you’d to be included on those emails (or if you have any questions regarding H&I please reach out to hicsmcsecretary@gmail.com).

PENYPAA – Brooke M.

- Peninsula Young People of AA host events for the young and young at heart, anyone with a desire to stop drinking is welcome to join! Business meetings are every 2nd and 4th Sunday at 5:30pm, 1005 Shell Blvd, Foster City
- Summer Bonfire Speaker Meeting: September 25th at 111 Ottawa St, San Mateo. Meeting starts at 7pm, doors open at 6pm. There will be food and refreshments for sale.
- Board Games & Coffee Brew Night: September 19th 5:00pm-9:00pm at 1005 Shell Blvd, Foster City. Doors open at 5pm, Speaker meeting at 6pm. Games & coffee will be provided. Bring your favorite board game, deck of cards, or whatever your heart desires.

Public Information Committee – Toni A.

- Our September Public Information Committee business meeting was held just prior to this meeting. There are several service opportunities coming up soon. If you are interested in volunteering, contact Toni by text @ 650-922-6654
- Upcoming Events
 - **September Recovery Month Events**
 - Wed. 9/9/26 Coyote Point Park Recovery Picnic 10AM-2PM
 - Tue 9/15/26 RWC Courthouse Square Recovery Event 8:30AM-1:00PM
 - **SM Community College Health Fairs 10AM--2PM** (2 shifts each day)
 - Wed. 10/14/26 Skyline College Health Fair
 - Wed. 10/28/26 CSM Health Fair
 - Wed. 11/4/26 Canada College Health Fair
 - **Half Moon Bay Pumpkin Festival**

- Sat and Sun 10/17 and 10/18 8:30-4 (2 shifts each day): Contact Walter R: rauwalt@gmail.com
- We have several events coming up, first is an information table we are co-hosting with PENYPAA at Foster City Summer Days August 15th and 16th. The booth will be staffed from 11am to 5pm both days. Please come by to say hi and show the public we are not a gum lot. Caution there will be squirt guns, dress accordingly.
- We have events coming up in September as it is National Recovery Month and we will be at several events associated with that. San Mateo county community colleges. Skyline, Canada and CSM, health fairs are in October so stay tuned as we continue our efforts to carry the message.
- Our next Business meeting on Zoom will be October 13 at 6PM - Topic: Speaker on Adopt-a-Library Meeting ID: 841 7877 3337

Alkathon

- No report this month, but 2026 Alkathon volunteer sign-ups are now open on the website (alkathonsmc.org), with more details to come.

Trusted Servants Workshops – Bob M.

- The next Trusted Servants Workshops:
 - Saturday, October 24th at the West Bay Alano Club 1:00-2:00
 - Saturday, October 31st at the San Carlos Peninsula Fellowship.
- These workshops are a great way to learn more about being of service to your group. The workshops focus discussion on being a meeting Secretary, a Literature person and a group Treasurer.

Advisory Committee – Janice C.

- At the August 2026 meeting, the Advisory Committee brought the recommendation to the Delegates to move the annual officer's election meeting to December from January. If approved, this action would require an amendment to the Bylaws with the delegates' approval.
- At tonight's meeting, the delegates proposed a motion to vote on the change, the motion was seconded, and the motion was voted on and passed. The amended Bylaws will be in place for the 2027 elections to be held in December 2026.

Teleservice -Don C.

- There are Teleservice shifts available!
- Volunteers generally serve one shift per month—4 hours during daytime or 8 hours on overnight shifts. There are not a lot of calls during the night, but we do need people to be there to help our fellow alcoholics.
- Shift hours are as follows:
 - Every day: 4:30pm-8:30pm; 8:30pm-12:30am; 12:30am-8:30am
 - Saturday and Sunday additional shifts at: 8:30am-12:30pm and 12:30pm-4:30pm
- Requirements are 1 year of sobriety, a working knowledge of the steps, and a working telephone.
- Contact Don at aasanmateo@gmail.com or call Central Office at 650-577-1310.

Anniversary Party –Trish E.

- The Central Office Anniversary party is scheduled for Saturday, October 3 at the San Mateo County Event Center. Doors open at 3 pm.
- The upcoming committee meeting is via zoom on 9/18/26 at 6:30 pm. Zoom meeting ID: 825 1613 6372. All are welcome.
- We would appreciate groups donate themed gift baskets or smaller items like gift cards (Starbucks, Home Depot) that you maybe haven't used, services like haircuts or new items that could be raffled off.
- Please bring them to the Central Office by September 25th.
- Please email Trish at AAsmparty@gmail.com if you have questions.

Central Office Report - Don C.

STATS FOR JULY 2026: 12 STEP CALLS – 1; OFFICE VISITS – 53; PHONE INFO - 62

OTHER:

- Please stop by the office to buy your tickets and/or to pick up a book of raffle tickets to sell. Same as last year, you get one free ticket for every book of 10 tickets that you sell.
- Bring baskets for Anniversary Party to the Central Office by September 25th
- Transferred \$30,000 to CDs for prudent reserve. We now have a prudent reserve of \$111,635 which can cover expenses for about 9 months, so we are in a good financial position for now.

Next meeting: Tuesday, October 13 at 7:30pm

FINANCIAL REPORT

Sept 2026

	SEPT	Total YTD		SEPT	Total YTD
Income			Operating Expenses		
Birthday Club Contributions	88.50	342.57	Accounting Services	123.00	3,792.00
Book sales	1,009.70	11,560.90	Books Purchased	627.11	9,969.76
Central Office Annual Party	3,547.50	6,887.50	Chips	147.45	1,629.35
Chip sales	201.51	2,556.94	Central Office Annual Pa	0.00	5,432.78
Delegates Collection	0.00	0.00	Central Office Insurance	164.75	1,502.75
Faithful Fivers	388.48	3,642.03	Credit Card Charges	34.14	382.47
Group Contributions	8,187.05	86,790.76	Employee Insurance	311.90	2,771.30
High Sobriety Subscription:	26.00	82.00	Miscellaneous	0.00	357.52
In Memoriam	0.00	10,000.00	Office Equipment Lease	303.46	3,017.33
Individual Contributions	64.00	18,112.93	Office supplies	419.89	1,272.64
Interest Income	0.00	0.00	Outside Services	0.00	0.00
Other (Comcast refund)	0.00	0.00	Postage	79.83	882.83
Printing	0.00	20.00	Rent	1,501.00	13,509.00
Sales Tax on Books & Chip	139.10	1,517.62	Salaries	5,675.19	46,685.67
Misc. Refund	0.00	526.52	Sales Tax on books	0.00	1,473.37
		0.00	Taxes (Payroll)	2,161.90	17,201.81
Total Income	13,651.84	142,039.77	Telephone & Tech	1,233.41	3,066.88
			Teleservice	0.00	392.02
Less Expenses	42,783.03	144,108.24	Travel Expenses	0.00	768.76
			Bought CD's	30,000.00	30,000.00
Net Income (loss)	(29,131.19)	(2,068.47)			
Starting Balance		79,107.33			
Plus Net Income/Loss		-29,131.19			
Ending Balance		49,976.14	Total Operating Expenses	0.00	144,108.24
TOTAL PRUDENT RESERVE		111,802.52	Net Income (loss)	(29,131.19)	(2,068.47)
			2026 Year-to-Date Summ		
TOTAL CASH POSITION		161,778.66	Year-to-Date Income		142,039.77
			Year-to-Date Expenses		144,108.24
			Year-to-Date Net Inc/(Deficit)		(2,068.47)
					27,929.54

GROUP CONTRIBUTIONS

SEPT 2026

ATHERTON	SEPT	YTD	MENLO PARK	SEPT	YTD	SAN BRUNO	SEPT	YTD	Zoom	SEPT	YTD
Horses Ass	240.00	1,080.00	Atherton AA		377.36	12 Step Study Grp (Thurs)	63.62	121.94	12 & 12 @ 12 SM		25.00
Sunday Spirituality	1.99	101.51	Atherton Grp Wed Noon		846.22	Big Book Study Fri (Spm)	25.87	379.40	7AM Coastsid Meet. M,F		657.24
			Beginners Menlo Park	124.80	469.20	Come as You Are	145.95	1,010.42	7AM Wake Up Group WBAC	56.99	510.99
BELMONT			Cottonmouth	579.00	1,348.00	Early Enders		168.19	Back to the World Group BUR		221.54
Belmont Tues. Noon Group		298.16	Fri. Noon Women's		1,648.46	Experience, Strength, Hope	58.51	356.56	BB 103 North FC	40.00	255.00
Day At a Time	3.00	182.90	Menlo Park Men's Group		492.00	Grupo Serenidad		120.00	Belmont Tues. Noon Group	20.00	263.76
Sunday Sundowners	8.00	844.55	Menlo Weds Women's Grp		704.47	Living Sober/ HH (Tues)	58.00	377.75	Bookies SC		50.00
			Plain Language BB Study Mon Noon		187.20	Spkr/Disc - Happy Hour(Mon)	86.67	1,108.14	Broken Elevator Thurs. RWC	45.03	75.03
BRISBANE			Sat Morning Sandhill		2,764.06				Chips Ahoy PV		436.46
Brisbane Breakfast	330.00	570.00	Sat Sunrise Grp MP 7:30	367.00	2,614.40	SAN CARLOS			FC Living Sober Groups (Zoom)	60.00	60.00
			Women's 12- Step Thu Noon	234.73	576.63	Brovid Men's Meeting		95.50	Friday Noon Big Book FC		70.00
BURLINGAME						SCPF- all meetings	416.57	2,329.04	Men's R4D Big Book MP		143.52
Anson Group		628.50	MILLBRAE			Sober Sundays		449.00	Morning Serenity Zoom		9.31
			Sobriety in the Park		436.00				Off Broadway Beginners Mtg SM		265.14
Any Length	358.40	1,108.17				SAN MATEO			Sat. Morning Eye-Opener HMB		90.64
Burlingame Men's Grp	380.00	612.80	Misc.			Bunker Young People		524.93	S.C. Awareness Group SC	2.00	81.00
Burlingame Noon Men's Grp	131.00	1,034.00	2026 AA Campout		400.00	Fireside Group	72.52	665.16	The Old & the New FC	20.00	145.00
Courage to Change		259.00	Gratitude Night Coastsid		800.00	Highlanders Grp.	6.00	427.25	The Sewer Group RWC	50.00	130.00
Ham & Eggers	941.09	4,340.90	HMB Talent Show		80.00	Joy of Living	90.04	440.13	Walter & Bobs HH MP		20.00
Hillsborough Men's Group		630.00	PENYPAA		64.20	Lunch Bunch	288.00	690.73	Women's Candlelight Grp PAC		2.00
Peninsula Prime Time		20.00				Mid Peninsula Women		783.83	Women's Celebrate Being Alive SM	25.01	119.03
Saturday Nite Spkr/Disc.		863.56	PACIFICA			Monday Night Men's 6:30		400.02	Women's Sharing Choices		268.00
Senior Focus Group		786.04	12 @ 6 Group		200.13	Morning Serenity (All)		8,954.40	Women who wear shoes PAC		197.00
Tuesday Nite Group		792.90	12 Noon Disc. (Mon)		44.10	New Tuesday Nite Beginner		144.09			
			As Bill Sees It (Sat)		120.07	San Mateo Forum		457.22			
FOSTER CITY			B.Y.O.B. Group Thurs Noon		505.28	The Forum Group	235.00	1,981.00			
FC Men's Sharing Group		709.98	Discussion Group Fri Library		120.00	Wednesday Afternoon Group	107.00	886.25			
FC Women's Pop Up Gazebo	335.40	1,179.26	Fri Discussion Noon Baptist	19.45	341.14	Women's Home Grp (traveling)	312.00	1,544.02			
Happy Joyous and Free		217.94	Friday Night Lights Women's Big Book		381.40						
Living Sober Groups Live		871.81	New Comers & Old Timers		257.00	SOUTH S.F.					
Foster City Women (Sat)	50.02	150.06	Noon Pacifica Discussion (Mon,Weds)		322.46	Keep it Simple		305.16			
Study the Text Group		400.26	Pacifica Live Wake Up	186.00	1,400.35	Midway Group	90.05	230.10			
			Pacifica Men's Group		382.00	New Beginnings Women		322.92			
HALF MOON BAY			Page 133 Group		352.35	South City Womens		436.00			
3rd & 11th Step	50.16	205.81	Pedro Valley Pacifica		1,074.81						
7 Miles South		488.60	Serenity in Pacifica		443.12	WESTBAY ALANO					
777 Miramontes Noon Meet.M,W		496.86	Sharp Park 3rd & 11th Step		50.44	Back to Basics	120.00	240.00			
Coastside Big Book Study		460.18	Sharp Park Joe & Charlie BB Study		310.68	Brown Baggers Meditation		60.00			
Coastside Serenity Group M-F	173.85	2,330.37	Sun. Afternoon Daily Reflections	60.00	60.00	Colma Eye Opener		876.94			
Coastside Talkers		244.64	Sun Daily Reflections (Beach Mtg)		484.32	Early Birds 12 X 12 (Fri)	120.00	240.00			
Coastside Young People		840.00	Thursday Noon Disc Baptist	113.00	448.00	Living Sober (Thur)	204.86	204.86			
Daily Reflections Women		3.00	Tuesday Noon Disc Baptist	58.03	340.44	Men's No BS Meeting (Mon)		240.00			
Emotional Sobriety Book Study	72.25	425.27	Women's Big Book Study		720.67	Oyster Point Discussion		124.00			
Great Out Doors Sat,Sun		1,781.18				Speaker/ Disc Meeting Noon Tues	120.00	120.00			
HMB Happy Hour Group		170.22	PORTOLA VALLEY			Steppingstones		120.00			
HMB Thurs Womens BB		446.42	Ladera Mon Nite Group		979.61	Thurs Nooner BB	121.14	121.14			
Last Barn on the Block		138.00	Portola Valley 11th Step		1,272.65	Tues 7am Big Book		295.90			
Thursday Night Men's Group	196.00	756.74				Weds High Noon		10.50			
Womens 12th Step Tues		450.32	REDWOOD CITY			West Bay All Groups		3.00			
			Don't Drink Group	113.05	736.62	West Bay Alcahath 2026		230.00			
LA HONDA			San Carlos Beginners		155.00	West Bay Memorial Day & 4th		120.00			
La Honda Group (Thurs)		322.00	Sequoia Recovery Grp		205.05	Women's Happy Hour		31.10			
			Thumpers		288.85						
			Wed. Woodside Meeting		1,188.86						

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